



5<sup>th</sup> May 2023

Dear Parent/Guardian,

I hope you all enjoyed the extended weekend last week and are looking forward to the Coronation celebrations and Bank Holiday on Monday.

I am pleased to announce that Mr Anthony Mellor has been appointed to the school's governing body as a parent governor. Anthony brings a wealth of experience to the team and is also an active member of the Broughton PTFA. Many thanks to Anthony for putting himself forward for this position. We are fortunate to have a really pro-active and involved governing body here at Broughton. Our governors work on a voluntary basis and give a significant amount of their time behind the scenes to help support and develop the school. I would like to take this opportunity to thank them for all their hard work.

Last night we held our Year 8 Parents' Evening. It was a real pleasure to see so many parents and to share information about how well the pupils are progressing. Attendance last night was 93% which is amazing. Thank you to all parents who attended last night. As always, I ask the staff to be motivational and honest in their feedback to pupils and parents with the aim of encouraging the pupils to do their best. Thank you to the huge number of parents who completed the questionnaire and for your extremely positive responses about your child's experience at Broughton High. As always if you ever have any concerns please contact the school or your child's Head of Year if you have any concerns.

I was again overwhelmed by the huge amount of applications for Head Boy and Head Girl that we received this year. I know we will have a very difficult time appointing the successful candidates when we interview on the 24<sup>th</sup> May. Candidates will be asked to give a brief presentation to the interviewing panel and then face a number of questions. Good luck to all involved. I will let you know, through the newsletter, who the successful candidates are.

This week our Year 11 linguists have been sitting their French and German speaking exams. It was clear that the pupils had dedicated a huge amount of time in preparation for these exams and all members of staff in the MFL team were really pleased with the performance of our pupils. Well done to every pupil involved for their hard work and preparation.

A class of Year 9 pupils had the amazing opportunity to visit the new Lancaster University School of Maths (LUSOM) this week. Mr Peterson and Miss Bishop accompanied the pupils who received an extremely informative lecture from Ben Sparks about the origin of numbers. Both staff and pupils agreed it was an extremely useful visit.

Assemblies this week have been led by a member of the Lancashire Fire and Rescue Team about water safety. Mark Woodward shared with pupils some of the dangers associated with open water, especially as we approach the summer and better weather. The pupils listened attentively throughout the presentation and I know that they will take on board this important advice to keep themselves safe.

A reminder that we have a number of teams playing at Deepdale in the Preston Schools' Cup Finals, next week. The kick off times are below. Everyone is more than welcome to come and support our pupils at this very prestigious cup final event (£3 for adults, £1 for children).

Headteacher: Mr David Botes

Tuesday 9<sup>th</sup> May

4:20 - u14's girls (30 mins each way)

4:20 - u16's girls (30 mins each way)

5:30 - Year 7 boys (25 mins each way)

Wednesday 10<sup>th</sup> May

3:30 - Year 8 boys (30 mins each way)

4:40 - Year 9 boys (30 mins each way)

Good luck to all the pupils involved in the finals. I know you will represent the school extremely well.

Thank you for your continued support in ensuring that the children who cycle to school always wear a helmet. I continue to be impressed on a daily basis by this and received an email from a member of the public this week who was extremely impressed also with every child wearing a helmet.

At the end of this academic year the 484 bus service will cease to operate. This decision was made, by Lancashire County Council, after a consultation period that came to the agreement that funding would be withdrawn for school bus services where there had been no pupils who are entitled to home school transport assistance travelling for two years, and where the revenue from fares and season tickets does not cover the cost of the service.

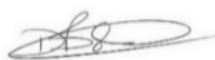
A revised route for the 572 bus service will come into operation next academic year and is attached to this newsletter. Parents of those with season passes for the 484 will also receive a letter from Lancashire County Council in the next few weeks. The revised route will encompass many of the areas served by the 484. The bus will not operate along the A6 between Watling Street Road and Lightfoot Lane, however any pupils along this corridor can catch the 923 service from the Black Bull Public House or the Stagecoach 40 service. Grimsargh will not be served. If you think that this will affect your child, please contact Mrs Follett on [folletta@broughtonhigh.co.uk](mailto:folletta@broughtonhigh.co.uk).

Congratulations to five of our Year 10 boys who have just won the Lancashire Cup playing Rugby for Preston Grasshoppers. Jack Lawson, Tom Hutton, Joshua Newton, Isaac Heritage and Jack Bailey all play for Hoppers U15's and defeated Leigh U15's in the Lancashire final 36-12. The team also beat local rivals Fylde in the Semi-Final. Congratulations and well done to the boys who were also crowned Junior Team of the Year at Preston Grasshoppers Awards Evening last night.

