



3<sup>rd</sup> February 2023

Dear Parent/Guardian,

Next week we are looking forward to welcoming our Year 7 families into school for their first Year 7 Parents' evening. Parents' Evenings at Broughton High school are traditionally well attended with regular attendance figures over 95%. It is always a superb opportunity for you and your child to discuss the progress that has been made so far with each individual teacher. Pupils should come along with their parents wearing their full school uniform. Please can I ask parents to park at the back of the school and enter via the Sports Hall entrance between the new Drama building. Appointments will be held in both the Sports Hall and Drama Studio.

Due to future strike action by the NEU, we have changed the date of the Year 11 Parents' Evening. This will now be held on Tuesday 14<sup>th</sup> March starting at 4.00pm.

I am pleased to announce the appointment of new our School Business Manager, Annie Follett. Annie is currently our Assistant School Business Manager and will be replacing our current School Business Manager, Janet Englishby, when she retires in the summer. I am sure you will join me in wishing her the very best of luck in her new role.

Our Year 10 GCSE PE pupils had a wonderful opportunity this week to visit Newman College and find out what it is like to study A' Level and BTEC PE at College. The pupils spent time in formal lessons and then had an opportunity to experience some of the practical elements of the courses including some time on the college climbing wall. We received some amazing feedback from the staff at Newman College about our pupils who were excellent ambassadors for the school.

Today, our GCSE PE cohort attended a trip to the Etihad stadium. In addition to getting to see the top-class facilities, pupils gained inside knowledge on a day in the life of an elite athlete. They were given information on preparation, fitness, diet, performance analysis, training/warm-up, wellness and what players go through mentally before the whistle goes. It was an extremely informative day and thoroughly enjoyed by all pupils who attended. As we would expect, our pupils represented themselves very well and one of the tour leader's at the stadium praised them for their excellent behaviour, attitude and manners.

Since we returned to school after the Christmas break pupils have amassed a significant number of reward points. So far 17759 points have been awarded for excellence around school.

Year 7	4579
Year 8	4051
Year 9	4054
Year 10	2655
Year 11	2420

On top of the reward points awarded in lessons, every week staff send home 'praise postcards' to celebrate the achievements and efforts of pupils across school. Our local charity this term is 'Jade's Bag' which raises money for the people and families of Preston to help them through any hard times they may be experiencing.

Headteacher: Mr David Botes

We have reminded pupils this week about the importance of wearing our school uniform correctly at all times. The huge majority of our pupils look extremely smart each and every day on their way to school, during the school day and on the way home. Pupils who do not wear their uniform correctly will receive a break time detention. Our uniform expectations are regularly shared on the newsletter and can be found on the school website. Some of the basic rules are as follows:

- No make-up or false tan to be worn at any point in school
- Shirts must be tucked in at all times with top buttons fastened
- Ties must be tied appropriately and worn to the waistband of trousers or skirts
- Skirts must be worn to the knee
- No trainers or trainer style shoes to be worn

If you ever have any issues with uniform we have a very well stocked store of new unused and nearly new items available for a small donation. Please contact Miss Cross or Mrs Dumbell on the following emails:

Miss Cross: [crosse@broughtonhigh.co.uk](mailto:crosse@broughtonhigh.co.uk)

Mrs Dumbell: [dumbellr@broughtonhigh.co.uk](mailto:dumbellr@broughtonhigh.co.uk)

Your support in ensuring that we maintain high standards of uniform and presentation is greatly appreciated.

We will be holding our first Year 8 Family Bingo evening which will be organised by the PTFA on Tuesday 21<sup>st</sup> March 2023. There will be a range of prizes available on the night and tickets will be made available after half term. Please can I encourage you to show your support for this event. All money raised goes directly back into the children here at school.

Mr Lord, our Head of Careers, has recently relaunched our plans for Year 10 work experience which will be held towards the end of the summer term. Year 10 pupils will now be in the process of finding a suitable work experience placement that will allow them to gain an insight into the work of work. More information to follow from Mr Lord on work experience.

