



14<sup>th</sup> March 2022

Dear Parent/Guardian,

On Friday, I had my first day away from school since I started last April, to attend the National School Leaders conference in Birmingham. The main speaker, Natasha Devon, who is a campaigner for Mental Health, Body Image and Wellbeing in young people, opened the conference. She gave a very clear message about the digital world our young people live in and the need for schools and parents to be able to spot the signs in our young people of when they are struggling and the need for us to build strategies to help them cope with the demands of being a teenager in 2022. Mobile phones, social media and perceived extra pressure from parents, friends and teachers played a significant part in the presentation and it is important we are all aware of the signs of mental health deterioration and poor wellbeing in our young people. It is difficult for us as adults to fully understand the pressures of social media and the effect this has on the mental health of our young people but signs to look out for could be:

- Continuous low mood, sadness and tearfulness
- Showing feelings of hopelessness and helplessness
- Being irritable and intolerant of others
- Little or no enjoyment of things that were once interesting to them
- Increased social isolation
- Disturbed sleep patterns

There is always someone to talk to at school and we constantly inform the pupils never to 'suffer in silence' but if you ever have any concerns as parents please always call us at school and we will do everything we can to help. We have a very strong pastoral team at Broughton and an excellent school counsellor and we are always available to talk.

Continuing with my theme from last week about the use of mobile phones, we will continue to treat any breaches of the mobile phone policy extremely seriously. This policy is in place to protect pupils and staff and to ensure mobile phones are not a distraction to learning and friendships in school. Any inappropriate use of phones, including sending pictures, videoing, unkind messages will be dealt with extremely seriously. Phones must be out of sight and turned off between 8.30am and 3.00pm in school. If any pupils have any issues or concerns they must tell a member of staff, use the safe@broughton messaging service or inform their parents who can then contact the relevant Head of Year. Please can I ask you for your continued support in ensuring that Broughton High School is a mobile phone free school.

I am sad to say that we will be losing Mrs Tillotson from our Design Technology department from the end of the summer term. She has been appointed as teacher of GCSE and A-Level Textiles at Queen Elizabeth School in Kirkby Lonsdale. We will be sad to see her go but wish her all the very best of luck when she takes up her position in September.

Congratulations to the Year 10 Netball team who have won the league and tournament double this year. I am told that their performances have been exceptional and I will be meeting them all this week to congratulate and reward them on their achievement.

Headteacher: Mr David Botes

The 'Options Form 2022' for Year 9 pupils is available from today via the school website and a copy can be found within this newsletter. Pupils will also be given a paper copy after the 'Year 9 Options' assembly on Wednesday. Please see details in this newsletter from Mr Church regarding the Year 9 Parents' Evening and Option Evening, as well as the deadline by when pupils must return their completed Options form.

If you ever have any questions or concerns, please do not hesitate to make contact. My email is [botesd@broughtonhigh.co.uk](mailto:botesd@broughtonhigh.co.uk).

Yours sincerely,

A handwritten signature in black ink, appearing to read 'D. Botes', with a long horizontal flourish extending to the right.


Mr David Botes  
Headteacher

### Learn it CHALLENGE

### Music

### Years 7, 8, 9

1. The four families of instruments found in an orchestra are **Woodwind, Brass, Strings** and **Percussion**.
2. The famous composer who wrote some of his best works when he was deaf was **Ludwig van Beethoven**.
3. **The Beatles** are the British band who have sold more records than any other artist on the planet with 278.4 million recorded sales.
4. **Every Good Boy Deserves Football** and **FACE in the Spaces** are the rhymes to remember notes on the stave.
5. **Tina Turner**'s music is played 24/7 at a UK airport to scare away birds.
6. The word "music" comes from the **Muses, goddess of the arts** in Greek mythology.
7. **Stradivarius Violins** are the most expensive in the world. The Lady Blunt Stradivarius sold for £12.3 Million!
8. **John Cage** wrote a piece of music that consisted of 4 minutes and 33 seconds of silence.
9. **The piano** covers the full spectrum of all orchestra instruments, from below the lowest note of the double bassoon to above the top note of the piccolo, making it the instrument with the biggest range of notes in the orchestra.
10. The first song played in space by astronauts was **Jingle Bells**.

Pupils in Years 7, 8 and 9 will be tested on these  facts, during form time this week.

## Rugby Talent

In October, several Year 9 boys were nominated by Broughton at the request of Preston Grasshoppers to go forward to the **Sale Sharks Academy Development Player Pathway Trials for the Northwest**. The boys attended regular training sessions with over 70 others from across the Northwest. They were continually assessed on their long-term athletic potential in the sport of Rugby.



