



26<sup>th</sup> April 2024

Dear Parent/Guardian,

Last night we held our final parents' evening of the year and welcomed Year 8 pupils and their families into school. As always, it was extremely well attended with 95% attendance on the evening and was a very positive experience for both pupils and parents. All parents were given a revision plan and a timetable along with a simple planner for their child to organise their revision time efficiently. Thank you to all parents who completed the questionnaires and for the extremely positive feedback that was received.

German and French GCSE speaking exams have been taking place over the last two weeks for our Year 11 pupils and I am sure the preparation undertaken by all pupils, and the support they have received from their teachers, will ensure the best possible outcomes.

This week, it was a pleasure for members of the Senior Leadership Team to spend some time in the Computing department as we conducted a 'Focus On' Computing. Having spent time observing the pupils in a significant number of lessons, it is clear to me that there is a vibrant and hardworking learning atmosphere. Pupils were challenged to work hard and it was obvious in all the lessons we visited that the children were extremely engaged.

Next week's assemblies will be led by Mr Webster and the focus will be on 'revision strategies'. The pupils will be shown different techniques to aid their revision in preparation for their end of year exams. Pupils will be given an opportunity to practice these strategies in form time over the coming weeks to really embed them.

Research continues to show that reading every day shows benefits such as mental stimulation, vocabulary expansion, memory improvement, better writing skills and stronger analytical and thinking skills. It also gives pupils valuable time away from a mobile phone or a computer screen. Please can I ask you to continue to encourage your child to read at home. At Broughton High School we have an amazing library that is filled with an exciting stock of books suitable for all pupils of all ages. Please encourage your child to visit the library and see if there is a book that they are interested in. Our wonderful Librarian, Mrs Whitlock will be happy to help!

Please try and avoid parking over residents' driveways and turn off engines if you are waiting to reduce fumes. I have mentioned previously that dropping children off in the morning at the top of the school field on the A6 and allowing pupils to walk down the path into school is a much safer place to drop pupils and would significantly reduce the congestion and number of cars on Woodplumpton Lane. Your help and assistance in improving this situation is greatly appreciated.

Following a very successful few weeks of football fixtures, I am delighted to confirm that Broughton will be represented by seven teams who have reached the finals, to be played at Deepdale. This is an absolutely fantastic achievement and we wish all the pupils every success in their matches. Please see the timings for each match below. If you would like to support the pupils on either 7th or 8th May, I am sure they would appreciate parents/pupils cheering them on; there is usually a small fee to get into the ground, but this isn't usually more a few pounds

Headteacher: Mr David Botes

Tuesday 7<sup>th</sup> May

- Year 7 Girls - Melissa Smith Cup - 3:30pm
- U14 Girls - Dixon Cup - 4:20pm
- U16 Girls - Guild Cup - 4:20pm
- Year 7 Boys - Mick Baxter Cup - 5:30pm

Wednesday 8<sup>th</sup> May

- Year 9 Boys - William Dawson Cup - 4:40pm
- Year 10 Boys - Ord/Hargreaves Cup - 5:50pm
- Year 11 Boys - Lucas Shield - 7:00pm

Key dates:

PTFA Meeting at 6.00pm

Year 11 Leavers' Ball

PTFA Sponsored Walk (Years 7, 8, 9, 10)

School closed for Bank Holiday

School closes for Half Term

School re-opens

Thursday 23 May 2024

Friday 21 June 2024

Friday 5 July 2024

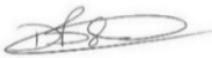
Monday 6 May

Friday 24 May

Monday 3 June

If you ever have any questions or concerns or want to share any of your child's successes please do not hesitate to make contact. My email is [botesd@broughtonhigh.co.uk](mailto:botesd@broughtonhigh.co.uk).

Yours sincerely,



David Botes  
Headteacher

### Y8 Self Portraiture



Andy Warhol Self Portrait (1966).

Y8 Artists used photography, digital imaging, collage & printmaking techniques to create these self portraits inspired by Andy Warhol.



Adam



Alex

Here are some examples of the excellent pieces produced by Year 8 pupils following this recent project. Well done everyone!

