

6th January 2023

Dear Parent/Guardian,

Welcome back and Happy New Year to you all. I hope you have all had a restful and relaxing Christmas break with friends and families and have managed to keep safe and well during the festive period.

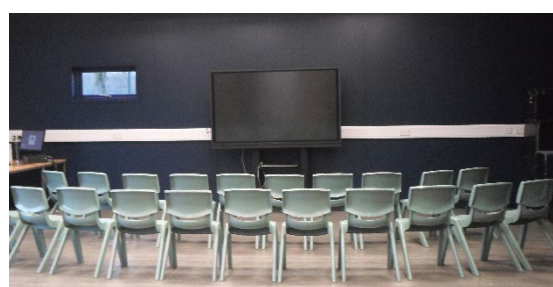
It has been wonderful to see the children return to school this week after the Christmas holidays. The learning atmosphere around school has been excellent and it was a pleasure speaking to so many children about their Christmas experiences and their plans for the New Year. It is also impressive to see so many children working towards their 'Best of Broughton Award'. This is an award the pupils will work on throughout the year with the aim of completing all aspects of the challenge.

To achieve this award pupils will need to complete all eight challenges below.

- 1. Achieve at least a bronze award for academic and pastoral achievement in school.**
- 2. Have great attendance: This must be across a term.**
- 3. Evidence of reading at least 3 extra-curricular books.**
- 4. Support a parents' evening, open night or event that shows willingness and commitment.**
- 5. Attend a club or team activity over a minimum of 4 sessions.**
- 6. Support a charity by promoting or helping raise funds.**
- 7. Help out in a chosen area of school in the pupil's own time.**
- 8. Feature in the school newsletter or receive a praise postcard.**

Every pupil who manages to achieve this award will receive one of our new 'Best of Broughton' badges to wear on their blazer. We have a number of children who have now completed this award and they will be presented with their badges in assemblies over the next few weeks.

Our new Drama Studio is now open, with classes being taught in the amazing new teaching space. A significant amount of planning and preparation went into the successful completion of this wonderful building.



Headteacher: Mr David Botes

All pupils received their end of term report and review information during the last week of term. I hope you have managed to have a look at this with your child and discussed the strengths and possible areas for development that have been highlighted in the review. Paper copies have been sent home with each pupil and electronic copies are available in Synergy and can be found in the documents folder. Please can I encourage you to load the Synergy App to your phone to ensure you receive all the updates and any important information from school about your child.

The pupils have looked exceptionally smart in their uniforms on their return to school and we have only had to remind a very small number of pupils about wearing their uniform correctly. Please remember that our uniform policy states that uniform should be worn correctly at all times. Ties should be knotted correctly and go to the waistband of trousers or skirts. Shirts should be tucked in at all times. Skirts should be worn correctly and at the knee. Shoes must be plain black (no trainers). Outdoor coats should be plain black or blue and must never be worn inside the school building. We do not allow coats or hooded tops with motifs or large emblems, or jewelry (apart from a single pair of plain studded earrings).

All uniform can be purchased from Monkhouse Schoolwear (Preston) or from The Uniform and Leisurewear Company (Garstang). Thank you to everyone who has donated new unused and nearly new uniform to school. We now have a wonderful array of uniform items for available for a small donation to the school's chosen charity. If you need a specific item of uniform please contact either Miss Cross or Mrs Dumbell by email (crosse@broughtonhigh.co.uk or dumbellr@broughtonhigh.co.uk) with the item and size required and they will check availability and respond to you. If we have the item in stock, you will be able to make a small donation on ParentPay and then the item will be bagged like all uniform deliveries to school and then collected in school.

Attendance continues to be a real focus in school and we are pleased to see that our whole school attendance continues to be extremely impressive and significantly above the National Average. Attending school every day is one of the most important factors that allows pupils to make the necessary academic progress. Thank you for your continued efforts to ensure your children are in school every day.

Our chosen charity this term is called 'Jade's Bag Charity'. Their aim is to support people from the Preston area who are having a difficult time. This could range from victims of domestic violence, the homeless or those who have just given birth. Over Christmas they supported 20 families by providing them with Christmas lunches. This charity has an impact directly on the people of Preston and is a worthy cause for our fundraising efforts this term. I know the pupils will work hard to achieve as many reward points as possible to support this charity.



As always please can I ask you to be courteous of our neighbours in Broughton village when you drop your children off in the morning and pick them up at the end of the day. Please do not park over driveways or block access and where possible turn off your engines to reduce emissions. Your help in this matter is always greatly appreciated.

