

1<sup>st</sup> July 2022

Dear Parent/Guardian,

It has been an extremely busy week for our pupils in school and it has been a pleasure to see us being able to return to a number of school trips and social events after the pandemic.

Last Friday we held our Year 11 Leavers' Prom at Barton Manor Hotel. It was a wonderful opportunity for our pupils to celebrate leaving school in style. After some spectacular arrivals in every type of vehicle possible, from tractors to Lamborghinis, the pupils enjoyed a superb buffet and 3 hours on the dancefloor. They undoubtedly had a wonderful evening and again proved to be amazing ambassadors for Broughton High School.

On Monday we have invited our new Year 7 pupils to spend the day with us and experience what life is like at Broughton. We have the highest number ever joining us in Year 7 with 188 pupils in the Year group. There is an exciting day of learning planned for them and in the evening we will be inviting their parents and guardians back to school to meet form tutors, Mrs Higham who will be their Head of Year and members of SLT and support staff who will be working closely with the year group. We are all looking forward to welcoming our new families to the school next week.

On Thursday we held our first 'Governor Open Day' since the pandemic where we welcomed 8 members of the governing body who joined us for a pupil tour of the school, a meeting with the school council, breaktime walks with SLT and a meeting with members of staff. The feedback they shared at the end of the day was overwhelmingly positive about the learning atmosphere around school, the calmness in classrooms and the politeness and manners of our pupils. They told us that the pupils were clearly proud of their school and knew our school very well. Well done to the following pupils who conducted the tours with members of the governing body:

Henry Mason 7B Annabel Cooke 7B Sara Adam 7C Arthur Freye 7C Megan Gates 7H Sam Newell 7N Zain Mal 7R Natasha Hamilton-Thorpe 7R George Brame 7S Safa Shah 7S

A special mention also to Felix Goodwin, Cameron Whalley and Fatimah Adam for their confident public speaking in the governor pupil council meeting. Well done!

This evening 40 of our pupils will be returning from London as our annual Science Trip returns to school. Leaving early on Thursday morning, the pupils have visited the Natural History Museum, The Science Museum and then the Lyceum Theatre to see the Lion King show. I know the pupils will have had an amazing time. Thank you to all the staff involved for organising and supervising the trip. We have also started the year group rewards trips this week with two year groups travelling to Blackpool Pleasure Beach. Again, the pupils had an amazing time and behaved impeccably.

I am continually impressed by the pupils here at Broughton High School and the way they conduct themselves throughout the school day. Thank you, as always, for your ongoing support.

Key dates:

Monday 4 <sup>th</sup> July Induction Day and Induction Evening at	
Monday 4 <sup>th</sup> July Year 7 Reward Trip to Blackpool Pleasur	re Beach
Tuesday 5 <sup>th</sup> July Year 10 Newman College Sample Day	
Friday 8 <sup>th</sup> July Year 10 - Careers Event - Mock Interview	WS
Friday 8 <sup>th</sup> July Girls' Interform Football Tournament	
Monday 11 <sup>th</sup> July Boys' Interform Football Tournament	
Tuesday 12 <sup>th</sup> July Year 10 Reward Trip to Blackpool Pleasu	ure Beach
Friday 15 <sup>th</sup> July Rewards Assemblies	
Tuesday 19th JulySchool closes for Summer at 1.00pm	

If you ever have any concerns or issues, or if you want to let me know about your child's successes or where you have been really pleased about a situation in school please let me know. My email is <a href="https://www.bound.co.uk">botesd@broughtonhigh.co.uk</a>.

Yours sincerely,

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Mr David Botes Headteacher

# BROUGHTON

### HIGH SCHOOL

Newsletter No 36

1<sup>st</sup> July 2022





### **Football Tournament**

On Friday 24<sup>th</sup> June, eight pupils represented the school in a Football Tournament and Christ the King. During the afternoon pupils participated in four small sided football games where they had the opportunity to improve their teamwork and tactics.

