

6th May 2022

Dear Parent/Guardian,

I hope you all managed to enjoy the shorter working week this week and the Bank Holiday Monday.

Our Year 10 Duke of Edinburgh cohort departed this morning on their final expedition and overnight camp to Waddow Hall in Whalley. As well as the two days of walking and navigation the pupils will be assessed on their ability to cook and prepare meals, put a tent up and work as a team to survive their expedition. Good luck to them all!

I was again overwhelmed by the huge amount of applications for Head Boy and Head Girl that we received this year. I know we will have a very difficult time appointing the successful candidates when we interview on the 16th and 17th May. Candidates will be asked to perform a brief presentation to the interviewing panel and then face a number of questions. Good luck to all involved. I will let you know, through the newsletter, who the successful candidates are.

This week we have been visited by pupils from Harris Primary School. They spent the afternoon with Mrs Newton and her team of 'Pupil Chefs' creating some wonderful culinary delights to take home for their parents. It was wonderful to see our pupils working with the younger children and guiding and supporting them in their cooking experiences. Some real leadership qualities on display.

A reminder that we have a number of teams playing at Deepdale in the Preston Schools' Cup Finals, this Sunday 8th May. The kick off times are below. Everyone is more than welcome to come and support our pupils at this very prestigious cup final event (£2 per spectator).

9.00 - 9.30am	U12 Girls	Archbishop Temple v Broughton High	Melissa Smith Shield
9.40 - 10.40am	U14 Girls	Longridge High v Broughton High	Dixon Cup
13.10 - 14.10pm	U14 Boys	Longridge High v Broughton High	William Dawson Cup
15.30 - 16.30pm	U16 Boys	Longridge High/Archbishop Temple v Broughton	Lucas Shield

Thank you for your continued support in ensuring that the uniform at Broughton High School is worn correctly at all times by all pupils. Please can I remind you that the Broughton uniform is as follows:

- Navy School Blazer with logo
- School tie
- Navy V neck jumper with green piping and school logo (optional)
- Coats need to be plain black or blue.

- Plain white blouse with stiffened collar (not fitted)
- Navy pleated knee-length skirt with logo or
- Navy school trousers with logo
- Plain navy or black tights or plain navy socks
- No leggings or socks over tights
- Sensible plain black shoes, not canvas, no trainers, no logos (heel not to exceed 5cms)

- Plain white shirt with stiffened collar (not fitted)
- Grey trousers with logo
- Plain black or grey socks
- Sensible plain black shoes, not canvas, no trainers, no logos

Headteacher: Mr David Botes

Clothing for Physical Education:

- Navy and green skorts with logo (compulsory)
 - Navy and green polo shirt with logo (compulsory)
 - Navy school games socks with green and white hoops (compulsory)
 - Navy performance swacket with logo (compulsory Years 7 and 8 - other year groups optional)
 - Towel, shin guards and mouth guard (compulsory)
 - Navy leggings with logo (optional)
 - Sports trainers (no pumps) (compulsory)
-
- Navy and green shorts with logo (compulsory)
 - Navy and green polo shirt with logo (compulsory)
 - Navy games socks with green and white hoops (compulsory)
 - Navy performance swacket with logo (compulsory Years 7 and 8 - other year groups optional)
 - Navy leggings with logo (optional)
 - Towel, shin guards and mouth guard (compulsory)
 - Football boots (compulsory)
 - Sports trainers (no pumps) (compulsory)

Our Year 7 pupils are about to start their end of year assessments and I would like to take this opportunity to wish them the very best of luck. Revision booklets have been distributed today to Year 7 pupils with advice about how to revise and lists of topics that will be assessed. Please spend a few minutes with your child talking about the information within the revision guide. Year 8-10 revision guides will be distributed next week.

Finally, over the last two weeks we have appointed Rebecca Halstead as a Teacher of Textiles and Rod Hedingham as our School Direct Administrator and Conference Centre Manager. I am sure you will join me in wishing them every success in their new roles.

If you ever have any questions or concerns, please do not hesitate to make contact. My email is botesd@broughtonhigh.co.uk.

Yours sincerely,



Mr David Botes
Headteacher


Learn it CHALLENGE

Food

Years 7, 8, 9

1. Sensory analysis is **the way of measuring the sensory qualities of food; sight, taste, hearing, smell and touch.**
2. The three macro nutrients are **Carbohydrate, Protein and Fat.**
3. The browning in fruit and vegetables is given the name **Enzymic Browning.**
4. The monosaccharide found in fruit is called **Fructose.**
5. The three heat transference methods are **Conduction, Convection and Radiation.**
6. The other word for non-starch polysaccharide is **Fibre.**
7. The risk assessment for food businesses to ensure food is safe to eat is called HACCP which is the abbreviation for **Hazard Analysis Critical Control Point.**
8. If someone has a severe reaction to a food allergen, the name of the reaction is called **Anaphylactic Shock.**
9. **Anaemia** is the deficiency of the mineral iron in the diet.
10. **Salmonella** is the bacteria linked to eggs and poultry.

