



Physical Education Curriculum

Statement of Intent, Implementation, Impact

PE at Broughton adheres to the National Curriculum framework and aims to provide continuity of learning experience by building on and embedding the physical development and skills learned in key stages 1 and 2. With pupils becoming more competent, confident and expert in their techniques, and applying them across different sports and physical activities, in order to excel. As a result pupils look forward with eagerness and anticipation to PE lessons at Broughton.

We offer a broad and varied curriculum that will encourage participation and inspire our pupils to lead healthy active lifestyles and that supports our academic courses in KS4. Pupils are motivated to be physically active for sustained periods of time and develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life. Further to this, pupils are given a plethora of opportunities to participate in competitive sport and other activities beyond the curriculum to build character, cooperation and help to embed values such as tolerance, fairness and respect.

Pupils are encouraged to analyse their work and understand what makes a performance effective and how to apply these principles to maximise progress and experience joy and success. Through the activities we teach pupils know how to be healthy, not just physically but socially and emotionally as well. The PE curriculum is routinely adapted to meet the needs of pupils with SEND, developing their skills and abilities via an incremental programme suited to individual needs. The emphasis is on confidence, competence and independence.

Implementation:

All pupils in Year 7, 8, 9 and 10 receive 2 hours of high-quality Physical Education a week from highly qualified and experienced subject specialists, with pupils in Year 11 receiving 1 hour a week of Core PE. Further to this those selecting GCSE PE as an academic choice receive a further 2 hours in Year 10 and 3 hours in Year 11.

All pupils take part in Core PE as part of their school curriculum, from Year 7 through to Year 11. Pupils follow a broad and balanced curriculum to support the curriculum intent identified above. In KS3 pupils work on sports specific units lasting no more than 8 lessons at a time. With teachers routinely modelling tasks and using expert questioning techniques to develop pupils understanding. The specific aim is to improve the quality and range of skills across a variety of activities in order to support sports available through the OCR GCSE practical specification, this is also enhanced with other activities such as fitness modules and other sports that pupils can access in extra-curricular clubs and in the wider local community. This offer is continually reviewed to enhance the development of pupils at Broughton.

Throughout KS3 pupils are taught in ability groups for PE to stretch and challenge individuals and ensure others work at the correct pace to suit their learning needs. In Year 7 pupils undertake a series of base line tasks to assess ability, these tasks are standardised across the department to ensure consistency. In Year 7 lower ability pupils follow a slightly alternative curriculum that is designed to improve awareness of Fitness and enhance core skills that may be missing from progression through KS2 PE. Assessment within the department is designed to shape future learning. Formative and summative assessment is used to gauge how well pupils are learning the content outlined in the curriculum. Timely interventions are made if pupils are not progressing in line with internal targets that are set.

At KS4 pupils follow two different pathways depending on their option choices. GCSE PE pupils and other high ability performers follow a programme designed specifically to support the GCSE specification which also mirrors our extra-curricular provision. The GCSE PE course we deliver is from OCR. The subject has proven to be a popular option with around 45 pupils per year group studying the course. The GCSE results from 2018 were very strong and the programme is mapped out to support all pupils who wish to study GCSE PE. Pupils following the Core PE route continue to follow a broad curriculum designed to further engender encouragement to participate in Sport and Physical Activity for life long physical, social and emotional well-being.

The PE curriculum is coherently planned and sequenced to ensure that every child has access to the statutory areas of the PE National Curriculum regardless of ability or gender. This sequencing is modelled around access to our ever improving facilities including a modern Sports Hall, Gymnasium, full size AstroTurf and newly surfaced tennis courts.

Examples of our curriculum plan can be seen attached for 2019.

Impact:

The department's consistently high GCSE results support the impact that PE has on pupils at Broughton. This begins in Year 7 with all pupils being taught at all times by highly qualified and specialist PE staff and is assisted by the curriculum provision at both KS3 and KS4. GCSE results have been consistently significantly above National averages at both A*-C and A*-A grades for the last 10 years at the school.

This is further supported by the large number of pupils involved in the PE department's extra-curricular provision with over half the pupils at the school involved in School Sport at some level. The department enter a broad and varied list of sporting competition at District, County and National level with the school experiencing regular success at all levels. The range of activities offered goes beyond that of the local district to support the breadth of talented performers at the school. This involvement is celebrated at a School Sports awards evening which is over-subscribed every year with 234 pupils attending annually. This has now become one of the highlights of the School calendar.

PE is highly inclusive at Broughton' and impact can also be further measured in feedback from pupil voice interviews on a recent 'Focus on PE' which supports that pupil value and enjoy Physical Education lessons at Broughton. Pupil are consistently taught the skills and knowledge to enjoy and succeed in Physical Education and this can be consistently seen in the delivery of all lessons throughout the department.

The impact of both the PE curriculum and its extra-curricular provision at Broughton engenders high engagement in all lessons, develops significant progress across the Key Stages and enthuses high participation levels through the schools rich diet of extra-curricular provision, with staff outside of the department becoming increasingly eager to contribute. All of this ensures that we have done all in our power to ensure that pupils have a lifelong involvement in Physical activity to lead a Healthy, active lifestyle post 16.

Covid-curriculum:

During the recent pandemic pupils have missed units of work highlighted in the yearly curriculum plan. During periods of National lockdown's pupils across all age ranges have been taught via Microsoft Team an 8 week block of fitness training, concentrating on improving both cardiovascular fitness and muscular endurance. This was supported through home work out videos starring the Broughton PE staff and using other technologies such as 'Strava' to engage pupils learning. Secondary to this, pupils were also taught units of work focusing on Athletics, Fundamental Skills and Health and wellbeing, with pupils in KS4 being given weekly options of tasks to complete ranging from socially distanced walks, to learning to juggle, Running the 3k challenge on Strava, following home Yoga videos etc.

On return to school in September the department had an initial focus on the Summer activities that pupils had missed throughout the first National Lockdown, from our Curriculum plan for 2019/20, and activities that we felt we could safely manage with the guidelines in place to prevent the spread of Covid 19. This included Athletics, Table tennis, Badminton and Cricket/Rounders.

On return to school again in March pupils have followed a diluted curriculum changing the activity being taught every 2 weeks. Here we have tried to offer all pupils a sample of the skills and concepts they would have been taught over the year, just in a slightly more accelerated format. Activities taught have included, Football, Netball, Basketball, Hockey, Table tennis, Badminton, Handball, Tag Rugby. The focus has very much been on games and learning through a TGfU model of teaching. With the focus on not only improving skills and knowledge but also allowing pupils to PLAY in a fun but competitive environment with peers to help improve levels of fitness but also their Mental wellbeing. This has been further supported with a Year group Bubble extra-curricular night for KS3 pupils. With the emphasis on Social sporting activities.

The remainder of the term will be spent once again experiencing summer sport activities including, Tennis, Athletics and Rounders/Cricket.

GCSE pupils have been taught through Microsoft Teams throughout the lockdown and have followed the curriculum plan for GCSE throughout the National Lockdown periods. A slightly accelerated programme of revision and interleaving was devised on return to school. Practically, GCSE pupils have followed a much narrower curriculum focusing mainly on Netball and Football as large numbers of the cohort were using these 2 sports for final moderation. Overall, GCSE pupils have excelled and we feel confident with the accuracy and validity of our TAG's. (please see evidence bundle).

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