



3rd March 2023

Dear Parent/Guardian,

This week we received the exciting news regarding the children and families of our Year 7 intake 2023-24, that will be joining the school in September. It was extremely pleasing to again see the huge number of families who chose Broughton High School as their first choice but clearly only a certain number of places can be offered. We are all looking forward to meeting our new pupils and families during the summer term.

You may remember me writing to parents last year about our plan to achieve the 6 awards of the Lancashire Equality Mark. The Lancashire Equality Mark is awarded to schools who have taken measures to embed Equality throughout their practice with the goal of enabling all pupils to thrive in a supportive learning community. It has been developed by a working group in Lancashire and provides a clear framework to guide schools through the process of auditing, developing and consolidating good practice in different areas of Equality. The Equality Mark is comprised of six individual Equality Badges:

- Race Equality Badge
- Gender and Gender Variance Equality Badge
- Disability Equality Badge
- Socio-economic Equality Badge
- Sexual Orientation Equality Badge
- Religion and Belief Equality Badge

Yesterday we had two assessors in school to validate the work we have done and I am pleased to say that we were awarded the Race Equality Badge and the Religion and Belief Equality Badge. The assessors were extremely impressed with their visit to school and especially their meeting with pupils. Well done to Evie Billsborough, Rohan Connolly, Thea Gleave, Lucy Mitchell, Sam Newell, Ella Sanderson, Safa Shah, Anabia Siddiqui and Megan Wilcock who spoke to the assessors at length about life at Broughton High School. They were excellent ambassadors for the school.

The Year 11 assembly this morning focused on the start of the revision programme. Mr Brady led the assembly and talked to the pupils about the importance of organised preparation, looking after yourself both physically and mentally during the revision and exam period and the correlation between high attendance and high grades. Pupils also received their personalised revision plans and guides for each subject alongside an array of essential revision materials to help them prepare. The attendance at the Year 11 after school sessions has been incredible with over 97% of the year group attending the 3-4 sessions after school. Keep it up Year 11!

Pupils in Year 8 B, C and H experienced their first Geography Field Trip this week visiting Bowness on Windermere. Pupils were tasked with completing a number of site surveys around various topics and even had an outdoor geography/science lesson by the lakeside with the mountains behind. The pupils had a wonderful time and I know this experience will have further motivated them in their Geography studies. Thank you to all members of the Geography team and staff who organised and accompanied the visit.

Headteacher: Mr David Botes

We will be holding our first Year 8 Family Bingo evening, which will be organised by the PTFA, on Tuesday 21st March 2023. There will be a range of prizes and tickets are now available. Letters have been emailed to parents today and Year 8 pupils will bring a copy of the letter home on Monday; reply slips to be returned to Mrs Sweeney and payment to be made on ParentPay. Please can I encourage you to show your support for this event. All money raised goes directly back into the children here at school.

One of the many comments made by all the inspectors during our Ofsted inspection in September was about how impressive our school uniform was and how smart all the pupils look on their way to and from school and during the school day. Thank you for your ongoing support in ensuring that uniform is worn correctly at all times and that no make-up or false tan is worn in school. If you require any items of school uniform, we have an impressive selection of 'new unused' and 'nearly new' items in school. Please contact Mrs Dumbell dumbellr@broughtonhigh.co.uk or Miss Cross crosse@broughtonhigh.co.uk if needed. If we have the item in stock, you will be able to make a small donation on ParentPay and then the item will be bagged like all uniform deliveries to school and then collected in school.

Attendance continues to be a real focus in school and we are extremely pleased to see that our whole school attendance continues to be extremely impressive and significantly above the National Average at 95.8% for the year so far (+4.9%). As we discussed with Year 11 this morning, attending school every day is one of the most important factors that allows pupils to make the necessary academic progress. Thank you for your continued support in ensuring that our pupils are attending school to such a high level every day.

