



28th April 2023

Dear Parent/Guardian,

Next Thursday we will be holding our final Parents' Evening of the year. Year 8 pupils and parents are invited to attend this extremely important evening with the aim of encapsulating each child's performance throughout the year across a range of subjects. The evening will start at 4pm and will be held in the Sports Hall. Pupils are expected to attend with their parents and to wear full school uniform. Please encourage your child to make appointments with all of their teachers. Mrs Hardman, who is our SEND lead, will be available throughout the night.

Mrs Hardman has also asked me to remind parents that she holds a SEND drop-in service every Wednesday between 3-4pm in the reception building. If you have any concerns about your child, please feel free to come and speak to her.

I received the sad news this week that Dr Wright has taken the decision to retire at the end of the academic year. Dr Wright has worked as a valued and highly experienced member of the team in the Science Department and as Second in Science at Broughton since joining us in 2013. We all wish Dr Wright the very best of luck when he leaves us at the end of the year and thank him for his years of dedicated service to the school.

Yesterday, Year 7 pupils were off timetable for the morning lessons to take part in a safety awareness day organised by Mrs Bamber. Pupils were spoken to by members of the Police, Fire and Ambulance services and also had a session on water safety and dealing with stress and anxiety. Pupils were also taught how to administer CPR and how to keep themselves safe online. Mr Woodward from Lancashire Fire and Rescue emailed us to say: "It was my absolute pleasure to talk to Year 7 today. The pupils are a credit to all your staff at BHS. I loved engaging with them and look forward to next week when I speak to other years. Well done to Year 7 and many thanks to all involved with organising this important day".

On Wednesday, a large group of our Year 10 pupils visited Lancaster University to sample what studying English at Degree level would be like. As well as some superb lecture style lessons, the pupils were treated to a tour of the wonderful modern campus at Lancaster University. This trip was extremely inspiring for the pupils involved and many thanks to Mrs Armstrong and Mr Alston who coordinated the trip.

We have held a number of interviews this week. I am pleased to announce that we have appointed Katie Taaffe as our School Business Support Officer/Receptionist (from June 2023), Ammaarah Patel as Teacher of Mathematics and Georgina Meikle as a Teacher of English, who will both join us in September. I am sure you will join me on congratulating them all and wishing them the very best of luck in their new roles.

Please can I remind you that there will be a further day of industrial action by the NEU on Tuesday next week. As mentioned in previous letters, our aim is to keep school open for all years but with the understanding that there may be some disruption to the normal school day for some pupils.

As you are aware, I regularly write in the newsletter about traffic and parking around school at the start and the end of the day. I have had a number of emails this week complaining about dangerous driving, dropping off pupils dangerously on Woodplumpton Road and parking on Northway. It is really important that if you are picking up or dropping off pupils in these areas that we show consideration for the local residents and for other road users, including our 200 or more pupils that cycle to school.

Headteacher: Mr David Botes

Please try and avoid parking over residents' driveways and turn off engines if you are waiting to reduce fumes. I have mentioned previously that dropping children off in the morning at the top of the school field on the A6 and allowing pupils to walk down the path into school is a much safer place to drop pupils and would significantly reduce the congestion and number of cars on Woodplumpton Lane. Your help and assistance in improving this situation is greatly appreciated.

Congratulations to the Year 7 boys' Football team and the Year 11 girls' Football team who have both progressed to the Preston School's Finals at Deepdale. The Year 8 and Year 9 boys, along with the U14 girls, have to play their respective Semi-Finals, the results of which will be released in next week's newsletter. Well done to all involved.

The deadline for applications for the position of Parent Governor is **Tuesday, 2nd May, at 12 noon**. This appointment is extremely important to us as a school and we are hopeful to fill the vacancy available which will ensure our Governing Body continues to be full. All nominations received to date have been acknowledged by email.

Please can I remind all parents that school will be closed on Monday 1st May and Monday 8th May.

