



15th March 2024

Dear Parent/Guardian,

Yesterday we held our Year 10 Parents' Evening in school and it was an absolute pleasure to speak to so many pupils and parents about the progress their children are making here at Broughton. Year 10 pupils are already 7 months into their GCSE studies and after their recent reviews it is very clear that they are working exceptionally hard with the average year group 'learning score' moving up to 85. Pupils who achieved a score of 90 or above received a commendation certificate with those achieving 95 and above receiving an early break, a letter of congratulations and a waffle to celebrate. Attendance at the Parents' Evening was again over 90%; thank you to all parents who attended to make this such a positive and successful evening.

Next Thursday we will be holding our Year 11 'Final Preparation for Exams' evening in school. This event is for parents and aims to help them support, motivate and encourage their children during the last few important weeks before their exams start. We will be running two sessions on the evening, one starting at 4.15pm and the other at 6pm. Both presentations will be in the Junior Dining room at the front of school.

It has been an incredibly busy week for sporting fixtures and clubs with basketball, cricket, hockey, netball, American football, running club, table tennis, chess, football, dance and badminton events. On Wednesday evening it was amazing to see hundreds of pupils leaving school after these activities and getting involved with the many opportunities on offer. Drama, Art and Music continue to play an extremely important part of our school curriculum and again it is wonderful to see so many pupils involved with these clubs and lessons across the school day. As always, my message to all the pupils is to get involved wherever possible.

Our first formal Year 7 Parents' Evening will be held on Wednesday 27th March from 4pm in the Sports Hall. Online booking will open through Synergy, from 11.00am on Monday, where you can make appointments for the evening. We are all looking forward to seeing you on the evening when you will be able to hear about the progress your child has made since joining us in September. If you have any issues regarding booking an online appointment please contact our Assistant Headteacher Mr. Brady bradyj@broughtonhigh.co.uk

On Monday, Mrs Dhukai will be joining the Science department as a teacher of Chemistry until the end of the summer term to cover the absence of Mrs Boardman. Mrs Dhukai is an extremely experienced Chemistry teacher and we are looking forward to her joining the team.

Tickets for our PTFA 'Year 8 Family Easter Bingo' are selling fast. The event will be held on Tuesday 26th March 2024 starting at 6pm. There will be a range of bingo prizes available and a raffle on the night too! A family ticket costs just £5 - payment can be made via ParentPay. I look forward to seeing Year 8 families at the event.

Headteacher: Mr David Botes

Year 11 were again able to watch a live performance of Macbeth on Thursday as we were visited by Quantum Theatre Company. The English Department have managed to arrange a number of live drama performances this year for our Year 11 pupils and having spoken to Year 11 yesterday I know they have found the experience useful in helping bring so many important quotes to life. I know these opportunities will help our pupils in the next few weeks as they prepare for their final exams.

This week saw the conclusion of the GCSE Food and Nutrition Practical exams for our Year 11 pupils. The time and effort that these pupils have put into the preparation for their final practical has been breathtaking and when visiting the pupils over the last two weeks it has felt like I have been entering a professional kitchen. The food that has been produced and the way it has been presented has been exceptional and I know that both staff and pupils involved have worked tirelessly to get to this point. Congratulations to all involved.

On Wednesday, a group of Year 9 pupils attended an *'Oxbridge Bound'* event at Runshaw College. This half day event included activities which aimed to help pupils consider, and develop, the essential skills required for interviews at prestigious universities.

Next week we see pupils in Years 9 and 10 departing on the amazing Paris Trip. The schedule looks extremely exciting and very busy and whilst they are away pupils will be visiting the Eiffel Tower, Sacre Coeur basilica, the Arc de Triomphe and enjoying some shopping along the Champs Elysee. They are also sailing along the Seine in a Bateau Mouche to Notre Dame before a walking tour passing by many Parisian sites and practicing their French in cafes and 'crepe stalls'. They will also fit in a day at Disneyland Paris with its light and music extravaganza. I know they will have an amazing time.

Finally, good luck to our last group of Year 10 pupils who set off tomorrow for their practice expedition for the Duke of Edinburgh Award. Looking at the forecast, I think they may get a little wetter and muddier than the group last week!

Key dates are as follows:


Year 11 'Final Preparation for Exams' Evening	Thursday 21 March 2024
Year 8 PTFA Family Bingo at 6.00pm	Tuesday 26 March 2024
Year 7 Parents' Evening	Wednesday 27 March 2024
School Closes for Easter	Thursday 28 March 2024
School re-opens	Monday 15 April 2024
Year 9 Parents' & Options Evening	Thursday 18 April 2024
Year 8 Parents' Evening	Thursday 25 April 2024

Yours sincerely,



Mr David Botes
Headteacher

Learn it CHALLENGE

Every week, pupils in **Years 7, 8 and 9** are given  different, relevant facts, with the challenge of learning and remembering all ten facts for the following week, when they will be tested on them by their form tutor.