Ms Smith



Aliyah



Emily



George



Evie



Isaac



Megan

## National Event for Autism

I wanted to let all parents/carers know that there is a national event for autism coming to **Manchester** on **Friday 24<sup>th</sup> May** and **Saturday 25<sup>th</sup> May**.

This looks like it will be a very interesting and informative day for anyone who has a family member or friend with autism.

I will be attending on the Friday - please get in touch if you would like to meet up there ([hardmanh@broughtonhigh.co.uk](mailto:hardmanh@broughtonhigh.co.uk)).

Details about the event can be found here: <https://manchester.autismshow.co.uk/>

Mrs Hardman, SENDCo

## Wellbeing

### SCREAM DAY - 24<sup>th</sup> April

Screaming on its own has proven to be very beneficial; you can scream into your pillow, in your car, outdoors (woods/fields) or wherever you feel most comfortable.

Screaming can help let out pent up emotions. Letting out a scream can be a healthy way to release these and can give you a sense of relief.

It can release endorphins, happy hormones.

### INTERNATIONAL DANCE DAY 29<sup>th</sup> APRIL

Is dancing good for your wellbeing/mental health?

YES!

Dancing reduces stress and anxiety and can help increase self-esteem. It releases endorphins and other positive hormones into your system, (happy hormones). These hormones help lift a person's mood, creating a more calm, happy and optimistic outlook.

Also, it's fun 😊. Put on your favourite tunes and get dancing!



C Law, Roots Counselling

## PTFA Meeting

Thursday 23<sup>rd</sup> May 2024 at 6.00pm

in the Oak Meeting Room at Visitor Reception

All welcome - please see the agenda attached to this newsletter.

WE HOPE YOU  
CAN JOIN US

# WORD OF THE WEEK

w/c 29<sup>th</sup> April

## jeopardise: verb

to put somebody or something at risk of being lost or harmed.

### Example

She knew that failing her exams would **jeopardise** her future.

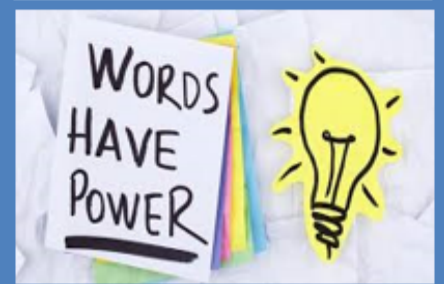
### Synonyms

risk, endanger, expose.

### Antonym

protect, guard.

SCHOOL SYNERGY



## Extra-Curricular Activities

We have a wide range of extra-curricular activities for pupils to take part in.

Activities are held every day of the week ... at break, lunch and after school.

Please click the link below for the updated programme of activities:

[Extra-Curricular - Programme of Activities](#)

