



## **PE CURRICULUM STATEMENT**

### **INTENT**

PE at Broughton aims to provide a curriculum that achieves outstanding outcomes and opportunities for all, encouraging every individual to be the 'best they can be'. This is achieved through a tailored learning experience, embedding and building on the motor competence and skills learned in key stages 1 and 2. This allows pupils to become more competent and confident in their physical techniques, applying them across different sports and physical activities in a safe environment, in order to excel. Further to this, pupils are also taught the necessary and age appropriate rules, strategies and tactics in a variety of different curriculum areas, to again allow them to be successful in a variety of contexts.

We offer a broad and exciting curriculum that encourages sustained participation, inspiring our pupils to lead healthy active lifestyles. Pupils regularly analyse their work and understand what makes a performance effective. They are taught how to apply these principles to maximise progress and experience joy and success. Further to this, pupils are given a plethora of opportunities to participate in competitive sport in an outstanding range of both curricular and extra-curricular activities. This builds character, cooperation and helps to embed values such as tolerance, fairness and respect.

Through the activities we teach, pupils know how to be healthy, not just physically and socially, but they understand the importance on their emotional wellbeing. Motivating pupils to understand how to lead healthy, active lifestyles through life long participation in sport and physical activity.

### **IMPLEMENTATION**

All students in Year 7-10 receive 2 hours of high-quality Physical Education a week with students in Year 11 receiving 1 hour a week of Core PE. Further to this, those selecting GCSE PE as an academic choice receive an additional 2 hours in Year 10 and 3 hours in Year 11.

The GCSE PE course we deliver is from OCR. It has proven to be a popular option with around 50 pupils per year group studying the course. The GCSE results over the past 15 years have been very strong and the programme is mapped out to support all students who wish to study GCSE PE.

All pupils take part in Core PE as part of their school curriculum, from Year 7 through to Year 11. Students follow a broad and balanced curriculum to support the curriculum intent identified above. In KS3 students work on sports specific units lasting no more than 6/8 lessons at a time. The specific aim is to improve the quality and range of skills across a variety of activities, to improve pupil's knowledge of rules, tactics and strategies across a breadth of sports and encourage lifelong participation and an understanding of why this is essential for a healthy balanced lifestyle. Long term the KS3 curriculum also supports sports available through the OCR GCSE practical specification, this is also enhanced by other activities such as fitness modules and other sports that students can access in extra-curricular clubs and in the wider local community. This offer is continually reviewed to enhance the development of pupils at Broughton.

Throughout KS3 students are taught in ability groups for PE to stretch and challenge individuals and ensure others work at the correct pace to suit their learning needs. In Year 7 students undertake a series of base line tasks to assess ability, these tasks are standardised across the department to ensure consistency.

At KS4, pupils follow two different pathways depending on their option choices. GCSE PE students follow a programme designed specifically to support the GCSE specification, with an emphasis on performance. Pupils following the Core PE route continue to follow a broad and balanced curriculum, with an emphasis on participation and life-long learning.

The PE curriculum is coherently planned and sequenced to ensure that every child has access to the statutory areas of the PE National Curriculum regardless of ability or gender. This sequencing is modelled around access to our ever-improving facilities including a modern Sports Hall, Gymnasium, full size AstroTurf and newly surfaced tennis courts.

Examples of our curriculum plans can be seen attached.

### **IMPACT**

The department's consistently high GCSE results support the impact that PE has on students at Broughton. This begins in Year 7 with all students being taught at all times by highly qualified and specialist PE staff and is assisted by the curriculum provision at both KS3 and KS4. GCSE results have been consistently significantly above National averages at both A\*-C and A\*-A grades for the last 15 years at the school.

This is further supported by the large number of students involved in the PE department's extra-curricular provision with 70%+ students at the school involved in School Sport at some level. The department enter a broad and varied list of sporting competition at District, County and National level with the school experiencing regular success at all levels. The range of activities offered goes beyond that of the local district to support the breadth of talented performers at the school.

PE is highly inclusive at Broughton' and impact can also be further measured in feedback from pupil voice interviews on a recent 'Focus on PE' which supports that student value and enjoy Physical Education lessons at Broughton. 96% of all pupils stating that they both enjoy and feel safe in their learning environment in PE. The school leadership team went on to say that "pupils are clearly following a sequenced plan of lessons to develop their ability in PE" and "high challenge and ambition for pupils is clearly having an impact on performance and progress".

The impact of both the PE curriculum and its extra-curricular provision at Broughton engenders high engagement in all lessons, develops significant progress across the Key Stages and entuses high participation levels through the school's rich diet of extra-curricular provision, with staff outside of the department becoming increasingly eager to contribute. All of this ensures that we have done all in our power to ensure that students have a lifelong involvement in Physical activity to lead a Healthy, active lifestyle post 16.