A reminder that school will close next Friday, 10<sup>th</sup> February, for half term and will reopen on Monday 20<sup>th</sup> February at 8.40am.

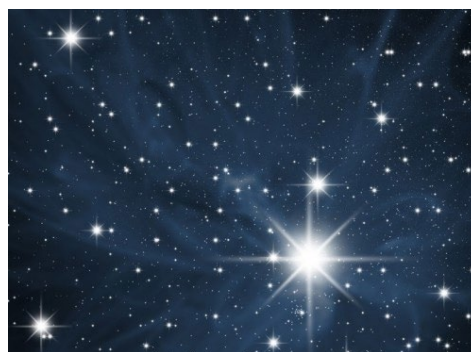
Yours sincerely,



David Botes  
Headteacher

A collective noun is a word that denotes a group of people, animals, objects or things.

1. A **murder** of crows.
2. A **pandemonium** of parrots.
3. An **exaltation** of larks.
4. An **army** of caterpillars.
5. A **cast** or **company** of actors.
6. A **choir** of singers.
7. A **range** of mountains.
8. A **galaxy** of stars.
9. An **anthology** of poems.
10. A **fleet** of vehicles



#### Years 7 and 8

Test on Wednesday 8 February

#### Year 9

Test on Thursday 9 February

**Learn these 10 facts for the test.**

**How are you going to remember the answers?**

- ✓ write them down
- ✓ say them out loud
- ✓ get someone to test you



## PTFA

We have a very supportive PTFA and the Chair, Mrs Jacqui Bury, would be very happy to answer any questions you may have about the work the PTFA does to support school.

If you are considering becoming a member of the PTFA, and have any questions about what is involved, please contact Mrs Bury by email ([PTFAChair@broughtonhigh.co.uk](mailto:PTFAChair@broughtonhigh.co.uk)) and she will be more than happy to help.

## Year 10 GCSE PE - Visit to Newman College



On Tuesday, the Year 10 GCSE PE cohort visited Newman College for the morning. Pupils sampled a 45 minute rock climbing lesson, a 45 minute theory lesson and had a tour of the sports facilities.

Pupils were given information on what sports courses are available, different sports teams and academies on offer and they got to meet sports staff who deliver the various courses.

All pupils enjoyed the experience and were exceptionally behaved throughout.

Mrs Rukin

## Girls' U13 Indoor Cricket

On Thursday, the girls' U13 indoor cricket team competed in the Preston Schools District competition, with the top two teams going through to represent Preston in the next round. Unfortunately, two schools pulled out the night before/morning of the tournament, leaving just Broughton and Archbishop Temple with automatic qualification. Despite this, both schools played each other in two practice games to give both teams some competitive experience before the next round.

Broughton batted first in game 1, setting a difficult target of 86. They then showcased some excellent bowling, considering it was their first competitive cricket match for all but two of the pupils. Temple had a couple of experienced big hitters, but Broughton handled them well and came out 86 - 68 winners.

Broughton bowled first in game 2, and then came in to bat chasing down a score of 74. It was a closer finish, Broughton needing 9 runs off the final over, but they managed it in 3 balls to finish 79 -74 winners. A fantastic performance from all the girls involved, showing a real improvement between games, and they now have some valuable game experience to take forward into the next round, which is at Bolton Arena on 2<sup>nd</sup> March.



Team: **Grace, Daisy, Kara, Isla, Elsie, Ellie, Emily, Mia.**

Mrs Rukin

Winter cricket training sessions for women and girls starting Thursday 26th January 2023

Sessions from £3 per person

*Your first session free!!*

# 2023... LADIES CRICKET



Join us at Archbishop Temple School  
Thursday's from 6-7pm.

No sessions on 23rd & 30th March





# Wellbeing

## CHILDREN'S MENTAL HEALTH WEEK 2023



Human beings thrive in communities and this connection is vital for our wellbeing and our survival. When we have healthy connections to family, friends and others, this can support our mental health and our sense of wellbeing. Also, when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely, which can have a negative impact on our mental health.