Pupils can access the challenge via notices on Synergy.

The next test will be on these days ...

Years 7 and 8
Wednesday
20th March

Year 9
Thursday
21st March

Music

1. The four families of instruments found in an orchestra are **Woodwind, Brass, Strings** and **Percussion**.
2. The famous composer who wrote some of his best works when he was deaf was **Ludwig van Beethoven**.
3. **The Beatles** are the British band who have sold more records than any other artist on the planet with 278.4 million recorded sales.
4. The keys on a Glockenspiel are made of **steel or metal**.
5. **Tina Turner's** music is played 24/7 at a UK airport to scare away birds.
6. The word "music" comes from the **Muses, goddess of the arts** in Greek mythology.
7. **Stradivarius Violins** are the most expensive in the world. The Lady Blunt Stradivarius sold for £12.3 Million!
8. **John Cage** wrote a piece of music that consisted of 4 minutes and 33 seconds of silence.
9. **The piano** covers the full spectrum of all orchestra instruments, from below the lowest note of the double bassoon to above the top note of the piccolo, making it the instrument with the biggest range of notes in the orchestra.
10. The first song played in space by astronauts was **Jingle Bells**.



Every week there will be a new set of questions/answers set.

Why are we doing this?

- essential practice for exams
- learning relevant, factual information
- rote learning is good for pupils
- acquiring some general knowledge

U14 Girls' Football - Preston Schools' Cup

On Monday 11th March, Broughton welcomed St Cecilia's in the first round of the Preston Schools' Cup.

After a fantastic performance, the girls came out **5-1 winners** with goals from:

Olivia Redshaw (x1), Grace Lochhead (x1), and Imogen Goodwin (x3).

Well done to the whole team!

**Amy Beardwood
Amara Jenkins-Smith
Grace Lochhead**

**Olivia Bretherton
Elsie Kerley
Ellie O'Neill**

**Imogen Goodwin
Kara Lee
Olivia Redshaw**

Miss Hunter



U16 Girls' Preston Football Cup

Broughton v Corpus

Won 2-1

Well done to the whole team!

**Evie Lee
Olivia Newman-Kirk
Hannah Wilcock**

**Olivia Rankin
Tabitha Lamoury
Eva Hughes**

**Alex Latham
Afiya Lakha
Olivia Hatton**



Goal scorers:

Alex Latham x1 - Exceptional long-range strike from a free kick.

Olivia Rankin x1

Mrs Lupton

U15 Girls' Hockey

Broughton v Lytham

Broughton won 6-1

An excellent game of hockey to watch! Our team worked really hard to make some excellent scoring opportunities and we defended well with **captain Alice Chapman** commanding the back line.

Goal scorers:

Olivia Newman-Kirk and Hannah Wilcock

Well done to the whole team!

Alice Chapman

Aebha Bayliss

Nina Finley

Hannah Wilcock

Olivia Newman-Kirk

Katie Parker

Annabel Ager

Elsie Kerley

Natasha Hamilton-Thorpe

Megan Gates

Katie Humphrey

Neva Cooper

Mrs Lupton



Netball Tournament

Great performance at the Preston Schools' Netball tournament from our Year 9 and Year 10 netball teams!

Congratulations to the Year 9 pupils who progressed to the semi-final but unfortunately lost against a strong St. Cecilia's team. The **Year 9s finished 4th overall** and **came 2nd in their league**.

Results:

Broughton v Our Lady's Won 4-0

Broughton v Moor Park Won 3-0

Broughton v Archbishop Lost 5-6

Broughton v Corpus Won 7-0

Broughton v St Cecilia's Lost 11-1

Well done to the **Year 10s who finished 6th overall** and **came 3rd in their league**.

Results:

Broughton v Corpus Lost 4-2

Broughton v Our Lady's Won 9-2

Broughton v Ashton Lost 7-6

Well done to all the players involved!



Year 9 Team

**Pippa Burchell, Neva Cooper, Jasmine Deluce,
Natasha Hamilton-Thorpe, Lauren McCulloch,
Mia Murphy, Isla Pye**

Year 10 Team

**Aebha Bayliss, Thea Gleave, Amelia Lyon,
Katie Parker, Holly Thorpe,
Imogen Vickers, Hannah Wilcock**

Miss Hunter

Late Bus

*** * Operating 3 days per week after the Easter break * ***

The Late Bus will **revert to three days a week** after the Easter break; running on Tuesdays, Wednesdays and Thursdays.

The service departs from Broughton at 4.25pm allowing pupils to stay late to complete school work or participate in activities after school.

60p per pupil, per journey.

Pupils are able to use their bus passes and return tickets.

