

7th March 2022

Dear Parent/Guardian,

World Book Day 2022 proved to be an overwhelming success this year here at Broughton High School with over 40 classrooms decorating their door with each form or teacher's favourite book. The effort that the pupils and staff put in to make this a very memorable day was extremely impressive with a huge variety of books included from the Jungle Book and Harry Potter to Alice in Wonderland and the Secret Garden. It was an absolute pleasure listening to the pupils throughout the day talking about the decorated doors and getting to know a bit more about the books they represented. The form winners and a number of photographs are attached further on in the bulletin to give you an idea of the quality and scale of the project. Thank you to all involved but especially Mrs Whitlock who organised and coordinated the day.

This weekend saw the Duke of Edinburgh Year 10 cohort embark on their second exhibition as part of their Bronze Award. Their journey this time took them to Darwen Tower which I believe was extremely wet and windy. I am told the expedition was completed in record time as a result of the excellent navigation skills by the pupils. Well done to all involved and thank you to the staff who coordinated this trip.

On Tuesday last week, the families of those children who will be joining us in September 2022 were informed by the Local Education Authority of their successful application to attend Broughton High School. We are delighted to be welcoming all new Year 7 pupils and their families and I have written to all parents to inform them of the induction process as their children start their journey with us at Broughton High School. A very exciting time for all involved.

Please can I ask you to continue to support us in ensuring that all pupils are acting and behaving responsibly with their mobile phones. Phones must be switched off from 8.30am in school until 3pm and phones must not be seen at any point during the school day. If a mobile phone is used by a pupil between 8.30am and 3pm the phone will be confiscated and locked in a safe place until 3pm.

Attendance continues to increase with over 800 pupils achieving 100% attendance last week. Last week's attendance total was 94.3% which shows that attendance is steadily getting back to normal. Please try and ensure your child attends school every day. The importance of face to face attendance after periods over the last two years of on-line learning, lockdown and isolation has never been more critical.

Our pupils continue to work extremely hard to gain reward points to help the chosen charity for this term, Water Aid. Since we returned after the Christmas holidays, pupils have achieved 28297 reward points for excellence which equates to £282.97. A fantastic achievement.

Year 7	7595 points
Year 8	6836 points
Year 9	5624 points
Year 10	5185 points
Year 11	3057 points

Please can I continue to ask you to be considerate to our local village community when you drop off or pick up your child at the start and end of the school day. Please keep the safety of our pupils and other cyclists and villagers at the forefront of your thoughts when driving and parking in the village. Please can I also remind you not to block local residents drives and turn off your engines whenever possible to reduce fumes in the village. Your help, as always is greatly appreciated.

If you or your child ever have any concerns or worries about school please let us know immediately. We would also like to hear about any successes achieved out of school. Please keep us informed wherever possible.

Yours sincerely,

Mr David Botes Headteacher

BROUGHTON

HIGH SCHOOL

Newsletter No 23

7th March 2022

P.E.

Years 7, 8, 9

1 frontal bone 2 parietal bones occipital bone 2 temporal bones

I sphenoid bone I ethmoid bone

8 bones of the cranium:

Elbow joint - a hinge joint

- 1. The two muscles in the upper leg are the **quadriceps** and **hamstring**.
- 2. A warm up consists of five parts: pulse raise, mobility, stretching, dynamic movement, skill rehearsal.
- 3. The bone that protects the brain is the **cranium**.
- 4. The two different tests that measure CV endurance are the 12 minute cooper run and the multi stage fitness test.
- 5. The Karvonen formula for working out your maximum heart rate is: 220 - age = maximum heart rate.
- 6. The **aorta** is the major artery which takes blood away from the heart.
- 7. In the human body hinge joints can be found in the **elbow** and the **knee**.
- 8. The bones that articulate the shoulder joint are the **scapula** and the **humerus**.
- 9. Three methods of training are known as **Continuous**, **Interval** and **Fartlec**.
- 10. The current world record for the men's high jump is **2m 45cm** (Javier Sotomayor 1993 Cuba).

Pupils in Years 7, 8 and 9 will be tested on these facts, during form time this week.



Apprenticeship Opportunity



A new, innovative dental practice called Dentistry by Cure Clinics, based on Eastway in Fulwood, Preston will be opening very soon. Their website is dentistry.cureclinics.uk.

