

BROUGHTON

HIGH SCHOOL

Achieving Together

1st November 2021

Dear Parent/Guardian,

I hope you have all had a restful and healthy half term.

The last day of term saw our first rewards assemblies where pupils received certificates and prizes for their effort and achievement in class so far this year. Class teachers for every class in Year 7-11 nominated pupils for effort and achievement in their subject and there were Pastoral awards from Form Tutors, Heads of Year and the Headteacher awards. In total just over 1000 certificates were given out. 5 pupils were also lucky enough to find a 'Golden Ticket' underneath their chair in the assembly which allows them to go to the front of the dinner queue with a friend for the rest of this half term. The message to all pupils was 'well done' and to 'continue to give your best' every lesson every day.

Thank you to all parents of Year 7 pupils who participated in our 'Virtual' Year 7 Parents' Evening just before the break for half term. 'Attendance' was extremely high which highlights your commitment and willingness to be involved in your son/daughter's education. It is highly likely this 'virtual' format will continue to be the format for all parents' evenings throughout the year.

As the weather has become colder, a number of pupils sensibly choose to wear outdoor coats to and from school. May I remind you that our school uniform policy states that any coat must be either predominantly plain black or blue. Hoodies, fleeces and scarves have never been part of our uniform and they are not permitted.

If your son or daughter comes to school by bike, it will help if they are as highly visible as possible. Lights on a bicycle definitely help, as does the wearing of high visibility jackets or bands. If your son/daughter cycles to/from school, please remind them of the importance of road awareness and safety. Pupils must always pay attention to pedestrians and road users, and they should always stop and check for oncoming traffic at junctions. We want all pupils to arrive and depart safely.

The overwhelming majority of your sons and daughters arrive to school on time, ready for the beginning of the day at 8.40am. They look smart, alert and eager to learn. As all pupils know, if anyone arrives late they have to attend a 'same day' break detention. Punctuality is such an important lesson for life beyond Broughton and we are determined that everyone arrives to school on time.

We are still exploring the possibility of a late bus to service the areas of Catforth and Inskip. Thank you to the families who have expressed an interest in this service. If there are any other families that would utilise this service please can you let Mrs Sweeney know by email no later than this Friday, 5th November.

Headteacher: Mr David Botes

Please can I ask you to continue to be considerate to the community and residents around school when you are dropping off or picking up your son/daughter at the start and end of the school day. Please be mindful of other road users, cyclists and pedestrians. There have been times where parking on Woodplumpton Road has blocked the pavement so prams and wheelchairs have been unable to pass. Your continued support is greatly appreciated.

If you ever have any questions or concerns, please do not hesitate to make contact. My email is botesd@broughtonhigh.co.uk.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'D. Botes', written over a horizontal line.

Mr David Botes
Headteacher

Learn it CHALLENGE

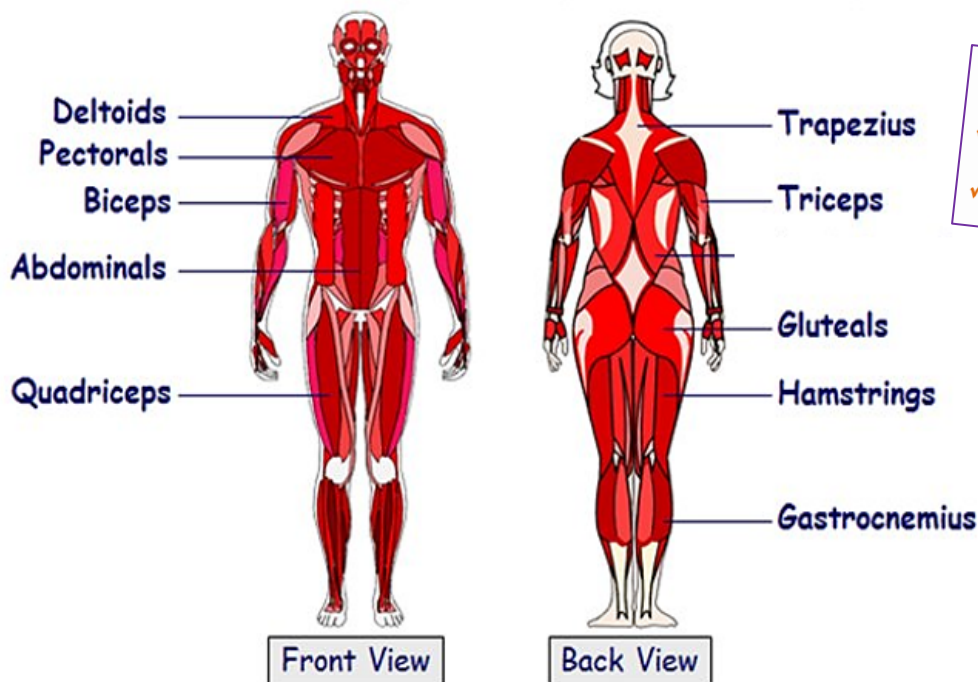
P.E.