**Let's Connect** is about making meaningful connections for all during Children's Mental Health Week and beyond.

**Place2Be's** <https://www.childrensmentalhealthweek.org.uk/>

- How can you get connected, what can you do?
- Who are you connected to?
- Who is your support system?
- What can you do to look after your mental health?

C Law, Roots Counselling

## World Book Day - 2<sup>nd</sup> March

Exciting news, World Book Day is coming up on the 2<sup>nd</sup> of March and this WBD we will be encouraging you to be creative. Be prepared for fun activities like decorating a potato with your form and watch out for upcoming activities and competitions in the library! The reading ambassadors will be promoting these events so keep your eyes peeled!

Hannah Wilcock – Year 9 Reading Ambassador



## GCSE PE Cohort Visit Etihad Stadium

On Friday, 3<sup>rd</sup> February, our GCSE PE cohort attended a trip to the Etihad stadium.

Pupils saw the top-class facilities, gained inside knowledge on a day in the life of an elite athlete and were given information on preparation, fitness, diet, performance analysis, training/warm-up and wellness.

Pupils heard all about what players go through mentally before the whistle goes and enjoyed a very informative day at the stadium.



Mrs Rukin



# WORD OF THE WEEK

w/c 6<sup>th</sup> February

## insinuate: verb

to suggest, without being direct.

### Example

He tried to **insinuate** that we had done something wrong.

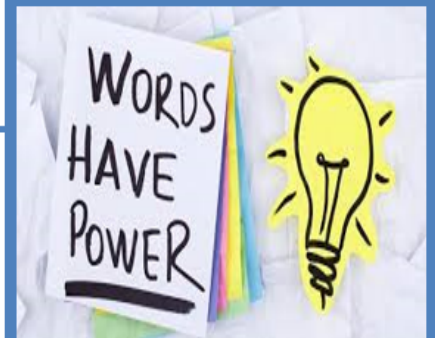
### Synonyms

hint, indicate, intimate.

### Antonym

declare.

SCHOOL SYNERGY



## Late Bus

**This half term** the late bus **operates every Tuesday, Wednesday and Thursday**

at a charge of 60p per pupil per journey.

Pupils are able to use their bus passes and return tickets.

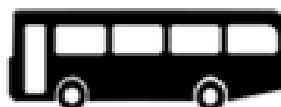
The service **departs from Broughton at 4.25pm,**

allowing pupils to stay late to complete school work or participate in sports activities after school.



**From Monday 20<sup>th</sup> February until Thursday 30<sup>th</sup> March**

the service will run

**Monday, Tuesday, Wednesday, Thursday and Friday.**







Insects play a pivotal role in our world's ecosystems and Year 7s have been designing their own verb bugs to help them learn one of the French language's most pivotal verbs:

## Avoir (to have)

Through the verb bugs pupils practise conjugating verbs in the present tense with pronouns.

A grounding knowledge of Avoir will support pupils in later years in language learning since it is the most important auxiliary verb in French: Avoir is used to express the Past and Future tenses, for example:

**J'ai** = I have

**J'ai** appris = I learnt

**J'apprendrai** = I will learn !

Mr Tomlin, MFL





# CAREERS HUB



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mr Lord by email [lord@broughtonhigh.co.uk](mailto:lord@broughtonhigh.co.uk)

## JOB OF THE WEEK

Click to watch a small information video



### Paramedic

Paramedics respond to emergency callouts and give people life-saving medical assistance.

**Salary £25,665 - £39,000**

**Typical Hours – 36-38 per week which will include evenings and weekends.**

Find out more information on this career path via the National Careers Website [here](#).



## NOTICES

### Year 10 Work Experience update

Most of year 10 have logged into their Unifrog account during form time throughout the week.

Next week pupils will be given a tutorial on how to upload their placement details.