As part of their ethos, opportunities are being created for young people to gain experience and develop a career as dental care professionals and school leavers can apply to join their dental team. Dentistry by Cure Clinics have partnered with Preston College to enable individuals to enrol on the Level 3 dental nursing apprenticeship.

https://www.preston.ac.uk/course-detail/apprenticeships/dental-nurse-level-3/1124/

Apprentices will be paid in line with the minimum wage rate for 16-18 year olds which falls at £4.30 per hour as per current government guidance.

Any Year 11 pupils who are interested in an apprenticeship should send a letter of interest to the team's email: people@dentistry.cureclinics.uk

U14 Badminton

Last Friday, the boys' and girls' u14 badminton teams travelled to Our Lady's for their first competitive fixtures this year.

The girls played Corpus and Our Lady's, and won all 5 games convincingly against both schools.

The boys played Our Lady's and won 4 out of the 5 games.

Well done to everyone involved.

Mrs Rukin



Extra-Curricular Netball

Over the last two terms, Year 7, 8, 9 and 10 pupils have had the opportunity to engage in extracurricular netball through external and internal competition. The volume of pupils attending practices has been fantastic and it is good to see so many pupils wanting to participate. Over the coming weeks pupils will be able to finish the season off through in-house tournaments and the final matches of the season.



Year 7 and 8 Preston School's Netball Tournament

On Wednesday 2nd of March, the Year 7 and 8 netball teams participated in the Preston Netball Tournament. On a cold and wet miserable afternoon, the spirits of the teams were high, in what was a fast-paced tournament. Both teams narrowly missed out on securing a place in the semi-finals but nonetheless made excellent progress as a team on the day!



Year 7 Interform Netball Competition

On Friday 4th March, over 50 pupils competed in the interform netball competition. All teams participated in a round robin tournament. The final standings were:



- 1st 7H
- 2nd 7R
- 3rd 7N and 7C
- 4th 7B
- 5th 7S



Thank you to all of the Year 10 pupils who also supported on the evening by umpiring, coaching and leading. We are very lucky to have such enthusiastic and responsible pupils here at Broughton to assist on evenings such as this.











Upcoming dates: (please be aware that <u>Friday night match play</u> is only for the year groups identified)

- Thursday 10th March Year 9 and 10 Preston School's Netball Tournament
- Thursday 17th March- Year 11 Preston School's Netball Tournament
- Friday 18th March Year 8 interform netball competition (after school)
- Friday 1st April KS3 team match play (invite to be sent out)

Interested in a career in Architecture?

There are two forthcoming events focussing specifically on careers in architecture which pupils from all local schools will be able to access. Aimed at Year 11 pupils, but Year 10 pupils with a serious interest may also sign up. The RIBA event details are shown below with links to book a place:

15th March from 6-7pm at Brownedge St Mary's

https://forms.office.com/pages/responsepage.aspx?id=bVfUe1s5_UOmoCIddfXw6dN-cGABijNPujbDUOxroexUMUISSENOVE9OME1UMIIWUkpHMEtSOEFFMy4u

30th March from 6-7pm at Corpus Christi

https://www.eventbrite.co.uk/e/think-architecture-with-riba-tickets-276744449097

Think Architecture



"A career in architecture is challenging but rewarding in many ways; it is a career that allows you to express your creativity and to shape the world in which we live." Sherief El-Salamani

Join us for this careers event to hear from architects and architecture students about what an architect does and the route to qualification.









I was so impressed when Luke from 7S brought this little cutie in to show me last week.

He made it at home using a special kit and it is incredible!

Well done Luke!

Mrs Tillotson

Can you help? Careers Event – 'Meet the Expert'

After the success of the Careers Fair earlier in the school year, the best Careers event of the year, 'Meet the Expert', will be held on **Thursday 31**st **March** and I need your help please.

The 'speed networking' style event will involve talking to small groups of pupils about your career journey and job role in order to inspire, inform and enlighten pupils on Careers that they may not have ever considered. This is the third 'Meet the Expert' event we have held, the feedback from both pupils and 'experts' attending the previous events was overwhelmingly positive.



To make the event another success - **I need your help** – can you, or, someone you know, help with this years' event?