Years 7, 8, 9


Learn the major muscle groups in the body.

You need to be able to **identify their name**
and **location in the body** (front/back of body).

These are the major voluntary muscles of the body...



- ✓ write them down
- ✓ say them out loud
- ✓ get someone to test you

Pupils in Years 7, 8 and 9 will be tested on these  facts, during form time this week.

Exams and Data Officer



We are looking to appoint a hard-working, conscientious and reliable person to be responsible for the efficient and effective running of the administration of all internal and external examinations within the school, including liaising with staff, pupils, invigilators and examination boards. The Exams and Data Officer will also be responsible for the overall management of pupil data and analysis of a range of data across the school.

Further details and application pack available on the school website:

[Exams and Data Officer - Application Pack](#)

If you would like to discuss any aspects of this post, please contact Mrs Janet Englishby, School Business Manager (englishbyj@broughtonhigh.co.uk or tel: 01772 863849).

Closing Date: 12.00 noon on Wednesday 3rd November 2021.
Interview Date: Monday 8th November 2021.

Attendance Update

These are the winning forms in each year group with the highest attendance. Well done!



YEAR 7 7N 98.06%



YEAR 8 8B 94.16%



YEAR 9 9R 90.57%

YEAR 10 10N 93.44%

YEAR 11 11H 90.69%



Miss Kouser

Hockey News

On Thursday 21st October, ten students from Years 8-10 umpired a very successful Preston Primary School Hockey tournament at UCLAN. There were two umpires on each of the four pitches, with two more pupils doing the central time keeping and recording scores. The girls were absolutely fantastic, they umpired the games confidently and demonstrated excellent communication and leadership skills. A credit to Broughton - well done!

Jessica Anderson, Grace Willingale, Alexandra Latham, Hannah Wilcock, Aebha Bayliss, Olivia Newman-Kirk, Lucy Mason, Alice Chapman, Nina Finley, Olivia White.



Mrs Rukin

SCHOOL SYNERGY
Doing the right thing...Making a difference!

Pupil Accounts on Synergy

We have now created accounts for all pupils in school so you can see your reward points, attendance and notices. Please try to log in this week. Click on the

Sign in with Microsoft 365

Use your school email address and school password once prompted to. **(Do not use the Email/Password boxes)**

Any questions please ask your tutor or Mr Brandwood

The login for use at home is:

<https://broughton.schoolsynergy.co.uk/>

Why not create a shortcut on your mobile phone home page.

Netball - Year 9 and Year 10

On Wednesday 20th October, the Year 9 and Year 10 netball teams played in their 4th fixture of the season against Archbishop Temple. The **Year 9 team** played two games and faced a very tough opposition in the first game but nonetheless work exceptionally hard throughout their match. In the second game, the team recomposed themselves and achieved their **3rd win of the season**.

Game 1 finished 12-0 to Archbishop temple in the league game, and 4-0 to Broughton in the friendly match. **Players of the match** were **Annabelle Cutting** and **Maizie Ginger**.

The **Year 10 team** gave an outstanding performance, **remaining undefeated across all four games in the league so far this season**. The team won their game an impressive 22-2!

Player of the match was awarded to **Grace Willingale**. The next match is on the 10th November at Corpus Christi.