Please can I remind all parents that school will be closed on Monday 8<sup>th</sup> May for the Bank Holiday.

If you ever have any questions or concerns or want to share any of your child's successes please do not hesitate to make contact. My email is [botesd@broughtonhigh.co.uk](mailto:botesd@broughtonhigh.co.uk).

Yours sincerely,



David Botes  
Headteacher

### Learn it CHALLENGE

## Food

## Years 7, 8, 9

1. Sensory analysis is **the way of measuring the sensory qualities of food; sight, taste, hearing, smell and touch.**
2. The three macro nutrients are **Carbohydrate, Protein and Fat.**
3. The browning in fruit and vegetables is given the name **Enzymic Browning.**
4. The monosaccharide found in fruit is called **Fructose.**
5. The three heat transference methods are **Conduction, Convection** and **Radiation.**
6. The other word for non-starch polysaccharide is **Fibre.**
7. The risk assessment for food businesses to ensure food is safe to eat is called HACCP which is the abbreviation for **Hazard Analysis Critical Control Point.**
8. If someone has a severe reaction to a food allergen, the name of the reaction is called **Anaphylactic Shock.**
9. **Anaemia** is the deficiency of the mineral iron in the diet.
10. **Salmonella** is the bacteria linked to eggs and poultry.

### Years 7 and 8

Test on Wednesday 10 May

### Year 9

Test on Thursday 11 May

#### Learn these 10 facts for the test.

How are you going to remember the answers?

- ✓ write them down
- ✓ say them out loud
- ✓ get someone to test you



After a lively discussion, and some great charity ideas such as The Anthony Nolan Trust, WWF, Forget me not, Diabetes UK, Butterfly AVM and Finney House, the School Council then voted (with a democratic show of hands) and after a close ballot have chosen to support Finney House this term as the school's charity.

Finney House is based in Preston and not only cares for people with dementia but also for patients who are leaving hospital and need additional support before returning to their own homes. We hope to be able to visit to see how the money raised by the pupils in school will be used to help the residents.

Miss Cross



# WE NEED YOU



## Reading Ambassadors Wanted for Year 7

*Created by Hannah Wilcock – Reading Ambassador for Y9*

### Desired skills:

- Teamwork
- Loves to read
- Dedicated
- Hardworking
- A good listener

### Perks of the role:

- Priority for competitions/chances for out of school events
- Badge/rewards/Synergy points
- Opportunity to work with older students
- Make friends who share the same interests
- Beneficial when you are applying for other roles around school like Head girl/boy or prefects.

### How to apply?

To apply, we would like you to **write a paragraph on why you would like to be a reading ambassador. All entries will receive a Synergy point!**

Applications to be handed into **Mrs Armstrong, in English 1**, who will pass these to the year 9 reading ambassadors to decide who will be joining the R.A team.

**Deadline: Friday 12<sup>th</sup> May**

Best of luck and we can't wait to meet you!

## Thank you to anyone who applies!



## Wellbeing - World Laughter Day

Every year, World Laughter Day is celebrated on the first Sunday of May and this year world laughter day falls on 7<sup>th</sup> May. World laughter day aims to encourage people to make happiness their priority and to make us aware of the countless benefits of laughter in leading a healthy and fulfilling life. Laughter relieves stress and helps the body to relax. When you laugh, your face and core muscles receive a workout. It stimulates your muscles and heart. It releases endorphins or happiness hormones. It helps to reduce pain and stress, having a positive impact on the immune system. It reduces blood sugar levels and increases glucose tolerance, improves mood and increases positivity. Reduces blood sugar levels and increases glucose tolerance.



C Law, Roots Counselling

## U14 Girls' Football

On Tuesday, 2<sup>nd</sup> May, the girls' U14 football team played against Corpus in the semi-final of the Preston Cup. Despite the match being 9-a-side, we were unfortunately playing on a 7-a-side pitch with 7-a-side goals, and having less space made it more difficult to attack. However the girls rose to the challenge, playing some fantastic two touch football to move the opposition and create some excellent chances straight from the whistle.



**Isla Bledge** and **Amy Beardwood** looked dangerous down the right, finding **Imogen Goodwin** through the middle who demonstrated some excellent skill to make it 1-0. Once the first goal had come, the rest followed quickly and some intelligent work in midfield from **Amara Jenkins-Smith**, **Kara Lee**, and **Olivia Newman-Kirk** led to another 6 goals (4 for **Imogen Goodwin** and 2 for **May Ackley**).

A different type of challenge for the girls in a tight space, against a defensive side, but a good opportunity for them to showcase some impressive football and **they came out 7-0 winners**. They will now play in the Preston Cup Final on Tuesday, 4.20 kick off at Deepdale.

