



8th March 2024

Dear Parent/Guardian,

With the weather improving this week it has been wonderful to see the pupils out and about at break and lunchtime enjoying the dry weather and blue skies. The way our pupils interact with each and behave at these times and throughout the school day is truly impressive and it was commented on a number of times by three visitors this week who spent the day in school. There are a huge number of activities and clubs on offer at lunch time but also areas for pupils to sit and talk with their friends, play table tennis, football or chess or simply enjoy their lunch in the dining halls.

Year 10 pupils will receive their second review of the year next Tuesday. Those pupils with a learning score over 90 will receive a commendation in recognition of their efforts. Following on from this review we will be holding our Year 10 Parents' Evening next Thursday from 4pm – 7pm in the sports hall and drama centre. Last year we had just under 98% attendance at the Year 9 parents'/options evening so please make every effort to attend to find out how your child has settled into their first year of GCSE's. We encourage the pupils to come along also and listen to the feedback from their teachers. Pupils must wear full school uniform if they are attending with their parents.

On Thursday this week we were visited by Lady Milena Grenfell-Baines MBE who spoke to Year 8 about her life story. She was born in Czechoslovakia in 1929 and when she was nine years old, Lady Milena and her younger sister Eva were able to leave Prague before the start of the second world war on a special rescue train, arranged by Nicholas Winton who saved a further 669 children in this way. Lady Milena has lived in Preston for over fifty years and she came into school to share her fascinating story and the story of Nicholas Winton which has recently been made into a film 'One Life' starring Anthony Hopkins.

Tomorrow we see the start of the Duke of Edinburgh practice expeditions with over twenty of our Year 10 pupils navigating their way cross country from school to the Plough at Eaves. We have another group next weekend who will be completing their practice expedition also. Thank you in advance to the members of staff for giving their time, not only on Saturday morning but through the whole Duke of Edinburgh course. We wish them the very best of luck on their expeditions.

It has been a busy time in school with various activities organised to celebrate World Book Day. In addition to the whole school competitions and activities which included 'Bard or Batman' quote quiz, Translation of Book Titles, 'Caught Reading' photographs, Design a Book Token and 'The Masked Reader' quiz, we also celebrated by reading an Anthony Horowitz story in six parts throughout the school day today. Further details about all these activities can be found in this newsletter.

This week has seen the start of formal assessments for some of our Year 11 pupils who have completed their GCSE food practicals. Staff and pupils have worked extremely hard to prepare for these assessments and the pupils have produced some amazing, high quality dishes. Well done to everyone and good luck to the next group who will complete their practical assessments next week.

Cycling to school continues to be an extremely popular way for over 200 of our pupils to get to school. I receive regular emails and messages from members of the public about the politeness and courtesy that our cyclists show, but occasionally a pupil may forget their manners and the importance of courtesy to others whilst cycling.

Headteacher: Mr David Botes

I will be reminding all pupils this week about our expectations of them whilst cycling to school to ensure they keep both themselves and others safe. Please always ensure your child wears a helmet on their journey to and from school.

As always, please can I ask you to be courteous of our neighbours in Broughton village and on Northway when you drop your children off in the morning and pick them up at the end of the day. Please do not park over driveways or block access and where possible turn off your engines to reduce emissions. Your help in this matter is greatly appreciated.

A reminder that the 'Year 8 Family Easter Bingo' will be held on Tuesday 26 March 2024 at 6.00pm in the Junior Dining Room here in school. The cost to attend is £5 per family (payment via ParentPay). The event will be organised by the PTFA and there will be bingo, light refreshments plus the chance to win some wonderful raffle prizes too!

Finally, I would like to say thank you to you, the parents, grandparents and guardians of our wonderful pupils. Your ongoing support, kind words and emails are always greatly appreciated. As always, please contact me if you have any concerns, worries or issues or if you have any news about your child's achievements outside of school. I am always happy to receive these emails and will always aim to reply swiftly. My email is botesd@broughtonhigh.co.uk.

Key dates are as follows:


Year 10 Parents' Evening	Thursday 14 March 2024
Year 11 'Final Preparation for Exams' Evening	Thursday 21 March 2024
Year 8 PTFA Family Bingo at 6.00pm	Tuesday 26 March 2024
Year 7 Parents' Evening	Wednesday 27 March 2024
School Closes for Easter	Thursday 28 March 2024
School re-opens	Monday 15 April 2024
Year 9 Parents' & Options Evening	Thursday 18 April 2024
Year 8 Parents' Evening	Thursday 25 April 2024

Yours sincerely,



Mr David Botes
Headteacher

Learn it CHALLENGE

Every week, pupils in **Years 7, 8 and 9** are given  different, relevant facts, with the challenge of learning and remembering all ten facts for the following week, when they will be tested on them by their form tutor.