Key dates:

School closed for Bank Holiday	Monday 1 st May
Year 8 Parents' Evening	Thursday 4 th May
School closed for Bank Holiday	Monday 8 th May
School closes for Half Term	Friday 26 th May
School re-opens	Monday 5 th June

If you ever have any questions or concerns or want to share any of your child's successes please do not hesitate to make contact. My email is botesd@broughtonhigh.co.uk.

Yours sincerely,



David Botes
Headteacher

1. Scissors that have a zig zag edge to help prevent fraying are called **pinking shears**.
2. A **1.5cm seam allowance** is the safe distance to sew from the edge of the fabric to ensure your stitching is secure.
3. The **presser foot** on the sewing machine has to be lowered gently before you begin to sew.
4. When fabric scissors are used to cut paper it **blunts** the blade.
5. To ensure that all seams are on the inside of a product, you must sew with **'right sides' together**.
6. **Pinning** is when you join fabrics together in a temporary way using pins so they do not move when sewing.
7. You should insert your pins at a **90 degree** angle to the edge of the fabric.
8. **'Fish Tail'** is a style of fitted dress which flares out from the knee.
9. **Applique** is the term used to sew different decorative pieces of fabric together to give a creative finish.
10. The two key directions of thread that are woven together to make a piece of fabric are called **warp and weft**.

Years 7 and 8

Test on Wednesday 3 May

Year 9

Test on Thursday 4 May

Learn these 10 facts for the test.

How are you going to remember the answers?

- ✓ write them down
- ✓ say them out loud
- ✓ get someone to test you

PTFA

We have a very supportive PTFA and the Chair, Mrs Jacqui Bury, would be very happy to answer any questions you may have about the work the PTFA does to support school.

If you are considering becoming a member of the PTFA, and have any questions about what is involved, please contact Mrs Bury by email (PTFAChair@broughtonhigh.co.uk) and she will be more than happy to help.

Wellbeing - International Dance Day - 29th April 2023

Is dancing good for your wellbeing/mental health? ... YES!
It reduces stress and anxiety and can help increase self-esteem.
Dancing releases endorphins and other positive hormones into your system (happy hormones) which helps lift a person's mood creating a more calm, happy, and optimistic outlook.

Also, it's fun 😊 Put on your favorite tunes and get dancing!



MAY IS NATIONAL WALKING MONTH

The evenings are getting lighter so it's a perfect time to get outside and get fit!

If you can, try to walk whenever possible to school, work, the shops etc. even if you can only walk halfway.
Plan a daily walk, long or short, explore new places to go for walks with family or friends, take a picnic.



Why is walking good for us?

- Walking makes you feel happy
 - It's good for your heart
 - Gives you energy
 - It's an excellent work out
- Walking outdoors improves vitamin D

So come on, get those feet moving 🦶👟👠👡👛

C Law, Roots Counselling

Bikeability
Cycling Proficiency for the 21st century



On Monday, 24th April, eleven of our Year 7 pupils successfully passed the Level 3 Bikeability course run by Go Velo. By completing this cycling proficiency course, the pupils have gained skills enabling them to cycle to school confidently and safely.



Well done everyone!
Mrs Bamber

Preston Schools Cup - U16 Girls

On Thursday evening the **U16 Girls Football team** travelled to Corpus Christi to play in the **semi-final** of the **Preston Schools Cup**.

Both teams were hungry for a win to see them in the finals night at Deepdale. We started strong, passing the ball around to feet and tiring Corpus out. After just 7 minutes **Emilia Vickers** crossed the ball in, hitting a Corpus defender on the way and finding the back of the net to give us a 1-0 lead. Corpus fought back hard with some fast attacks and skilful play down the middle. They were physical and our girls had to stand their ground to keep them out. We soon regained possession and with an accurate pass from **Matilda Macleod** to **Jess Anderson**, who calmly placed it in the bottom corner to give us a comfortable 2-0 lead. Corpus came at us again, this time getting around our defence and shooting at goal. **Phoebe Glynn** was on her toes and made a great save to keep them out! They took their corner, hoping for a second chance at goal but **Molly Kelly-Barker** cleared the ball safely away for our midfield to attack again. **The game finished 2-0 to Broughton, sealing our place in the Deepdale final!**



Well done to the whole team!

