



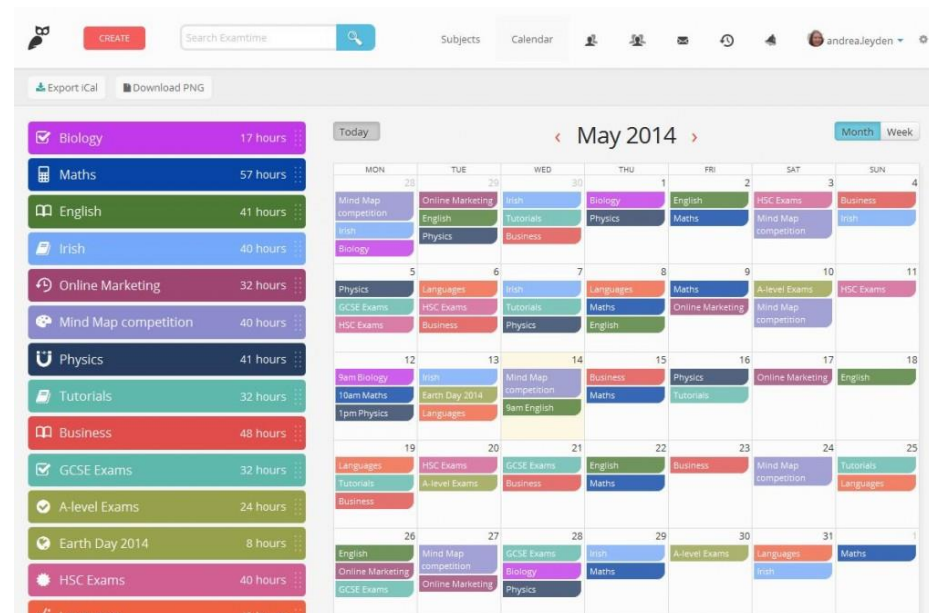
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Year 11 Revision

GCSE Assessments 2021

Create a Revision Timetable

- Building a revision timetable will add structure to your revision and ensure you allocate the right amount of time to each subject.
- Creating a revision timetable is a great way to organise your study time, plus it also helps boost your motivation to revise for your exams.



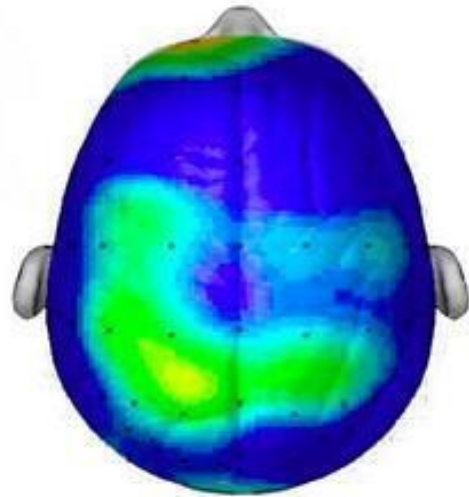
Take Regular Revision Breaks & Exercise

- If you feel stressed, tired and that no new information is entering your head, **take a break and exercise!**
- There is no point forcing yourself to study for hours upon hours as this will not result in a positive outcome.
- Taking regular study breaks and exercising is proven to better engage your brain in studying and improve your assessment performance in the long-run.

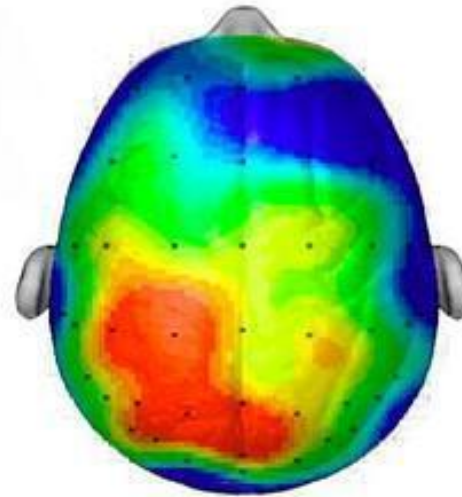


Take Regular Revision Breaks

Composite of 20 student brains taking the same test



After sitting quietly



After 20 minute walk

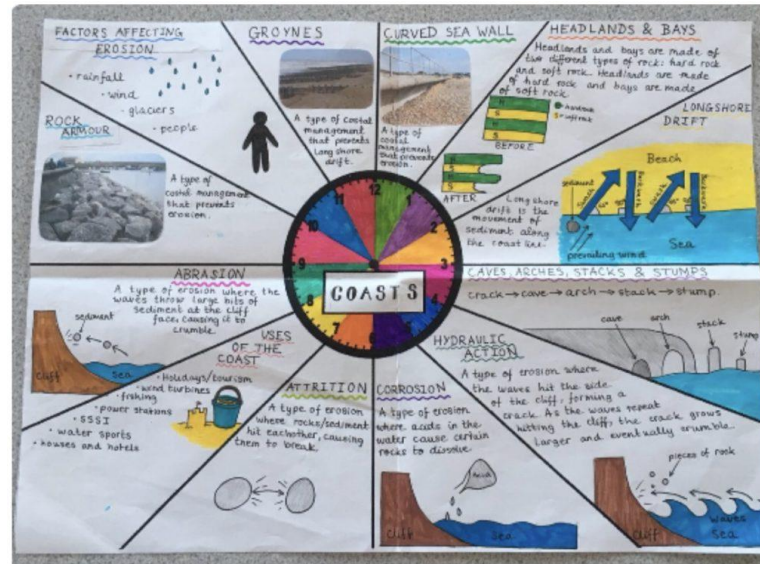
Research/Scan compliments of Dr. Chuck Hillman University of Illinois