Pupils can access the challenge via notices on Synergy.

The next test will be on these days ...

Years 7 and 8
Wednesday
13th March

Year 9
Thursday
14th March

P.E.

1. The two muscles in the upper leg are the **quadriceps** and **hamstring**.
2. A warm up consists of five parts: **pulse raise, mobility, stretching, dynamic movement, skill rehearsal**.
3. The bone that protects the brain is the **cranium**.
4. The two different tests that measure CV endurance are the **12 minute cooper run** and the **multi stage fitness test**.
5. The Karvonen formula for working out your maximum heart rate is: **220 - age = maximum heart rate**
6. The **aorta** is the major artery which takes blood away from the heart.
7. In the human body hinge joints can be found in the **elbow** and the **knee**.
8. The bones that articulate the shoulder joint are the **scapula** and the **humerus**.
9. Three methods of training are known as **Continuous, Interval** and **Fartlec**.
10. The current world record for the men's high jump is **2m 45cm** (Javier Sotomayor 1993 - Cuba).

Every week there will be a new set of questions/answers set.

Why are we doing this?

- essential practice for exams
- learning relevant, factual information
- rote learning is good for pupils
- acquiring some general knowledge

U15 Girls' Indoor Cricket Finals

The girls represented Preston in the indoor cricket finals on Tuesday this week. Through outstanding batting, fielding and teamwork **they won all three of their games** to **progress through to the next round** where they will **represent Lancashire** at Bolton Arena; a fantastic achievement!

The games were:

- Broughton 84 - 76 AKS Lytham
- Broughton 70 - 69 Bishop Rawstorne
- Broughton 99 - 59 Carnforth

Well done to all the team!

- **Annabel Ager**
- **Aebha Bayliss**
- **Alice Chapman**
- **Nina Finley**
- **Tabitha Lamoury**
- **Alex Latham**
- **Olivia Newman-Kirk**
- **Katie Parker**
- **Imogen Vickers**
- **Hannah Wilcock**



Mr Cowen

U14 Lancashire Cup

Broughton 9 - St Augustine's 3

In the third round of the Lancashire cup we faced St Augustine's away. After a long and windy bus ride we started a bit sluggish and went 1-0 down to our opponents. Not long after, the team found their true intensity and started to press a strong opposition. **Grace Lochhead** played and excellent through ball to **Ellie O'Neill** who found the bottom corner to open up our scoring. Soon after, **Olivia Bretherton** made a sprint down the line with the ball, getting around the back of defenders and through on goal to make it 2-1.

St Augustine's fought back strong and eventually got through our defence to make it 2-2. Goal three was another cracking goal from **Ellie** which went high and curled into the top corner to give us a 3-2 lead. We had now fully found our feet and were linking well from defence to our midfield and forwards. **Grace** then found herself one on one with the keeper and calmly slotted away our fourth goal, closely followed by our fifth! **Grace** also scored our sixth after some excellent possession play from **Imogen Goodwin**. We then went 7-2 up after **Amara Jenkins-Smith** regained possession for us in our defence, after St Augustine's got through on goal and calmly distributed the ball perfectly to **Imogen** who found the back post!

We settled a little too much and our opposition found their way around our defence and the back of the goal to make us 7-3. We weren't quite finished though, with **Grace** playing a ball through to **Ellie O'Neill** who finished well, making us 8-3 and then **Imogen** scoring our ninth and final goal of the game before the whistle!

An excellent team performance. Well done to the whole team!

Kara Lee	Imogen Goodwin	Grace Lochhead	Olivia Bretherton
Olivia Redshaw	Amara Jenkins-Smith	Amy Beardwood	Elsie Kerley
Ellie O'Neill	India Amrith-Thompson	Isobel Harlow	

We now progress to the quarter finals where we face St Michaels.

Mrs Lupton

A Quest to Become World Champion Language Learners

Language Nut in MFL

Recently, the MFL department has subscribed to a new online learning platform called *Language Nut*. It is proving an excellent resource for each step in language learning. It enables pupils in Years 10 and 11 to revise for their GCSE exams in a very effective way, especially allowing us to improve listening skills. Also, the new GCSE specification and demands are included and pupils in Years 7, 8 and 9 are improving their knowledge of grammar, phonics and vocab in preparation for the new GCSE they will be taking in KS4.