Mrs Hough

PE Extra-Curricular

Girls' Activities

3pm to 4pm

Tuesday - Netball - Year 7 and 8

Wednesday - Badminton all years, Football Year 7-9

Thursday - Table tennis all years

Friday - Netball Years 9-11

Boys' Activities

November and December

All clubs will run from 3.10 to 4.15 except for the Year 7 football fixtures

Tuesday - Year 7 Basketball

Tuesday lunch - U14 basketball (Years 8/9)

Tuesday - U14 Basketball (Years 8/9)

Wednesday - U14 Table tennis (Years 7/8/9)

Wednesday - Year 7 Boys' Football fixtures for 4 x Wed evenings 7 v 7 A and B teams

Thursday - Year 7 Football Training

Thursday - All Years Badminton

Friday - U16 Table tennis (Y10/11)

Friday U16 Basketball (Y10/11)

WORD OF THE WEEK

delinquent: adjective

failing in or neglectful of a duty or obligation;
guilty of a misdeed or offence.

Example

She has been **delinquent** in paying her taxes.

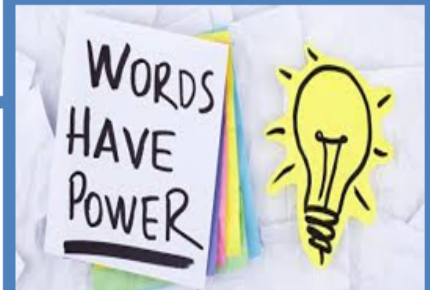
Synonyms

offending, criminal, slack.

Antonym

responsible.

SCHOOL SYNERGY



National
Careers
Service



Stage Manager

National
Careers
Service®



£18,000 - £45,000



Typical hours - 39 to 41 (a week)

You can get into this job through a university course, a college course or working towards this role.

Useful qualifications may include performing arts production, theatre practice or technical theatre.

You may be able to move into stage management after training as an actor. You could also work your way up if you have several years' experience as a backstage theatre technician.

0800 100 900

#AskNationalCareers



PRESTON
COLLEGE

YEAR 10 & 11
OPEN EVENTS

VISIT OUR CAMPUS
SPEAK TO TUTORS
SEE THE FACILITIES

DATES & TIMES

Wednesday 6th October
4-7pm

Saturday 6th November
10am-2pm

Wednesday 9th March
4-7pm

VISIT

www.preston.ac.uk

- > Register for events
- > Apply online
- > Get college updates



FURTHER EDUCATION
COLLEGE OF THE YEAR



Year 4 Primary Food lessons



It was a welcome return for the Year 4 Barton St Lawrence pupils over the last few weeks. Helped by various Year 8 pupils, they have planned and prepared several healthy and nutritious dishes. In their last lesson on 18th October, they also completed all the tasks expected in a food lesson at Broughton High school, including washing up. The Year 4 pupils were enthusiastic and demonstrated high level skills in food production. Well done!

Thank you to the Year 8 pupils who helped deliver the food lessons.

Mrs Newton





Kooth is a FREE, anonymous, confidential, safe, online Wellbeing service, offering professional support, information, and forums for children and young people.

Access 365 days a year to counsellors who are available from:
12 noon-10pm Monday- Friday
6pm-10pm Saturday and Sunday

Log on through **mobile**, **laptop** and **tablet**.

Kooth.com is commissioned for young people across Lancashire. It is commissioned by the Clinical Commissioning Groups (CCG). Kooth.com provides anonymous and personalised mental health support through self-help resources, peer forums and one to one text based counselling chats.

*Kooth is commissioned for young people in over 90% of England.