Phoebe Glynn, Emilia Vickers, Maddie Clements, Molly Kelly-Barker, Jessica Anderson, Emily Shaw, Elise Rawson, Matilda Macleod, Jasmine Hurst, Sophie Jones.

A big thank you goes to **Luke Littlechild** (10S) for refereeing.

For anyone who would like to come and support us in the final, we will be kicking off at 4:20pm.

Mrs Lupton

Preston Schools Football Final

So long as PNE do not make the play offs (which is looking like a possibility), the finals are to be played on Deepdale over two evenings, Tuesday 9th and Wednesday 10th May. *Please see the timings for each final below.*

The Year 7 boys and Year 11 girls have already booked their place in the final, after a 5-3 victory over Ashton.

The Year 8 and Year 9 boys, along with the U14 girls, have to play their respective Semi Finals - the results of which will be released in next week's newsletter.

Tuesday 9th May

3:30 - Year 7 girls (20 mins each way)

4:20 - u14s girls and u16 girls finals (30 mins each way)

5:30 - Year 7 boys (25 mins each way)

Wednesday 10th May

3:30 - Year 8 boys (30 mins each way)

4:40 - Year 9 boys (30 mins each way)

5:50 - Year 10 boys (30 mins each way)

7:00 - Year 11 boys (30 mins each way)



Your support would be most welcomed over both evenings to cheer on our Teams. Details will be sent out in next week's newsletter regarding entrance fees and the school teams to be represented.

Mr Marquis

WORD OF THE WEEK

w/c 1st May

attribute: noun

a quality, property
or characteristic
of somebody or something.

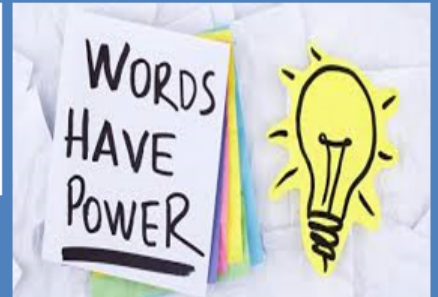
Example

She had lots of positive **attributes**.

Synonyms

facet, trait.

SCHOOL SYNERGY



Late Bus

The service will run in April, May, June and July on

Tuesday, Wednesday and Thursday

The charge is 60p per pupil per journey.

Pupils are able to use their bus passes and return tickets.

The service **departs from Broughton at 4.25pm,**

allowing pupils to stay late to complete school work or participate in sports activities after school.



Broughton Ski Trip 2023

At the start of the Easter holidays, 39 pupils and 5 staff members departed Broughton and headed to Austria to enjoy a week of skiing, snowboarding and plenty of other fun activities. It was an early start, with pupils arriving at Broughton for 6:30am, in preparation to leave for Manchester at 7am sharp. After a coach ride, two flights and a second coach ride, we arrived in Zell Am See, Austria, in time for our evening meal and some much-needed down time to relax, get settled into the hotel and get ready for the excitement of day one on the slopes.

After an early start and some breakfast, the group made the short walk across to the base of the Schmittenhöhe, where boots, skis, poles and boards were ready and waiting to be fitted. A short cable-car ride to the top saw us greeted by amazing views, cold winds and a good covering of snow. Our ski instructors for the week met us and quickly split us off into groups and from there on the non-stop week began. Everyone progressed as the week went on, with all of the group tackling a black run at some point – an impressive achievement! The instructors were full of praise for everyone and said that they were some of the best groups they have ever had.