	Extra-Curricular Club	Day	Time	Where	Staff
MONDAY	Minifoot Monday's - Quiet colouring activities	Monday	1.30 - 1.35	English 7	Learning Support
	Minicraft Club - Years 7 & 8	Monday	1.30 - 1.35	Library	Mrs Whitlock
	Spurs Maths Club	Monday	1.30 - 1.35	Maths 5	Maths Department
	K3 Artists' Drop in/Catch-up	Monday	1.20 - 1.35	Art 1	Ms Smith
TUESDAY	Music - Choir	Monday	1.30 - 1.35	Music Dept	Miss Peters & Mr Shepherd
	Chess - Group 1	Monday	3.00 - 4.00	Gym	Mrs Hoagh
	Music - Wind Ensemble	Tuesday	11.00 - 11.20	Music Dept	Mr Shephard & Miss Fletcher
	GCE Table Tennis League	Tuesday	1.25 - 1.35	Gym	PE Department
	Group 1 Chess	Tuesday	1.25 - 1.35	Sports Hall	Mrs Hoagh
	GCE Artists' Drop in	Tuesday	1.30 - 1.35	Art 1	Ms Smith
	Relief	Tuesday	1.30 - 1.35	English 7	Learning Support
	Quiet Reading	Tuesday & Thursday	1.30 - 1.35	Library	Mrs Whitlock
	GCE Artists' Drop in/Catch-up	Tuesday	1.30 - 1.35	Art 1	Ms Smith
	Football - Years 7 & 8	Tuesday	3.00 - 4.00	Astro	PE Department
	Upper school Dance	Tuesday	3.05 - 3.40	Gym	Mrs Hoagh
	WEDNESDAY	Homework Support	Tuesday, Wednesday & Thursday	3.00 - 4.00	ICT 1
DT - GCE Textiles Club		Tuesday & Thursday	3.00 - 4.00	Technology 1	Mrs Heald
Spurs Maths Club		Tuesday	3.05 - 4.00	Maths 5	Maths Department
Music - Orchestra Club		Tuesday	3.05 - 4.00	Music Dept	Miss Peters
Chess Club		Wednesday	1.00 - 1.35	Maths 5	Mr Shephard & Mr Peterson
Wordle Club - test your brain with word quizzes		Wednesday	1.30 - 1.35	English 7	Learning Support
Comic Club		Wednesday	1.30 - 1.35	Library	Mrs Whitlock
Music - Ukulele Club		Wednesday	1.30 - 1.35	Music Dept	Miss Peters
Music - Recorder Club		Wednesday	1.30 - 1.35	Music Dept	Miss Fletcher
8.U.G.5 (Broughton's Ultimate Geography Society)		Wednesday	3.00 - 4.00	Gym	PE Department
Crickets - Year 7		Wednesday	3.00 - 4.00	Sports Hall	PE Department
Homework Club		Wednesday	3.00 - 4.00	ICT 2	Mr Atkinson & Miss Merino
THURSDAY	Computing Club	Wednesday	3.00 - 4.00	ICT 1	Mr Parlin
	Science Club	Wednesday	3.00 - 4.00	Science Labs	Miss Taylor
	Homework Support	Tuesday, Wednesday & Thursday	3.00 - 4.00	ICT 2	Learning Support
	DT - Cooking Club	Wednesday	3.00 - 4.00	Technology 3	Mrs Newton
	Music - GCE Counetwork Club	Wednesday	3.05 - 4.00	Music Dept	Mr Shephard & Miss Peters
	Dance - Years 7 & 8	Thursday	1.25 - 1.35	Gym	Mrs Hoagh
	Happy Minds - looking after your wellbeing	Thursday	1.30 - 1.30	English 7	Ms Law & Mrs Bamber
	KS - Year 10 GCSE Catch-up	Thursday	1.30 - 1.35	Maths 5	Mrs Brooks
	Quiet Reading	Tuesday & Thursday	1.30 - 1.35	Library	Mrs Whitlock
	Elevate your Ecuat! French listening practice - Year 11)	Thursday	1.30 - 1.35	MtS 3	Mr Tomlin
	Music - Jazz Band	Thursday	1.30 - 1.35	Music Dept	Mr Shephard
	Running Club	Thursday	3.00 - 4.00	PE Yard	Miss Klunder & Mr Brady
FRIDAY	Football - Years 9 & 10	Thursday	3.00 - 4.00	Astro	PE Department
	GCE Badminton	Thursday	3.00 - 4.00	Sports Hall	PE Department
	GCE Dance	Thursday	3.00 - 4.00	Gym	Mrs Hoagh
	Homework Support	Tuesday, Wednesday & Thursday	3.00 - 4.00	ICT 3	Learning Support
	DT - GCE Textiles Club	Thursday & Thursday	3.00 - 4.00	Technology 1	Mrs Heald
	Music - Open Mic Club	Friday	1.30 - 1.35	Music Dept	Miss Peters
	GCE Artists' Drop in/Catch-up	Friday	1.30 - 1.35	Art 1	Ms Smith
	Debate Club - Year 9	Friday	1.30 - 1.35	English 5	Miss Smeethurst
	Film Club	Friday	1.30 - 1.35	English 7	Learning Support
	French Film Club	Friday	1.30 - 1.35	Mr Tomlin	
	Act up Drama Club	Friday	1.30 - 1.35	Drama Studio	Mrs Fahmy & Miss Howard
	Boys & Girls' Myerzough Basketball - Year 7	Friday	3.00 - 4.00	Sports Hall	PE Department
Table Tennis - Years 10 & 11	Friday	3.00 - 4.00	Gym	PE Department	
American Flag Football - Years 7, 8 & 9	Friday	3.05 - 4.30	Astro	Mr Hughes	

## Late Bus

This term, the Late Bus will be running on **Tuesdays, Wednesdays and Thursdays**.