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Use Mind Maps to Connect Ideas

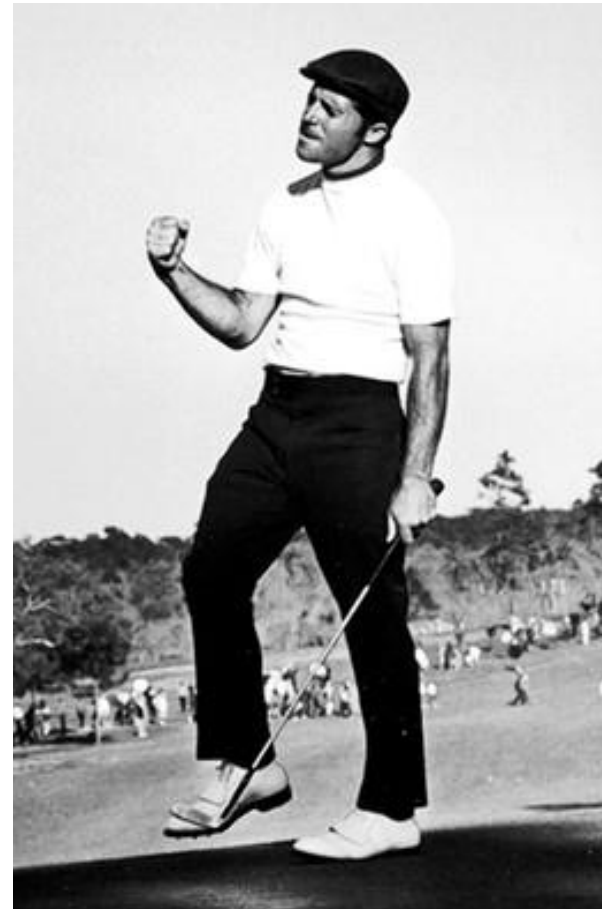
- The [theory behind mind mapping](#) explains that making associations by connecting ideas helps you to memorise information easier and quicker.
- It will definitely help improve your memory, organisation and retention.



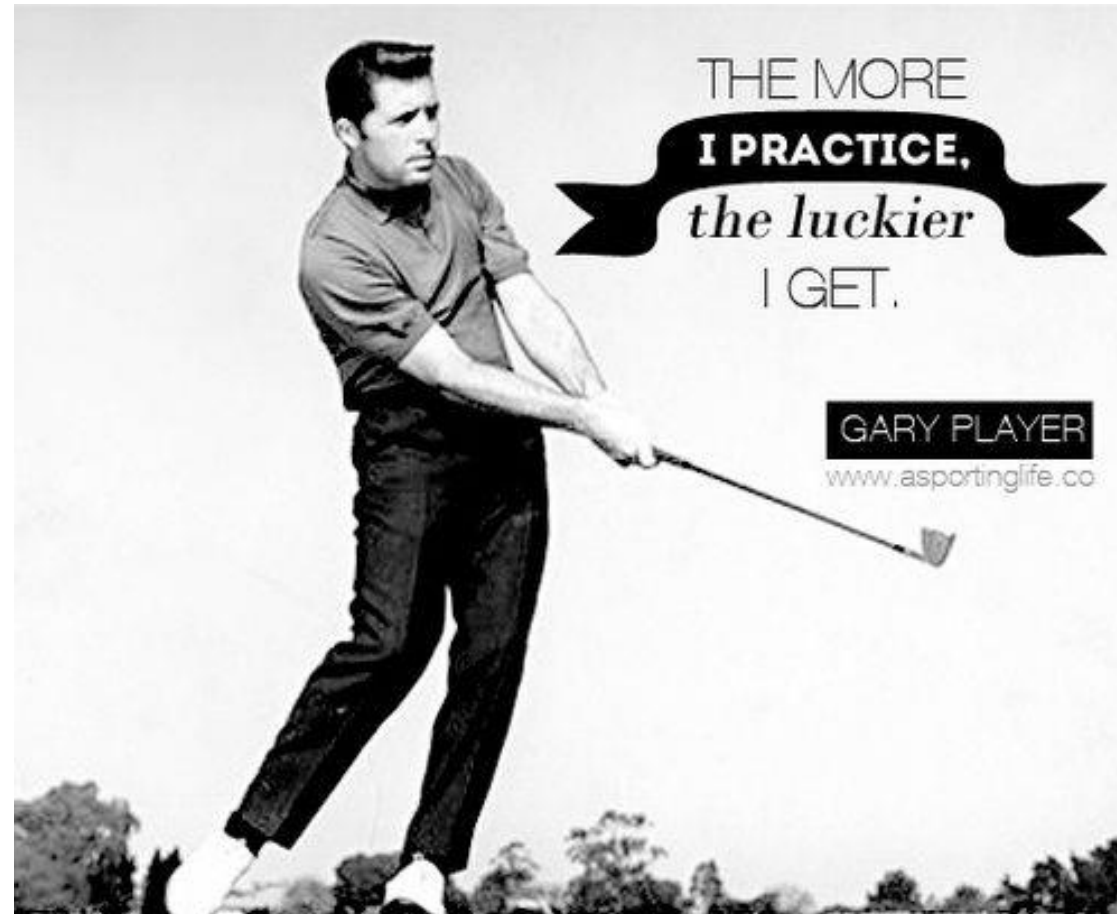
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Practice, Practice, Practice