I am pleased to say that **Thomas Hutton, Sam Judge, Isaac Heritage** and **William Ward** were all successful and **have now progressed to the Sale Sharks DPP Squad**. This is a fantastic achievement, and we wish all four boys the best of luck at the start of their elite performance pathway.

**Mr Marquis**

## Netball

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Another fantastic day/night for the Netball teams! On Thursday 10<sup>th</sup> March, we took part in the Preston Schools' Netball Tournament hosted at St Cecilia's and had a very successful day.

**Year 9: 3<sup>rd</sup> place overall.**

Archbishop Lost 3-1	Longridge Lost 5-3
Corpus Won 4-2	Ashton Won 5-1
Our Lady's B Won 4-0	Fulwood Won 7-0
St Cecilia's Drew 3-3	Our Lady's A Drew 2-2

**Chloe Ferreira, Katie Mann, Jess Banks, Elise Rawson, Imogen Wren, Emily Goodwill, Annabelle Cutting.**



**Year 10: 1<sup>st</sup> place overall!**

Our Lady's Won 11-0	Corpus Won 14-0
Ashton Drew 1-1	Christ the King Won 7-1
St Cecilia's Won 6-1	Archbishop Won 7-1
Longridge Won 8-0	

**Phoebe Glynn, Libby Church, Mia Duncan, Jess Anderson, Maddie Clements, Grace Willingale, Amelia Rose Battersby, Cerys Allen.**

**Mrs Lupton**

## U13 Girls' Cricket

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Last Friday, the girls' U13 cricket team competed in the second round of the Lancashire girls indoor cricket tournament. There were nine teams there, split into three groups, with Broughton being placed in a group with St Bede's and Bishop Rawstorne. Each team played each other twice, with the group winner going through to the semi-finals.

Broughton played an experienced Bishop Rawstorne first and they had some excellent fast bowlers and talented batters. Although Broughton struggled to score any 4s or 6s, some excellent bowling and fielding meant it was a narrow defeat by only 7 runs! The second game between the two sides was another loss for Broughton 73-60.

Despite beating St Bede's, Broughton unfortunately didn't make it through to the semi-finals, however it was great for the girls to experience playing against some fantastic cricketers, and a couple of the girls have now joined cricket clubs outside of school. Watch this space for next year...!



Team:

**Alex Latham (C), Imogen Vickers, Nina Finley,  
Alice Chapman, Grace Lochhead, Daisy Lee,  
Kara Lee, Hannah Wilcock, Amelia Lyon, Niya Soji.**

**Mrs Rukin**

## Year 7 Girls' Football

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Last Monday, the girls' Year 7 football team played Our Lady's in a rearranged league game. We knew it was going to be a tough match with Our Lady's having several academy players, but our girls were keen to keep their unbeaten record going!

The game started fairly evenly, with both teams having possession in the opening minutes, but it was Broughton who looked more threatening. Just before half time, against the run of play, Our Lady's had a counter attack and put a dangerous ball into the box, which was unfortunately converted into an own goal by Broughton.

After half time, Broughton came out all guns blazing, and within the first couple of minutes **Imogen Goodwin** made it 1-1. Broughton dominated from here on in and Our Lady's struggled to get out of their own half, but unfortunately the game was cut short as Our Lady's had to get back to school. A disappointing end to the game, but hopefully the two teams will meet again soon.

Well done to all the girls involved.



Team:

**Cara Lee (C), Elsie Curly, Amy Beardwood,  
Isla Bledge, Lily Beetham, Grace Lochhead,  
Amara Jenkins Smith, Imogen Goodwin.**

**Mrs Rukin**

## U14 Girls' Football

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Last Monday evening, the U14 Girls' Football team welcomed Our Lady's in the battle for a place in the Preston Schools' final to be held at Deepdale later in the season. We were faced with an extremely physical opposition, and we worked hard to play the ball around them narrowly missing the goal on numerous occasions, as well as being denied by the goalkeeper and the post during the first half. Broughton had the vast majority of the possession and were playing a fantastic game of football. The first half finished 0-0 with both teams hungry for a victory! Very soon after the second half started, Our Lady's found the back of our goal after a bit of a goal scramble, but Broughton were determined to fight back. **Olivia Newman-Kirk** managed to find the bottom corner with a very well-placed shot to bring us back to 1-1. With just 30 seconds remaining on the clock, the girls pressed hard and after an accurate cross in by **Olivia Rankin, Isabelle Harrop** found the back of the net to finish the game with a **2-1 victory for Broughton!**

Well done to the whole team:

**Evie Lee, Alex Latham, Olivia Newman-Kirk, Olivia Rankin,  
Isabelle Harrop, Matilda Macleod, Layla Friar, Hannah Wilcock .**

**Mrs Lupton**

## U14 Basketball

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On Monday 7<sup>th</sup> March, the U14 Basketball team played in the **Lancashire Quarter Final** but unfortunately lost 27-7 to a strong and tall St Wilfrid's team.

