

1st December 2023

Dear Parent/Guardian,

Assemblies this week have focused on the theme of charity and helping others. Mr Brandwood spoke to pupils about the importance of thinking about others and helping wherever we can. Our charity this term is Healing Little Hearts. We were really pleased to have a personalised message from the founder Dr Sanjiv Nichani. Healing Little Hearts is a UK based registered children's charity that provides free heart surgery to babies and children in the developing parts of the world. Every year more than a million children are born with Congenital Heart Disease worldwide. Sadly, only 10% of these children receive the lifesaving treatment they desperately need. Dr Sanjiv Nichani is also one of the small number of surgeons who operates for the Healing Little Hearts charity that we are currently supporting. We are also supporting Royal Preston Hospital through our 'Christmas Card Competition' and will be aiming to send a Christmas card to every patient in hospital over Christmas this year. Entries must be taken to the library before the deadline of Friday 8th December (including the pupil's name and form on the back of the card.)

The number of Synergy reward points continues to grow this term with impressive totals for each year group. Reward points are given for a number of reasons relating to excellence in school. The numbers of reward points totals 71,076 with year group totals below.

Year 7	14210
Year 8	17871
Year 9	16585
Year 10	13008
Year 11	9402

On Wednesday evening, six of our Year 10 pupils were accompanied by Mr Alston, Mrs Smethurst and their parents to the Lancashire Schools Public Speaking competition held at Balshaw's High School in Leyland. The pupils performed exceptionally well, showing unbelievable confidence to speak to such a large group of people about their chosen topics. Special congratulations to Evie Eastham who won best overall speaker on the night, a superb achievement. Congratulations also to Aiysha Aslam, Aebha Bayliss, Alice Chapman, Rohan Connolly and Hannah Wilcock who spoke superbly and represented the school as excellent ambassadors.

This morning, 27 Year 11 pupils had the superb opportunity to visit an open morning at BAE Systems. A number of apprenticeship and career opportunities were shared with these pupils and they undoubtedly benefited from seeing one of the many options that are available to pupils once they leave Broughton High School. There will be a number of other opportunities throughout the year for pupils to visit colleges, universities and apprenticeship providers to help our pupils make an informed decision about the right pathway after their school journey comes to an end.

Year 11 pupils start their mock exams on Monday morning. I know how much effort they have put in to their revision in preparation for these important exams. Thankfully we have rented some extra heaters for the sports hall to ensure there is a warm and comfortable environment for pupils to sit these exams. Good luck to all the pupils in Year 11.

Next Tuesday we wave goodbye to 40 pupils and 4 members of staff who are travelling to Germany to visit the Cologne Christmas Markets and other attractions. I know that they will have an amazing cultural experience and look forward to hearing about the visit when they return.

On Thursday next week we hold our annual Christmas Music Concert in school. This is always a superb opportunity for our talented musicians in school to perform in front of a large audience. There will be a huge variety of talent on show ranging from our brand-new musicians and school choir through to a number of our more experienced performers. Good luck to all involved and please come along and support if you can.

A reminder that our Year 7 Family Festive Social Event, being organised by the PTFA, will be held on Wednesday 13th December at 6.30pm in the Senior Dining Room. The six Year 7 form group teams will compete against each other by answering some (easy!) quiz questions. There will be light refreshments and also the chance to win some wonderful raffle prizes too! All family members are welcome to attend; the cost is just £5 per family, payable via ParentPay. I hope to see you on 13th December.

It has been wonderful to see the huge number of pupils getting involved with the vast array of extracurricular activities both during lunch time and after school since we returned to school in September. As the weather gets colder we will still aim to run as many clubs as possible but there may be occasions where clubs are postponed or cancelled at the last minute due to the weather.

Please find below the table for our end of term trips for all pupils from Years 7-11.

Year 7	Monday 18 th December 9.30am -1.00pm	Stageworks Blackpool Beauty & the Beast
Year 8	Tuesday 19 th December 9.30am -1.00pm	Vue Cinema Wonka
Year 9	Wednesday 20 th December 9.30am -1.00pm	Vue Cinema Wonka
Year 10	Wednesday 20 th December 9.30am -1.00pm	Red Rose Bowl Ten pin bowling
Year 11	Thursday 21 st December 9.30am -1.00pm	Red Rose Bowl Ten pin bowling

We are really looking forward to taking the pupils on these trips to say thank you for their hard work and effort this so far this academic year.