World Sleep Day - 15th March 2024 🧠 🛏 🌙 ★

Sleep problems

Sleep problems are common, and the reasons we struggle to sleep are likely to change throughout our lives. A few sleepless nights are usually nothing to worry about, but it can become an issue if lack of sleep starts to affect your daily life.

Learn more about signs you might be sleep deprived:

<https://www.nhs.uk/every-mind-matters/mental-health-issues/sleep/>

How to fall asleep faster and sleep better:

The mental health benefits of good sleep include boosting our mood, reducing stress and helping with anxiety.

<https://www.nhs.uk/every-mind-matters/mental-wellbeing-tips/how-to-fall-asleep-faster-and-sleep-better/>

How can I improve my sleep?

This page has some tips and suggestions for improving your sleep:

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/sleep-problems/tips-to-improve-your-sleep/>



SWEET DREAMS

C Law, Roots Counselling

Broughton High School's PTFA invite you to their

Year 8

Family Easter Bingo Event

Tuesday 26 March 2024

at 6.00pm

**£5
per family**

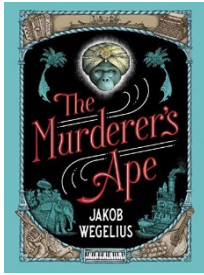
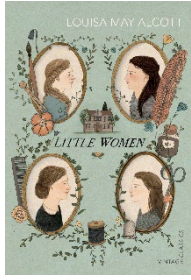
There will be bingo,
light refreshments and the
chance to win some
raffle prizes too!



**Payment to be made via
ParentPay**



Reading Recommendation



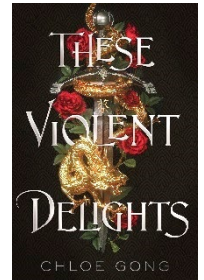
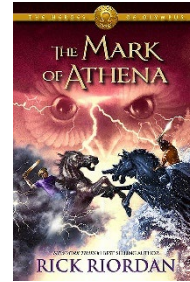
Thea Gleave (10B)

'Little Women' by Louisa May Alcott

'The Murderer's Ape' by Jakob Wegelius

'Heroes of Olympus' a series by Rick Riordan

'These Violent Delights' by Chloe Gong



It is always great to hear any recommendations you have.

If you have read a book that you think other pupils will enjoy,
please email Mrs Armstrong with the title, author
and why you recommend the book:

armstrongk@broughtonhigh.co.uk

Synergy points are awarded for all submissions and you will feature in the newsletter!

**A pupil who reads
is a pupil who succeeds.**

**LCC invites everyone to give comments on
the Local Nature Recovery Strategy.**

Please see further details from LCC below

**Lancashire's Local Nature Recovery Strategy Public Consultation
is now open and will close on 31 March 2024.**

We want to hear from all Lancashire residents and are particularly keen to hear the voices of young people and students in our community - what matters to them about nature and wildlife in Lancashire. We want to hear their voices and let them be a voice for change in this landmark consultation on nature and its recovery.

We invite students and other Lancashire residents to fill out the following questionnaire: [Lancashire's Local Nature Recovery Strategy's Public Consultation - Lancashire County Council - Citizen Space](#)

The survey should take between 10-15 minutes to complete.

There is also an interactive map ([Local Nature Recovery Strategy - Lancashire County Council](#)) to drop points on to tell us; where nature matters to you, where nature recovery should be prioritised and where local nature recovery projects are already underway.

This survey is a chance for everyone to share experiences and views about Lancashire's wildlife, our natural environment, and the biggest environmental issues we face locally.

We'll use this information to help inform the development of Lancashire's Local Nature Recovery Strategy.



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mrs Smethurst by email smethurstj@broughtonhigh.co.uk

JOB OF THE WEEK

Newspaper or magazine journalist

Reporter, press officer, features writer

Newspaper or magazine journalists write articles and stories for local, regional, national and online publications.



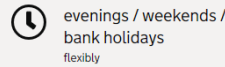
Average salary (a year)



Typical hours (a week)



You could work



Myerscough
College & University Centre
INSPIRING EXCELLENCE

COURSE ADVICE MORNINGS

Saturday 16th March
Saturday 8th June
Starts 10.00am

School Leavers | University Degrees | Apprenticeships

CENTRES IN PRESTON, BLACKBURN, LIVERPOOL AND WARRINGTON

These events might be of interest to students in Year 9, 10 and 11, as potential progression routes.

There's additional information at <https://www.myerscough.ac.uk/whats-on/>

"We've a choice of more than 30 different subjects, covering a wide range of land-based subjects (from Agriculture and Equestrian Studies to Motorsports and Veterinary Nursing.) There's also a choice of Sports Coaching and Performance routes - across Football, Rugby, Cricket, Golf and Basketball.