The third day saw a slightly different venue for our skiing, with the group taking a 30-minute bus ride across town to visit the Kitzsteinhorn mountain, where they were able to ski at the 3200m high in the Austrian mountains. This presented a tough challenge, with new runs, tough weather and a busy environment, all pupils had to work really hard and call on all the skills they had learned to be successful. This they did, with a wonderful day all round topped off with a chance to visit the viewing platform at the highest point on the mountain which allowed the chance to see the amazing views. However, there was one slight mishap before the end of the day, with our very own Mrs Boardman realising halfway down to the meeting point that she had not only left her skis at the very top, but also her entire group's skis as well. This was then compounded by the fact that the lifts had shut, which saw 3 teachers and 12 pupils having to carry not just their own skis and poles, but also the 14 other sets that had been left up there – it made an interesting cable car trip! This was not the only 'lost' item experience we had, from gloves to goggles, room keys to boots, the week had it all, but it's fair to say that despite all of that, the pupils and staff had an amazing time.

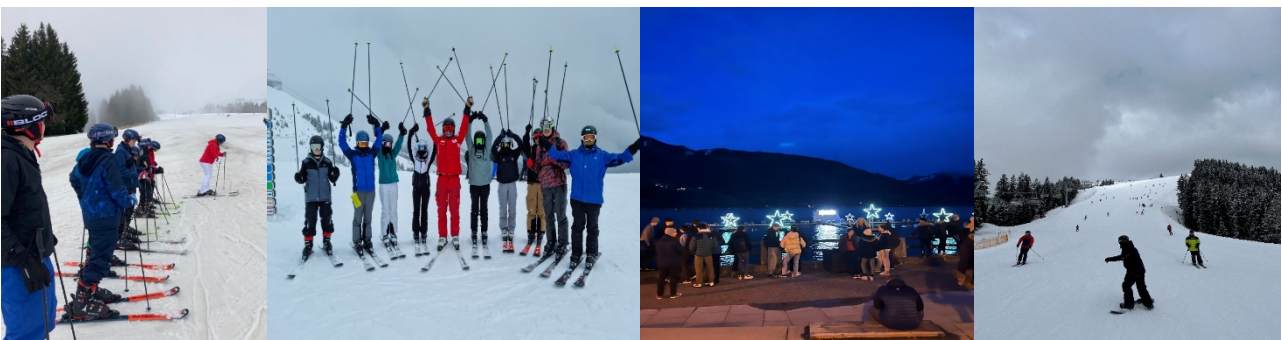
Aside from the time on the mountain, the evening activities provided great fun for all; from evening town walks to the lake, a quiz and an all stars Ice Hockey game, there was plenty to be enjoyed by everyone.



The pupils were fantastic throughout the week, and we as a school are extremely proud of how they conducted themselves during the trip – well done! Below are just a few snaps from the week for you to enjoy.



A final mention, along with a huge thanks must go to Mr Bailey, who dedicated a lot of time and effort to ensuring that the trip was a success, everyone involved really appreciated every minute of it.



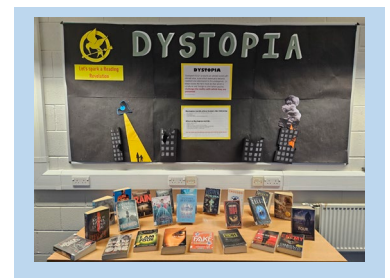
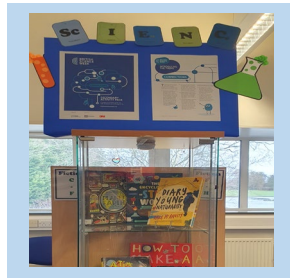
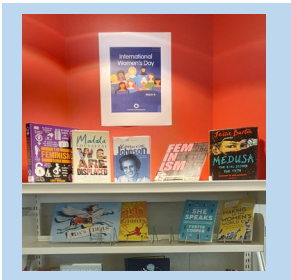
Mrs Boardman, Mrs Bamber, Mr Bailey, Mr Marquis and Mr Cowen

LIBRARY NEWS

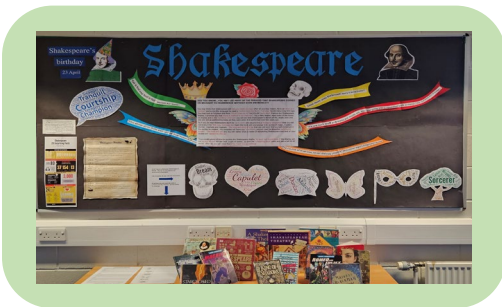
New Displays

In March, we marked **International Women's Day** by displaying a range of fascinating biographies of inspirational women through the ages. We also took the chance to highlight lots of great fictional stories featuring strong female protagonists.