In the first game, Broughton lost 3-0, however in the following three games they didn't concede a goal. They **finished 2<sup>nd</sup> overall**! Well done to all pupils who were involved. It was fantastic to see all pupils improve throughout the afternoon.



**Mrs Hough** 

### **EUFA Women's Euros 2022**

In celebration of the EUFA Women's Euros 2022, beginning on July 6<sup>th</sup> and being hosted in England, we are running an interform football competition for both boys and girls. Teams will be 7-a-side, with roll on roll off substitutions and we would like to encourage as many pupils as possible to get involved. **Pupils can come to school in PE kit for the day**, and the timetable of both days will be as follows:

### Friday 8<sup>th</sup> July = girls' interform

Period 1- Year 8 Period 2- Year 9 Period 4- Year 7 Period 5- Year 10

### Monday 11<sup>th</sup> July = boys' interform

Period 1- Year 8 Period 2- Year 9 Period 3- Year 10 Period 4- Year 7

Please encourage your son/daughter to get involved, and to support England by watching their matches on TV- every England and Northern Ireland game will be shown live on BBC1.

Let's hope the lovely British weather is kind to us on those dates, and good luck to all forms!

**Mrs Rukin** 

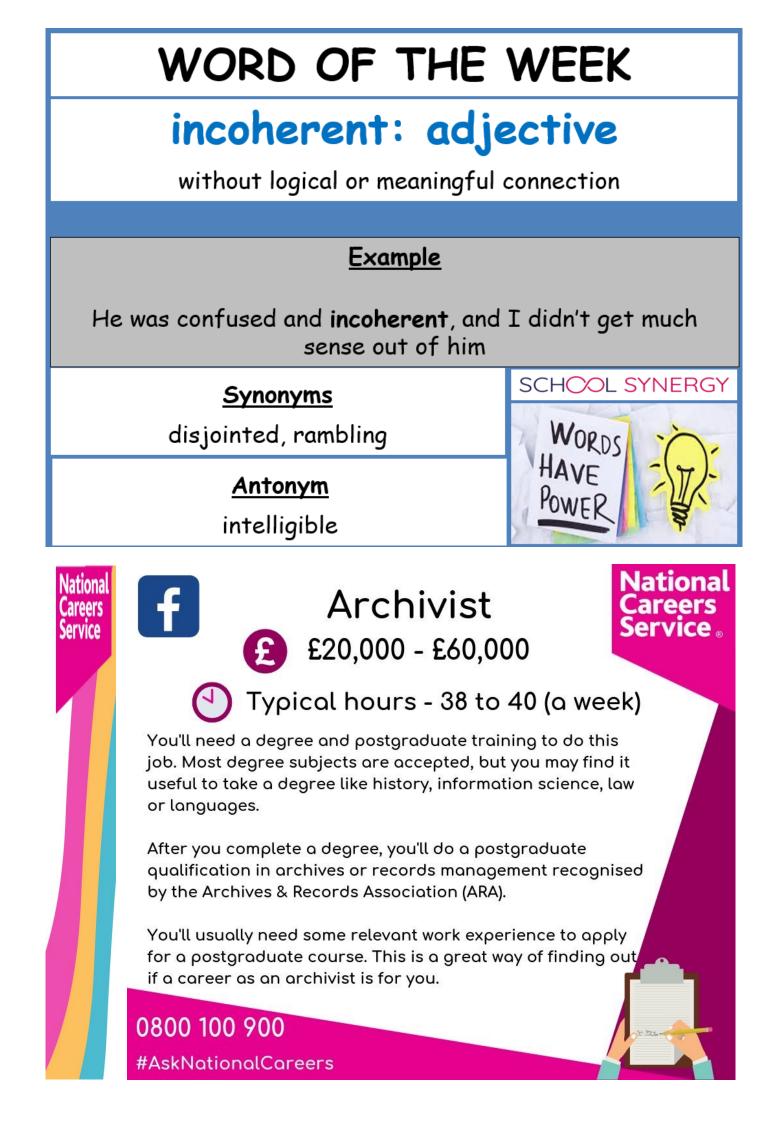
### Year 10 Mock Interviews

All Year 10 Pupils will take part in the mock interviews on **Friday 8<sup>th</sup> July**. They have received an assembly to give them some information about what will happen and to start them thinking about what they may be asked and how to answer and generally present themselves at their interview.