- **Do as many GCSE past papers and questions that you can.** Practising past papers will help you get familiar with the assessment format, question style, time pressure and overall improve your ability to retrieve information quicker.



Practice, Practice, Practice



Work as a Team

- Work with your teacher
- Work with your family
- Work with your friends (remotely or outside)

Test each other, ask your family members to test your revision.
Set each other questions or problems to solve with time limits, make revision fun an interactive.



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Vary your routine if it is becoming boring

Mix up your study habits and methods by listening to **podcasts, watching videos or documentaries, moving to new study area or even something as simple as using different colours for your study notes.**



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Love learning, love GCSEPod

The advertisement features a hand holding a smartphone displaying the GCSEPod app interface. The app screen shows a 'NOW PLAYING' section with two items: 'Outside the brackets' and 'Inside the brackets'. To the right of the phone is a cartoon character of a man in a red Elizabethan-style ruff collar. The background is white with a purple border.



Don't get Distracted

Turn your phone off

Or

Leave it downstairs

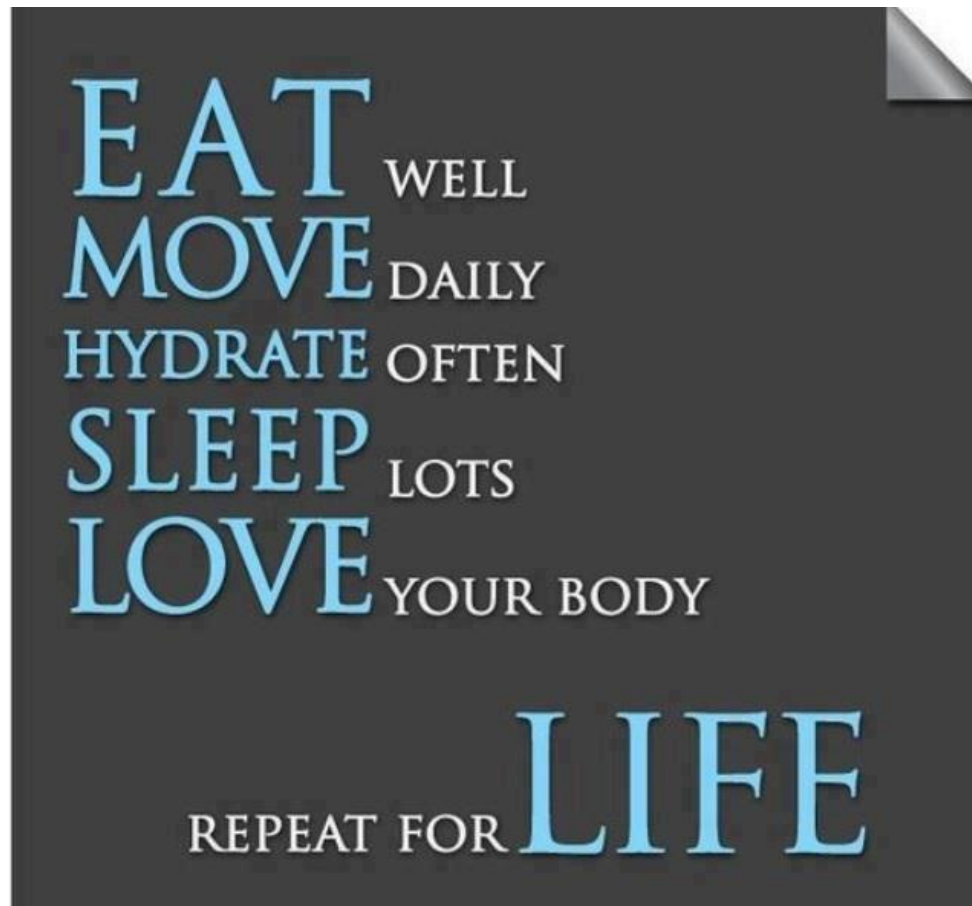
Or

Give it to your parents



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Eat, Hydrate & Sleep
Look after your physical and mental health



Believe in yourself

BELIEVE
IN
YOURSELF



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