

BROUGHTON

HIGH SCHOOL

Newsletter No 6

7th October 2019

Dear Parents,

We are delighted to say 'Guten Tag' to our **German exchange visitors from Bonndorf** who arrive on Thursday. **2020 is the 40th anniversary** of the link between our two schools and our exchange has resulted in long lasting friendships for so many families and pupils. As usual, our visitors will be touring famous sights in the North West, with a visit to Blackpool, along with fish and chips, being a culinary highlight. Thank you in advance to all families who are hosting the German exchange pupils. They will have a great time and your hospitality is very much appreciated.

We are proud to be part of the **Preston Teaching School Alliance**. This is a group of 58 local primary and secondary schools who work together to improve standards and


PRESTON TSA
— Teaching School Alliance —

the overall quality of education for all our children. One key aspect of our work is the recruitment and training of the teachers of tomorrow via the School Direct trainee teacher programme. Working in partnership with the University of Cumbria, the training provides graduates with a direct route into teaching. All of the training is completed in schools and is led by highly experienced practitioners who are teaching children on a daily basis. At the end of the one year course, successful participants are awarded a Postgraduate Certificate of Education (PGCE) with Qualified Teacher Status.

University of
Cumbria 

We are recruiting now for 2020-2021 in the following subjects.

Primary: General Primary.

Secondary: Art, Biology, Chemistry, Computing, Design Technology, Drama, English, Geography, History, Languages, Maths, Music, PE, Physics and RE.

If you are, or know of someone, with a degree or who will have a degree by Summer 2020, NOW is the time to apply.

We only have a very limited number of places and they are taken extremely quickly.

Anybody who is interested or has any questions, please contact:

Mrs Sandra Duggan, tel: 01772 867210 or email duggans@broughtonhigh.co.uk.

A reminder that on **Thursday 17 October** there will be a **Year 7 Parents' Evening, 4.15-7.15pm**. This will be an opportunity for parents to meet your son/daughter's Progress Tutor and to attend a short briefing explaining about our approaches to Teaching and Learning, ClassCharts, Setting and Social Media. We know how supportive parents are of such occasions and look forward to seeing everyone in just over two weeks' time.

As always, if you are happy or unhappy with any aspect of life here at Broughton, please do not hesitate to get in touch. My email address is morrisc@broughtonhigh.co.uk.

Chris Morris, Headteacher



Late Bus



The late bus **operates every Monday, Tuesday and Wednesday**, at a charge of 60p per pupil per journey. Pupils are able to use their bus passes and return tickets.

The service **departs from Broughton at 4.25pm**, allowing pupils to stay late to complete school work or participate in sports activities after school.

Year 7 Parents' Evening with Progress Tutors

Thursday 17th October 2019

PTFA Meeting

Wednesday 6th November 2019

School closes for half term

on Friday 18th October 2019

School reopens on Monday 28th October 2019

DO NOT LOSE YOUR KIT!

We would like to remind parents that **ALL items of PE kit, including socks and bags, should be labelled.**

It would be useful if the bag could have a distinguishing feature, key-ring or label, as it is surprising how many pupils have the same bag.

Please would parents remind **pupils** that it is their **responsibility to check that they have their own labelled kit and bag** and know where they have left it, be that on the bag rack, classroom, locker, bus or under the bed!

LABEL IT!

LABEL IT!

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Thank you.



Year 11 Exam News

All Year 11 pupils have been given a copy of their Internal Examination timetable for December 2019. They were also emailed the JCQ regulation documents in September 2019 and must ensure they comply with exam regulations at all times, whether in written examinations or class-based assessments/coursework.

College pupils have all been told to see Mrs Follett if they need to reschedule any internal examinations.

A general internal examination timetable can be found on the Broughton High School website by using the path:

<http://www.broughtonhigh.co.uk/year-focus/year-11/exam-information>

EXTERNAL EXAM DATES TO BE AWARE OF:

NCFE ENGINEERING (All Year 11 Engineers)

Thursday 28th November 2019 9.00am

BTEC ENTERPRISE

(All Y11 Business and Enterprise pupils)

Monday 3rd February 2020 9.00am

BTEC HEALTH AND SOCIAL

(All Health and Social pupils)

Friday 7th February 2020 9.00am

The final date that all Year 11 **must be available up to and including** is the JCQ exam contingency day which is **24th June 2020**.

Learn it CHALLENGE

Current Affairs

1. **Thomas Cook** recently went into liquidation.
2. **The Supreme Court** has ruled that Boris Johnson was wrong to order a suspension (prorogation) of Parliament.
3. **F.B.I.** (Federal Bureau of Investigation) is the name of the US law enforcement agency.
4. **Plagiarism** is when one artist copies the work of another.
5. **Trees** help areas to cool through the process of **evaporation**, which is where water produced during respiration evaporates from the leaves.
6. **Eurostar** is the cross-channel train company.
7. **Impasse** is another word for deadlock.
8. The World Athletics Championships are being held in **Doha**, capital of **Qatar**.
9. **Precipitation** is the geographical term used for rain, snow, sleet or hail.
10. The two main types of newspapers in Britain are **Broadsheet** and **Tabloid**.

Year 7

Healthy Noodle Pots Lesson

Pupil Report

In this lesson we used red, yellow and green peppers with carrots and noodles with a vegetable stock cube.

First, we used the bridge and claw methods to prepare the vegetables and then we dissolved a stock cube to cook our noodles in the microwave. Next, we put our chopped vegetables in the pot with the cooked noodles. We then ate the healthy noodle pots as part of the lesson.



I will be making it at home for my family because it was so delicious.