✓ write them down
✓ say them out loud
✓ get someone to test you

Pupils in Years 7, 8 and 9 will be tested on these  facts during form time next week.

LTA Tennis Competition

On Wednesday, 4th May, we travelled in the afternoon to Bolton School to compete in a LTA Tennis Competition.

Well done to the girls who were selected to play:

Olivia Hatton
Alex Latham
Katie Parker
Molly Hale



We faced tough competition from Bolton School and Stonyhurst College but the girls battled hard! **Alex Latham** had success in both her singles games and **Olivia Hatton** and **Alex Latham** won their doubles match!

Well done to all the girls involved.

Miss Lupton

Firefly



Student Insights

12K

Student Visits

Wed

Most Active Day

6pm-7pm

Most Active Hour

Firefly remains our number one portal for homework, task setting and learning resources between home and school.

The insight opposite shows the visits just over the last 7 days. As you can see over 12000 visits in just 1 week! with most pupils using Firefly in the evening between 6 and 7pm. Fantastic engagement.

Please also remember to support your child by using the Firefly app; this helps with organisation and any shared feedback such as test results etc. If you need assistance with the app please do get in touch and I am more than happy to help. The passcode for new users is 'Broughton'

Mr A Brandwood

brandwooda@broughtonhigh.co.uk



**ORGANISED BY BROUGHTON
PARISH COUNCIL
THE QUEENS JUBILEE STREET
PARTY
SUNDAY 5TH JUNE
11-4PM
GARSTANG ROAD - IN FRONT OF
THE TOLLBAR COTTAGE**



For further details see Broughton Parish Council's Facebook page



Educator Offer



Work Experience

Careers in Uniformed Public Services

This week we'd like to showcase some of the work experience opportunities we have available for those interested in the Uniformed Public Services sector. We have an exciting range of Insight and Discovery workshops available. Scan our QR code or click on the links in our signature for more details.



NHS Careers: Men in Nursing Insight Day



NHS Careers: Men in Nursing Insight Day

The Greater Manchester Health & Social Care Careers Hub would like to invite young people aged between 14 – 19 years of age to an Insight session on Wednesday 11th May 9.00am - 12.30pm.

The session is open to young people studying in Greater Manchester, and as part of the International Nurses' Day, the careers hub would like to present "NHS Careers: Men in Nursing".

To celebrate the Nursing staff and highlight how this is an amazing career for both men and women. You will hear from men working within the NHS who are or have been nurses to hear about their experiences within the profession.



Healthcare Heroes: Look behind the mask and explore NHS Careers



Healthcare Heroes: Look behind the mask and explore NHS Careers (3 day virtual work experience)

Join Greater Manchester Health & Social Care Careers Hub in their 3 day virtual work experience from 20th – 22nd June 2022 to explore Nursing, Allied Health and Healthcare Science roles.

During this virtual placement you will have the opportunity to investigate the variety of roles within the NHS and speak with employers/employees.

This opportunity is open to young people aged between 14 - 16, and each day will be 9am-4pm, with set comfort breaks throughout the day, and you must be available for all three days to participate.

BROUGHTON PARISH COUNCIL

JUBILEE PHOTOGRAPHY COMPETITION

Win a place in our inaugural
2023 Broughton calendar



Closing Date 30th June 2022

Enter by Email to:

broughtonphotocompetition@gmail.com



We are proud to present our

Spring Apprenticeship & Adult Education Open Event

@ our Leyland Campus
Weds 18 May, 4-7pm

Meet real employers!

Get advice about your next steps!

Make 2022 the year of you!

Register here: runshaw.ac.uk/reserve-my-place

t: 01772 642040 e: justask@runshaw.ac.uk w: www.runshaw.ac.uk

Runshaw_Apps RunshawApprenticeships runshawapprenticeships

Platinum Jubilee Biscuit Challenge 2022

As part of the celebrations marking Her Majesty's 70 years as Monarch, The Platinum Biscuit Challenge has been set by Design Technology at Broughton High. The challenge is to design and make a biscuit which reflects this prestigious occasion. Consider the flavours, decoration and packaging which celebrate the Queen's 70-year reign.

Please send in your designs and pictures of your completed biscuit product to newtonv@broughtonhigh.co.uk by **Friday 20th May 2022**.

Prizes will be awarded to the most creative product. I am looking forward to seeing your creative designs and products.

Happy Baking!

Mrs Newton



WORD OF THE WEEK

calibrate: verb

to determine, check or rectify the graduation of any instrument giving quantitative measurements.

Example

The Geiger counter may not have been properly **calibrated**.