In other Basketball news, we have been running **inter-school team competitions** over the last few weeks in recognition of the popularity of Basketball, to provide more pupils with the experience of playing competitive games.



So far, we have played Year 8 versus Year 8 and a Year 8 versus Year 9 game. This is proving to be incredibly successful in developing our pupils and more importantly a lot of boys are enjoying playing.

This week the Year 9 team take on the Year 10s. Good luck to all involved.

**Mr Marquis**



## We would appreciate your feedback .....

### CPSHE



In **Year 11 CPSHE lessons**, we have had the great opportunity to be a pilot school for the company Wot Wud U Do RSE lessons. The ultimate aim of the lessons is to open conversations with young people to facilitate their understanding of real-world problems in relationships, health, and wellbeing. This goes beyond the classroom into their daily life with interactions between family, friends, and partners.

I would like to ask parents to visit the website [www.wotwududo.co.uk](http://www.wotwududo.co.uk), look at the resources and think about whether the resources helped to initiate and work through these conversations: if children were more approachable to these topics, opened up to their parents more about them, and demonstrated a more mature understanding afterwards.

I would also appreciate your feedback on the resources by completing a questionnaire on the Microsoft Form link below to help with future planning.

### [Year 11 CPSHE - www.wotwududo.co.uk - Questionnaire](http://www.wotwududo.co.uk)

If you have any questions about the website or CPSHE at Broughton, please email me:  
[meakink@broughtonhigh.co.uk](mailto:meakink@broughtonhigh.co.uk)

**Mrs Meakin**

### Reading - Years 7, 8, 9 10

The Reading Coordinators at Broughton are trying to build up a picture of the **reading habits** of our pupils, plus any factors that may be affecting their reading. We have asked pupils for their feedback already, but would be extremely grateful if we could have also have feedback from parents of pupils in Years7, 8, 9, and 10.

Please find below the link to a survey on this subject. It will only take a few minutes to complete.

### [Years 7, 8, 9 10 - Reading Habits - Questionnaire](#)

Many thanks for your time and support.

**The Reading Coordinators**

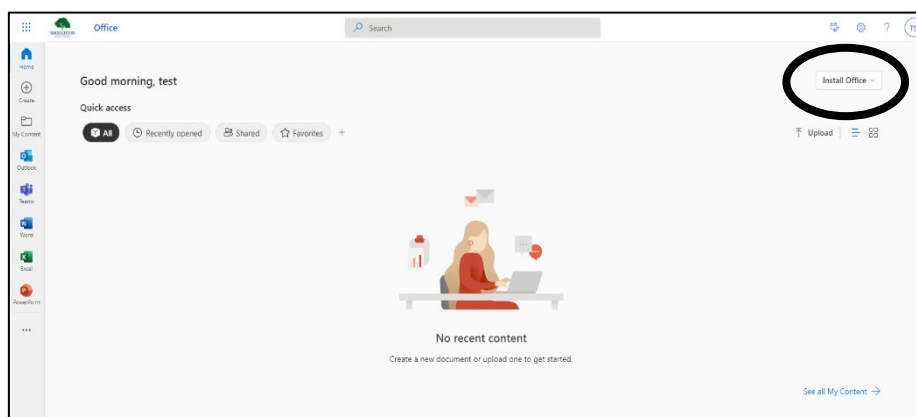
## Installation of MS Office

**As a pupil of Broughton High School, your child is entitled to install a FREE copy of MS Office on up to 5 devices.**

If you need to download MS Office to your device in order to respond to the questionnaires mentioned above, you can do so by asking your child to log on to their [MS Office account](#) using their school email address.

They will then be taken to this page (see below). If they [click on the Install Office button](#), a copy of Office will then be installed on the device.

This will work for as long as your child is enrolled at Broughton High School.



## YEAR 9 OPTIONS

The 'Options Form 2022' for Year 9 pupils is available from today via the school website and at the back of this newsletter. Pupils will also be given a paper copy after the 'Year 9 Options' assembly on Wednesday.

This 'best fit' form has been created by considering the results of the preliminary survey completed by Year 9 earlier this half-term.

