What will I learn about in CPSHE at Broughton High School?

YEAR 11

1. Financial awareness project
2. Rights and responsibilities at work
3. Recognise and manage the influences on their financial decisions
4. Managing stress and pressure
5. Being CPR, first personal
6. Types of Relationships
7. Body positivity
8. Healthy relationships
9. Managing and ending relationships
10. Managing sexual assault and harassment
11. Consent and waiting for sex
12. Abusive behaiour
13. Bullying and body shaming

YEAR 10

1. What is the media? Advantages and disadvatages
2. Representation and gender stereotypes
3. Media industries and advertising
4. Managing stress and pressure
5. Social media
6. Body positivity
7. Careers and Pathways
8. Readiness for sex – consent and choices
9. Sexual health
10. Sexual attitudes
11. Sexual health and consequences
12. Independent extended project and presentation
13. Research and referencing skills
14. Sharing and challenging views

YEAR 9

1, Legal and illegal drug use
2. Alcohol and underage drinking
3. Drugs, alcohol and the law
4. Gangs and gang warfare
5. Knife crime
6. Healthy and unhealthy relationships
7. Media portrayal of relationships and sex
8. Respect in relationships
9. Consent
10. Contraception
11. Racism and Extremism
12. Recognising and challenging prejudice, discrimination and stereotypes in LGBTQ+ and disability
13. Tolerance and Equality
14. Protected characteristics and protecting each other

YEAR 8

1. Making healthy choices, Nicotine and drugs
2. Vaping
3. Making healthy choices, managing peer pressure
4. Vaccines and blood donation
5. First aid
6. Confidence and wellbeing
7. Body image
8. Consent
9. Gender and gender identity
10. Prejudice and discrimination

YEAR 7

1. Transition to secondary school
2. Bullying and peer relationships
3. Online safety
4. Positive and safe relationships
5. Healthy Lifestyle
6. Exercise and mental health
7. Managing stress and anxiety
8. Healthy living
9. Gender and Identity
10. Sexual orientation