**The deadline to have a placement in principle is just over two weeks away. Pupils can make an appointment with Career North in school on Tuesday 7<sup>th</sup> February 2023 if they need assistance with their placement.**

## LIVE APPRENTICESHIP VACANCY

**LEYLAND TRUCKS**  
A PACCAR COMPANY

Leyland Trucks have contacted school to advertise their apprenticeship roles for the coming year. They are looking to add 24 apprentices to our business in September across a range of departments

- 12 x Assembly Operatives
- 6 x Automotive Engineering
- 2 x Facilities and Maintenance
- 2 x Design Engineering (Degree)
- 2 x Supply Chain (Degree)

All details can be found on our website which can be found [here](#).

# Online Safety Newsletter

# Safer Internet Day

Established by the UK Safer Internet Centre (UKSIC), Safer Internet Day is celebrated around the world. This year, on Tuesday 7th February 2023, it will be celebrated with the theme:

**'Want to talk about it? Making space for conversations about life online'**

Safer Internet Day provides us with a great opportunity to have a conversation with our children about their online lives as well as provide us with an opportunity to brush up on our own knowledge of all things online with lots of resources and online activities available.

## How can I get involved?

### The UK Safer Internet Centre (UKSIC) Resources

As usual, the UKSIC have created some fantastic resources, which includes top tips, quizzes, how to talk about difficult topics and what to do if something goes wrong. Find out more here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers>

### Ask the Experts from Internet Matters

On Safer Internet Day, Internet Matters will be hosting a Q&A session on Instagram and Facebook. You can send them your questions and then an expert will answer them throughout the day. You can find out more here:

<https://www.internetmatters.org/safer-internet-day/>

## Let's Chat

The NSPCC provide fantastic advice on how to start conversations about Online Safety with your child, including how to tackle difficult conversations. You can find out more here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

### Join an online safety webinar

For Safer Internet Day 2023, Webwise will be hosting two online safety webinars in February – supporting young children online and supporting teens online.

<https://www.webwise.ie/trending/talklistenlearn-parent-events/>

### UKSIC join LFC

Learn about what happened when UKSIC joined up with Liverpool FC. You can also watch a video stream at 10am on SID.

<https://saferinternet.org.uk/blog/uksic-join-liverpool-fc-in-preparation-for-safer-internet-day>

### Create a Family Agreement

LGFL have created a Digital Family agreement to help you set ground rules such as how much time your child can spend on devices. Find out more here:

<https://parentsafe.lgfl.net/digital-family-agreement>



# Online Safety Newsletter

# February 2023

## How old is your child online?

**Has your child (or you on their behalf) signed up to access social media/or a game online but have said that they are older than they are so they can have an account?**

For example, did your 8 year old join TikTok and put their age as 13 or did you create their account and put your own age? If so, please read some of the implications outlined below that you should think about.

If TikTok thinks your child is 13 when they join but they are in fact 8, then by the time your child reaches 13, the app will think they are 18. This puts your child at risk of viewing content that is not age appropriate and may mean your child will view adverts aimed at adults.

In addition, now the app thinks your child is an adult, they will have access to all functionalities (whereas some apps place restrictions on access to under 18s for example to direct messaging).

The following news article from Ofcom explains this in further detail as well as providing tips to help keep your child safe online:

<https://www.ofcom.org.uk/news-centre/2022/risks-of-children-using-false-ages-on-social-media>

### Age ratings

Parent Zone provide some advice on age ratings and why they matter in this blog:

<https://parentzone.org.uk/article/age-ratings>

## PUBG (PlayerUnknown's Battlegrounds)

PUBG is available on multiple platforms and is **rated 16+ by PEGI**, therefore it is not suitable for persons below 16 years of age. PEGI state that this game has been rated PEGI 16 "due to frequent, moderate violence towards human characters and encouragement of drug use" (<https://pegi.info/>).



PUBG is an online multiplayer game, in which a group of players play against each other until they are the only remaining player. One hundred players are dropped on to an island and they need to search for items, such as backpacks, body armour and guns.

### What do I need to be aware of?

Parents need to be aware that this can be an addictive game, in game purchases are available and due to the live chat, inappropriate or offensive language may be heard/seen.

If your child is playing this game, then make sure they know how to use the reporting and blocking facilities within the game and they know to speak to a trusted adult should they need to.