### Team

**Evie Lee, Elsie Kerley, Tabitha Lamoury, Isla Bledge, Lilly Beetham, Kara Lee, Amy Beardwood, Amara Jenkins-Smith, Olivia Newman-Kirk, May Ackley, Imogen Goodwin**



Well done to all the girls involved.

Mrs Rukin

## Year 9 - Fitness Runs

During PE this half term, one of our Year 9 classes has been completing a block of fitness. Within this, they are set a target of running for as long as they can, achieving different targets along the way.

10+ minutes for Bronze, 12+ minutes for Silver, 14+ minutes for Gold, 16+ minutes for Platinum and Mr Fenton added in Diamond for anyone who could run for over 20 minutes.

A massive **well done must go to the pupils in 9PM** who all completed a *minimum* of **Gold**. An excellent effort shown by all.

**Gold: Orsian Kamal**

**Platinum: Harley Naylor**

**Diamond:**

**Zayn Ahmed, Logan Atkinson, Toby Brook, Jack Burgess, Joel Chenery, Rohan Connolly, Andrew Dewhurst, Jack Gaskell, Khrish Govinde, Harvey Hall, Rayhan Jahangir, Arush Kanwar, Henry Lang, Harry Mason, Leo Morris, Sean O'Regan, Finlay Ratcliffe, Daniel Siggers, Nishaan Singh, John Stables, Harrison Stenhouse, Ben Swan, Charlie Thompson, Jordan Thornley, Toby Townhill, Izyan Warraich and Leon Wilton.**

Mr Fenton

# WORD OF THE WEEK

w/c 8<sup>th</sup> May

**sedate: adj.**

undisturbed by passion or excitement.

## Example

We walked along the beach at a **sedate** pace.

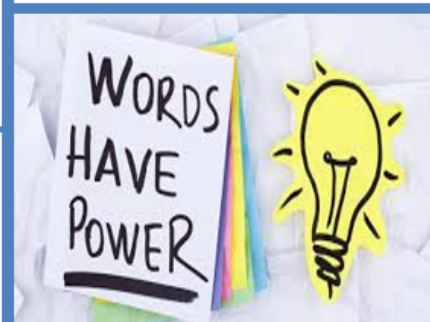
## Synonyms

calm, serene, composed.

## Antonym

agitated.

SCHOOL SYNERGY



## Late Bus

The service will run in April, May, June and July on

**Tuesday, Wednesday and Thursday**

The charge is 60p per pupil per journey.

Pupils are able to use their bus passes and return tickets.

The service **departs from Broughton at 4.25pm,**

allowing pupils to stay late to complete school work or participate in sports activities after school.





## Year 10 GCSE Food Preparation and Nutrition



To celebrate the coronation of King Charles III, the pupils have been busy preparing products from *the Coronation Quiche recipe* to *meringue and fruit union jack*.

Well done Year 10.

Mrs Newton



### Harris Primary School - Year 4 Pupils

Pupils from Harris Primary School have just completed a 3 week food programme, culminating in creating a Coronation-themed biscuit.

Thank you to the Year 8 and Year 10 pupils.

Well done Harris Year 4 pupils - super chefs!

Mrs Newton



# CAREERS HUB



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mr Lord by email [lordc@broughtonhigh.co.uk](mailto:lordc@broughtonhigh.co.uk)

## JOB OF THE WEEK

Click to watch a small information video



### Barrister

Barristers give advice to solicitors and represent people in disagreements, investigations and in court.

Average Salary - £17,152-200,000pa.

Average Working Hours- 36-38 per week

More information can be found about this career path, including routes into the industry via the National Careers Website [here](#).



## NOTICES

### Calling all parents

All of year 10 will be undertaking a three-day work experience placement between 11-13<sup>th</sup> July 2023.

Whilst most of our pupils have sourced their own placements, some have yet to secure a suitable position.

**If your business or place of work could offer some assistance and offer a placement, please get in touch with Mr Lord on [lordc@broughtonhigh.co.uk](mailto:lordc@broughtonhigh.co.uk)**

## LIVE APPRENTICESHIP VACANCY

**PRESTON**  
COLLEGE

Preston College are currently advertising a number of roles from including roles in accountancy, administration, pharmaceutical, mechanical engineering and manufacturing.

Check out the Preston College website [here](#) to find out more about the employers and the positions they have available.