Key dates for this term are as follows:

Year 9 Vaccinations	Thursday 12 January
Year 11 Mock Exam Results	Friday 13 January
Year 7 Parents' Evening	Thursday 9 February
School closes for half term	Friday 10 February
School opens	Monday 20 February
Year 11 Parents' Evening	Thursday 16 March
Year 9 Parents' & Options Evening	Thursday 30 March
School closes for Easter	Friday 31 March

Yours sincerely,

David Botes
Headteacher

Approximately (circa) half of our language derives from Latin and there are still many Latin expressions in common use.

1. **Ad lib:** derives from the Latin ad libitum, literally 'according to pleasure'. In other words, making it up as you go along.
2. **Ad nauseam:** 'until nausea', usually in the sense of 'on and on until the listener is bored'.
3. **E.g: exempli gratia,** 'for example'.
4. **Modus operandi:** 'way of working' for a person or organisation.
5. **NB: nota bene** which literally means 'note well'.
6. **Per annum or p.a:** 'each year', usually used to refer to salaries and often abbreviated, as in £50,000 p.a.
7. **Per capita:** literally means 'by the heads', as 'the equivalent per capita annual income is £24,000'.
8. **P.S: post scriptum,** 'after writing'. Used if you want to add something to a letter or document after you had finished it.
9. **Quid pro quo:** 'something for something', giving something back in exchange for something else.
10. **Status quo:** 'the existing state of affairs' means leaving things exactly as they are.

Years 7 and 8

Test on Wednesday 11 January

Year 9

Test on Thursday 12 January

Learn these 10 facts for the test.

How are you going to remember the answers?

- ✓ write them down
- ✓ say them out loud
- ✓ get someone to test you

Sparx Maths Homework Help and GCSE Past Papers Club

This half-term the Maths department are offering dedicated times for pupils to come and get help with their Sparx Maths homework as well as giving Year 11 pupils an opportunity to keep up their exam practice.



Monday Lunchtime in Maths 5 – Sparx Maths

Pupils can come along to Maths 5, grab a laptop and crack on with their Sparx homework. A Maths teacher will be available if there are any questions pupils are struggling with.

Wednesday After School in Maths 5 – Sparx Maths

Laptops will be available in Maths 5 along with a teacher if pupils are stuck. Pupils are welcome to come along and complete their Sparx and should be able to get it completed before the late bus arrives.

Tuesday After School in Maths 5 – GCSE Past Papers Club

Year 11 pupils are welcome to join the Maths department in Maths 5 to complete a past paper. This is open to all pupils whether Higher or Foundation. Pupils can complete the papers in pairs or on their own.

These papers will be different to any that pupils may receive for homework. It's a great opportunity for pupils to keep up their exam practice in a low key way. Answers will be posted online for the papers after every session.

Everyone welcome.

Mr Peterson

FIND Newsletter Winter 2022

The Winter edition of the FIND newsletter is available now via the link below for parents/carers of children and young people with SEND.

[Winter 2022 FIND Newsletter](#)



There is so much information on here, but I would like to highlight one quality resource 'This May Help' which many may find useful.

The videos are short, informative and helpful.

A reminder that I am available for any queries or a conversation every Wednesday after school 3-4pm in the main reception, or please contact me on:

hardmanh@broughtonhigh.co.uk

Tel: 01772 863849.

Mrs Hardman, SENDCo.

This May Help



We are pleased to announce the launch of This May Help, a new national initiative providing mental health advice to parents and carers who may have concerns about their child's mental health and is part funded by the Quality Improvement Taskforce for Children and Young People's Mental Health, Learning Disability and Autism Inpatient Services.

The website gives easy-to-follow advice to help families manage their child's mental health. This advice was developed by NHS professionals and parents who've been through their own child's mental health journey. Parents and carers have shared advice that helped them and that may also help other families.

Professionals who work with children are also being encouraged to use the website.

The advice covered on This May Help includes: self-harm, gaming and online activity, teenagers safety, eating disorders, school avoidance, understanding mental health, understanding teenagers, online threats, building rapport, building resilience, building a support network, self-care tips, managing an emergency, managing in a crisis, and preparing for a children and adolescent mental health services (CAMHS) appointment. These subjects were chosen by families and young people who have gone through their own mental health challenges. Gary Lineker, Myleene Klass, and Tanni Grey-Thompson are amongst 16 presenters featured in the films.