I have spent a significant amount of time visiting lessons this week, especially in our current Year 11 cohort and I have to praise the pupils for their levels of commitment and hard work in lessons. I was especially impressed with the mature manner in which our pupils interact with their classmates and their teachers. The standard of presentation in books and the quality of homework that was completed was very impressive. Please spend some time asking your children to show you their books and the work they are completing in class. I am sure you will be impressed.

It is also impressive to see so many children working towards the 'Best at Broughton Award'. This is an award the pupils will work on throughout the year with the aim of completing all aspects of the challenge. To achieve this award pupils will need to complete all eight challenges below.

1. Achieve at least a bronze award for academic and pastoral achievement in school.
2. Have great attendance: This must be across a term.
3. Evidence of reading at least 3 extra-curricular books.
4. Support a parents' evening, open night or event that shows willingness and commitment.
5. Attend a club or team activity over a minimum of 4 sessions.
6. Support a charity by promoting or helping raise funds.
7. Help out in a chosen area of school in the pupil's own time.
8. Feature in the school newsletter or receive a praise postcard.


Every pupil who manages to achieve this award will receive one of our 'Best at Broughton' badges in assembly to wear on their blazer.

If you ever have any questions or concerns, please do not hesitate to make contact. My email is botesd@broughtonhigh.co.uk.

Key dates for this half term:

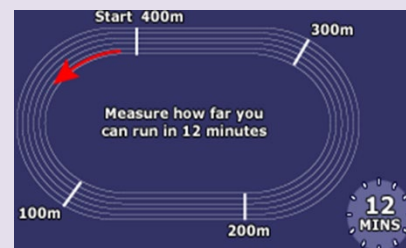
Year 11 Parents' Evening	Tuesday 14 th March
PTFA Meeting at 6.00pm	Thursday 16 th March
Year 8 PTFA Family Bingo at 6.30pm	Tuesday 21 st March
Year 9 Parents' & Options Evening	Thursday 30 th March
School closes for Easter	Friday 31 st March

Yours sincerely,



David Botes
Headteacher

1. The two muscles in the upper leg are the **quadriceps** and **hamstring**.
2. A warm up consists of five parts: **pulse raise, mobility, stretching, dynamic movement, skill rehearsal**.
3. The bone that protects the brain is the **cranium**.
4. The two different tests that measure CV endurance are the **12 minute cooper run** and the **multi stage fitness test**.
5. The Karvonen formula for working out your maximum heart rate is:
 $220 - \text{age} = \text{maximum heart rate}$
6. The **aorta** is the major artery which takes blood away from the heart.
7. In the human body hinge joints can be found in the **elbow** and the **knee**.
8. The bones that articulate the shoulder joint are the **scapula** and the **humerus**.
9. Three methods of training are known as **Continuous, Interval** and **Fartlec**.
10. The current world record for the men's high jump is **2m 45cm**
(Javier Sotomayor 1993 - Cuba).



Years 7 and 8

Test on Wednesday 8 March

Year 9

Test on Thursday 9 March

Learn these 10 facts for the test.

How are you going to remember the answers?

- ✓ write them down
- ✓ say them out loud
- ✓ get someone to test you

Sparx Maths Update

Pupils at Broughton continue to impress with their weekly Sparx Maths homework. A completion rate of 84% last week saw **Broughton ranked in the top 4% of schools** currently using the platform. A further 10% of pupils did more than half of their homework last week, but didn't complete it.

Please encourage your child to start their homework as early as possible during the week so that if they are stuck with any questions they can seek help. Leaving it until the night before it is due in will mean pupils won't be able to seek any help from teachers.

The Maths Department offer **drop in sessions on a Monday lunchtime and Wednesday afterschool**. **These sessions are open to all pupils** where they will have access to a laptop and a Maths teacher who can help with any questions that pupils are finding difficult.

Thank you for your continued support.

Mr Peterson

Throughout this week, we have been celebrating World Book Day, from decorating a potato in form to taking part in individual competitions in English. We know that reading for pleasure is a vital indicator of a child's future success - so we really want to see more children continuing a life-long habit of reading for pleasure.

