



17th June 2022

Dear Parent/Guardian,

As we come towards the conclusion of the end of year exams it is important to congratulate the pupils on both their preparation and hard work to ensure they have been able to showcase what they have been working on this year in their subjects. There has clearly been a real commitment to revision and I am confident that the end of year reports will highlight the strong progress your children have made this year.

Please can I remind parents of our policy regarding holidays taken during term time. I am aware that families have had a number of holidays unavoidably re-arranged due to Covid, but in line with both the school policy and the Lancashire County Council policy, all holidays taken during term time will be coded as unauthorised.

Staff have been visiting our new Year 7 pupils at their primary schools over the last two weeks. It has been wonderful to meet so many polite and well-mannered pupils who are excited about joining us at Broughton High School next year. We will be welcoming them all in to school on Monday 4th July for their induction day. We have also had a number of primary school visits to Broughton over the last two weeks. Children from St Peter's and Broughton Primary School have visited to take part in our Drama workshops with Mrs Fahey and her pupils and experience a 'Master Chef' afternoon with Mrs Newton, Mrs Biscomb and their team of pupil ambassadors.

Today, over 40 of our pupils have been selected to be part of a 'Meet the Author Day' being held at UCLAN. It was a wonderful opportunity to meet a number of authors and listen to extracts of their books. The pupils chosen really enjoyed themselves and had a wonderful day. They were a real credit to the school in every way.

On Tuesday, I met with Mr Andy Pratt who is the Deputy Police and Crime Commissioner for Lancashire Police Road Safety. After completing some 'Road Safety' work with pupils at Bowland High School he is keen to work with pupils at Broughton High School and members of the Parish Council regarding road safety, parking and speeding in the village of Broughton, starting in September. We will be offering this opportunity to members of our current Year 9 cohort. More information to follow in September.

Congratulations to all members of our U13 athletics team who represented Lancashire on Monday at the Regional Finals. An amazing effort to win the Preston Schools tournament and then win the Lancashire Schools tournament and to compete at the highest regional level and score so highly. Well done to all involved.

As the weather is warming up it is important to ensure that the children remain hydrated in school. Please ensure your child has a water bottle which can be refilled at breaks and lunch times in both our dining areas.

If you ever have any questions or concerns, please do not hesitate to make contact. My email is botesd@broughtonhigh.co.uk.

Yours sincerely,

Mr David Botes
Headteacher

Headteacher: Mr David Botes

English Schools North West Athletics Finals

This week the Boys U13 Athletics team travelled to Manchester for the North West Finals of the English Schools Athletics Championships.

The team had performed fantastically in the previous round and our goal was to improve our overall points score as a team.

The winning schools from each of the eight regional finals would progress onto the National Finals.

The team were an absolute credit on the day with more school records and PBs being broken by our athletes.



Isaac Allen kick started the day **posting the fastest time in the North West** of 12.6s for his 80m Hurdles from 22 schools and 44 boys competing in the competition. With twin brother **Austin Allen** the 2nd fastest 200m with a time of 25.8s.

Janesh Rathod took almost 2 seconds off his PB in the 300m running it in 43.6s and **Hugh Smith** beat his own new school 800m record set in the previous round. Dropping from 2m.22s to 2m.17.7s. This was again **the fastest time set in the North West competition.**

There were some good performances in the field at Shot, Discus and Javelin as well as within the High Jump. Where improvements were made on previous scores by at least one athlete.

Overall, Broughton finished second to an outstanding St Anselm's team who won the competition with 476pts. However, despite not progressing to the National Final we did meet our objective and scored 386pts compared to the 379pts in the previous round.

Congratulations and thank you to all the athletes who took part. **We now go onto the Preston City Athletics Competition on the 22nd June.**

Team: **Isaac Allen, Austin Allen, Tom Irwin, Rammell Laurent, Janesh Rathod, Oliver Blackwell, Charlie Hewitt, Harry Lonsdale, William Jones, Sean O'Regan, Reuben Watson, Riley Stansfield, Lewis Nelson, Hugh Smith.**

Mr Marquis

Tennis - U15 Boys

The U15 boys' tennis team continued their success in the Aegon competition, winning the final game in their league against Bury Grammar School 5-1. After finishing top of the league, they then progressed to the semi-final against Westholme. Despite a positive start on our part, Westholme grew into the game and finished overall winners with a score of 4 games to 2. Well done to the four boys involved; not only was I impressed with the standard of tennis on show but I felt incredibly proud of the way the boys conducted themselves on court, something that was acknowledged by a couple of the opposing teams' teachers. Team: **Sam Gooch, Lucas Proctor, Joe Nicholson, Tom Eddleston.**



Mr Bailey

Digital Parenting Guide

Please find attached a link the Digital Parenting Guide - a family's guide to a smart life with technology, to enable a happier, safer, digital life.