The service departs from Broughton at 4.25pm allowing pupils to stay late to complete school work or participate in activities after school.

60p per pupil, per journey. Pupils are able to use their bus passes and return tickets.

# Reading Recommendation

**Jack Christopher**

**(Year 8)**

I recommend the book series '**Heart Stopper**' by Alice Oseman. I would recommend this book to people who like drama/lover style story.

This book is a graphic novel. If you like watching things as well, it's a popular Netflix show.

I would rate it 9/10.

This book is also available in the Broughton Library.



**It is always great to hear any recommendations you have.**

If you have read a book that you think other pupils will enjoy, please email Mrs Armstrong with the title, author and why you recommend the book:

[armstrongk@broughtonhigh.co.uk](mailto:armstrongk@broughtonhigh.co.uk)

Synergy points are awarded for all submissions and you will feature in the newsletter!

**A pupil who reads  
is a pupil who succeeds.**

## U12 Girls' Football

### 6-3 win in the Lancashire Cup!

On Monday 22<sup>nd</sup> April, the U12 girls' football team played against St Bede's in a qualifying game for the Lancashire Cup Finals. We knew it was going to be a tough match, but the team were keen to keep their unbeaten record going.

The game started fairly evenly, with both teams having possession and creating plenty of chances, but it was Broughton who found the back of the net first with an excellent pass from **Megan Pye** to **Mia McLennan** to make it **1-0**. Broughton worked hard to move the ball around and produced some brilliant build up play to create several fantastic scoring opportunities. **Emily Bretherton** and **Isla Tuson** volunteered to share goalkeeping responsibilities for the game and made several brilliant saves to keep Broughton in the lead. After a superb team performance, the girls' came out **6-3 winners**, with goals from **Mia McLennan (x4)** and **Megan Pye (x2)**, and have successfully secured themselves a place in the **Lancashire Cup Finals!**

Well done and congratulations to all the players involved!

**Emily Bretherton, Niamh Brown, Bella Clark, Ava MacRae,  
Mia McLennan, Claire Nunn, Erin O'Regan, Megan Pye, Isla Tuson**



Miss Hunter



# Bronze Cooking Award

Congratulations to Year 7 pupils **Tom Bell** and **Bethan Gorman** who have completed the Bronze Cooking Award with an impressive range of dishes from chicken jalfrezi with almonds to decorated cupcakes.

To achieve the Bronze Award pupils need to plan and cook seven dishes at home.

I hope these delicious pictures will encourage more pupils to achieve their Bronze Cooking Award.

**Thomas Bell Bronze Cooking Award**

Joe Wicks' homemade crispy chicken burgers with own try popcorn chicken and oven cooked chips

Chicken jalfrezi with almonds

Pasta ravioli and garlic bread

Flapjacks

Buttered hot-cross buns

Fresh fruit and ice cream sundaes with honey and flapjack crumb

Spinach, mayo, salami and cheese wrap

**Bronze badge Bethan Gorman**

Congratulations Tom and Bethan on a super achievement - keep on cooking.

# Bronze cooking award



## Chocolate tiffin

W.W.W= This was a nice texture with all of the crunchy biscuit at the bottom contrasting with the stickiness of the raisin chocolate mixture.

E.B.I= However it was a bit too sticky in the middle and could have done with a few extra minutes in the oven.

## Biscoff brownie

W.W.W= This brownie had a very nice flavour and the biscoff and the chocolate in the brownie worked together quite well.

E.B.I= However, the texture was too crumbly and made a bit of a mess it needed a few extra minutes in the oven.



## White chocolate and raspberry blondie

W.W.W= This blondie has an amazing flavour combination with the sweetness of the white chocolate contrasting perfectly with the tartness of the raspberries.

E.B.I= Unfortunately, the raspberries we used were fresh and caused a soggy patch around them bringing the overall texture of the otherwise perfect sponge.

## Tuna pasta bake

W.W.W= The pasta was moist and wasn't dry unlike sometimes when I am rushing to cook it. In addition, the sauce was lovely and brought out the flavour in the tuna and sweetcorn.

E.B.I= I could have added more herbs and garlic to add even more flavour to the sauce and made sure the tuna was still moist as it was a bit drier than I hoped.