There are options at a range of levels within each subject, from bespoke Foundation Learning courses through to Level 3 Diploma suites and dedicated T-Level routes. Plus Apprenticeship opportunities in most subjects!

Information about transport routes, financial support and accommodation (at our Preston centre) is available here: <https://www.myerscough.ac.uk/students/>



Ashbridge
INDEPENDENT SCHOOL & NURSERIES



**RECRUITING
NOW FOR
2024!**

EARLY YEARS APPRENTICESHIPS

Nurseries located near Penwortham,
Preston City Centre,
Cottam and Bilsborrow

- Full-time apprenticeship working towards your Level 2 or 3 childcare qualification.
- Protected off the job training and expert tuition provided.
- Guaranteed permanent employment on successful completion.
- Continued development to achieve further qualifications.
- Fantastic atmosphere, support network and employee benefits including uniform, meals whilst at work and local discounts.
- Fully supported and accredited by Runshaw College.

email: apprenticeships@ashbridgeschool.co.uk

**APPRENTICESHIP
PAY - OVER £150
PER WEEK**

**LEVEL 2 PAY - UP
TO £380 PER WEEK**

**LEVEL 3 PAY -
OVER £400 PER
WEEK**

**Contact
Ashbridge directly
or come and
collect an
application form
from Mrs Smethurst
in EN6.**



On Wednesday we took a small group of students to Runshaw's Oxbridge Bound event. Oxbridge Bound is a half day event and the activities aim to develop ways of thinking and discussing; essential skills for interviews at prestigious universities.

Students need to understand and be well prepared for the rules of thinking, valuing and discussion which underpin prestigious university interviews. We believe that an introduction to 'academic discourse' cannot come too early. Oxbridge Bound is an introduction to academic discourse and students had the opportunity to discuss ideas such as "Who killed JFK?", "What is a person?" and debate who was the most deserving of a kidney transplant.

PARENT WEBINAR

ARE YOU WORRIED ABOUT YOUR YOUNG PERSONS
MENTAL HEALTH?



DO YOU WANT TO KNOW MORE ABOUT HOW TO
SUPPORT YOUR YOUNG PERSON'S EMOTIONAL
WELLBEING?

COMPASS BLOOM ARE RUNNING A FREE WEBINAR
FOR YOU TO ACCESS EXPERT ADVICE AND GUIDANCE
TO SUPPORT YOUR YOUNG PERSON.

CHOOSE FROM ONE OF THE FOLLOWING 4 DATES AVAILABLE TO
ACCESS THIS FREE INFORMATIVE WEBINAR.



- TUESDAY 9TH APRIL 2024: 6PM – 7PM
- WEDNESDAY 10TH APRIL 2024: 10AM – 11AM
- WEDNESDAY 10TH APRIL 2024: 2PM - 3PM
- THURSDAY 11TH APRIL 2024: 6PM - 7PM 11AM



REGISTER FOR ONE OF OUR WEBINARS
HERE: [HTTPS://BIT.LY/PARENT_WEBINAR](https://bit.ly/parent_webinar)

PARENT/CARER CONSULTATIONS

WE OFFER A FREE AND CONFIDENTIAL SERVICE SUPPORTING CHILDREN AND YOUNG PEOPLE, AGED 5-18, WITH MILD TO MODERATE EMOTIONAL HEALTH AND WELLBEING NEEDS.

WE WORK IN 63 SCHOOLS AND COLLEGES THROUGHOUT CHORLEY, SOUTH RIBBLE, PRESTON AND WEST LANCS.

ARE YOU THE PARENT/CARER OF A YOUNG PERSON WHO IS EXPERIENCING MILD TO MODERATE ANXIETY OR LOW MOOD?

THIS COULD LOOK LIKE:



FEELING
WORRIED



STRUGGLING
TO
SLEEP



WITHDRAWAL
FROM FAMILY,
FRIENDS
AND/OR USUAL
ACTIVITIES



STRUGGLING
TO
CONCENTRATE



TEARFUL

IF ANY OF THE ABOVE SOUNDS LIKE YOUR CHILD/YOUNG PERSON WE CAN HELP!

IF YOUR YOUNG PERSON ATTENDS ONE OF OUR 63 SCHOOLS WE CAN OFFER A CONSULTATION WITH ONE OF OUR FRIENDLY PRACTITIONERS.

THEY CAN OFFER YOU ADVICE, GUIDANCE AND SIGNPOSTING TO SUPPORT YOU TO SUPPORT YOUR CHILD/YOUNG PERSON.

CLICK THE BUTTON TO COMPLETE OUR CONSULTATION FORM [@CLICK HERE](#)

CONTACT US VIA:



@COMPASSBLOOM

01772 280123



COMPASSBLOOM@COMPASS-UK.ORG