



## SUPPORTING CAREERS EDUCATION IN PE

### WHICH TOPICS COVER WHICH CAREERS?

GCSE Theory Topic Area	Career Link
Skeletal System	Chiropractor
Muscular System	Physiotherapist
Movement Analysis	Sports Science (Biomechanics)
Cardio and respiratory system	Surgeon, Doctor, Nurse
Effects of exercise on the body systems	Lecturer, Health promotion for NHS
Physical Training	Personal trainer, sports coach
Preventing Injury in Physical Activity and Training	Risk assessor, Facilities manager
Engagement Patterns in Different Social Groups in Physical Activity and Sport	Community Sports Centre worker Sports Development Officer (Sport England/NGB)
Commercialisation of Physical Activity and Sport	TV/Radio presenter, Sports Journalist
Ethical and socio-cultural issues in physical activity and sport	Referee/Umpire, Performance Enhancing Drugs Analyst (WADA), Therapist
Sports Psychology	Sports Psychologist
Health, Fitness and Well-Being	Nutritionist, Counsellor, Physical therapist

## How?

# Skeletal System


- **Related job: Chiropract**


### Job Description


- Use your hands to treat disorders of bones, muscles and joints
- Manipulate the spine
- Treat neck, back and shoulder pain
- Treat sciatica and leg problems
- Help clients with sports injuries, poor posture and joint and muscle pain
- Make sure your client's condition is suitable for treatment
- Discuss their symptoms and health problems in detail
- Carry out examinations, sometimes using x-rays or blood tests
- Design a programme of treatment for each individual client
- Give advice on lifestyle, diet and exercise to support recovery

### Need the following:

- 5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, including English, maths and science
- 3 A levels or equivalent
- 4-year degree or postgraduate master's course recognised by the [General Chiropractic Council](#)
- This involves 3 years of full-time study and 1 year working under supervision.

 **Starting Salary:** £36, 753

 **Hours:** 37-39 hrs per week

 **Skills:** Sensitivity and understanding patience and the ability to remain calm in stressful situations, customer service, knowledge of how the human body works, attention to detail, Team work, communication skills, thinking and reasoning skills, IT skills

Power point slides are linked to the relevant area of the GCSE specification and discussed with pupils at appropriate points in the course. E.G When covering the Skeletal System, we discuss the role of a Chiropract. The qualifications required, salary, and the information about the job's description.

## FURTHER INFORMATION



We also have a careers board outside the entrance to the Physical Education department that pupils, from both KS3 and KS4, can access throughout the year.