Each pupil will receive a feedback sheet by the end of the following week. Why not ask you child to share theirs with you? Or even practice some questions in preparation?

I am sure that everyone involved will find it a useful experience. Good luck Year 10.

**Mrs Donleavy** 



### Wellbeing Wednesday

This week is all about **music and wellbeing**.

Listening, dancing, singing and playing an instrument can be great therapy.

Music in general can:

- Reduce stress
- Improve mood
- Promote wellness
- Express feelings
- Improve communication

At home why not try sharing your favourite music/song and artists with each other experience something new in the music world. Talk about your connection with songs - memories - feelings around them.

Maybe try to create your own play list for the day.

WAKE UP GOALS/ MOTIVATION RELAXING AT HOME WITH OTHERS BEDTIME

GO AND FIND YOUR OWN RHYTHM AND CREATE YOUR OWN MUSIC  $\varpi_{\mathfrak{M}} \mathscr{P}$ 

### Mrs Law - Roots Counselling

### **Careers Sessions**

For further information click this link to details of opportunities available:

### https://futurechef.uk.net/careers/



Providing industry relevant careers information and pathway support for chef roles and careers in the kitchen





Sophie E, Phoebe, Saarah, Matilda, Poppy, Isabel, Leila, Sophie J, Anoosha & Ahad.

# **Y9 Pop Art Food Sculptures**





Amber, Haris, Samara, Evie A, Keira, Tushar, & Evie L.,

Y9 Artists have completed their final KS3 Art project: Pop Art Food Sculptures. Inspired by Swedish/American Artist, Claes Oldenburg, Y9s gathered their own source images then planned, built and painted these 3D pieces on theme of 'Cakes, Pies & Puddings' and look forward to displaying them in the newly refurbished art rooms in September.

Ava, Kaitlynn, Imogen, Fatimah, Tobi & Finlay.





July 2022

# Online Safety Newsletter

### TikTok

You must be over 13 years of age to use TikTok. Some of the videos on TikTok may contain explicit language and sexual imagery, which may not be suitable for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure the appropriate security/privacy settings are on.

We recommend setting the account as private (this is the default setting for users under 16 since Jan 2021). Even with a private account, your child's profile information such as their photo are still visible so ensure your child understands the importance of not adding personal information (e.g. location, age and phone numbers) to this area. This article explains how you can strengthen your privacy settings and what features are turned off by default for accounts for children aged 13 – 15: <u>https://newsroom.tiktok.com/enus/strengthening-privacy-and-safety-foryouth</u>

### **Family Pairing**

This allows you to link your own account to your child's account. You can then set controls such as restricted mode (limit the appearance of inappropriate content) and screen time management. You can find out more here:

https://www.tiktok.com/safety/en/guardi ans-guide/

### **Blocking and Reporting**

Ensure your child knows how to use these features.

### Bullying on TikTok

Make sure your child knows that help is always available. This article makes suggestions on appropriate settings as well as how to deal with bullying: <u>https://www.tiktok.com/safety/en-</u> <u>sg/bullying-prevention/</u>

### **WhatsApp**

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages and videos.



### Group chats: One of the key features is that

WhatsApp has a group chat function that are set up by one person (the admin). Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. *If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group.* 

In settings, you can change who can add your child to groups, for example, you can change it to 'my contacts', which means that only those in your child's contacts can add them to a group. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable.

**Location sharing:** If switched on, then when you share images/videos, it will show the location of where they were taken. This can be switched off in your phone settings. There is also a Live Location feature which allows you to share your location. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report.