We also showcased **National Science week** and have been tailoring our library displays to the Year 7 and Year 8 curriculum, with a frightening array of fiction from the **Gothic Horror** genre and, a futuristic display of **Dystopian novels**. So, do encourage your children to drop in have a look at the books on offer.



Happy Birthday Shakespeare



With Shakespeare's birthday falling on the 23rd April, we have been celebrating the Bard all this month with quizzes and competitions in the library. From identifying the play from the word cloud, to Shakespearean code cracking, everyone had the chance to get involved. Synergy points were on offer for all entries and our pupils had the chance to learn a little more about the life of Shakespeare and check out a range of fiction and non-fiction inspired by one of England's greatest playwrights.

Coming soon in the library, we will be focusing on **Mental Health Week** (15th-21st May) and starting our hunt for the most popular book in the library this academic year with the return of the **Big Book Battle!**

Excelsior Awards



In other Library news: we have launched our 'Excelsior Award Reading Group' for 2023. The Excelsior Awards recognise excellence in Graphic Novels and Manga. Every year, national judges choose a shortlist and pupils are asked to give each book a score out of 5 for story, artwork, dialogue and characters. Our 'Excelsior' reading group here at Broughton have so far read almost 30 books between them. A fantastic effort!



A few of our library team

Pupil Librarians

This term we also welcomed some new pupil librarians from Year 7. Our pupil librarians do a fantastic job helping out in the library in their own time and it's been great to see our older librarians pass on their knowledge and wisdom to our new recruits. They are a great team and an invaluable help in the library. Well done librarians!

CAREERS HUB



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mr Lord by email lord@broughtonhigh.co.uk

JOB OF THE WEEK

Click to watch a small information video



Anaesthetist

Anaesthetists are doctors who give anaesthetics to patients before, during and after surgery.

Average Salary - £29,000-48,000pa.

Average Working Hours- 41-43 including evenings and weekends.

More information can be found about this career path, including routes into the industry via the National Careers Website [here](#).



NOTICES

Calling all parents

All of Year 10 will be undertaking a three-day work experience placement between 11-13th July 2023.

Whilst most of our pupils have sourced their own placements, some have yet to secure a suitable position.

If your business or place of work could offer some assistance and offer a placement, please get in touch with Mr Lord on lordc@broughtonhigh.co.uk

LIVE APPRENTICESHIP VACANCY



AGILITY

Agility recruitment are a boutique recruitment agency specialising in graduate roles. They are looking for a school leaver to work as a talent manager.

Full training will be provided and a suitable apprenticeship and continuous CPD will be provided.

They have a track record of success in promoting school leavers through their business and are keen to offer the same opportunity this year.

For an informal discussion, please contact Gordon Woodfield by email - George@agilityresourcing.co.uk

Snapchat update: My AI

You should be over 13+ to use Snapchat.

Snapchat have announced that My AI will now be available to all users, it was previously only available to paid subscribers of Snapchat+. My AI will show as one of your chat contacts and users will be able to ask it questions and have a conversation with it.

Snapchat are planning to incorporate an overview in their parental tools (Family Centre) to allow you to see if your child is chatting with My AI, but there is no confirmed date as to when this additional tool will be available.

There were concerns with My AI when initially released, for example it was providing responses that weren't always age appropriate. Snapchat have stated that 99.5% of responses now conform to their community guidelines, but we would recommend talking to your child about their use of My AI.

At present the only way to delete My AI is to become a Snapchat+ subscriber.