In partnership with World Book Day, **each pupil has been emailed a £1 book token** that can be redeemed against selected £1 books (to make them free!) or used to redeem a £1 discount against any book that is £2.99 or more.

The book token can be used in any of the following:

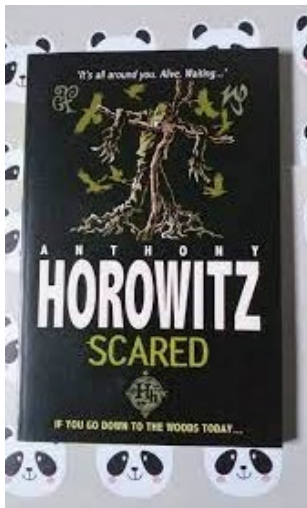
- Your local independent bookseller
- Asda
- Blackwell's (selected stores only)
- Morrisons
- Sainsburys
- Tesco
- The Works
- Waterstones
- WHSmith

We hope pupils enjoy their new book and embody one of our Broughton mantras and 'get involved'!

Please ask pupils to see Mrs Armstrong if they have any issues accessing the token through their school email.

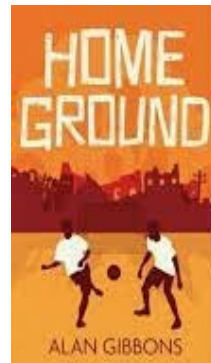
Mrs Armstrong

Group Reading



Once a week, Year 7 pupils visit the library during their English lessons.

Following the success of our group reading sessions last term, a number of pupils volunteered to take part in some more group reading this half term, allowing them to share their progress and ideas about the chosen stories, 'Home Ground' by Alan Gibbons and 'Scared' by Anthony Horowitz.



Pupils involved have shown a high level of maturity and have concentrated on reading aloud and understanding the key themes.

Well done to all the Year 7 pupils involved:

**Harry Richmond, Louis Falconer, Charlie Betteridge,
Toby Jenkinson, Hannah Wallace, Kara Giddins,
Jiya Patel, Izzy Harlow, Charlie Fletcher,
Alfie Derbyshire, Levi Paul, Zain Ahmad,
Ava Yates and Meredith Sands.**

Mrs Lees

Careers in Year 10 GCSE Business Studies Lessons



This term, GCSE Business Studies pupils have been focusing on work around Careers and the type of recruitment and selection methods businesses use when looking to employ a new member of staff. We have completed application forms and aptitude tests and participated in group discussion activities; all in an attempt to make Broughton pupils aware of what they can expect when they leave school.

As part of this Careers work we have also welcomed Steven Logan, 'The Business Facilitator' into our lesson to talk to us about what life is like being an entrepreneur and the challenges and benefits it brings with it. Steven was very entertaining and clearly loves his work; he also helped pupils understand the need to brand themselves and create a fantastic first impression. Thank you to Steven for giving up his time to come in and speak to us.

If any other parents or former pupils feel that they would like to visit Business Studies lessons to speak to pupils about any area of Business I would love to hear from you; please get in touch at donleavyp@broughtonhigh.co.uk.

Mrs Donleavy

U12 Football

Well done to the U12 Football team, captained by **Ellie O'Neill**, who played an extremely strong Our Lady's side on Thursday evening. Although we lost **4-1**, the team were hungry to score and denied on many occasions by the Our Lady's keeper. Our **goal** came from a fantastic pass from **Ellie O'Neill** to **Alexandra Mazik** on the wing, who then placed it in the box for **India Thompson-Amrith** to volley into the back of the net!

The team should be proud of their resilience in this game as they never stopped fighting until the end whistle.



Leah Astley
Isla Dean
Fran White
Ellie O'Neill
Grace Ashworth
India Thompson-Amrith
Isobel Harlow
Alexandra Mazik



Miss Lupton

PTFA

We have a very supportive PTFA and the Chair, Mrs Jacqui Bury, would be very happy to answer any questions you may have about the work the PTFA does to support school.

If you are considering becoming a member of the PTFA, and have any questions about what is involved, please contact Mrs Bury by email (PTFAChair@broughtonhigh.co.uk) and she will be more than happy to help.