Please take a few moments to remind your child about keeping safe when they are travelling to and from school. It is considerably darker in the mornings and at the end of the day when pupils are making their way to and from school. Please ask them to ensure they cross roads safely using a crossing (if possible) and that they are concentrating and not looking at their mobile phones as they cross. It has also been extremely icy and slippy for our many cyclists and our message is 'slow and steady' when cycling to and from school.

If you have any queries, concerns or questions at any point please never hesitate to contact us at school.

Key dates are as follows:

Christmas Concert

Year 7 PTFA Christmas Social

School closes for Christmas at 1.00pm

School re-opens

Year 11 Parents' Evening

Year 10 Parents' Evening

Year 7 Parents' Evening

Year 9 Parents' & Options Evening

Year 8 Parents' Evening

Thursday 7 December 2023

Wednesday 13 December 2023

Thursday 21 December 2023

Monday 8 January 2024

Thursday 8 February 2024

Thursday 14 March 2024

Thursday 28 March 2024

Thursday 18 April 2024

Thursday 25 April 2024

Yours sincerely,

Mr David Botes Headteacher

BROUGHTON

HIGH SCHOOL

Newsletter No 10

1st December 2023



Every week, pupils in Years 7, 8 and 9 are different, given relevant facts, with the challenge of learning and remembering all ten facts for the following week, when they will be tested on them by their form tutor.

Pupils can access the challenge via notices on Synergy.

The next test will be on these days ...

> Years 7 and 8 Wednesday 6th **December**

Year 9 Thursday 7th **December**

- What are the three main Primary Colours?
- 2. Name the river which flows through Preston.
- 3. Which came first, the Jurassic or Triassic Period?
- 4. Name the most famous bicycle race in the world.
- 5. What name is given to the money people borrow to buy a house?
- 6. Where does every British Prime Minister reside?
- 7. Which is the biggest desert in the world?
- 8. In which year did World War Two end?
- 9. What does the Latin word 'vacca' mean?
- 10. Who invented the first successful vaccine?





December Week 1

Years 7 and 8

Launched Wed 29 Nov

Test on Wed 6 Dec

Year 9 Launched Thurs 30 Nov

Test on Thurs 7 Dec 2023

- The three main primary colours are Red, Yellow and Blue.
- The River Ribble flows through Preston.
- 3. The Triassic Period came before the Jurassic Period.
- 4. The Tour de France is the most famous bicycle race in the world.
- 5. When people want to borrow money to buy a house, the type of loan is called a mortgage.
- 6. No. 10 Downing Street is the traditional residence of every British Prime
- 7. The Sahara Desert located on the African continent is the largest desert in the world.
- 8. The Second World War officially ended in Europe in 1945.
- The word vaccine has an etymology derived from the Latin word 'vacca' meaning cow.
- 10.In 1796, an English doctor called Edward Jenner infected a young boy with cowpox. Later, he injected the child with the deadly smallpox virus and he did not become ill/die. Thus, the first vaccine was developed, saving thousands of lives.

Every week there will be a new set of questions/answers set.

Why are we doing this?

- essential practice for exams
- learning relevant, factual information
- rote learning is good for pupils
- acquiring some general knowledge





We're now registered with **easyfundraising**, which means you can help us for FREE. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! All you need to do is sign up and remember to use easyfundraising whenever you shop online.



It's easy and completely FREE! These donations really mount up, so please sign up to support us if you can.

You shop, brands donate

It won't cost you any extra!





Help us make a difference when you shop. Visit www.easyfundraising.org.uk













7,500+ online brands

Fundraising for the Manchester Foundation Trust Charity

I was delighted to hear that **Georg Ilott** (7S) and his little brother Lucas, completed the 5km 'Lantern Walk' around Heaton Park on Saturday, 11th November, to raise funds for the 'Manchester Foundation Trust Charity'.

They raised over £600 and their funds have been donated to the Royal Manchester Children's Hospital.

Very well done to Georg and his brother for fundraising for such a worthy cause.

Miss Meikle





Football - U12 Girls - Lancashire Cup ... 7-0 win!

On a cold Thursday 30th November evening, the U12 girls' football team were in action against Ripley in the second round of the Lancashire Cup.