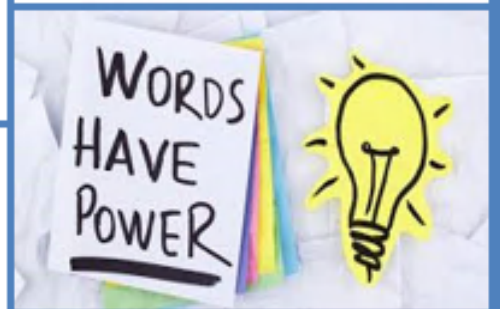
Synonyms

adjust, measure, scale

Antonym

make up

SCHOOL SYNERGY



National
Careers
Service

Video Editor

National
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Service®



£18,000 - £45,000



39-41 hours per week (some evenings/weekends)



5 GCSEs at grades 9 to 4 (A* to C) for a level 3 course. 2 to 3 A levels for a degree in film and media, media production or film and television studies. You can also do a Level 4 Higher National Certificate or Diploma in Creative Media Production. You can get started in this job through a broadcast production assistant advanced apprenticeship. One of the specialisms you can do is editing and post-production.

0800 100 900

nationalcareersservice.direct.gov.uk



NationalCareersService



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NationalCareers





University of Central Lancashire

Training 2000

Aspiring Clubs for year 10, 11 and 12

2022/23

Our Aspiring Clubs are aimed at giving you a taste of life as an apprentice. Whether you are an Aspiring Engineer or interested in becoming an Optician, we have lots of options available.



Aspiring Engineers

A 6 week course delivered in engineering workshops on a Saturday morning covering:

- Milling
- Turning
- Fitting
- Sheetmetal / welding
- Computer Aided Design (CAD)
- CNC machining

When:

5th November - 10 December 2022
9am - 12noon

4th March - 8th April 2023 | 9am - 12noon

Cost:

There is a small cost to cover materials which is £20



Aspiring Automotive Technicians

A 6 week course delivered in automotive workshop on a Saturday morning covering:

- Paint spraying cars
- Body repair
- Car and HGV engines
- Carrying out simple car checks

When:

5th November - 10 December 2022
9am - 12noon

4th March - 8th April 2023 | 9am - 12noon

Cost:

There is a small cost to cover materials which is £20

Part of the
University of
Central Lancashire



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Central Lancashire
UCLan

Apprenticeships

Traineeships



University of Central Lancashire

Training 2000



Aspiring Business Professionals

A 3 hour taster session looking at:

- Decision making
- Prioritising
- Project planning
- Communication in the workplace

When:

4th July 2022 | 9.30am - 12.30pm
11th July 2022 | 9.30am - 12.30pm
3rd October 2022 | 9.30am - 12.30pm
13th March 2023 | 9.30am - 12.30pm



Aspiring Dental Nurses

A 3 hour taster session introducing you to:

- The role of a Dental Nurse
- Surgery tour looking at equipment and instruments
- Mixing alginate impression material
- Discuss oral hygiene and diet
- Current apprentices as guest speakers

When

28th July 2022 | 9.30am - 12.30pm
15th February 2023 | 9.30am - 12.30pm



Aspiring Optical and Healthcare Professionals

A 3 hour taster session looking at:

- Different eye conditions
- Demonstration of magnifiers
- Different prescriptions and trial frames
- First aid and CPR
- bandaging activity
- recovery position activity

When:

28th July 2022 | 1pm - 4pm
15th February 2023 | 1pm - 4pm



Aspiring Accountants

A 3 hour taster session covering:

- Current apprentices as guest speakers
- Balance sheet activity
- Double entry bookkeeping activity
- Accounting board game
- Accountancy in the working environment
- Accounting card games

When:

11th July 2022 | 1pm - 4.30pm
3rd October 2022 | 1pm - 4.30pm
13th March 2023 | 1pm - 4.30pm

Interview and CV Skills sessions

Get ahead of the competition and join our short workshops to get hints and tips on improving your CV and how to impress at a job interview.

When:

29th June 2022 | 10am - 1pm
13th July 2022 | 10am - 1pm

Interested?

For more information and to book visit our website or email info@t2000.co.uk.

www.training2000.co.uk/aspiring-clubs

Online Safety Newsletter

May 2022

World Password Day: 5th May 2022

We need to create passwords for everything these days and it is important that our children not only understand that they should not share passwords with others but also that they know how to create a 'strong' password to keep their information safe. As part of World Password Day, why not take the opportunity to talk to your child about this? You can learn more here: <https://www.connectsafely.org/passwords/>

TikTok update

The NSPCC have created a news article discussing if TikTok is safe for children and provides an overview of how to keep your child safe on TikTok using their safety settings. Read the article here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/child-safe-settings-tiktok>

TikTok have also created a Guardian's Guide designed to provide an overview of TikTok and the tools and controls available: <https://www.tiktok.com/safety/en/guardians-guide/>



Social Media update

There are several different social media platforms that your child might be on or wanting to join such as Instagram and Snapchat. Social Media platforms are used to share pictures and communicate with others. It is important to review each individual platform to see what age your child should be to access them and to set appropriate privacy settings. It is also important to talk to your child about information they should keep private.