**Online Bullying:** WhatsApp has been used in instances of online bullying, e.g. to send nasty messages or share images of other children without their permission. It is important to have regular chats with your child about their online life and that they understand that they must talk to you or another trusted adult if they are being bullied. This is a helpful article from BullyingUK, which talks about what to do if you are being bullied: <u>https://www.bullying.co.uk/cyberbullying/what-to-do-if-you-rebeing-bullied-on-a-social-network/</u>

**Be Kind:** How we behave online should be the same as how we behave face to face. This YouTube video from Dr Linda Papadopoulos tells us how we can encourage our children to be kind online: https://www.youtube.com/watch?v=1BqKi3J7g6Q

### **Further information**

https://www.whatsapp.com/safety/

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 1.07.22.

## Sendit

Have you heard of Sendit? It allows users to play games together and links with Snapchat. Although rated as 12+ by the App store, **Sendit state on their website that the app was made for 17+**. If you know that your child is using this app then you can contact Sendit to ask them to disable their account. The app does contain in-app purchases ranging from £0.89 to £25.99 so ensure payment details are not stored/accessible on your child's device to avoid unexpected bills.

### **Further information**

https://www.getsendit.com/parents

# Online Challenges/hoaxes

"The internet and social media provide a perfect platform for hoaxes, especially hoaxes about challenges or trends that are said to be harmful to children and young people to be spread quickly. You should carefully consider if a challenge or scare story is a hoax. Generally speaking, naming an online hoax and providing direct warnings is not helpful. Concerns are



often fuelled by unhelpful publicity, usually generated on social media, and may not be based on confirmed or factual occurrences or any real risk to children and young people."

https://www.gov.uk/government/publications/harmful-online-challenges-and-onlinehoaxes/harmful-online-challenges-and-online-hoaxes [Accessed 27.6.22].

### Reassure your child that challenges that suggest that bad stuff will happen if they do not complete the tasks are not real.

It is important to talk to your child about hoaxes and challenges that may appear on the internet. Some challenges are fun and provide no risk, however there will be challenges that are risky/dangerous. Your child may see others complete certain challenges online without being harmed and therefore may want to repeat them **and not weigh up the potential risks to themselves**. Make sure they know that they should talk to you about what they see online, particularly if they plan to try a challenge or if something scares or upsets them.

The following links will provide you with further information as well as content to help you talk to your child:

- <u>https://www.thinkuknow.co.uk/parents/articles/theres-a-viral-scare-online-what-should-i-do/</u>
- TikTok have produced this resource to help you talk to your child about challenges and the potential risks: https://www.tiktok.com/safety/en-sg/online-challenges/.

### YouTube

YouTube is intended for users over the age of 13, however the App store rates YouTube as 17+ due to the content that can be found on there.

### How can I make YouTube safer?

- Turn on Restricted mode as this restricts the availability of mature content. You will need to set up a Google account to do this.

Explore YouTube together and see what they like to watch. Make sure your child understands that they can talk to you if they see anything that makes them feel uncomfortable online.
Ensure your child knows how to report inappropriate content.

### YouTube Kids

YouTube recommends that **YouTube Kids** is used for children under the age of 13. Find out more here: <u>https://support.google.com/youtubekid</u> <u>s/answer/6172308?hl=en-GB</u>

### Posting videos

You should be over 13 years of age to post videos. Talk to your child about posting videos, do they understand what information they should keep private? Check out these tips: <u>https://support.google.com/youtube/a</u> <u>nswer/2802244?hl=en-GB</u>

### Screen time

We often spend too much time online, so it is important to set limits to ensure a balance between being online and offline. It is recommended that devices are switched off prior to bedtime and not left in their bedroom. You can read more about screen time based on your child's age from Internet Matters: <u>https://www.internetmatters.org/issue</u> <u>s/screen-time/</u>

### Comments

If you see an inappropriate comment, then remember to report it. You can also turn off comments on videos that you post.

#### **Further information**

Access the social media hub set up by Internet Matters here: <u>https://www.internetmatters.org/resou</u> <u>rces/social-media-advice-hub/</u>