The next PTFA meeting will be held on Thursday 16th March, at 6,00pm, at the Visitor Reception. All welcome.



Broughton High School's PTFA invite you to their

Year 8

Family Easter Bingo Event

Tuesday 21st March 2023
at 6.30pm

There will be some exciting bingo prizes, some light refreshments and a chance to win some raffle prizes too!



Tickets:
£5 per family
including buffet

**Payment to be made via
Parent Pay and reply slips
to be returned to
Mrs Sweeney
at the School Office**



Please see the letter/reply slip attached to this newsletter.

Wellbeing

NATIONAL BED MONTH

National Bed Month is observed in March every year throughout the U.K. to raise awareness around the importance of sleep.

<https://nationaltoday.com/national-bed-month-u-k/>



WHY IS SLEEP IMPORTANT?

- Sleep plays a key role in your wellbeing, and it promotes good health.
- It helps your body to support healthy brain function- so we can think more clearly in school or at work and aids our physical health – heart, immune system, and blood pressure.
- Sleep can reduce stress, anxiety, depression and improve your mood.
- Without sleep we can't function at our best

Trouble sleeping? <https://www.nhs.uk/every-mind-matters/mental-health-issues/sleep/>

U13 Girls' Indoor Cricket

On Thursday, 2nd March, the U13 girls' indoor cricket team played in the Lancashire Cricket Female Indoor North Finals, with schools from Lancaster, Preston, Fylde Coast, South Ribble and Chorley competing to get through to the next round.

Broughton unfortunately were placed in the more difficult of the two groups, with St Michael's, Ripley and St Bede's. Broughton were on in the first game, and despite bowling really well, we were nervous and didn't bat aggressively enough, losing to St Bede's 67-55.

We then had two games off and had time to practice our batting and fielding, and came back against St Michael's a much better side. St Michael's had an outstanding Lancashire player, but our opening batters of **Grace Lochhead** and **Daisy Lee** handled her well. Despite being more aggressive with our running, we struggled to contain their impressive batting and we lost with a respectable score of 68-97.



Our third game against Ripley showed improvements once again, the girls were more confident and scored their highest total yet of 89. It was a much tighter finish to the game, Ripley needing 10 off the last over to win. Unfortunately, some fantastic batting meant Ripley came out on top as 102-89 winners.

Despite the overall outcome, the girls showed improvements in each game both in batting and bowling and it was great experience for them to play against some excellent cricketers. Well done to all the girls involved.

Team:

**Grace Lochhead, Kara Lee, Daisy Lee, Ellie O'Neill,
Isla Dean, Elsie Kerley, Emily Bradley, Kara Giddins,**

Mrs Rukin

WORD OF THE WEEK

w/c 6th March

quintessential: adj.

**the purest or most perfect example
of something.**

Example

The critics loved the director's latest film and consider it to be the **quintessential** horror movie.

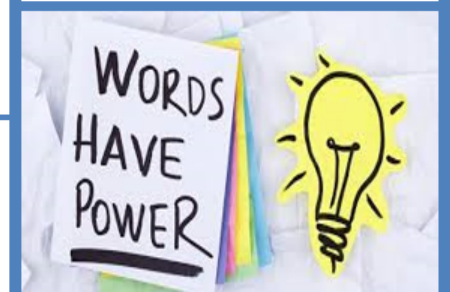
Synonyms

typical, classic.

Antonym

abnormal.

SCHOOL SYNERGY



LIBRARY NEWS

National Storytelling Week-Prizегiving

The results of our National Storytelling Week writing competition were announced last week in a special assembly held in the library with all our entrants. The results were as follows:

First prize: **Niamh Rose 8C**

Second Prize: **Charlie Craven 7C**

Third Prize: **Mollie Fenton 7H**

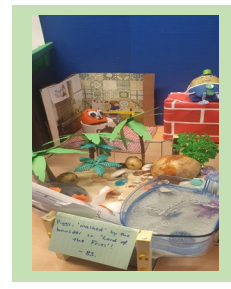
Fourth Prize: **Amanda Osakwe 7C**



Along with their certificates, Niamh wins a Book token and chocolates whilst the rest of the top four were presented with new book and chocolates. We were so impressed with the creativity on show so congratulations must go, not only to our prize winners but to everyone who entered the competition who all received Synergy points.

