



CULTURAL CAPITAL OPPORTUNITIES IN PE

RESEARCH

The work of Pierre Bourdieu has long researched the field of 'Physical Culture' and within this the concept of this on 'Cultural Capital'. Research suggests there is a positive relationship between pupil participation in physical activity and academic success. Along with the correlation between children adopting good physical activity habits and how this can transfer into adult hood regardless of physical ability in sport.

OVERVIEW

These ideas and principles formulate the holistic 'Big Ideas' that follow through the curriculum in Years 7 to 11. Focusing first in Year 7 on 'Creating a Love for Physical Education', then 'Broadening Sporting Experiences' in Year 8. Whilst in Year 9 the focus is Embedding Knowledge and Developing Leadership Skills'. In years 10 and 11 pupils are given further opportunities to 'Strive and Thrive in PE' before looking at 'Creating Healthy and Active Futures'.

All of the above, supports the school ethos of 'Achieving Together'. Whilst also encouraging ALL pupils, regardless of culture and background, to engage in and become passionate about Sport and Physical Education. At the same time as pupils progress through school they are given the opportunity to create good habits surrounding exercise and to understand the long-term benefits post- secondary education.

BEYOND THE CURRICULUM

Beyond the curriculum the Physical Education Department also runs bi-annual ski and water sports trip to Austria, in which all pupils can experience outdoor and adventurous activities in there most natural setting in the Austrian Alps and on the lake of Zell am Zee.

We also run trips to National events such as the British Gymnastics Championships, Wimbledon Tennis Championships and International Football Friendlies. Providing pupils with real life experiences of watching sport at its highest level and the cultures and behaviours that surround this.

YEAR 7

CREATING A LOVE FOR PHYSICAL EDUCATION

Dance – pupils are exposed to different styles and cultures, from Jazz, contemporary and samba and Maori cultures of the Haka.

Pupils also learn the important concepts of teamwork, co-operation and fair play through a variety of activities exposed to over Year 7.

Pupils are also given the opportunity to: sign up to sports clubs, represent school at sport, be introduced to different etiquette of sports and attend their first Sports Awards Evening.

YEAR 8

BROADENING SPORTING EXPERIENCES

Pupils continue to be exposed to different sporting etiquette in sports such as cricket where pupils are taught to clap the batsman. Table tennis in acknowledging when a point is won from hitting the net. To give just two examples.

Pupils learn the need for self-discipline and physical fitness.

Pupils are also given the opportunity to: sign up to a new sports club, participate in fixtures, become a captain in their sport and the responsibility this brings and attend the annual 'Sports Awards Evening'.

YEAR 9

EMBEDDING KNOWLEDGE AND DEVELOPING LEADERSHIP SKILLS

Assist with inter-form sports competition and Primary School Festivals of Sport.

Develop Leadership qualities and social interaction skills that come with this. They become more confident in these interactions and taking a position of responsibility which are transferable skills to carry into the work place.

Begin to understand the need to lead a healthy active lifestyle and the physical, social and emotional benefits to this.

Adopt different roles in PE such as manager, referee/umpire, warm-up coach, fixtures secretary, result collector, motivator etc. Again, the skills required in these roles are transferable into the work place.

Pupils continue to adopt the culture of the sport they are involved in and continue to be encouraged to attend clubs and represent teams, Playing a variety of opponents from different backgrounds and in some cases areas of the country. Pupils continue to be given the role of a captain in the team they represent and pupils are offered the opportunity to attend the annual sports awards.

YEAR 10

Pupils follow a pathway in sport to help improve confidence and self-esteem.

Pupils are encouraged to remain involved in physical activity opportunities offered to help enrich their personal statement.

Pupils are selected in Year 10 to become 'Sports Captains', and are involved in organising inter form competitions and contributing to pupil voice.

Pupils continue to take on other roles in PE to embrace and provide opportunities to develop leadership skills.

Pupils continue to adopt the culture of the sport they are involved in and continue to be encouraged to attend clubs and represent teams, Playing a variety of opponents from different backgrounds and in some cases areas of the country. Pupils continue to be given the role of a captain in the team they represent and pupils are offered the opportunity to attend the annual sports awards for the final time.

YEAR 11

Pupils are invited back into school to assist with the running of 'Sports Day', to pass on the culture surrounding this that they have been a part of for the previous four years. Also, to use their leadership skills that they have continued to develop over Y9, 10 and 11.

Pupils recognise the link between a healthy active lifestyle and academic success.

Pupils are encouraged to pursue sports related courses at local FE establishments. These are quite plentiful and varied within the area.

BEYOND THE CURRICULUM

On the years when major sporting events take place, such as the Olympics, the department organise an Olympic week. Opening ceremonies are held, with flag bearers for the representing countries to give all pupils the flavour of the games. In every subject around school pupils compete in a mini task of the teacher's choice to attain a Bronze, Silver and Gold certificate. These are then handed to form tutors to collate points attributed to each award. These points are then added to the Sports Day scores for overall form winners from each Year group and the overall winning form across the school from B, C, H, N, R and S.

Finally, the PE Departments rich extra-curricular offer, allows all pupils to experience participation at a sports club, which for some can be for the first time. This can then extend to representing the school in local, county and national competition, giving some pupils their first taste of being part of a team. All of this promotes pupils at Broughton to lead healthy active lifestyles for life. For some pupils it gives them a taste of where success in sport can take you.