Of course, once we realised that there was a world school ranking in Language Nut, and that thousands of schools across the world are taking part, we could not resist a little competitive spirit! With the help of Year 8 and our determined Year 11's revision each week, we have managed to hit **second place in the world**, only to be beaten by a school in Chicago!

A brilliant effort from Broughton and onwards and upwards to being top of the world soon! Bravo!

Mrs Higham

Broughton High School Language Nut World ranking 1st March 2024 at 9.45am

 Vocabulary Learned 514545	 Sentences Learned 11945	 Grammar & Verbs Learned 17189	 Exam Skills Learned 2214
 Total Gold 16569	 Total Silver 6472	 Total Bronze 2209	 Phonics Learned 9837

School World Ranking

1	Catalyst Maria High School	3818400
2	Broughton High School, Preston	1424200
3	GEMS Jumeirah College - Dubai	1422800
4	The Winchester School - Jebel Ali	1126500
5	Brooke Weston Academy	906900

Pupils' School Ranking

1	Hamilton Jack	68000
2	Galbraith Rien	64500
3	Patel Dylan	64200
4	Shaikh Rayyan	58100
5	Thistlethwaite Noah	51800

Classes League

1	8LE French - 2023/24	1108500
2	8LE German - 2023/24	1047100
3	8LD German - 2023/24	243900
4	8LD French - 2023/24	243900
5	8LT FR	36000

Late Bus

The late bus operates every Tuesday, Wednesday and Thursday at a charge of 60p per pupil per journey.

Pupils are able to use their bus passes and return tickets.

The service departs from Broughton at 4.25pm, allowing pupils to stay late to complete school work or participate in activities after school.

*** Until Thursday 28th March ***

the late bus will run Monday to Friday inclusive.

Wellbeing

7th March – World Book Day

Why is reading good for our wellbeing?

- Reading can improve your memory and focus.
- It can help reduce stress - it is calming and relaxing.
- It can help with our mental health- different topics of self-help books.
- Routines – reading is great as part of a bedtime routine; it aids relaxation and sleep.

Check out our self-help books in the school library!



RAMADAN - Evening of Sunday, 10th March 2024

HOW TO LOOK AFTER YOUR MENTAL HEALTH DURING RAMADAN ...

Every year Ramadan feels different because each time it comes around we're going through something different in our lives. Sometimes it feels hard to find a balance between finding time to rest, study/work and focus on our wellbeing growth.

SEE LINK BELOW FOR SUPPORT AND GUIDANCE:

<https://www.youngminds.org.uk/young-person/blog/how-to-look-after-your-mental-health-during-ramadan/>

C Law, Roots Counselling

Broughton High School's PTFA invite you to their

Year 8

Family Easter Bingo Event

Tuesday 26 March 2024
at 6.00pm

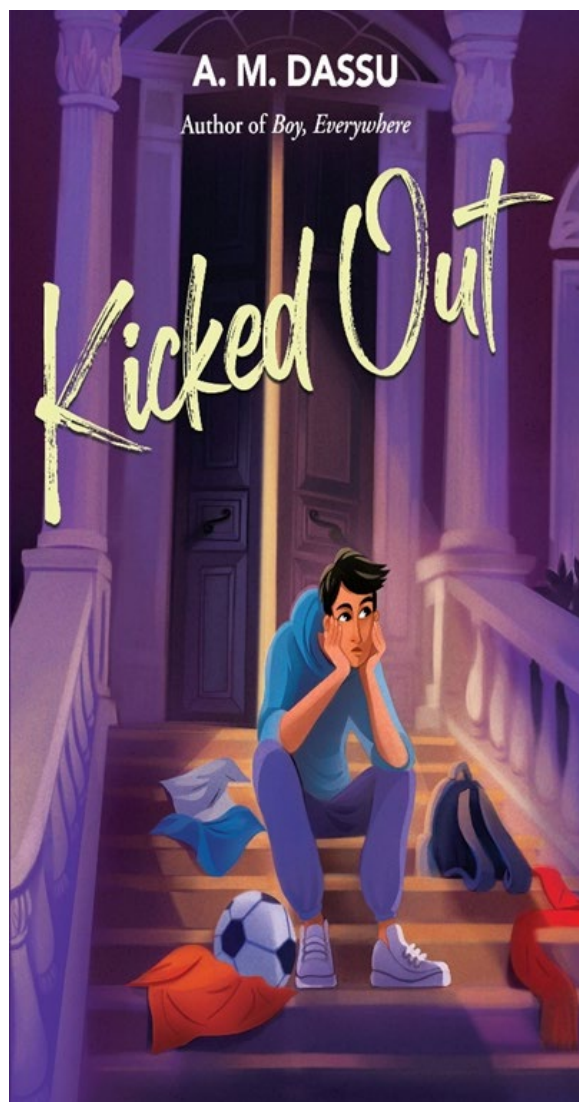
£5
per family

There will be bingo,
light refreshments and the
chance to win some
raffle prizes too!