[vodafone_digital_parenting.pdf](https://www.vodafone.co.uk/digitalparenting)

Mrs Boardman



Drama welcome pupils from Broughton Primary School

Last week, Year 8 Drama classes were delighted to welcome Years 4, 5 and 6 from Broughton Primary School into their lessons.

The Year 8 pupils performed 'Cinderella' for the primary pupils and then invited them to join in with the dance at the ball and the final scene.

The pupil participation was excellent as were the performances. Well done to everyone involved.

Mrs Fahey and Miss Breakspere



Year 10 Pupil Mock Interviews

Interviewers wanted!

As mentioned in a previous newsletter, I am planning to run mock interviews for all 180 Year 10 pupils on Friday 8th July and am looking for a **number of volunteers to help interview the Year 10 pupils**. All questions and resources will be provided.



**Thank you to the parents that have already volunteered
- it is much appreciated.**

However for the event to go ahead I do need a number more.

If you could spare some time between **8:50am and 12:20pm on Friday 8th July** then I would love to hear from you. If you would like to find out more information or volunteer then please contact me at donleavyp@broughtonhigh.co.uk.

Mrs Donleavy

Wellbeing Wednesday

Healthy Body
&
Healthy Mind

This week is about **Self-Compassion** and **Self Esteem**.

Currently lots of pupils are taking exams and tests in school. Please take a moment to check in in with your children, give some positive boosts and maybe even a hug!

A SIMPLE HUG CAN BE VERY POWERFUL. IT HAS THE ABILITY TO REDUCE STRESS, CURE SADNESS AND HEAL A WOUND.

Mrs Law - Roots Counselling

Preston Primary Schools Sports Festival

On Tuesday, we had 14 pupils helping out at Preston Primary Schools Sports Festival. The event ran at UCLAN and involved all the primary schools in Preston competing across several sports. We provided umpires for tennis and hockey; the pupils umpiring were responsible for not only officiating the event but also for organising the teams, recording scores and time keeping. Our pupils did a fantastic job, so much so that I have received an email from a primary school teacher praising them and saying what a brilliant job they did. They were a credit to Broughton; well done to all involved!

Tennis Umpires

Katie Parker
William Gooch
Annabel Ager

Alex Latham
Matilda Macleod
Thea Gleave

Olivia Hatton
Oliver Bunker

Hockey Umpires

Olivia Newman Kirk
Aebha Bayliss

Alice Chapman
Hannah Wilcock

Nina Finley
Tabitha Lamoury

Mrs Rukin

AEGON Schools Team Tennis

Congratulations to the U13 Tennis who have qualified to the County Division 2 Team Tennis Finals, after beating AKS in the semi.

This was a really close rubber that could not be split. After four singles sets and two doubles sets, the scores were tied at three sets all. This meant we had to play a doubles shoot out, first pair to 10 points. With the doubles pairings being split from the previous two sets.

The pressure fell on **Sam Willingale** and **William Gooch**. After going down 2-1 the game could still not be split at 6-6 and you could cut the tension with a knife.

The Broughton pair held their nerve, stuck to their tactics and hit the ball true and hard and won the next four points to win the shoot-out 10-6 and the match.

We now play Stonyhurst in the final. Good luck.

Team: **Oliver Bunker, Sam Willingale, William Gooch, Hayyan Shahid.**

Mr Marquis



Preston Schools Year 9 and 10 Rounders Tournament



The Preston Schools Year 9 and 10 Rounders Tournament was held at Longridge High School and St Cecilia's on Wednesday 15th June. This was the first rounders event since summer 2019, only the second ever rounders tournament for Year 10 and the first ever competitive rounders event for Year 9.