- Do you have a job that pupils may not have considered or one which is different than it is often perceived?
- Does your older son or daughter?
- Is anyone you know on an Apprenticeship Scheme?
- We are always trying to offer information that challenges gender stereotypes, do you know someone whom is a good role model for this?

I would be extremely grateful if you could join us between **9am and 1:20pm on Thursday 31**st March.

If you would like more details, or to volunteer, please email me at donleavyp@broughtonhigh.co.uk. Thank you.

Mrs Donleavy



Jubilee Street Party



Broughton Parish Council is co-ordinating the Jubilee Street Party on Garstang Road on 5th June 11am - 4pm.

We want to encourage local businesses to be involved and if you would like to take part with either an artisan stall or a food stall please contact: chair@broughtonparishcouncil.org.uk

A donation of £25 per stall secures your space with all profits from the day going to the nominated charities of Sue Ryder Neurological Centre and the Preston Salvation Army hostel.

Broughton Parish Council



ORGANISED BY BROUGHTON PARISH COUNCIL THE QUEEN'S JUBILEE STREET PARTY

SUNDAY 5TH JUNE 11-4PM GARSTANG ROAD - IN FRONT OF THE TOLLBAR COTTAGE







THE QUEEN'S JUBILEE

A FANTASTIC FAMILY CELEBRATION FOR ALL OUR LOCAL RESIDENTS

Join with us: artisan stalls, dazzling displays, live music, childrens activities,
1950's fancy dress, & food/drink to purchase or we encourage you to bring a family picnic
SIT DOWN TO TABLES AT 1.30PM
A right royal community celebration
Marking 70 years of Queen Elizabeth II reign.
Further details on Broughton Parish Council
Facebook page.

The 2022 Broughton Parish Council Scarecrow Parade

THE BEST OF BRITISH

27th May 2022 - 6th June 2022

Free Entry







Join our community in celebrating the Queens 70th Jubilee Anniversary - with a wonderful Best of British Scarecrow Parade

Colouring competition for children and a host of prizes to be won

Contact:ljmjolliffe@yahoo.co.uk

Year 9 Options

Last week, Year 9 pupils were asked to complete a preliminary survey, via MS Forms, to indicate their preferred choices.

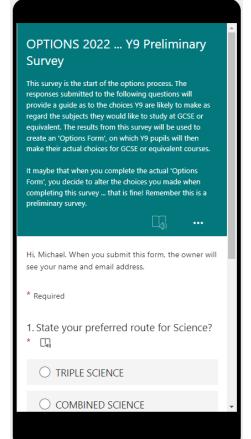
The response of our Year 9 pupils has been fantastic and 180 responses have been submitted. Well done Year 9!

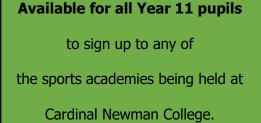
The results of this survey will be used to gauge the level of interest in the courses we offer; the collated results will be used to create the options form for 2022.

The 'Options Form 2022' will be available from Monday 14th March via the school website and the school newsletter. Pupils will also be given a paper copy. This will allow pupils and parents 10 days to consider any questions they may wish to ask at the Year 9 Parents' Evening on 24th March 2022. During the course of that evening, I shall deliver a short presentation about the options process at 4:15pm, 5:15pm and 6:15pm; Year 9 parents are asked to factor one of these presentations into their appointment schedule for the evening.

Pupils will then have until the 29th April 2022 to submit their final options choices.

Mr Church







WORD OF THE WEEK

impalpable: adjective

not palpable, incapable of being perceived by the sense of touch.

Example

The overpowering fragrance was **impalpable**, but it still managed to make me cough.

Synonyms

intangible, unsubstantial

Antonym

palpable

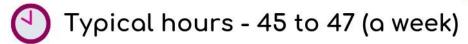


National Careers Service



Actor





You can get into this job through a university course, a college course, volunteering, applying directly or a course at drama school.

You could do a qualification in a subject like performance studies, contemporary theatre and performance acting, or musical theatre.

