

OPPORTUNITIES FOR CULTURAL CAPITAL IN CPSHE

Cultural capital and local context CPSHE enables our pupils to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of becoming young adults. Pupils are provided with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. They are encouraged to develop their sense of self-worth by developing competencies and by playing a positive role in contributing to school life and the wider community. Example: Pupils learn about a variety of different current issues within CPSHE that are present in Broughton and have a personal impact on their day to day lives and communities. Pupils are able to develop their understanding of their world and the impact personal decisions can make on their lives as well as developing critical thinking skills. CPSHE lessons are ambitious in terms of the learning outcomes for pupils. Pupils are provided with opportunities broaden their horizons through a range of personal, social, health, economic, SRE and cultural lessons. These lessons also provide an appropriate range of opportunities and experiences to allow pupils to succeed in the next stage in their education, training or employment. All lessons aim to stretch and challenge further developing higher level thinking skills. Example: Pupils are offered a wide variety of additional opportunities that complement the delivery of the core curriculum via school assemblies.

	Term 1	Term 2	Term 3
Year 7	<ul style="list-style-type: none"> • Transition to secondary school • Diet, exercise and how to make healthy choices Enterprise skills and introduction to careers • Challenging career stereotypes and raising aspirations 	<ul style="list-style-type: none"> • Diversity, prejudice and bullying including cyber bullying • Managing on- and off-line friendships • The risks of alcohol, tobacco and other substances • Managing puberty and the issues of unwanted contact and FGM 	<ul style="list-style-type: none"> • Self-esteem and romance • Exploring family life • Making ethical financial decisions • Saving, spending and budgeting our money
Year 8	<ul style="list-style-type: none"> • Maintaining physical health and fitness • Work, leisure and exercise – having the right balance • Internet safety and harm • Spending, saving and budgeting our money 	<ul style="list-style-type: none"> • Recognising and managing positive and stable relationships • Sexual health • How to make informed choices about substance use and misuse • Dealing with peer pressure and raising self esteem 	<ul style="list-style-type: none"> • Gender identity and sexual orientation • Sharing personal information and dealing with risky situations • Discrimination and stereotypes • Extremism and intolerance
Year 9	<ul style="list-style-type: none"> • You being you • Keeping yourself and others safe • How to make informed choices • Being enterprising and ambitious 	<ul style="list-style-type: none"> • Contraception choices • The concept of consent in a sexual relationship • Making informed choices about health and wellbeing matters • How to assess and manage risk to health 	<ul style="list-style-type: none"> • Managing loss • Friendships groups and gangs • Personal finance choices • Rights and responsibilities as a member of diverse community
Year 10	<ul style="list-style-type: none"> • Emotional and mental health and wellbeing • Informed choices about health 	<ul style="list-style-type: none"> • Self-esteem in a relationship • Parenting skills and qualities 	<ul style="list-style-type: none"> • Unacceptability of all forms of discrimination • Think critically about extremism and intolerance

	<ul style="list-style-type: none"> • Cosmetic and aesthetic procedure and the media • Emergency first aid 	<ul style="list-style-type: none"> • Positive, strong, supportive and equal relationships 	<ul style="list-style-type: none"> • Changing patterns to Local, national and European employment
Year 11	<ul style="list-style-type: none"> • Study and employability skills • Rights and responsibilities at work • Recognise and manage the influences on their financial decisions 	<ul style="list-style-type: none"> • Recognise and manage the triggers for unhealthy coping strategies • Maintaining and monitoring own health • The short and long-term consequences of substance use and misuse 	<ul style="list-style-type: none"> • The role of sex in the media • Consent and to respect others' rights • Unhealthy or abusive relationships