World Book Day

Broughton has been a hive of activity all week with the preparation of entries to our interform World Book Day Competition. Our team of fantastic Year 9 reading ambassadors invited each form to create a book character using a potato! The entries have been flooding in and we can already see it is going to be a close-run competition. We have featured a couple of the entries below. All pupils have also had the chance to get involved by creating a bookmark celebrating a favourite book or a poster embellishing a favourite book cover. The closing date for this competition is Monday 6th March and, as you can see, we have already received some wonderful pieces of art. Look out for picture of all entries and results of our competitions in next week's newsletter.



Alongside the whole school competitions, we celebrated World Book Day itself by reading stories by **Roald Dahl** and **Anthony Horowitz** in 5 parts across the school day. Forms also had the option to take part in a **book quiz** and here in the library we ran several activities and competitions from **Book Spine Poetry**, to **Translating Book Titles**, a **Book to Screen quiz** and we even **created book characters** from lollipop sticks!



All in all, it has been fantastic to see our school community come together to celebrate all things reading!

Remember the LRC page on Firefly has lots of links, ideas and tips for encouraging wider reading should you need them.

Book Spine Poetry by
Sophie Mitchell 8N

Mrs Whitlock

Year 8 Geographers go to Bowness

On Thursday 2nd March, ninety Year 8 pupils went to Bowness to investigate the impact tourism has on the town. Congratulations to all of the pupils involved, as everyone got stuck in. We completed environmental quality surveys at five different points around Bowness, which we will analyse back in the classroom. We also conducted a land use survey along Ash Street to see if the tourist trade influenced the facilities on offer.

At the end of the day, pupils were offered a choice of a walk along part of the lake or to ask the public questions. It was amazing to see pupils growing in confidence and asking members of the public about their thoughts on Bowness. Not to be outdone, those on the walk got to witness a new double act ...The *Brady-Lord Show!* The audience certainly seemed to enjoy the Geography-Science discussion live from the lakeside; thanks to Mr Brady and Mr Lord.

The behaviour of the pupils was impeccable and we were approached by a number of members of the public who wanted to tell us how fantastic they thought our pupils were. Even the weather was relatively kind to us!

Thank you to the members of staff that made the day happen - Mr Lord, Miss Wright, Mr Brady, Mr Ellis and Mrs Helm.

Mrs Wortley



Year 8 Geographers go to Bowness



Year 10 Lancashire Cup Football

Thursday night saw the Y10 boys take on Lytham High in the last 16 of the Lancashire cup, with the game played on Fylde's 4G pitch under the lights. A late kick-off meant that there was a good warm-up before the game to get the team ready to go. Despite this, the boys quickly found themselves 1-0 down 10 minutes into the game from a well worked Lytham goal. This shocked the boys into action and they quickly settled into the game, growing in confidence after two good attacking moves back to back. This good play continued and the boys got their reward when **Pele Smith** breezed past his man and slotted the ball home to make it 1-1. A second quickly followed and it was Smith again who cut in from the right and bent a shot into the far corner to give Broughton a deserved 2-1 lead at half time.

Hard work was the message at half-time, as this is what would win the game for the boys. However, similar to the first half, the boys conceded early in the second half to draw the game level once more. What then followed was a half-hour of intense end to end football, with both teams looking to win the game. Missed opportunities coupled with resolute defending saw the game end in a draw, with extra-time needed to settle the game.