Is your child ready for social media?

This article looks at the risks that you need to consider as well as advice on how to get started:

<https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/>

Further information

Visit the Social Media Advice hub from Internet Matters to learn more: <https://www.internetmatters.org/resources/social-media-advice-hub/>



Social Media: harmful content

Report harmful content provide links to the advice sections from several social media platforms:

<https://reportharmfulcontent.com/advice/other/further-advice/advice-for-parents/>

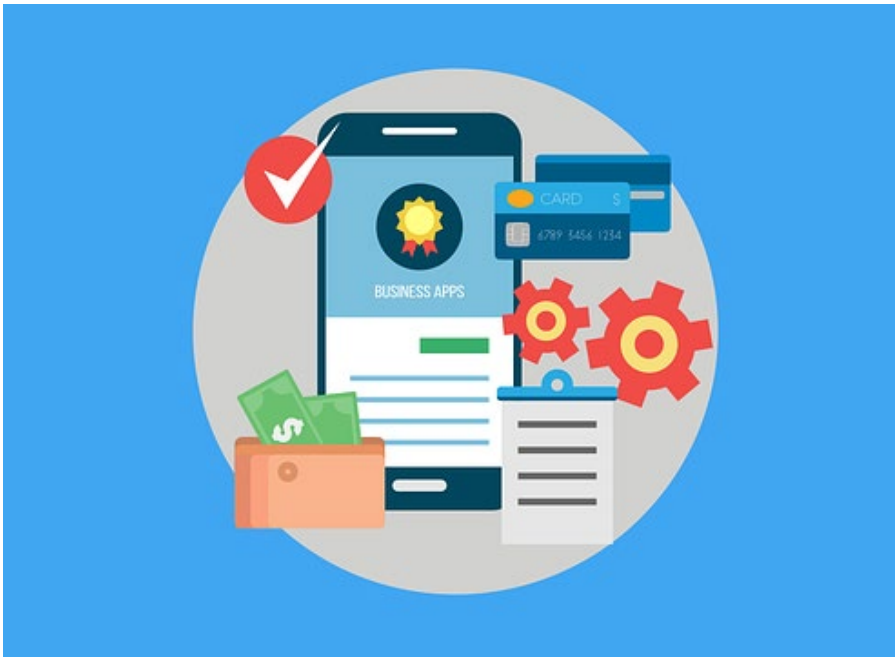
Pop Ups / Adverts

When your child is playing on certain games or is on social media, they may see adverts / pop up adverts. The content in these adverts may not always be appropriate to them, particularly if clicked on.

It is important to talk to your child about adverts and to think about what they are clicking on before they do and if they are unsure to either ignore them or to check with a trusted adult.

Further information

<https://www.childnet.com/help-and-advice/security/pop-ups-adverts/>



Online Sexual Harassment

Talking to our children about online sexual harassment can be difficult which is why the Children's Commissioner have produced a guide to help you. The guide focuses on several topics that can often be difficult to talk about with our children such as body image and peer pressure.

Through the work of the Children's Commissioner, they found that we should start these conversations early, introducing topics in an age-appropriate manner before a child is given a phone or a social media account (often around the age of 9 or 10). The guide is a 'starting point' and includes further links to other resources, young peoples' views and top tips from 16–21 year-olds. The guide and further information can be found here:

<https://www.childrenscommissioner.gov.uk/report/talking-to-your-child-about-online-sexual-harassment-a-guide-for-parents/>

Games from Childline

Childline have created some online games that your children can play including arcade style games and relaxing games. You can find them here:

<https://www.childline.org.uk/toolbox/games/>

Search Engines

Parent Zone have published this article explaining what you need to know about safer searching and what you should consider. Read the article here:

<https://parentzone.org.uk/article/search-engines-what-you-need-to-know>

Apple Watches

Does your child wear an Apple watch to school? Do they know how to turn it to the appropriate setting for school? Apple offers two options:

- **Do Not Disturb mode** - turns off all alerts.
- **Theatre Mode** - enables silent mode and stops the watch display from waking when you raise your hand.

Family Setup

Family Setup can be used to set up an Apple Watch for a child that does not have their own iPhone. Once set up, there is a Schooltime option, which when activated displays a yellow circle on the watch to easily show that access to apps is restricted and Do Not Disturb is switched on. You can set the schedule for Schooltime on your iPhone. Find out more here:

<https://support.apple.com/en-gb/HT211782>