Publishing the form today, will allow pupils and parents 10 days to consider any questions they may wish to ask at the Year 9 Parents' Evening on 24<sup>th</sup> March 2022. During the course of that evening, I shall deliver a short presentation about the options process at 4:15pm, 5:15pm and 6:15pm; Year 9 parents are asked to factor one of these presentations into their appointment schedule for the evening. The presentation will last 15-20 minutes, no longer.




NAME: \_\_\_\_\_  
FORM GROUP: \_\_\_\_\_

**OPTIONS 2022**

Option P		Option Q		Option R		Option T	
IM	CREATIVE MEDIA	CS	COMPUTER SCIENCE	Ar	ART	TS	TRIPLE SCIENCE
Gr	DT GRAPHICS	Dr	DRAMA	Be	ENTERPRISE	Bs	BUSINESS
Eg	ENGINEERING	PD	DT PRODUCT DESIGN	Fr	FRENCH	Da	DANCE
FN	FOOD & NUTRITION	Eg	ENGINEERING	De	GERMAN	Fr	FRENCH
Fr	FRENCH	Gg	GEOGRAPHY	Hi	HISTORY	Gg	GEOGRAPHY
Gg	GEOGRAPHY	De	GERMAN	Mu	MUSIC	Hi	HISTORY
De	GERMAN	Hi	HISTORY	PE	PE	TT	TRAVEL & TOURISM
Tx	TEXTILES	HC	HOSPITALITY & CATERING	Re	RELIGIOUS STUDIES		
		RS	RELIGIOUS STUDIES				

Reserve Subject:

1	All pupils will study GCSE subjects in English Language, English Literature, Maths and Combined Science or Triple Science
2	Pupils must make one choice from each of P, Q, R and T
3	Pupils studying Triple Science must choose this option in Option T
4	Pupils choosing Triple Science should also choose Geography or History or Religious Education AND French or German
5	Pupils choosing Combined Science must choose at least one of History, Geography, French and German
6	Pupils can only choose one of the DT subjects... Product Design, Graphics, Textiles, Engineering, Food & Nutrition, Hospitality & Catering
7	Pupils can choose either GCSE Computer Science or Cambridge National Creative iMedia
8	Pupils can choose either GCSE Business or BTEC Enterprise

SIGNED BY PARENT/CARER: \_\_\_\_\_ Completed option forms should be returned by Friday 29th April 2022

Pupils will then have until the 29<sup>th</sup> April to submit their final options choices.

**Mr Church**

### School Charity - WaterAid

Since the start of January, all pupils have been working hard to raise money for the school charity of WaterAid. At the end of this half term we will be donating the final amount raised to WaterAid.

Keep up the excellent work.

**Mr Brandwood**

# Fantastic, well done, superb, amazing!

Your hardwork  
& reward points  
have raised  
**£322.91**

4/01/22 – 14/03/22

For our school termly charity:



## Excellence, homework, teamwork



LOVE TO RIDE RIDE ANYWHERE WEEK

GET READY TO RIDE, YOUR WAY



# You are invited to register with Love to Ride for Ride Anywhere Week

Join the fun 21<sup>st</sup> – 27<sup>th</sup> March 2022

All you need to do is register for FREE

It takes moments to register at: [lovetoride.net/lancashire](https://lovetoride.net/lancashire)

Ride Anywhere Week is our spring campaign to encourage people to enjoy the many benefits of riding a bike. Riders can choose their own pledge to ride and have a week to complete it! No matter what their personal goals, Love to Ride will support and encourage riders to complete their pledge.

Riders can choose one of the following four pledges:

- **Ride for health and fitness** - there are a LOT of reasons to enjoy a bike ride, find out more about the most tangible ones that will help you feel happier and stronger and live longer!
- **Ride for transportation** - to work, to school, to the shops. We'll help you start making any journey from A to B by bike.
- **Ride for adventure** - whether it's to ride somewhere new or bikepack for the first time, enjoy a pedal-powered adventure!
- **Ride with the kids** - saddle up and enjoy a bike ride with your kids this week. It might seem complicated, but we can help you roll out together.

Before the campaign begins, riders will receive emails containing helpful information and resources specific to their pledges. From quick courses to tips articles and videos, we'll provide what riders need to feel confident, enthused, and ready to ride. There are also amazing prizes to be won!

With the support of Love to Ride resources and enticing prize incentives, riders will put the wheels in motion to drive real and long-lasting behaviour change that will benefit their health, happiness, and the planet.

LOVE TO RIDE RIDE ANYWHERE WEEK

GET READY TO RIDE, YOUR WAY



# WORD OF THE WEEK

## eccentric: adjective

deviating from the recognised or customary character, practice etc.

### Example

Most geniuses come across as **eccentric** because they are very unique people.