The team was led by captain **Niamh Brown**, who played exceptionally well and created several goal scoring opportunities with some fantastic through balls. The first opening minutes of the game were end to end, with both teams creating plenty of chances. Broughton were hungry to score but were denied on many occasions by the keeper.

The breakthrough came from some brilliant build up play once again involving **Niamh Brown** and **Mia McLennan** which resulted in a goal for **Megan Pye** to make it **1-0** to Broughton. After our first goal was scored, Broughton began to dominate possession and control the game. A solid defensive play from **Ava MacRae** and **Isla Tuson** meant any opportunities for Ripley to counterattack were quickly dealt with. The team played some excellent football, and it was only a matter of minutes until more goals followed from **Mia McLennan (3)**, **Bella Clark (2)** and **Erin O'Regan**.

Despite the rather chilly and frosty weather conditions, Broughton produced some impressive football to come out **7-0 winners!**

Well done to the whole team, we look forward to the next round of the Lancashire Cup!

Team:

Emily Bretherton, Niamh Brown,

Bella Clark, Ava MacRae,

Mia McLennan, Claire Nunn, Erin O'Regan,

Megan Pye, Isla Tuson, Daisy Wilson

Miss Hunter

















Football - U14 Girls - Broughton v Fulwood ... 6-3 win!

Goal scorers:

Imogen Goodwin x 4

Grace Lochhead x 1

Ellie O'Neill x 1

Well done to the whole team!

Imogen Goodwin (C) Kara Lee

Grace Lochhead Amara Jenkins- Smith

Elsie Kerlev Ellie O'Neill

Isobel Harlow Grace Ashworth Isla Dean

Miss Lupton

'Rotary Youth Club Speaks' Competition

Congratulations to our public speaking teams who competed in the Rotary Club Youth Speaks competition on Wednesday 29th November. Our pupils were exceptional! We were amazed by their bravery; at standing up in



front of so many people; their hard work in writing and delivering their speeches and the mature and inspiring topics they spoke about. Each one of them brought their own personality to the delivery of their speeches — **Hannah** and **Aebha** making the audience laugh with their witty jokes; **Rohan** owning the stage with his charismatic presence; **Alice** summarising so clearly the arguments of the speaker whilst holding eye contact with the audience; **Aiysha** speaking with clarity and ease and finally **Evie** for speaking with confidence and conviction and also **winning the Best Speaker award** from the evening.

We were mesmerised listening to the pupils speak and were in awe of their authentic delivery. Congratulations, the pupils were not only a credit to the school but a credit to themselves.

Mrs Smethurst

Guided Revision Sessions for Years 10 and 11

- When is it? Every Tuesday 3pm 4pm
- Where is it? EN7
- Who runs it? Ms Fahey and Mrs Hardman
- **Who is it for?** Anyone in Year 10 or Year 11 who would like some guidance on how to revise and a quiet place to do it with some help.
- Why should I go? If you need support to get going on revision.



- What will I do? You will create a schedule, develop good study habits, learn how to make Cornell
 notes and CUE Cards.
- What should I bring? Bring lesson materials that you need to revise. Cards, pens, paper provided.
- What will I gain? The lifelong skill of revising effectively and improved examinations scores!

Christmas Lunches

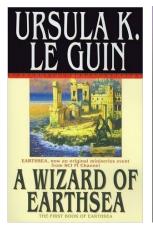
Christmas lunches will be available in school for pupils to purchase on the following dates.

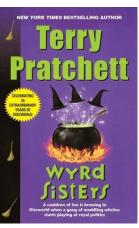
Year 7	Thursday 14 December
Year 8	Friday 15 December
Year 9	Monday 18 December
Year 10	Tuesday 19 December
Year 11	Wednesday 20 December



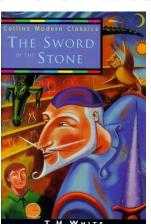
Reading Recommendation

If you like Harry Potter, try one of these books!











It is always great to hear any recommendations you have.

If you have read a book that you think other pupils will enjoy, please email Mrs Armstrong with the title, author and why you recommend the book:

armstrongk@broughtonhigh.co.uk

Synergy points are awarded for all submissions and you will feature in the newsletter!

Collection of Food Tins for the Food Bank

Christmas is a joyous time for many people and something that we can often look forward to. However, recently things have started to get a lot more expensive due to the cost of living crisis and can be a real cause for concern for many people. **10B have decided that they would like to try and help out the people of Preston** by collecting food tins to give to the local food bank.