# Bronze cooking award

## Lemon drizzle cake with sugary lemon icing.

W.W.W= My lemon drizzle cake had a wonderful zingy flavour from the grated lemon zest mixed in with the delightfully airy sponge.

E.B.I= However, the centre wasn't cooked through and was a bit mushy, I know now that this could have been avoided by cooking it a bit longer.



## Chicken saltimbocca bake

W.W.W= In this dish a lot went right here are a few things: the roast potatoes were the best I had ever made; the chicken and Parma ham was moist and the beans were nice and herby.

E.B.I = Nothing really went wrong in this dish maybe no olives as they didn't add much to the dish and it would be fine without them.



## Sweet and sour chicken (here I forgot a picture on my plate.)

W.W.W= The sauce was very flavoursome and contrasted the tartness of the pineapple, also the chicken was well cooked and wasn't dry.

E.B.I= However, the sauce was a bit thick and slightly lumpy and ended up just sticking to the chicken not anything else.



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mrs Smethurst by email [smethurstj@broughtonhigh.co.uk](mailto:smethurstj@broughtonhigh.co.uk)

## JOB OF THE WEEK

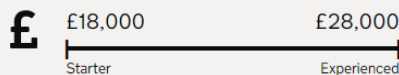


### Restaurant manager

Fast food restaurant manager, hotel restaurant manager

Restaurant managers organise the day-to-day running of their venue and make sure customers are happy with the food and service they receive.

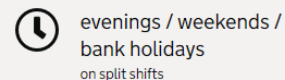
Average salary (a year)



Typical hours (a week)



You could work



### How to become a Restaurant Manager

Explore the different ways to get into this role.

You can get into this job through:

- a college course
- an apprenticeship
- working towards this role
- a graduate training scheme

### College

You could do a college course, which would teach you some of the skills you'll need in this job. Courses include:

- Level 3 Diploma in Hospitality Supervision and Leadership
- Level 4 Diploma in Hospitality Leadership

### Entry requirements

You'll usually need:

- 4 or 5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, for a level 3 course
- 1 or 2 A levels, a level 3 diploma or relevant experience for a level 4 or level 5 course

### Apprenticeship

You could work towards this role by doing a hospitality supervisor advanced apprenticeship and continue with further training on the job.

You could also take a hospitality manager higher apprenticeship, if you've got supervisory experience in restaurant work.

### Entry requirements

You'll usually need:

5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, including English and maths, for an advanced apprenticeship  
4 or 5 GCSEs at grades 9 to 4 (A\* to C) and A levels, or equivalent, for a higher or degree apprenticeship



## Annual careers fair at Royal Preston Hospital Friday 3<sup>rd</sup> May 10am – 6pm

This promises to be an action-packed event with over 27 different departments involved ready to showcase their exciting careers to you, this includes:

Ophthalmology, Radiography, Cardio-Respiratory, Pathology, Nursing Team, Dietetics, SMRC and many, many more. On the day we will have lots of activities that guests can take part in with seminars on the hour, Basic Life Support sessions, choking vests, simulation hands, ultrasound scanners, mobility suits and lots of other interactive activities.

For the first time ever, we are proud to present our in house blended learning team! If you have students who may not necessarily see themselves in a clinical career in the NHS- this is for them! This team specialise in content creating bespoke e-learning packages for staff training & using state of the art IT equipment used to train our medical and non-clinical future workforce! Our blended learning team are responsible for multimedia in-house productions such as our own 24 hours insight series: <https://vimeo.com/348548495> and many more internal and external resources! To find out more of what the team do, see and capture across our trust... pay them a visit on the day!

Our event will be on from 10am until 6pm and Recruitment will also be in attendance should you wish to look at what vacancies we have available right now! It is drop in so no need to make an appointment – we look forward to seeing you there.

If you have any questions regarding the event, please email us at

[Widening.participation@lthtr.nhs.uk](mailto:Widening.participation@lthtr.nhs.uk)

<https://vimeo.com/348548495>

Please scan QR Code for directions to event



Education Centre 1  
Royal Preston  
Hospital  
Sharoe Green Lane  
PR2 9HT



# Meet the students: What is university really like?

What is university really like? Current university students are taking over the fair to tell you their honest experiences and things they wish they'd known. Chat to students at 30 universities including Loughborough University, University of Exeter, and SOAS. Get insider tips on extracurricular activities to boost your personal statement, the best student bank accounts, what to pack, and how to prepare for living away from home.

