



SUPPORTING CAREERS EDUCATION IN CPSHE

Y7 Units	Career Focus
'This is Me!'	Influencer – exploring online safety and how social media can influence people’s ideas and potential buyers of a product or service by promoting or recommending the items on social media. Counsellor – Discussions focus around building resilience, self-esteem and confidence and strategies to achieve this, including through the support of counselling and sharing feelings.
'Looking After You'	Lessons around health and wellbeing, sleep, diet and exercise link effectively to careers around health and open discussions about work in this area, such as a Nutritionist or Dietician, and personal trainers and physiotherapists. Mental health is also explored which we connect to the work of psychologists and sociologists.
'Change and Identity'	In this unit, pupils explore the physical and emotional changes and challenges of puberty. Consequently, during lesson sign posting, we discuss the work of the counsellors, pastoral officers and teachers within school. In addition, we also discuss strategies to resolve conflicts in relationships so explore the role of a mediator.
Y8 Units	Career Focus
'Looking After You'	The careers-based homework for this unit around physical and mental health requires pupils to explore the purpose and function of the NHS and research careers within this organisation. Some lessons focus on issues such as blood and organ donation and vaccination, linked to professions in health, such as nursing or phlebotomy.
'Cultivating Confidence'	Exploration of issues such as body image open discussions regarding counselling and psychology and the strategies employed in these professions to enhance mental health and wellbeing.
'Equality and Discrimination'	Equality laws and protected characteristics – linked to workplace rights and responsibilities. Roles in society associated with public service and the law.
Y9 Units	Career Focus
'Choices and Consequences'	Roles in society that uphold the law – police, lawyers, judges. Wider Reading Homework explores an article about writing a novel and the approach to this; highlighting careers in creative writing.

'Positive Relationships'	This unit contains links to careers in public services and counselling. Discussions around unhealthy relationships also focus on professionals who work in this area. For example, domestic violence support workers and social workers. Some lessons involve health and wellbeing. Consequently, lesson signposting directs pupils to professions within health.
'Moving Forward'	Individual projects require a 'careers' element linked to their chosen topic of study.
Y10 RESPECT	Career Focus
'Matters of the Media'	Journalism – Exploring and analysing a range of articles reporting factual information and differing points of view in order to fairly represent a story and articulate a personal response. Careers in broadcast media, advertising and web design are also explored when discussing the reliability of sources and perspectives.
'Choices and Consequences'	Careers and pathways lessons focussing on different career paths and routes. The Work Experience undertaken by Year 10 pupils is complemented by CPSHE lessons. Discussions around gender stereotypes in the workplace linked to workplace rights and responsibilities. 'Curriculum Drop-Down Day' involves guest speakers (a pilot and a nurse) and how they entered their chosen career, as well as possible obstacles, such as SEND.
'Sex and Relationships'	Some lessons involve health and wellbeing. Consequently, lesson signposting directs pupils to professions within health. Additionally, during lesson sign posting, we discuss the work of the counsellors, pastoral officers and teachers within school.
Y11 GCSE RESPECT	Career Focus
'Health and Wellbeing'	A range of careers within the NHS are referred to throughout the unit.
'Choices'	Financial Awareness links to careers in areas such as accountancy and banking. Some lessons also explore careers in public services.

We also use our 'Curriculum Drop-Down Days', lesson starters, displays and specific careers-based homework tasks to promote further study and careers linked to CPSHE.