University of Central Lancashire

# Training 2000



## Aspiring Accountants

A 3 hour taster session covering:

- Current apprentices as guest speakers
- Balance sheet activity
- Double entry bookkeeping activity
- Accounting board game
- Accountancy in the working environment
- Accounting card games

**When:**

Mon 3rd July 2023 | 9.30am - 12.30pm  
Mon 12th February 2024 | 9.30am - 12.30pm



## Aspiring Business Professionals

A 3 hour taster session looking at:

- Decision making
- Prioritising
- Project planning
- Communication in the workplace

**When:**

Mon 3rd July 2023 | 1pm - 4.30pm  
Mon 12th February 2024 | 1pm - 4.30pm



## Aspiring Dental Nurses

A 3 hour taster session introducing you to:

- The role of a Dental Nurse
- Surgery tour looking at equipment and instruments
- Mixing alginate impression material
- Discuss oral hygiene and diet
- Current apprentices as guest speakers

**When:**

Mon 17th July 2023 | 9.30am - 12.30pm  
Mon 11th March 2024 | 9.30am - 12.30pm



## Aspiring Optical and Healthcare Professionals

A 3 hour taster session looking at:

- Eye conditions
- Demonstration of magnifiers
- Different prescriptions and trial frames
- First aid and CPR
- Bandaging activity
- Recovery position activity

**When:**

Monday 17th July 2023 | 1 - 4pm  
Monday 11th March 2024 | 1 - 4pm

## Interested?

For more information and to book visit our website  
or email [info@t2000.co.uk](mailto:info@t2000.co.uk).

[www.training2000.co.uk/aspiring-clubs](http://www.training2000.co.uk/aspiring-clubs)

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Central Lancashire



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**SERVICE 696 COTTAM via CATFORTH - BROUGHTON HIGH SCHOOL**

From COTTAM Ancient Oak via Merry Trees Lane, Haydocks Lane, Cottam Way, Tom Benson Way, Tag Lane, Hoyles Lane, Sidgreaves Lane, Cottam Link Road, Edith Rigby Way, Lea Lane, \*Rosemary Lane, \*Catforth Road, \*Lewth Lane, \*Moorside Lane, Woodplumpton Road, Newsham Hall Lane and Woodplumpton Lane to BROUGHTON HS.

|                       |      |
|-----------------------|------|
| COTTAM Ancient Oak    | 0800 |
| COTTAM Way            | 0807 |
| NOG TOW, Tag Lane     | 0811 |
| BARTLE Sitting Goose  | 0818 |
| CATFORTH Village Hall | 0820 |
| CATFORTH Lewth Lane   | 0825 |
| BROUGHTON HS          | 0830 |

BROUGHTON High School dep. 1510 Operator: Mario Coaches

**SERVICE 923 TANTERTON - BROUGHTON HIGH SCHOOL**

From TANTERTON Hall Road junction with Tag Lane via Tanterton Hall Road, Tag Lane, Woodplumpton Road, Cadley Causeway, FULWOOD, Black Bull Lane, Garstang Road and Woodplumpton Lane to BROUGHTON HS.

|                         |      |
|-------------------------|------|
| TANTERTON Hall Road     | 0750 |
| INGOL Cottam Avenue     | 0755 |
| FULWOOD Cadley Causeway | 0805 |
| FULWOOD Black Bull      | 0815 |
| BROUGHTON HS            | 0830 |

BROUGHTON High School dep. 1510 Operator: Stagecoach Bus

**All services will observe all recognised bus stops on line of route and observe any \*Hail & Ride sections if detailed on the route description.**

**Passengers must be at their bus stop 5 minutes before the bus is due and hail the driver by putting their hand out.**

**Fares: 2023-2024**

| <u>Distance</u> | <u>Fare</u> |           |
|-----------------|-------------|-----------|
| 0-3 miles       | £1.85 sgl   | £3.40 rtn |
| 3-8 miles       | £2.70 sgl   | £4.80 rtn |
| 8+ miles        | £3.25 sgl   | £5.90 rtn |

**Season Tickets**

Term & Yearly Season tickets can be purchased where space is available on the bus service at a 20% discounted rate i.e. 5 days travel for the price of 4.

Quotes can be obtained by contacting the School Transport Hotline on Tel: 0300 123 6738

Nb. Season tickets may be withdrawn and refunded if accommodation is required for Statutory Entitled pupils.

Lancashire County Council reserves the right to refuse season ticket applications.

**Commercial Services**

Routes, fares and weekly ticket price information can be obtained by contacting the commercial operator directly.

## Contact telephone numbers

|                       |              |
|-----------------------|--------------|
| Archway Travel:       | 01253 874358 |
| Coach Hire Executive: | 01772 632222 |
| Englands Limousines:  | 01257 232567 |
| Stagecoach Bus:       | 01772 255777 |
| Mario Coaches:        | 07703 701275 |