We would appreciate it if pupils and staff in school would help us with this and donate a tin for this very worthy cause. As an incentive, for every tin that is brought in, your name will be put in a hat and you will be entered into a draw to win one of five selection boxes. The more tins you bring the more chances you have of winning. The draw will take place in the last week of term.

<u>Please bring your tins to Maths 3 during any breaktime, before 18th December</u> and we will make a note of your name, and the number of tins you have bought, so that you are entered into the draw.

Your support with this mission will be greatly appreciated. Thank you 10B.

Wellbeing

National grief awareness week: 2nd- 8th December 2023

WHAT IS GRIEF?

It can be extremely difficult when you lose someone or something important to you. Whether you've lost a family member, a friend, a pet, or any other significant person in life, you may feel a whole range of emotions. Grief is an emotional response to this loss.

It is a process rather than an event and it can affect how you feel physically, mentally and socially.

Follow the link below for more information ...

https://www.youngminds.org.uk/young-person/my-feelings/grief-and-loss/

You can get advice, help, and support.

Family, friends, websites, groups, school, Roots Counselling, Cruse Bereavement https://www.cruse.org.uk/

Child Bereavement UK

www.childbereavement.org.uk

Winstons Wish

https://www.winstonswish.org/supporting-you/grief-support-young-people/

C Law, Roots Counselling

Bedrock Update

Congratulations to Francesca White (8H) as she has won a £10 Amazon voucher for her hard work and dedication to Bedrock.

Bedrock were blown away by our learners' hard work on Bedrock Learning last year. With over 300,000 learners using Bedrock every week, one of our learners being selected for their consistent completion of Bedrock lessons is an amazing achievement!

Our current top three pupils in Bedrock for November are:

Meer	Modessa	951
Daniel	Sange-Ahmed	635
Dylan	Fishwick	447

Mrs Smethurst

Late Bus

The late bus **operates every Tuesday**, **Wednesday** and **Thursday** at a charge of 60p per pupil per journey.

Pupils are able to use their bus passes and return tickets.

The service **departs from Broughton at 4.25pm**, allowing pupils to stay late to complete school work or participate in activities after school.

your

NATIONAL GRIE



A reminder that you are warmly invited to come along and enjoy our annual **Christmas Concert** on **Thursday 7**th **December from 6:00pm**. As with the Summer Concert, our Christmas Concert is **completely free of charge**. There will be an opportunity to make a donation to the department during the evening should you feel you wish to, but it is absolutely not expected. Especially in the current climate. Tickets are available by clicking the link below.

https://bit.ly/broughtonxmas2023

However, do feel free to just turn up on the evening if you haven't reserved, as there will be plenty of seats.

The concert will take place in the Multi-Purpose Hall and will a feature a wide range of soloists and our Swing Band, Beginner Wind Ensemble, Choir and Ukulele Ensemble.

I hope to see you there! Mr Shepherd – Head of Music

WORD OF THE WEEK

w/c 4th December

oppressed: adj.

subjected to a harsh or cruel form of domination

Example

The gloom in the chapel oppressed her.

Synonyms

persecuted, browbeaten.

Antonym

untroubled





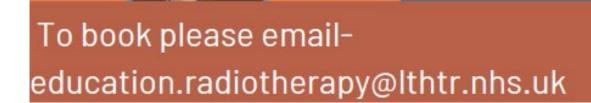
RADIOTHERAPY STUDENT OPEN DAY

> Saturday 6th Jan 2024

> > Are you in year 10 or above? or a mature student? Have you thought about a career in Radiotherapy? Would you like to know more about radiotherapy and this fantastic profession?

We are inviting prospective students to visit our radiotherapy open day on Sat 6th of Jan. Situated in the radiotherapy department at Royal Preston Hospital

If you would like to attend please book a hour slot by contacting the email below .