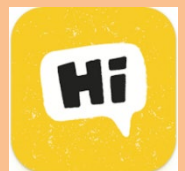
### Further information

Bark provides further information on PUBG as well as how to apply settings:

<https://www.bark.us/guides/gaming-pubg/>

## HiPal – Walkie Talkie

**HiPal – Walkie Talkie is a social media app and rated 12+ on the App store and for 'Teens' on Google Play.**



When first accessing HiPal, it asks you if you are under or over 12 years of age. The area available to under 12 year olds states that no stranger interaction can take place. Users with this account type invite friends by sharing a code/QR code. As with all messaging apps, there can be instances of cyberbullying, so it is important to monitor who your child is interacting with.

If a user selects that they are over 12 years of age, then there is the risk of communication from strangers. HiPal features a public square where you can message strangers as well as an explore tab where you can view people's images and videos from around the world. There is a risk of viewing content that is not suitable or inappropriate. There are reporting and blocking features within the app. You can find out more from Safer Schools NI here:

<https://saferschoolsni.co.uk/hipal-walkie-talkie-and-wizz-social-apps/>

# ChatGPT

Have you heard of the AI chatbot, ChatGPT? It is an artificial intelligence system that is currently free to access via a web browser and essentially you can ask it any question and it will give you an answer.

## What are the concerns?

In terms of education, there is the potential that these chatbots, particularly as they develop further could be used by students in producing essays or answering homework questions. This would be a form of plagiarism, which would have serious consequences. ChatGPT are currently reviewing how to prevent their content being used in this manner.

# Instagram: new features

*You must be at least 13 years old to have an Instagram account.*

Instagram have introduced several new features, including 'Quiet mode,' how to hide content as well as additional tools to help your child.

## Quiet mode

This gives users the ability to put their account in quiet mode, so you do not receive notifications and if you receive a DM, the sender receives an auto reply. This mode will help provide less distraction whilst studying and at nighttime.

## Recommendations

You can now hide content in Explore that you do not wish to see/are not interested in. Instagram will use this information to avoid showing you that type of content in other areas where content is recommended as well.

## Hidden words

You can already hide comments and DMs containing specific words, but this feature has now been expanded to recommended posts. If you add a word, emoji or hashtag that you want to avoid to your hidden words (in privacy settings) then Instagram will try to no longer recommend content with those words in the caption/ hashtag.

## Updated Parental Supervision Tools

You can see your child's Instagram settings (if you have set up a supervised account), including their privacy and account settings and accounts your child has blocked. If your child updates a setting, then you will receive a notification to inform you.

## Find out more

You can read more about the new features here: <https://about.fb.com/news/2023/01/instagram-quiet-mode-manage-your-time-and-focus/>



## Sky Broadband Shield

Do you have Sky Broadband? Sky offer a set of free tools to all customers to help make the internet a safer place for your family, for example safe search. You can find out more about the settings available and how to set it up here:

<https://www.sky.com/help/articles/sky-broadband-shield-start>

## Spotify

There have been news reports claiming grooming has taken place on Spotify (source: <https://www.bbc.co.uk/news/uk-england-manchester-64262918>).

Spotify is a music streaming service. You should be over 18 years of age to agree to the terms, or if older than 13, obtain parent/guardian consent. There is a Spotify Kids version, but it is only available as part of a Premium (paid for) Family plan.

Spotify have produced this Parental Guide to assist you with further information but if your child does use Spotify then it may be beneficial to have a chat about what they are viewing. [https://www.spotify.com/privacy/files/Parental\\_Guide.pdf](https://www.spotify.com/privacy/files/Parental_Guide.pdf)

You can find out more about Grooming and who to contact here: <https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/grooming/>

## Your mental health on social media

Social media can sometimes make us feel anxious, sad or upset and affect our mental health. If you or your child need further advice or support, then one place to start could be Childline. Childline have an area on their website with advice including ways to feel good on social media, coping mechanisms, how to get support when you are being bullied online and how to access further help. <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/feeling-good-on-social-media/>