Wednesday 8th May | 4:30pm - 6:30pm BST

unifrog



# P.T.F.A. Meeting

Thursday 23 May 2024

at 6.00pm

in the Oak Meeting Room, Visitor Reception

## **AGENDA**

1. Welcome
2. Apologies
3. Minutes of last meeting
4. Matters arising
5. Update on PTFA constitution
6. Report from the Treasurer
7. PTFA Easyfundraising update
8. PTFA 100 Club
9. PTFA Sponsored Walk - Friday 5<sup>th</sup> July 2024
10. School/Parental Issues



## Useful Numbers

Citizens Advice Helpline - 0808 223 1133	Minds Matter - 01772 773437
NHS Dentist Helpline - 0300 311 2233	Children's Social Care - 0300 123 6720
Community Midwives - 01772 524592	Food Bank - 01772 555425
Health Visitors- 0300 247 0040	Woman's Centre Preston - 01772 201601
Royal Preston Hospital - 01772 716565	ChildLine 0800 1111
Police Non-Emergency - 101	National Domestic Abuse Helpline 0808 2000 247
Medical Advice - 111	
Need an NHS Dentist- 01772 325100	

# Get advice and support



**Age 0-19** (up to 25 for young people with learning difficulties or disabilities)

Someone to talk to  
**Problems at home/school**  
**Jobs and training**  
**Apprenticeships**  
**Staying safe online**  
**Sex and health**  
**Relationships**

**Mental Health**  
**Self Harm**  
**Bullying**  
**Drugs and alcohol**  
**Things to do**  
**Housing, rights and money**  
**What age can I?**

**Text 07786 511111**  
**Talk online** [lancashire.gov.uk/youthzone](http://lancashire.gov.uk/youthzone)  
**Call 0800 511111**

[facebook.com/LancashireYPS](https://facebook.com/LancashireYPS)  
[twitter.com/LancashireYPS](https://twitter.com/LancashireYPS)  
 You can contact us 365 days a year  
**2pm to 10pm**

## Preston CFW Targeted Youth Support Offer - ages 12-19 (25 for SEND)

Monday	Tuesday	Wednesday	Thursday	Friday
6.30 pm - 8.30 pm Ribbleton Family Hub <b>This is us!</b> <b>Special Educational Needs and Disabilities Youth Group</b>	2.00 - 4.00 pm Ribbleton Family Hub <b>JAM Food Scheme</b>  7.00 pm - 9:00 pm Moor Nook CFW Centre <b>Bread LGBTQ+ group</b>	4.15 - 5:45 pm Moor Nook Allotments <b>YP Allotment Group</b> <b>Coming Spring 2024!</b>  6.00pm - 8.00 pm Stoneygate Nursery <b>Participation, Voice, and Influence Youth Council</b>	1.00 – 3.00 pm Moor Nook CFW Centre <b>NEET Drop in</b> (not in education, employment or training)  3.00 – 5.00pm Moor Nook CFW Centre <b>Young Person's Drop-in</b>  6.45pm - 9.00pm <b>Detached</b> (Street-based group work)	5.30pm - 6.30pm <b>Detached in Preston</b> (Street-based group work)  6.30 - 7.30 pm Moor Nook CFW Centre <b>Community Safe Spaces Youth Group</b>

### Moor Nook Youth

Moor Nook CFW Centre  
 Burholme Road, Ribbleton  
 Preston  
 PR2 6HN

For more information/to book contact:

[prestonTYS@lancashire.gov.uk](mailto:prestonTYS@lancashire.gov.uk)

Pete Riley - 07890432724/[peter.riley2@lancashire.gov.uk](mailto:peter.riley2@lancashire.gov.uk)

Nicola Cole - 07890425188/[nicola.cole@lancashire.gov.uk](mailto:nicola.cole@lancashire.gov.uk)

Annie Riley - 07523 804722/[annie.Riley@Lancashire.gov.uk](mailto:annie.Riley@Lancashire.gov.uk)

### Ribbleton Family Hub

Ribbleton Hall Drive  
 Ribbleton  
 Preston  
 PR2 6EE  
 Telephone: 01772 539444