Broughton Wall-Paper Y10 Art Group (2023)

An installation of abstracted digital images created in response to their first GCSE project:

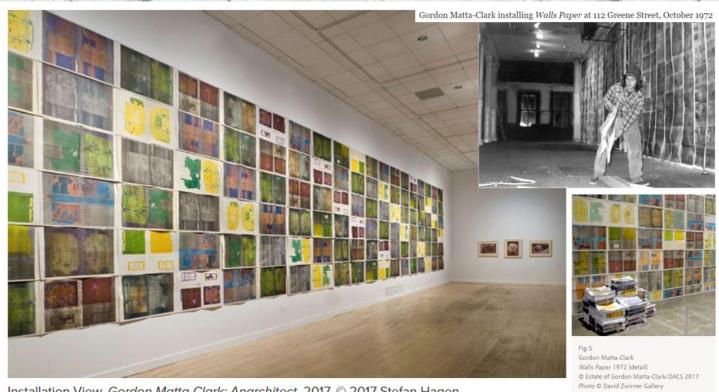
Broughton Built Environment & inspired by our key

Artist, Gordon Matta-Clark.



Y10 Artists:
Saira Ali
Chloe Alty
Charlotte Atkinson
Bethany Broadbent
Mimi Charles
Daisy Edmondson
Amber Fisher

Hannah Hodgkinson Michaela Holley Sophie Horner Sienna Kernan Safa Murtza Teagan Paul Julia Szczepinska Hannah Wilcock



Installation View, Gordon Matta-Clark: Anarchitect, 2017. © 2017 Stefan Hagen

Wallspaper is a multi-part installation comprising photographs and newsprint, which Gordon Matta-Clark presented at the artist-run space 112 Greene Street in New York in 1972. Earlier that year, he took various black and white photographs of derelict and semi-demolished project houses in the Bronx and the Lower East Side of New York City. As only the facades of the buildings had been taken down, the photographs reveal the interior walls of the houses. Some of these walls were covered in paint that was flaking away; other walls were covered in wallpaper. Matta-Clark used the photographs to create his installation. First he heightened the colours of the photographs to abstract the images of the derelict houses. Next he printed the photographs on long strips of newspaper and hung these strips on a large wall from ceiling to floor. The wall consequently looked as if it were 'wallpapered' with images derived from walls in another part of New York City. The installation also included a stack of newspaper booklets which viewers were able to take away. These booklets were made of individual sheets of newspaper, each presenting one photograph of the Bronx walls. In 1973 Matta-Clark published an artist's book entitled Wallspaper (Tate L03017) in which he reproduced the coloured prints that he had made from the original black and white photographs.

Ms Smith

The Broughton High School Catering Department offers our pupils a wonderful range of meals on a daily basis. Below is an example of the weekly menu, served in the Junior Dining Hall.

Monday

Creamy Cajun Chorizo Pasta Bake or Vegetarian Sausage Pasta Bake with Garlic Bread and Broccoli

Tuesday

Chicken or Vegetable Biryani with Naan and Curry Sauce

Wednesday

Mini Beef or Quorn Burgers served with Chips and Beans

Thursday

Lemon Pepper Chicken Wings or Chinese Style Vegetables with Salt & Pepper Wedges

Friday

Chilli Beef or Quorn Quesadilla with lightly spiced Mixed Beans

Pasta (Street Food) Stand in the JDH

Monday

Creamy Garlic Chicken with Noodles

Tuesday

Chicken Biryani with Naan and Sauce

Wednesday

Bags of Seasoned Chips

Thursday

Lemon Pepper Chicken Wings with Salt & Pepper Wedges

Sausage Pin Wheel in a Barmcake



Other outlets around school offer a variety of options: 'The Deli' serves sandwiches, soup and baked potatoes; 'Grab and Go' options are available from the Kiosk; The Year 11 Lounge has a selection of all menu options; The Senior Dining Hall mirrors the Junior Dining Hall Street Food Stand plus has a servery with a main menu choice, baked potatoes or hot chicken wraps.

Vegetarian options are available in all dining areas. All our chicken is from Honeywells and is certified as Halal. If anyone would like further information on the Halal certification, please contact Mrs A Follett, School Business Manager, by email: folletta@brougthonhigh.co.uk.





Online Safety Newsletter December 2023

Call of Duty: Modern Warfare III



Call of Duty: Modern Warfare III was released in November and has been rated by PEGI as 18. This means this game is unsuitable for those under the age of 18. PEGI include the following content descriptors:







PEGI state that "this rating has been given because it features graphic violence, violence against vulnerable and defenceless characters, motiveless killing of innocent characters, and use of strong language." You can find out more from PEGI here:

https://pegi.info/searchpegi?q=call+of+duty

Toxicity in game play

Safe In Our World and Ubisoft (creators of games such as Assassins Creed) have co-developed the 'Good Game Playbook'. The playbook will be sent to players reporting disruptive behaviour as well as the individual reported. This is to support the person affected as well as to try and educate the person reported about the harm their behaviour might have on others. You can read the handbook here:

https://safeinourworld.org/news/ubi soft-safe-in-our-world-partner-tocombat-in-game-toxicity/

Get to know Age Ratings

Age ratings are in place to help protect your child, so we thought we'd provide you with a little reminder of how important it is to check the age ratings of what your child is accessing online. Here are the age ratings of some of the more popular apps that young people are accessing. Did you know that WhatsApp has an age rating of 16?