Acting is very competitive and you'll need to develop your skills by getting as much practical experience of acting as possible

0800 100 900 #AskNationalCareers



William Shakespeare poet, playwright and actor, widely
regarded as the greatest writer in the
English language



WORLD BOOK DAY



World Book Day Celebrations

We celebrated World Book Day in style this year by inviting form groups, classes and staff to '**Decorate a Door**' using the theme of their favourite book. The response was amazing and the school has been a hive of activity with pupils and teachers working hard on their entries. The judging panel convened during period 1 last Thursday to visit and vote on a fantastic 42 doors. The standard was impossibly high and the

panel were overwhelmed by the sheer amount of effort and creativity on show. From interactive and magical to educational and informative (we even had a crime scene!) every door offered something different which made the judging process very enjoyable but extremely difficult. Thanks go to every pupil and member of staff who worked so hard and got involved. Particular thanks to **Cameron Hudson 7C** and **Freya Nunn 10H** and **Mr Botes** and **Mrs Englishby** who all gave up their time to be on the judging panel.

The results were incredibly close and when the final votes had been counted the winners were declared as follows:



Our pupil judges

YEAR 7 WINNER 7S – Harry Potter



A truly magical door offering visitors the chance to cast their very own spell, this was a great group effort by 7S!

When it came to judging Year 8, there were two outstanding doors and it was just impossible to choose between so we decided to name them joint winners!

YEAR 8 JOINT WINNERS

8B- One of Us is Lying





8B created an impressive crime scene for their entry

8H-The Ice Monster



8H used textiles and lights for their door

YEAR 9 WINNERS 9B

YEAR 10 WINNERS 10N

YEAR 11 WINNERS – 115

The Jungle Book

Alice in Wonderland

Mary Poppins



The animals swinging from

the vines were a great touch!





Amazing attention to detail in the door by 10N!



We loved this striking door by 11S

Special mention also to the Science Department, who won the staff prize with their Harry Potter themed entry.

During World Book Day we also held several activities in the Library including our **Emoji Book Quiz**, Match the Blurb to the Book Cover Quiz and our Create a Book Character Challenge. Winners of these activities will be announced next week!







YEAR 7 READING CHALLENGE

Before the half term, Mr Botes very kindly judged the entries to our Year 7 challenge 'Our Favourite Book'. Our Year 7s once again proved how creative they are with some fantastic entries and the winners were as follows:

1st Kara Lee 7H and Amara Jenkins Smith 7H Diary of a Wimpy Kid

2nd Jasmine Wrenn-Bristol 7S The Secret Garden





Congratulations also go to our runners up: Cameron Hudson 7C, Joseph Oughton 7B and **Lucy Dobing 7B.**























































































EXAM INVIGILATORS Required for 2022/2023

We at Broughton High School, are seeking to appoint a number of enthusiastic Exam Invigilators.

The main purpose of the role is to oversee individual exams and provide support during examination processes.

We have committed staff, dedicated to the all-round education of our young pupils.

The school has approximately 916 pupils on roll.

- A welcoming environment which promotes teaching and learning.
- Broughton High School is seeking to employ people to join our team of Invigilators for our internal and external examinations.
- Invigilators work within the school on a flexible basis. Exams are taken at various times during the academic year, but the main season is May and June.
- The purpose of this role is to ensure that the best possible conditions are provided for pupils to undertake the exams.
- Working days and hours are flexible and the role requires Invigilators to be reliable and punctual.
- The post requires full DBS clearance.

Working Requirements: Seasonal Hours (as required by the school)

Actual Rate Per Hour £9.62

If you are interested in this role, please contact our Exams Officer Mrs R Patel on 01772 863849 ext 219 or email patelr@broughtonhigh.co.uk





Online Safety Newsletter March 2022

Poppy Playtime

Have you heard of Poppy Playtime? With chapter 2 just being released we thought it important that you're aware that whilst the name and characters suggest a playful game, it is a survival horror game with graphics that may not be suitable for your child. It includes characters such as 'Kissy Wissy' and 'Huggy Wuggy.' Please view this game before allowing your child to play it as it may not be appropriate for them particularly young children.

Children may be playing the game or just watching videos of it on the likes of YouTube or playing replicated versions on Roblox for example.

Further information

The INEQUE Safeguarding Group have produced this informative briefing for parents and carers:

https://ineqe.com/2021/12/03/po ppy-playtime-online-safety-review/

Smartwatches / Fitness trackers



Check what the smartwatch allows your child to do and if available, set appropriate restrictions. Talk to your child about the different settings and if you have, why you have set up the restrictions.