### Synonyms

irregular, erratic, peculiar, odd

### Antonym

common

SCHOOL SYNERGY

WORDS  
HAVE  
POWER



National  
Careers  
Service

## Energy Engineer

National  
Careers  
Service

£ £20,000 - £80,000

🕒 41-43 hours per week (Evenings and Weekends)



4 or 5 GCSEs at grades 9 to 4 (A\* to C) including Maths, English and preferably Science. 3 A levels including maths and either biology, physics or chemistry for a degree in renewable or sustainable energy, environmental engineering, energy engineering or Earth sciences. You may be able to start by doing a degree apprenticeship in power or nuclear engineering.

📞 0800 100 900

📘 NationalCareersService    🐦 @NationalCareers    🌐 NationalCareers



# **Broughton High School urgent collection in support of Ukraine**

**We are asking for donations of the following items, urgently needed for refugees fleeing the war in Ukraine:**

- nappies and wet wipes;
- dry sanitary products;
- thermal clothes and gloves;
- batteries, flashlights and candles;
- food for children – dried goods/long shelf life;
- warm blankets and sleeping bags;
- painkillers; dressings; face masks and hand gels;
- dog/cat food

**Please drop off your donations to Pupil Reception**

# Broughton High School Bake Sale in support of Ukraine

Thursday 31<sup>st</sup> March in the Gym

Get baking and donate your cakes to help us raise  
money for the Disaster Emergency Committee  
Ukraine Appeal

Lakeland Gift Voucher Prizes for the best cakes!

1<sup>st</sup> = £25

2<sup>nd</sup> = £15

3<sup>rd</sup> = £10



**Cake donations to be delivered to the Gym  
before 8.40am on 31<sup>st</sup> March**

# Broughton High School RAFFLE in support of Ukraine

Thursday 31<sup>st</sup> March at 1.45pm  
in the Gym

Enter our raffle to win Amazon vouchers and help us  
raise money for the Disaster Emergency Committee  
Ukraine Appeal



1<sup>st</sup> = £200

2<sup>nd</sup> = £150

3<sup>rd</sup> = £100

4<sup>th</sup> = £25

5<sup>th</sup> = £25

6<sup>th</sup> = £10

7<sup>th</sup> = £10

8<sup>th</sup> = £10

9<sup>th</sup> = £10

10<sup>th</sup> = £10



**Tickets = £1 can now be purchased from Pupil Reception**

NAME:

FORM GROUP:



	Option P			Option Q			Option R			Option T	
IM	CREATIVE IMEDIA		CS	COMPUTER SCIENCE		Ar	ART		TS	TRIPLE SCIENCE	
Gr	DT GRAPHICS		Dr	DRAMA		Be	ENTERPRISE		Bs	BUSINESS	
Eg	ENGINEERING		PD	DT PRODUCT DESIGN		Fr	FRENCH		Da	DANCE	
FN	FOOD & NUTRITION		Eg	ENGINEERING		De	GERMAN		Fr	FRENCH	
Fr	FRENCH		Gg	GEOGRAPHY		Hi	HISTORY		Gg	GEOGRAPHY	
Gg	GEOGRAPHY		De	GERMAN		Mu	MUSIC		Hi	HISTORY	
De	GERMAN		Hi	HISTORY		PE	PE		TT	TRAVEL & TOURISM	
Tx	TEXTILES		HC	HOSPITALITY & CATERING		Re	RELIGIOUS STUDIES				
			RS	RELIGIOUS STUDIES							

Reserve Subject	
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1	All pupils will study GCSE subjects in English Language, English Literature, Maths and Combined Science <u>or</u> Triple Science
2	Pupils must make <b>one choice</b> from each of P, Q, R and T
3	Pupils studying <b>Triple Science</b> must choose this option in <b>Option T</b>
4	Pupils choosing <b>Triple Science</b> should also choose <b>Geography or History or Religious Education AND French or German</b>
5	Pupils choosing <b>Combined Science</b> must choose <b>at least one</b> of <b>History, Geography, French and German</b>
6	Pupils can <b>only</b> choose <b>one</b> of the <b>DT subjects</b> ... Product Design, Graphics, Textiles, Engineering, Food & Nutrition, Hospitality & Catering
7	Pupils can choose <b>either</b> GCSE <b>Computer Science</b> <u>or</u> <b>Cambridge National Creative iMedia</b>
8	Pupils can choose <b>either</b> GCSE <b>Business</b> <u>or</u> <b>BTEC Enterprise</b>

SIGNED BY PARENT/CARER:

Completed option forms should be returned by **Friday 29th April 2022**