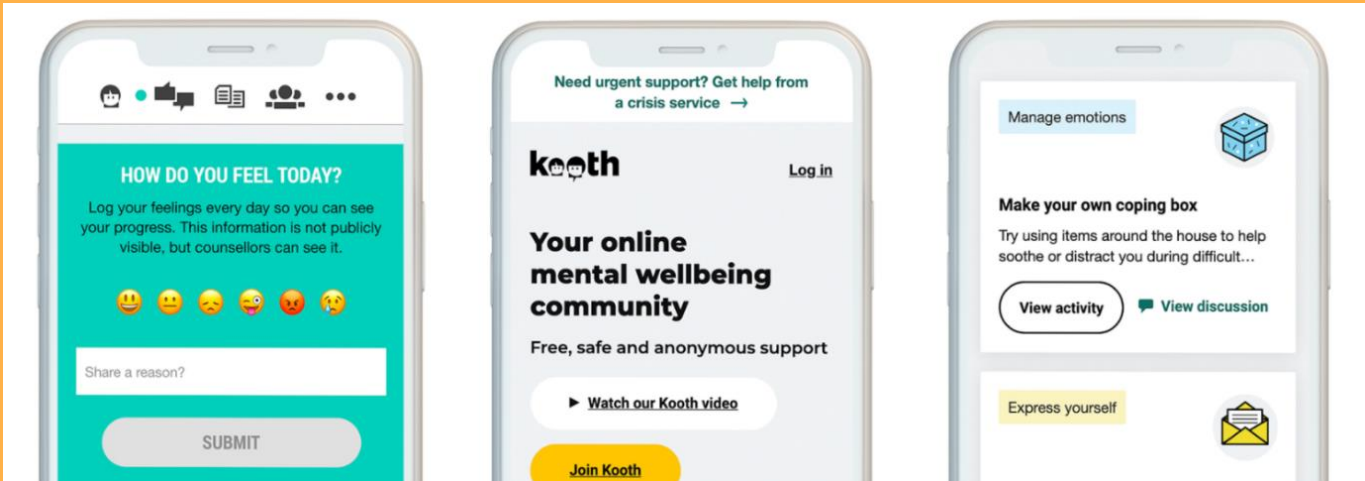
- BwD 10-18 (SEND and care leavers 25)
- Lancashire 10-16
- Cumbria 11-18

The session will help you to understand the signs and symptoms of stress and anxiety in your children, give some strategies to manage this and will help you understand what Kooth is and how it can support. There is the opportunity for Q & A.

To book on to one of the FREE sessions please contact your school, you will then be provided with a zoom link. The times and dates of sessions are as follows

Wednesday 10th November 6pm-7pm

Wednesday 1st December – 6pm – 7pm



Online Safety Newsletter

November 2021

Grand Theft Auto (GTA)



GTA is rated 18+ by PEGI (a couple of versions are rated 16+), this is largely because of bad language, violence, glamourisation of crime and the depiction of drugs. **GTA is not suitable for those under this age.**

What do I need to be aware of?

- Mature content
- In game chat
- In game spending – make sure your bank account details are not linked.

Call of Duty Mobile

There is also a mobile version of Call of Duty for Android and iOS devices. Find out more about this version here:
<https://www.net-aware.org.uk/networks/call-of-duty-mobile/>

It is important to talk to your child regularly about what they are playing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns.

What can we play instead?

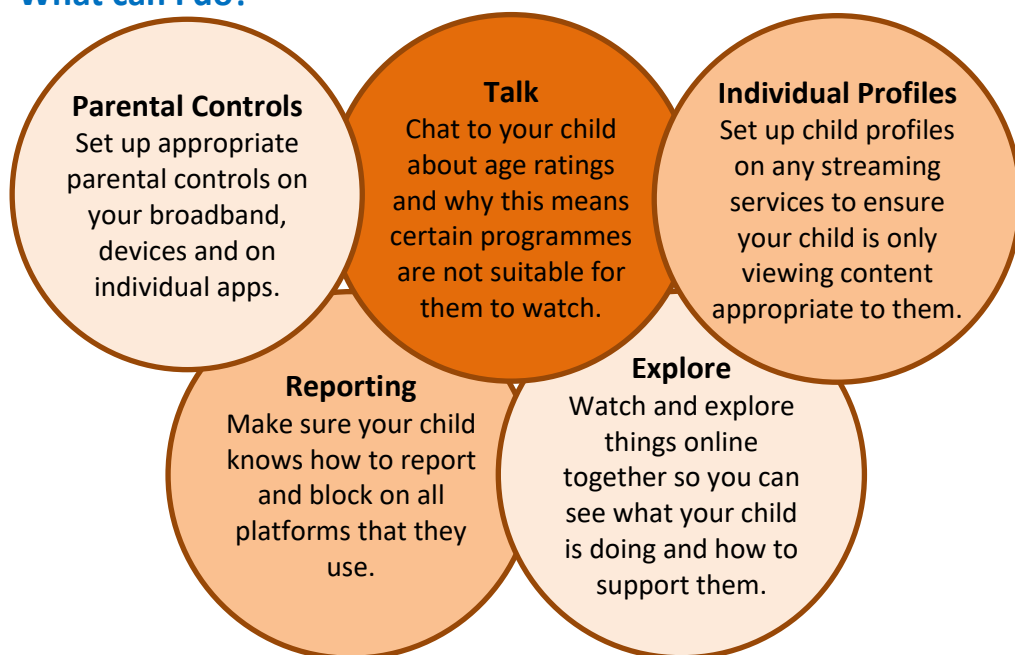
You can use this database to search for games based on your child's age:
<https://www.taminggaming.com/cgi-bin/taminggaming.cgi>