What are the risks?

- Some smartwatches allow you to take photos. It is important to talk to your child about appropriate behaviour when taking and sharing photos. Once a photo is shared, they lose control of it.
- Some smartwatches have internet access with the ability to download apps. You need to be aware of the potential of in app purchases and viewing upsetting content.

Depending on the brand of smartwatch, you may be able to set up parental controls for example to restrict content and prevent purchases. More information about Apple Watch parental controls can be found here: https://support.apple.com/en-gb/guide/watch/apd54d0a51fb/watchos

As always, ensure your child knows to talk to you or another trusted adult should they see anything inappropriate or that worries them whilst using their device.

Many schools discourage or do not allow the use of smartwatches – check your child's school Acceptable Use Policy as this will tell you if they are allowed in school.

Further information

- https://parentzone.org.uk/article/digital-family-basics-smartwatches-fitness-trackers
- https://www.internetmatters.org/resources/techguide/smart-toys-and-wearable-gadgets/#smart



Supporting young people with SEND online

The internet can be a great place, but we need to be aware of the risks involved with being online. For children with SEND, they may encounter further challenges and therefore additional support may be required. There is a lot of tailored information available to parents and carers and the following links are a great starting point:

- https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-families-children-with-send/
- https://www.internetmatters.org/inclusive-digital-safety/advice-for-parents-and-carers/supporting-childrenwith-send/
- https://www.childnet.com/help-and-advice/supporting-young-people-with-send-online/

The above sites cover topics such as helping your child browse safely online, setting appropriate parental controls, activities to help talk about being online and the steps you can take to help protect your child online.

Snapchat

What is Snapchat?

Snapchat is an app used for messaging and sharing photos and videos. You must be 13+ to sign up. Users can send messages (snaps) to others that can only be seen for a set time period e.g. 10 seconds. Users can also upload snaps to stories which then disappear after 24 hours.



What should I be aware of?

- Who is your child friends with? Talk to your child about who their 'friends' online are.
- Group chats in a group chat there may be people that they're not friends with on the app who can then communicate with them in the group. This also increases their risk of interacting with strangers.
- Snap Map The map lets users see where 'friends' are.
 Location sharing via the map is optional and is off by default (we recommend that it remains off).
- Snapchat streaks Streaks count how many consecutive days two people have been sending Snaps to each other, this can increase pressure to respond daily.
- **Inappropriate content** due to the nature of the app your child may come across content that is inappropriate.
- Screenshots whilst Snaps disappear, users may take screenshots before they do, potentially resulting in them losing control of what they have shared as it could be sent to other people.
- Bullying there is a risk of bullying on all platforms so please ensure your child knows how to block and report other users if necessary.
 - https://snap.com/safety/safety-reporting/
 - https://support.snapchat.com/en-GB/a/remove-blockfriends

Safety tips

It is important to talk to your child regularly about what they are doing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns. Please make sure the appropriate privacy settings are set up and your child knows how to block and report other users if necessary.

We would recommend you explore Snapchat with your child and suggest why certain options are safer, for example, setting your account so only friends (rather than everyone) can see your content and only those you are friends with can contact you.

• https://support.snapchat.com/en-GB/article/privacy-settings2

Don't forget to talk to your child about being kind online, for example only posting positive comments, don't say anything they wouldn't say in real life and treat others as they would expect to be treated.

Apps for learning and having fun!



Ninja Jamm - DJ and Remix App
Ninja Jamm is a music making app from UK
dance act Coldcut. Free but does have inapp purchases available.



Swift Playgrounds

App for iPad and Mac to learn and experiment with Swift (programming language created by Apple) and used to build apps. Swift Playgrounds requires no coding knowledge as you solve puzzles to learn the basics.



InShot - Video Editor

Great for creating your own movies! Free but does have in-app purchases available.



Test your ability to tap, slide, hold and spin to the beat in this rhythm game!

Top apps to get kids active:

A guide from internet Matters including lots of apps to get your child moving:

https://drive.google.com/file/d/1pfhUEJEI8

WpCCf-PCX3iZv7GY1wbRlBx/view

As with all apps, check their suitability for your child before they use it. Think about if it is appropriately aged for your child, how does the app use your data and does it have any communication channels within it for example?