

WIDER READING IN CPSHE

Reading is an essential part of CPSHE lessons. The vast majority of CPSHE lessons include opportunities to read in a variety of ways; pupils are read to and encouraged to read both aloud and independently. We use a variety of texts in lessons, including extracts from authentic sources such as academic books and research, poetry, newspaper and magazine articles. In addition, pupils develop their skills of analysis through 'reading' media texts such as print and television advertisements. Homework also encourages wider reading, with the incorporation of a 'Wider Reading Homework' within each unit, focussing on reading skills of analysis and information retrieval. At the end of CPSHE lesson, links to wider reading are given in sign posting, should pupils wish to explore areas studied in more depth.

Reading skills are pivotal in a number of subjects in school and CPSHE lessons are also used as an opportunity to consolidate and develop reading skills in order to complement pupils' learning in other subjects. Cross-curricular links within reading are made explicit to pupils within the lessons so that they are able to appreciate the reading links within the curriculum.

As some CPSHE texts are often challenging in nature, we build in opportunities for pupils to explore and discuss what they have read through Guided Reading activities, talking about key terminology and tier 2/3 language and exploring the meanings and etymology of new vocabulary. Below is a selection of the texts used in Key Stage 3 and Key Stage 4:

	Unit 1	Unit 2	Unit 3
Year 7	<ul style="list-style-type: none"> - Background information on CPSHE. - Newspaper article – 'Team GB chief hails 'greatest achievement in British Olympic History' 	<ul style="list-style-type: none"> - 'Physical Wellbeing' – Guidance article from The World Health Organisation - 'The Preston Picture' – Child health in the North West research 	<ul style="list-style-type: none"> - 'Teenage girls, body image and Instagram's 'perfect storm'' – Article from The Guardian. - 'Troubled Teens Tackling Puberty' Advice and guidance article (NHS)
Year 8	<ul style="list-style-type: none"> - 'What is Peer Pressure?' article - 'Freddie Flintoff: Living With Bulimia' 	<ul style="list-style-type: none"> - Article – 'Cancer Jabs for Schoolgirls' Article – 'It's a New Era for Mental Health at Work' 	<ul style="list-style-type: none"> - 'Homophobia, Let's Tackle It: An Exploration of Homophobia in Sport'
Year 9	<ul style="list-style-type: none"> - Article – 'Preston's Grim Toll of Drug Deaths' - Article – 'What are the UK Drug Laws?' - "'Junk' is the book I wish I had when I was 15' by Melvin Burgess - Article – 'Knife Crime is Rapidly Increasing: 4 Top Tips on How to Stay Safe in 2023' - 'Romeo and Juliet' –Extract - Acid Attacks Research 	<ul style="list-style-type: none"> - Media Research – 'The Impact of Sexual Content on the Perception of Relationships' 	<ul style="list-style-type: none"> - 'The Craft of Research' - 'Cite Them Right: The Essential Referencing Guide' - Additional texts linked to individual research project.

Year 10	<ul style="list-style-type: none"> - Article – ‘Use of Social Media in Missing Persons Cases’ - Children’s Commissioner for England – open letter on media content - Article – ‘Genders in the Entertainment Industry’ - Research – ‘Effects of exposure to idealised images in the Media’ 	<ul style="list-style-type: none"> - ‘Effective Learning Strategies’ Article - Research – National Employment Trends - Article – ‘Boys put off ‘female’ jobs because of stereotypes but girls more open to ‘male’ roles, studies find’ 	<ul style="list-style-type: none"> - Article – ‘Consent and the Law’ - Research – Teenage Relationships (mind.org)
Year 11	<ul style="list-style-type: none"> - Article – ‘How to Lead a Healthy Life’ - Article – ‘The Increase in Cosmetic Procedures in Teens’ 	<ul style="list-style-type: none"> - ‘If I could tell you just one thing’ extract. - ‘You are only just beginning’ extract’ - ‘Lioness’ extract 	

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