Whether your child is viewing films, accessing apps, playing games online, using social media or downloading other apps – check the age rating first to see if your child is old enough. In addition, the likes of PEGI include further content descriptors, which will give you an indication of the type of content that your child might view e.g. violence if accessing the app/game etc.

It is important to note that whilst age ratings do allow you to see if something may be appropriate for your child, it is also important to review the content yourself. This will allow you to make an informed decision as to whether it is suitable for your child to access and if it would be beneficial to apply further parental controls.

Further information

Parent Zone have published this article about why age ratings matter: https://parentzone.org.uk/article/age-ratings

Artificial Intelligence (AI)

It can be difficult to keep up to date with new technologies and to know if there are any related risks that we need to be aware of when using new technologies. Al is being talked about a lot, so it is worthwhile learning more about it now to help support/answer questions if our children show an interest. Twinkl provide a brilliant overview of Al here:

https://www.twinkl.co.uk/blog/parents-guide-top-tips-for-navigating-generative-ai-safely-with-kids

Users of this guide do so at their own discretion. No liability is entered into.

Current as of the date released 1.12.23.

Snapchat

What is Snapchat?

Snapchat is a social media app used for messaging and sharing photos and videos. You must be 13+ to sign

up. Users can send messages (snaps)

to others that can only be seen for a set time e.g. 10 seconds and users can also upload snaps to stories, which disappear after 24 hours.

What should I be concerned about?

There are risks to using Snapchat, including the risk of your child viewing content that is not appropriate for them, location sharing and contact from strangers.

Family Centre features

Family Centre includes features such as allowing you to see who your child is friends with, who they are communicating with (not the contents of conversations though) and who your child has sent messages, photos or videos to in the last week. You will also be able to report any accounts that you are concerned about as well as restrict sensitive content. Snapchat have also published a safety checklist to help support conversations about how to use Snapchat safely:

https://parents.snapchat.com/en-GB/parental-controls?lang=en-GB

New safeguarding features

Snapchat have recently announced their newest features to help protect 13-17-year-olds. The first feature is in-app warnings so a pop-up warning will now be displayed if someone tries to add them as a friend that they don't have mutual contacts with, or the person isn't in their contacts.

The second feature is 'stronger friending protections.' Currently 13-17-year-olds must have several mutual friends in common for that user to show up in search results or as a friend suggestion, but this number has been increased. These two features are available to users aged 13-17-year-olds, this is one of the reasons why it is always important for your child to sign up with their correct date of birth, so they can benefit from any such features.

 https://values.snap.com/en-GB/news/new-safeguards-forsnapchatters-2023

Safety tips

Please make sure the appropriate privacy settings are set up on Snapchat and your child knows how to block and report other users if necessary:

https://support.snapchat.com/en-GB/article/privacy-settings2

More information

https://www.virginmedia.com/blog/parental-controls/snapchat

Fake Profiles and Cyberbullying

Setting up a profile impersonating somebody else with the intention of being unkind to others/to cause embarrassment to the individual is a form of cyberbullying.

If your child has set up a fake profile, talk to them about how this is a form of bullying and therefore not acceptable.

It is important that we talk to our children about the issue of cyberbullying and let them know that if they are ever a victim of it then it is not their fault, and they should tell you (or a trusted adult) straightaway. Talk to your child about reporting and blocking tools on social media or online games and show them how to use them to report any form of bullying.

You can read more about cyberbullying here:

- https://www.childline.org.uk/in fo-advice/bullying-abusesafety/types-bullying/bullyingcyberbullying/
- https://www.nspcc.org.uk/wha t-is-child-abuse/types-ofabuse/bullying-andcyberbullying/

Additionally, Report Harmful Content have listed how you can report impersonation accounts on the different social media networks here: https://reportharmfulcontent.com/advice/impersonation/