The Year 9 team performed exceptionally well, scoring more rounders than any other school in the Year 9 tournament! There were outstanding performances by all pupils. Throughout the tournament the girls demonstrated excellent team spirit, especially in some very close games. In each game the team got better and better, building their tactics and becoming a much more effective fielding side. **The team finished 4th overall in Preston!**

The Year 10 team dominated in their tournament, bowling the opposition out in each game and barely conceding any rounders. Their performance was outstanding with phenomenal catches made by **Amelia Rose Battersby** and **Cerys Allen** to get numerous players out. **Emilia Vickers** was on fire with her batting, scoring countless rounders. In their final rounders tournament of school, they were a credit to the school and to themselves.

Well done to both teams who competed with true Broughton spirit!

Mrs Hough and Miss Hunter

North West Regional Athletics Final

On Wednesday 15th June, we returned to Stanley Park for our North West Regional final with Junior Girls and Inter Boys teams.

All pupils were, as always, a credit to Broughton High School and we saw some excellent performances on both the track and the field! Please see full list of results below.



Mrs Lupton

Junior Girls

5 : 283pts : Broughton High School, Lancashire

100m	13.8s = 21pts	Alex Latham
	14.5s = 14pts	Isabelle Harrop
200m	27.8s = 25pts	Olivia Rankin
	31.2s = 14pts	Mia Murphy
300m	48.9s = 15pts	Darcy Hawthorn
800m	3m05.0s = 16pts	Katie Parker
	3m10.0s = 14pts	Daisy Lee
1500m	5m58.0s = 20pts	Molly Taylor
	5m43.0s = 22pts	Sophie Mitchell
Hurdles	16.3s = 10pts	Olivia Newman-Kirk
	17.0s = 7pts	Aurelia Rostron
Relay	61.6s = 16pts = 0pts	
High Jump	1.18m = 13pts	Darcy Hawthorn
	1.12m = 11pts	Elysia Ingham
Shot	5.80m = 11pts 5.04m = 8pts	Olivia Newman-Kirk Daisy Lee
Discus	11.90m = 9pts	Katie Parker
	13.59m = 11pts	Isabelle Harrop
Javelin	17.41m = 16pts	Alex Latham
	13.33m = 10pts	Olivia Rankin

Inter Boys

9 : 296pts : Broughton High School, Lancashire

100m	12.3s = 20pts	Josh Hall
	12.7s = 16pts	Tom Aldridge
200m	26.7s = 15pts	Sha'E Wolstenholme
	27.2s = 13pts	Joe Nicholson
300m	42.6s = 15pts	Bobby Shorrocks
	45.5s = 9pts	Elliott Palmer
800m	2m24.0s = 18pts	Antonio Leeming
	2m30.0s = 16pts	Steven Shipsides
1500m	dnf = 0pts	Alex Grandidge
	4m56.0s = 18pts	Oliver Wilcock
Hurdles	12.8s = 21pts	Mason Molloy
	13.0s = 20pts	Medhansh Nandwana
Relay	52.3s = 17pts = 0pts	
High Jump	1.40m = 12pts	Mason Molloy
	1.30m = 9pts	Medhansh Nandwana
Long Jump	4.44m = 9pts	Josh Hall
	3.35m = 0pts	Sha'E Wolstenholme
Triple Jump	9.30m = 8pts	Steven Shipsides
	9.53m = 9pts	Pele Smith
Shot	8.28m = 10pts	Joe Nicholson
	8.84m = 12pts	Elliott Palmer
Discus	16.87m = 8pts	Alex Grandidge
	22.28m = 13pts	Tom Aldridge
Javelin	14.52m = 3pts	Henry Woodall
	17.99m = 5pts	Bobby Shorrocks



Water Safety

During the school holidays, and in particular in hot weather, increasing numbers of children are drowning. On average, there are 50 of these tragedies each year in the UK.

Keep reading to see our top tips on how to stay safe around open water.

Please be safe in or near water

Water Safety – The situation





- With temperatures soaring in the UK over next few days and the summer months ahead, it's important to recognise that UK waters are still cold ... so the weather might be hot, but the water is not and this is when we sadly see lives lost through cold water shock. Here the body is unable to adjust quickly enough to the temperature of the water and becomes weak very quickly, which can lead to tragedy.

Water Safety – Know the dangers

- As well as cold water shock there could be hazards underwater - shallow/hidden rocks or debris which could lead to life changing injuries. The water quality - in many areas, particularly unsupervised places which haven't been risk assessed, is unlikely to be very good quality and could cause life threatening illnesses.
- Many areas of open water are in remote locations. If help is needed phone signals may be poor and help is likely to take longer to arrive than normal - don't take this risk.