You can find out more here:
<https://help.snapchat.com/hc/en-gb/articles/13266788358932-What-is-My-AI-on-Snapchat-and-how-do-I-use-it->



Minecraft Legends

Minecraft Legends was released last month and is available across a variety of platforms. It is rated as 7+ by PEGI with a further content descriptor of 'violence.' However, when rating games, PEGI do not take into consideration the communication features of a game. Minecraft Legends does include a chat facility, which adds further risks of seeing inappropriate language/content. This can be switched off.



What should I be aware of?

- **Multiplayer** – children can interact with others (including strangers), you can switch this option off within settings or choose to play offline.
- **Additional purchases** – be aware of in app purchases and the purchase of additional items to support (although not needed) game play. You can set up appropriate parental settings to restrict/prevent purchases.
- **Block and report players** – if your child is playing with others, make sure they know how to block and report players within the game.

You can find out more in this article:

<https://www.esrb.org/blog/what-parents-need-to-know-about-minecraft-legends/>

Report Remove

Report Remove is a tool provided by Childline and the Internet Watch Foundation (IWF) to help those under the age of 18 to confidentially report if sexual images or videos of themselves have been shared online. Once a report has been made, the IWF will work to remove them from the internet. Find out more here:
<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/remove-nude-image-shared-online/>



From the Financial Times – 'Capture: who's looking after the children?'

This is a 15-minute drama produced by the Financial Times looking at online harm, regulation and responsibility. The drama features Jodie Whittaker and Paul Ready. You can watch it here:

<https://www.ft.com/video/ea39f3a9-8993-477d-a763-317ba51c2e75>

Omegle

You must be 18+ to use or 13+ with parental permission. Omegle is a social networking/chat website that **connects two strangers** together for either a text or a video chat. Chats are anonymous unless a user provides this information. Omegle states that "Omegle video chat is moderated. However, moderation is not perfect. You may still encounter people who misbehave."



What should I be aware of?

- No registration is required to access Omegle (therefore no age verification) and there are no reporting facilities.
- Users are given an option to save the chat's log and share the link. It is also possible for other users to take screenshots of text and video chats.

We recommend that Omegle is not used by children due to the potential imagery shared and language used which can be explicit.

You can find out more information from Childnet, including ways of keeping your child safe:

<https://www.childnet.com/blog/what-is-omegle-key-things-parents-and-carers-need-to-know/>

Microsoft Family Safety app

Does your child have a Microsoft device e.g. an Xbox? If so, you can access the Microsoft Family Safety mobile app, which provides you with a variety of free features including:

- The ability to set screen time limits to devices, apps and games.
- Set content filters and block inappropriate apps/games.

Additional features such as location sharing are available as part of a paid subscription.

To access the app, you will need to enter your mobile number or email address at the link below and Microsoft will send you a download link:

<https://www.microsoft.com/en-us/microsoft-365/family-safety>

Tackling Online Hate

One way in which we can tackle online hate is ensuring our children learn about what it is and how they can stop it. Internet Matters have created a quiz that you can complete with your child. As you progress through the questions, you will be given advice as well as questions to discuss and help you have a conversation with your child. The quiz is available here:

<https://www.internetmatters.org/resources/theonlinetogetherproject/tackling-online-hate-quiz/>

Studying for exams?

BBC Bitesize – Revision App: The BBC Bitesize Revision app helps you study for your GCSEs, TGAU, Nationals or Highers with free flashcards and revision guides from the BBC. It is aimed at 14-16 year olds studying for their exams.



Seneca Learning: This website includes content across a variety of subjects to help you prepare for your GCSE & A Level exams. <https://senecalearning.com/en-GB/>

Maths Genie: This is a free website, which includes subject videos, past exam papers and answers to help you revise for Math's GCSE and A Level exams. <https://www.mathsgenie.co.uk/>

What is Online Grooming?

This is a really informative article from Thorn:

<https://www.thorn.org/blog/online-grooming-what-it-is-how-it-happens-and-how-to-defend-children/>