Max Lillystone, 7C

Word of the Week

EFFUSIVE - adjective

showing or expressing gratitude, pleasure, or approval in an unrestrained or heartfelt manner.

Examples:

Her bright spirits returned **with effusive** thanks.

They gave us such an effusive welcome it was quite overwhelming.



Revision Techniques

Active revision is the key!
Reading through notes is not good enough.



The Cone of Learning



Did you know that creating things dramatically helps your memory and retention skills?

Revision cards

- Question or key word on one side.
- Answer or definition on the other side.

Pupils can test themselves or ask someone to test them. Pupils should then make a pile with all the questions they know how to answer and one with the ones they did not get right so they can test themselves again.

Cards on sale at school.
20p per pack (white)
30p per pack (coloured)

Motor mechanic

**National
Careers
Service**



£18,000-£35,000



38-45 Hours per week on average

You could take a college course before applying for work as a trainee with a garage. Relevant courses include a Level 2 Diploma in Light Vehicle Maintenance and Repair or a Level 3 Diploma in Vehicle Technology.



You'll usually need 2 or more GCSEs at grades 9 to 3 (A* to D) for a level 2 course and 4 or 5 GCSEs at grades 9 to 4 (A* to C) for a level 3 course.

You can complete an intermediate or advanced apprenticeship as a motor vehicle service and maintenance technician.

Translator

**National
Careers
Service**



£18,000-£40,000



37-39 Hours per week on average

You'll usually need a degree or postgraduate qualification in translation. Relevant degrees include:

- languages – courses which specialise in linguistics or translation may give you an advantage but are not essential
- combined degrees which include a subject like law or science with languages



You'll usually need:

- 2 to 3 A levels for a degree
- a degree in a relevant subject for postgraduate study

National Careers Service
tel: 0800 100 900
nationalcareers.service.gov.uk

Online Safety Newsletter: October 2019

Nintendo Switch

Nintendo Switch (and the newer Switch Lite which launched last month) offers lots of fun and age appropriate games to play and by setting up appropriate controls, it can offer a safe and fun environment to play games.

What is Nintendo Switch Online?

This is a paid service that allows the user to play online by linking to other Switch consoles. Nintendo's guidance states '**this service should not be used by account users who are under 13 years old**'. Due to its online nature, children could be playing games with people they don't know which has risks such as being exposed to inappropriate language. If you do choose to purchase this service for your child then set up the appropriate controls detailed below.



Parental Controls App

There is a Nintendo Switch Parental Controls app available which is free to download to your phone (or other smart device) which you can then link to your child's Nintendo Switch in order to monitor what they are playing. You can also set some restrictions on the Nintendo Switch. You can use the app to:

- see what video games your child has been playing
- how long your child has been playing for and set time limits
- set which games can be played based on their PEGI age rating
- turn off voice chat
- restrict spending in the Nintendo eShop

Further information

For further information and guidance, visit the following links:

- <https://www.nintendo.co.uk/Nintendo-Switch/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html>
- <https://www.common sense media.org/blog/parental-controls-nintendo-switch>

Netflix

Does your child watch Netflix? You can add a PIN to your account so a 4-digit PIN must be entered to either play any TV show or movie above a selected maturity level (on all profiles) or to play a specific TV series or movie (on all profiles).

Alternatively, you can create up to 5 personalised profiles in your Netflix account for each member of the household. You can then choose a maturity level for each profile to control the TV shows and movies they can view.

For younger children, you could create a child profile which only includes content appropriate for children.

Find out more here:
<https://help.netflix.com/en/node/264>



Digital Wellbeing

We all need to be aware of how being online can affect us and look after our digital wellbeing. Childnet have further information about what digital wellbeing is as well as how you can support your child's digital wellbeing tailored to their age:

<https://www.childnet.com/parents-and-carers/hot-topics/digital-wellbeing>



Social Media top Tips

Internet Matters have produced the following document which includes their top tips for parents in guiding your child to be safe whilst using social media.

<https://www.internetmatters.org/resources/social-media-top-tips-cards/>

What is Sexting?

Sexting is sending an explicit image or video of yourself to somebody else. It can also be called 'pic for pic' or 'nude selfies'.

The risks

Once you send an image/video you no longer have control of it, it could be posted online or shared with others. **Remember that even if you use an app like SnapChat to share an image, somebody could take a screenshot of it and share it with others.**

Start a conversation

We understand that some conversations can be awkward but it's important to chat to your child about the potential risks of sharing explicit images, the law and where they can get help. Perhaps start the conversation by relating it to something in the news. Ensure that they know they can talk to you.

The law

It is actually **illegal** to create or share an explicit image of a child (under 18), even when the person doing so is a child themselves. It's important to remember that the age in relation to taking explicit images is 18. **You are breaking the law if you:**

- **take** an explicit photo or video of yourself or a friend.
- **share** an explicit image or video of a child.
- **possess, download or store** an explicit image or video of a child.

N.B. If under-18s are found to be engaging in sexting, then whilst the matter will be investigated, police can choose to record that a crime has been committed but that taking formal action isn't in the public interest.

What to do if a nude or nearly nude image is shared online

There are steps you can take to alleviate the situation including ways in which to minimise the distribution of such images. Childnet have simply detailed this here:

<https://www.childnet.com/parents-and-carers/hot-topics/sexting/taking-positive-action>

Further information

There's lots more advice available online about sexting, for example what to do if your child has been affected by this. Our school will also be able to advise and guide you should you need us and there are other organisations that you can turn to such as:

- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/>
- <https://www.childnet.com/parents-and-carers/hot-topics/sexting>
- <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/>