Water Safety – Use the water safely

- Stick together and tell someone where you are going. This includes dog walkers, cyclists, joggers and anglers who often do these activities alone and don't intend to go in the water in the first place – Do you know where your loved ones are?
- It is best to only swim in open water as part of an organised group where help will be on hand.
- If someone is in trouble in open water, don't panic as this will quickly reduce strength. Instead try to float on your back like a starfish - float to live.
- If help is needed call 999 and ask for the Fire Service if inland and for the Coastguard if by the sea.

 <p>The water is often far deeper than people think.</p>	 <p>It's very cold, and can quickly cause cramp and breathing difficulties.</p>	 <p>There may be hidden dangers</p> <p>It may contain hidden rubbish and debris such as shopping trolleys and broken glass which can cause injuries and drowning.</p>	 <p>Waters could be polluted</p> <p>Sometimes it can be polluted and makes them very ill.</p>
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Year 8 (Age 12-13) Get Ahead Summer School (FREE Event)

2 - 4 August 2022 (10am-3pm), UCLan Preston Campus

Get Ahead at UCLan is an exciting opportunity for current Year 8 students (age 12-13) who want to take part in free taster workshops. Our UCLan academics are hosting a range of sessions on topics such as Fashion, Forensics and Creative Technology! So, what is involved?

We won't give too much away but here's an idea of what you can expect:

Forensics - 2 August

Come along and experience what it would be like to work in a forensics lab, investigating a fictional murder. You will carry out experiments to process evidence from the crime scene and get a great introduction to forensic analysis.

Fashion - 3 August

Young people will be exploring various fashion illustration styles and embroidery techniques throughout the session, developing artwork to be printed on to canvas tote bags.

Creative Technology - 4 August

Our workshop aims to explore the current landscape of connected toys, the privacy and security issues and the role of digital toys within play. We will generate ideas to prototype new toys, using a blend of physical and digital materials. Learn how to use music, coding, maths and physics to create a magical aura. Creativity will meet soft and tech-skill development, boost resilience, foster teamwork, and make a lot of music.

Who can take part?

We are keen that this programme reaches the right pupils. We have limited places available so it will be first come, first served if you meet the below criteria. UCLan is offering this Summer School as part of our effort to widen participation in higher education. As such, we are required to work with certain groups of pupils.

The pupils who take part in this programme must be from one of the following groups:

- Live in a low HE-participation neighbourhood (POLAR4 Q1 or Q2) Check here: [Search by postcode - Office for Students](#)
- Live in an area of high deprivation (IMD D1-4) Check here: [English indices of deprivation 2019: Postcode Lookup](#) [opendatacommunities.org](#)
- Eligible for pupil premium responsibilities
- Would be the first in their immediate family to go to university
- Looked after children or care-leavers
- Have caring responsibilities
- Forced migrants
- Have a disability
- Gypsy Roma Traveller background
- Are from a military family

Book for Forensics
2 August

Book for Fashion
3 August

Book for Creative Tech
4 August

For further information please contact the Widening Participation Team WParticipation@uclan.ac.uk

WORD OF THE WEEK

lassitude: noun

weariness of body or mind from strain, oppressive climate etc.

Example

After the long race, she experienced a feeling of lassitude.

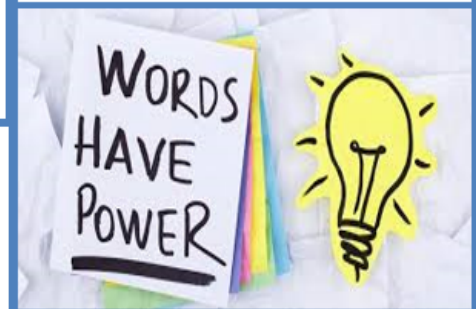
Synonyms

Lack of energy, listlessness, languor

Antonym

action

SCHOOL SYNERGY



National
Careers
Service

IT Support Technician

National
Careers
Service

£ £16,000-£35,000 per year

🕒 35-40 hours per week on average

You could take a college course in computing or IT support, like a:

Level 2 Certificate in ICT Systems Support

Level 3 Diploma in ICT Professional Competence



You may need:

2 or more GCSEs at grades 9 to 3 (A* to D) for a level 2 course

4 or 5 GCSEs at grades 9 to 4 (A* to C) for a level 3 course



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