With it being only 7 and a half minutes each way, the boys knew that 15 minutes of hard work would see them with a good chance to win the game. However, as had been the theme throughout the game, Broughton started slow. It was only thanks to a wonder save from **Guy Jenkinson**, down low to his left, that the game remained level. Half-time came with little opportunities and the scores were still locked. The team rallied and knew they had to put in a big performance in order to see themselves into the next round. It was a tight start and it wasn't until a moment of magic from **Bobby Shorrocks** and **Antonio-Raul Iglesias-Leeming**, that the Broughton boys took the lead. Shorrocks beat his man before rounding the keeper, but the ball ran too far wide, he managed to turn and beat his man before rolling the ball back to the onrushing Antonio, who kept his cool as he smashed the ball into the roof of the net, sparking a whole team celebration.

The boys now knew they were 3 minutes away from the win, and after dealing with multiple high balls into the box, the game was capped off with a breakaway goal to make it **4-2 to Broughton**. Shorrocks once more beat his man before cutting in from the left and bending it into the far corner to seal the game.

This was a whole team performance, and one in which all the boys should be proud of. Man of the match went to **Jamie Baines**, who after being subbed on 15 minutes in was solid at the back and won everything that came his way, **a fantastic performance!**

Team:

- **Guy Jenkinson**
- **Jed Anderson**
- **Dougie Harmer**
- **Harry Bond**
- **Chris Hudson**
- **Antonio-Raul Iglesias-Leeming** – Goal x1
- **Thomas Sharkey**
- **Josh Dawson**
- **Henry Woodall**
- **Felix Goodwin**
- **Bobby Shorrocks** – Goal x1
- **Pele Smith** – Goal x2
- **Arian Allen**
- **Francis Salisbury-Fitch**

CAREERS HUB



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mr Lord by email lord@broughtonhigh.co.uk

JOB OF THE WEEK

Click to watch a small information video



Urban Designer

Urban designers help shape the way towns and cities develop and balance the demands on land with the needs of the community.

Salary £18,000 - £45,000pa

Typical Hours – 38- 40 per week which may include evenings and weekends.

Find out more information on this career path via the National Careers Website [here](#).



NOTICES



Year 10 Work Experience update

The initial deadline for pupils to organise their own placement has passed! We are now in the process of identifying which pupils may need support in finding their placement.

We have been encouraging pupils to be proactive and chase up any leads and get their placements uploaded to online placement management platform Unifrog ASAP. We would encourage parents to help and assist with securing a suitable placement.

LIVE APPRENTICESHIP VACANCY



Water for the North West

United Utilities Apprenticeship Vacancies are now open

Some of the local vacancies that may be of interest to our pupils include:

Apprentice Fleet Technician ([Blackburn](#))

Apprentice Mechanical Field Engineer ([Lancaster](#))

Apprentice Process Controller - Wastewater ([Preston](#))

Starting Salary: £17,000

Entry Requirements: 5 GCSEs or equivalent, grades 9-4, which must include Maths, English and a Science or Technology subject.



BROUGHTON
HIGH SCHOOL
Achieving Together

March 2023

Dear Parent/Guardian,

YEAR 8 FAMILY EASTER BINGO EVENT - TUESDAY 21st MARCH 2023, 6.30PM

You are invited to attend a Family Easter Bingo event being organised by the PTFA, to be held on Tuesday 21st March at 6.30pm.

The event is an opportunity to meet with other families in your child's year group. There will be exciting bingo prizes, some light refreshments and there will be the chance to win some wonderful raffle prizes too! All family members are welcome to attend.

A family ticket costs just £5.00 which includes a buffet (payment to be made via ParentPay).

Please try and come along; the event will be a fun, light-hearted occasion.

Yours faithfully,

David Botes
Headteacher

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YEAR 8 FAMILY EASTER BINGO EVENT
TUESDAY 21st MARCH 2023, 6.30PM

NAME OF PUPIL _____ FORM GROUP: 8_____

We are able to come to the Year 8 Family Easter Bingo event on Tuesday 21st March 2023.

- I confirm payment has been made by ParentPay.

Please send home 1 family ticket for people in our family.

Signed (parent/guardian) _____

PLEASE RETURN THIS SLIP TO: MRS SWEENEY, HEADTEACHER'S PA, SCHOOL OFFICE

Headteacher: Mr David Botes