<https://thismayhelp.me/>

P.E. Extra-Curricular Timetable for this half term

	Lunch- 1.30-1.55pm	After School 3-4pm
Tuesday	GCSE Girls' Table Tennis Gym	Boys' Table Tennis - Year 7 Girls' Hockey - Year 7 and 8 Boys' Basketball - Year 8 and 9
Wednesday		Girls' Table Tennis - Year 7 and 8 Dance - Years 9, 10 and 11 (Drama Studio) Boys' Indoor Cricket - Year 8 Girls' Hockey - Years 9, 10 and 11
Thursday	Cheer Dance - All years	Dance - Year 7 and 8 Girls' Indoor Cricket - Years 7-10 Running Club - Years 7-11 Boys' Hockey - Years 9, 10 and 11
Friday		Boys' Basketball - Year 7 and 8 American Football - Years 7, 8 and 9

Parents' Evenings

Year 7	Thursday 9 th February
Year 8	Thursday 4 th May
Year 9 & <i>Options Evening</i>	Thursday 30 th March
Year 10	Thursday 20 th April
Year 11	Thursday 16 th March

Late Bus

The late bus **operates every Tuesday, Wednesday and Thursday**
at a charge of 60p per pupil per journey.

Pupils are able to use their bus passes and return tickets.

The service **departs from Broughton at 4.25pm**,
allowing pupils to stay late to complete school work or participate in sports activities after school.



WORD OF THE WEEK

w/c 9th January

caustic: adj.

capable of burning, corroding or destroying living tissue.

Example

On boiling their solution in **caustic** alkalis, ammonia is liberated.

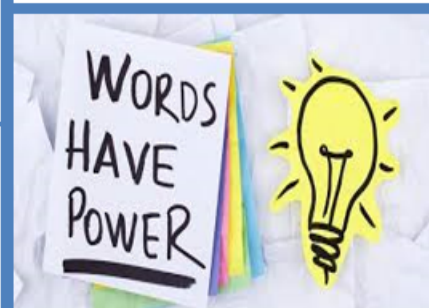
Synonyms

abrasive, acerbic, acidic.

Antonym

mild, soothing.

SCHOOL SYNERGY



Goosnargh and Whittingham Whitsuntide Festival - 3rd June 2023

A festival queen/king selection event is taking place at the end of January. Any pupils in Years 7-11 living in the parishes of Goosnargh or Whittingham are eligible to be entered into the draw for festival king/queen. A parent/guardian needs to attend with them to verify that they give their permission. See below for further details.

SHOWTIME 2023

SIGN ON CONCERT WHERE OUR NEW FESTIVAL KING OR QUEEN WILL BE CHOSEN.

AN AFTERNOON OF LIVE ENTERTAINMENT FROM 12PM SUNDAY 29TH JANUARY

COULD YOU BE OUR NEXT KING OR QUEEN. IF YOU ARE IN YEAR 7 OR ABOVE AND WOULD BE INTERESTED IN BECOMING OUR NEXT KING OR QUEEN

CONTACT

JUDITH - 07484231549

ALEX - 07470982547

GOOSNARGH VILLAGE HALL

CAREERS HUB



This section of the newsletter informs pupils and parents of the latest careers news, events held in school and opportunities further afield. Links to external employers and training providers can be accessed by clicking on the links underlined. Any careers queries can be directed to Mr Lord by email lord@broughtonhigh.co.uk

JOB OF THE WEEK

Click to watch a small information video



Marine Biologist

Marine biologists study biological oceanography and the associated fields of chemical, physical, and geological oceanography to understand marine organisms.

Salary – £15,000 – 50,000 per annum.

Typical Hours – 38-40 per week which could include evenings and weekends.

Find out more information on this career path via the National Careers Website [here](#).



LABOUR MARKET INFORMATION



According to LinkedIn the fastest growing industry is related to e-commerce. With its growth amplified by the impacts of the COVID-19 pandemic. Certainly, a sector with many opportunities.

1. E-commerce personnel

Top jobs: Driver, supply chain associate, supply chain assistant, warehouse team lead, online specialist.

Top skills: Order fulfilment, retail, order picking, warehouse operations, professional driving.

Hiring hotspots: Birmingham, Northampton, Manchester, Leicester.

NOTICES

Year 10 Work Experience is launched

Pupils attended a series of workshops to encourage them to start exploring their options post-16 and beyond.

One of the workshops included information regarding Y10 work experience which will take place between Tuesday 11th -Thursday 13th July 2023.

A letter has been sent home with your son/daughter for your attention.