Payment to be made via
ParentPay



Reading Recommendation



In this companion novel to the acclaimed *Boy, Everywhere*, A.M. Dassu returns to extend the story of Sami's best friend Ali, who organizes a charity soccer match for their friend Aadam while his whole life is privately unravelling.

After their friend Mark's mum wins the lottery and gets a giant house with an indoor pool, Ali and Sami have been having the time of their lives hanging at Mark's house. Even their friend Aadam gets a job there, which means he can make more money for his legal battle for UK residency. But when some money goes missing, Aadam is accused of stealing it--and all three boys are unceremoniously kicked out of Mark's house in suspicion.

On top of that, Ali's dad, who abandoned the family when Ali was little, is suddenly turning up everywhere in town, and a half-brother Ali never knew has shown up at Ali's school. Ali feels miserable and resentful about it, making it hard to be a good friend.

The boys know Aadam is innocent, and if he doesn't raise thousands of pounds right away, he could get deported back to Syria amidst its civil war. At least Ali has a they'll host a charity football penalty match to raise money for Aadam so he can stay in the UK.

But can Ali pull together the match--even if he feels his whole life at home is falling apart?

Kicked Out

Syria

Family

Refugees



**We love hearing about books
you have read
so let us know what book
you think everyone should read!**

It is always great to hear any recommendations you have.

If you have read a book that you think other pupils will enjoy,
please email Mrs Armstrong with the title, author
and why you recommend the book:

armstrongk@broughtonhigh.co.uk

Synergy points are awarded for all submissions and you will feature in the newsletter!

**A pupil who reads
is a pupil who succeeds.**

Bedrock Update

This month, **pupils made a 15% improvement** overall.



9ER/En made **the most progress this month**, with 38% improvement.



Noble Soji made the most progress this month.



This month, pupils have been learning the following words:

balmy
abet

benign
ideology

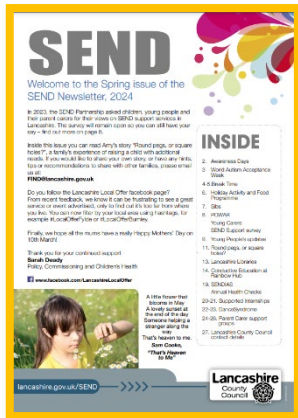
staple
grope

lucrative
corroborate

futile

ubiquitous

Mrs Smethurst



SEND Newsletter - Spring 2024 Issue

The Spring issue is now available and can be accessed via our website:

[SEND Newsletter - Spring Issue, 2024](#)

Parents can now receive this free newsletter directly to their door. If families would like to have a **free copy** of the SEND Newsletter **delivered to their home, four times a year**, please see the details on the last page of the Spring issue.

Mrs Hardman

WORD OF THE WEEK

w/c 11th March

surreptitious: adj.

done in a concealed or underhand way
to escape notice, especially disapproval.

Example

The dog has his **surreptitious** ways of stealing scraps from the table.

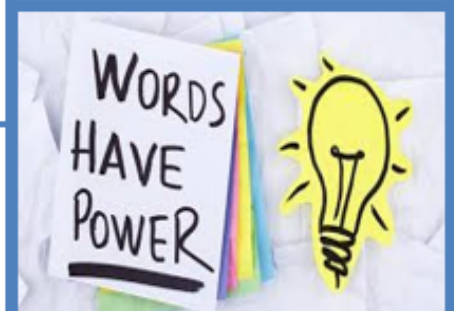
Synonyms

sneaky, sly.

Antonym

open.

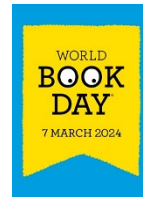
SCHOOL SYNERGY



Library News

World Book Day

It has been busy in the library this month as we have been celebrating **WORLD BOOK DAY**. Pupils have been getting involved throughout the week by sending in their '**Caught Reading**' photographs which we be sharing with you in a future newsletter. From, reading in a recycling bin to hanging upside down in a tree, the entries have been inventive and original. We have also been happy to see a whole array of pets reading, from tortoises to terriers, we certainly have some well-read pets in our Broughton family!