Squid Game – rated 15+

Have you heard of Squid Game? It's one of Netflix's latest releases about a group of people participating in a series of children's games in the hope of winning a large cash prize. It has been **rated 15** by the British Board of Film Classification (BBFC). The BBFC focus on helping you choose what is appropriate for your family to watch. You can find out why Squid Game has been rated 15 by visiting the BBFC: <https://www.bbfc.co.uk/release/squid-game-q29sbgvidglvbipwwc01mzm3ndg>.

Due to its current popularity, content from this show can be found on numerous other platforms such as YouTube, TikTok and Roblox, so your child may come across this show without even viewing it on Netflix. Content may range from trailers of the show or content that other people create such as memes, reenactments and games.

What can I do?



More information:

It is important to talk to your child regularly about what they are watching and ensure that they know they should always tell you or another trusted adult if they do see anything upsetting. You can find out more about the type of inappropriate content your child might come across online, how to deal with it and links to further support here:
<https://www.internetmatters.org/issues/inappropriate-content/learn-about-it/>

Your child's online life

There is so much that we can do online nowadays including playing games, chatting with others, watching TV or sharing our videos/photographs. Being online can be great but it's important that we set boundaries for our children to keep them safe whilst they explore being online, develop their digital resilience and understanding of what to do if anything negative happens when online.



So how can we help keep our children safe? We can start by checking age restrictions/ratings. **It's important that we follow these to ensure that what our children are doing or seeing online is appropriate for their age.**

Where can I find age ratings?

- **Films:** The British Board of Film Classification (BBFC) rate films. This page includes a link to a 'Parents' Guide to Age Ratings': <https://www.cbbfc.co.uk/resources/viewing-films-safely-online>.
- **Video games:** PEGI provides age classifications for video games. PEGI **considers the age suitability of a game, not the level of difficulty**. It is important to note that PEGI do not take into consideration user generated content within games (such as on Roblox) and the chat facilities within games.
- **Apps:** Check the individual age ratings within the relevant app store. We also recommend that you download any apps and play them yourself to check their suitability.
- **Social Media networks:** All social media networks have a minimum age rating; they are all at least 13+.

What else can I do?

- Explain the importance of age ratings to your child.
- Go online together and let your child show you what they are accessing online.
- Set up parental controls on your broadband, devices, consoles and on any individual apps that your child is using. This will reduce the chances of them accessing anything unsuitable as well as viewing inappropriate content for example whilst on YouTube.
- Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them about what they see online then they should tell you or another trusted adult.

What if my child has seen something inappropriate?

This is a useful article from Thinkuknow explaining what to do and who to contact if you have any concerns:

<https://www.thinkuknow.co.uk/parents/articles/what-to-do-if-your-child-has-seen-something-inappropriate-online/>

#AskTheAwkward

Do you need help talking to your secondary aged child about online relationships? #AskTheAwkward has been set up by Thinkuknow and features films and resources to help you start a conversation:

<https://www.thinkuknow.co.uk/parents/ask-the-awkward/>

How to spot scams

Do you know how to spot a scam email/text/phone call? This article details what you should do if you receive a scam email and provides guidance on how to spot a scam email:

<https://www.actionfraud.police.uk/scam-emails>

It's important to remember that your bank (or any other official source) should never ask you to supply personal information in an email. If you need to check, call them directly.

Further information

The National Cyber Security Centre provide guidance on how to deal with suspicious emails and text messages: <https://www.ncsc.gov.uk/guidance/suspicious-email-actions>

Anti-Bullying week: 15th – 19th Nov 2021

This year, the theme is One Kind Word. The Anti-Bullying Alliance have worked with Kidscape to develop a tool for parents and carers to help them support their children and bring Anti-Bullying Week to life. You can find out more here:

<https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>