Broadband set up

Have you set up appropriate settings on your broadband/Wi-Fi? Most broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your Wi-Fi will be protected by any controls you set up. Find out how to set yours up here:

Sky:

<https://www.sky.com/help/diagnostics/sky-broadband-buddy/sky-broadband-buddy>

BT:

<https://www.bt.com/help/security/how-to-keep-your-family-safe-online-with-bt-parental-controls-an>

Talk Talk:

<https://community.talktalk.co.uk/t5/Keeping-your-Family-Safe/bd-p/kfshub>

Virgin:

<https://www.virginmedia.com/broadband/parental-control>

Remember, children may have devices that use mobile data, so they won't always be connected to your wireless. Ensure you set up parental controls on these devices too.

Further information:

<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>

Test Your Internet Filter

SWGfL have created a tool to test your filtering to give you an indication that your broadband is blocking certain categories. Access it here: <http://testfiltering.com/>

Video Chatting

Does your child use a web cam or a device to video chat?

Video calls are a very popular way in which people connect with each other, this could be using Facetime on an iPhone, video calling in WhatsApp or perhaps livestreaming on social media as an example.

You should talk to your child about who they chat with and what they are sharing when they do. As with all apps and websites that your child accesses, make sure they know how to use any reporting tools and they know how to block other users if necessary.

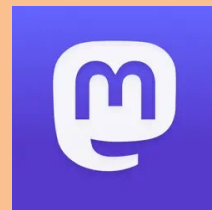
It is important that your child is aware that what they say and do whilst video chatting can be recorded and shared later without their knowledge.

Childnet have written this blog to help you learn more about video chat and webcams. It also contains tips on how to manage risks whilst online:

<https://www.childnet.com/help-and-advice/video-chat-and-webcams-parents/>



Mastodon



Mastodon is rated 17+ by the App store and Google Play. It is a social network that has gained popularity recently. It has limited parental controls so we would recommend finding out more about this platform. Internet Matters have produced this article: <https://www.internetmatters.org/hub/news-blogs/what-is-mastodon-social-media/>

WhatsApp

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages, voice notes, photos and videos.

What are the features of WhatsApp?

Group chats: One of the key features is the group chat function. Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. *If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group.*

In settings, you can change who can add your child to groups, for example, you can change it to 'my contacts', which means that only those in your child's contacts can add them to a group. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable. You can leave groups silently (only the admin will be notified).

Location sharing: you can share your location on WhatsApp. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report.

Online Bullying: WhatsApp has been used in instances of online bullying, e.g. to send nasty messages or share images of other children without their permission. It is important to have regular chats with your child about their online life and that they understand that they must talk to you or another trusted adult if they are being bullied. This is a helpful article from Family Lives, which talks about what to do if you are being bullied:
<https://www.familylives.org.uk/advice/bullying/cyberbullying/what-to-do-if-you-re-being-bullied-on-a-social-network>

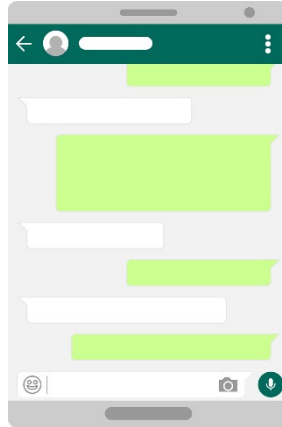
Disappearing messages: With disappearing messages, you can control how long a message can be seen for before it is deleted – 24 hours, 7 days or 90 days (once set, this will only work for new messages).

View once messages: when sending a photo or video, you can set it so it can only be viewed once by respondents. Screenshots are also blocked when using this function.

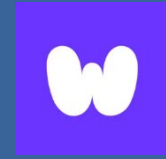
Choose who can see your profile pic and when you're online: In settings (privacy), you can choose who can and can't see when you're online and your profile pic. You can choose either Everyone, My Contacts, My Contacts except, and nobody.

Further information

<https://parentzone.org.uk/article/whatsapp>



Whizz – Make new Friends App



Whizz is a social networking platform and is rated for 'Teens' on the Google Play store and as 12+ on the App store. It is free to download but does have in-app purchases ranging from £0.89 to £44.99.

Users swipe through the app to find people who are currently online and who they would like to chat with. **Users will be chatting with strangers, which can present risks.** Internet Matters have produced advice around chatting with strangers here:

<https://www.internetmatters.org/connecting-safely-online/advice-for-parents/tackling-the-hard-stuff-on-social-media-to-support-young-people/chatting-to-strangers-online/>

Is YouTube safe?

The NSPCC have produced this article discussing the risks associated with using YouTube and the safety settings and features that are available depending on how old your child is and what they do on YouTube. You can access the article here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/how-to-keep-your-child-safe-on-youtube/>

TikTok refresh

Parent Zone have worked with TikTok to produce a series about safety when using TikTok. You can find out more here:

<https://parentzone.org.uk/article/tiktok>