Other school activities have included '**Design a Book Token**' and '**The Masked Reader**', where pupils really got to see some of their teachers in a totally different light as they guessed which teachers were reading which book.

Alongside the whole school competitions, we celebrated World Book Day itself by reading a story by **Anthony Horowitz** in six parts across the school day and here in the library, we ran several activities and competitions from **Translating Book Titles** to a '**Bard or Batman**' quote quiz. We even **created bookmarks!**

All in all, it has been fantastic to see our school community come together to celebrate all things reading!

Remember the LRC page on Firefly has lots of links, ideas and tips for encouraging wider reading should you need them.



Pupils Getting Involved in our World Book Day Activities

Elsewhere in the library, it's been all change again with the displays as March rolls in. This month we are showcasing a display of both modern and classic **Gothic Fiction** to tie in with the English curriculum. We are also marking **International Women's Day** with a quiz matching up some of our fabulous female literary characters with their descriptions (Synergy points, as always, to be earned). Next week is also **British Science week** so there is an interesting array of non-fiction to explore. Thank you to all those who have taken part in our World Book Day celebrations and keep up the great reading!

Mrs Whitlock

'Reading takes us away from home but more important, it finds homes for us everywhere' - Hazel Rochman



CAREERS HUB



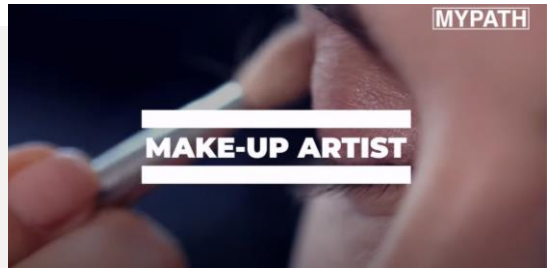
This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mrs Smethurst by email smethurstj@broughtonhigh.co.uk

JOB OF THE WEEK

Make-up artist

Media make-up artist, theatrical make-up artist, make-up designer

Make-up artists apply make-up and style hair for people appearing on camera or in front of a live audience.



Average salary (a year)

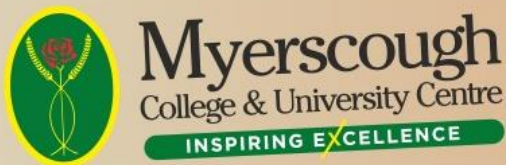
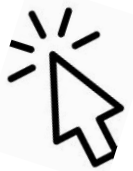
£ Variable

Typical hours (a week)

38 to 40
irregular

You could work

freelance / self-employed
away from home



COURSE ADVICE MORNINGS

Saturday 16th March
Saturday 8th June
Starts 10.00am

School Leavers | University Degrees | Apprenticeships



CENTRES IN PRESTON, BLACKBURN, LIVERPOOL AND WARRINGTON

These events might be of interest to pupils in Years 9, 10 and 11, as potential progression routes.

There's additional information at <https://www.myerscough.ac.uk/whats-on/>

"We've a choice of more than 30 different subjects, covering a wide range of land-based subjects (from Agriculture and Equestrian Studies to Motorsports and Veterinary Nursing.) There's also a choice of Sports Coaching and Performance routes - across Football, Rugby, Cricket, Golf and Basketball.

There are options at a range of levels within each subject, from bespoke Foundation Learning courses through to Level 3 Diploma suites and dedicated T-Level routes. Plus Apprenticeship opportunities in most subjects!

Information about transport routes, financial support and accommodation (at our Preston centre) is available here: <https://www.myerscough.ac.uk/students/>

CAREERS HUB



unifrog

Unifrog University Fair 🎓 1 week to go

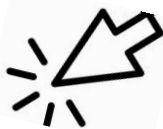


What's on the agenda



Pupils can learn tips from the experts in our **live sessions** throughout the fair. From how to live affordably at university, acing the personal statement, creating the perfect arts portfolio, or studying abroad – there's a session for everyone!

Pupils will also have the opportunity to **chat directly with universities** to ask their questions about the admissions process, pupil life, or specific subjects they're interested in. Meet reps from 40 universities including the University of Exeter, Cardiff University, University for the Creative Arts, and Leeds Trinity University.



Find out more [here](#)

unifrog

Webinar signup



Explore engineering in healthcare: Medical and biomedical engineering

For students

Medical and biomedical engineers are the innovators, designers, and developers who use their knowledge and skills to create technologies for diagnosis, treatment, management, assistance, and care of sick or injured people. Join academics from the University of Southampton to hear how you could engineer technologies to improve the lives of others.

When Monday 18 March @ 16:30 UK time

Duration 45 mins