BROUGHTON

HIGH SCHOOL

Newsletter No 40

29th June 2020

Dear Parents,

We were delighted with the attendance, commitment and positive attitude demonstrated by every Year 10 pupil who attended school last week. Attendance was 94% which is absolutely fantastic in the circumstances. A massive 'Thank You' to all parents for your encouragement and support. They arrived somewhat bleary eyed, as getting up before midday was something of an anathema for the majority. However, without exception, the pupils 'enjoyed' the lessons describing them as 'sic' – praise indeed!







This week (Monday 29 June - Friday 3 July) every Year 10 pupil must arrive at 8.40am. This is 'Week Two' and all pupils will have lessons in their GCSE option subjects.

Year 11 parents, we have not forgotten you! Last Tuesday should have been the Leavers' Ball. The weather was glorious and your sons/daughters would have had a wonderful time. Please be

> assured we are actively considering an alternative date for the social event of the year. At this stage we are still waiting Government confirmation as to when large gatherings of people will be permitted. One 'rite of passage'

GCSE RESULTS DAY THURSDAY 20TH AUGUST 2020

I can confirm is that Year 11 pupils will be able to collect their GCSE results 'in person' on Thursday 20 August.

However, we will have to stagger collection times. We will confirm all the arrangements once we have finalised our plans.

After eleven (!) weeks of home learning, we are well aware that the commitment of pupils (and parents) is beginning to wane. It is hard to maintain a sustained level of interest and engagement without a particular focus. Year 10 are now back in school and in the middle of their GCSE exams, while Year



9 have made a 'Flying Start' to their GCSE courses. These two year groups have a renewed sense of purpose and vigour. Monday, week beginning 6 July, we shall be issuing every pupil in Years 7 and 8 with a Personal Challenge. They will



have a change from doing their 'normal lessons', and instead will be reflecting on the last few months, recording all their successes and undertaking one or two new challenges. More

details to follow. Just want to make you aware that we are responding to your comments and injecting some variety into our programme of learning.

As always, if you need to contact me about any issue, please do not hesitate to get in touch. My email address is morrisc@broughtonhigh.co.uk.

Chris Morris, Headteacher

30 Days Wild – it's almost over!

If you have kept up with your efforts to 'Do something with Nature' every day during the month of June, you should have nearly a month's information recorded now. Please submit your final record to Mr Fox or Miss Winter by **Friday 3rd July.** You can upload a file or take a photograph of your record. If you have missed a day here and there - don't worry! Please let us see what you have done anyway. And of course, if you have photographs of any of your Nature activities, do send them in as well. You should send in only photographs that you are happy to have shared in upcoming Newsletters.

Miss Winter



A Vision for Life After Covid-19

Have you been wondering whether going completely 'back to normal' is actually a good idea? Is there anything you would like to see the world do DIFFERENTLY in the future? Maybe even something we have learned from the pandemic?

There is a great national competition for pupils and students **aged 14 and up**, in which you can explore this very issue. You have a chance to submit either a written **article**, short **video** or **image** that describes your vision for the world after the coronavirus crisis has passed. There are prizes of **£200**, **£100** or **£50** in book tokens plus the chance for personal **mentoring** from the panel of some of the world's foremost thinkers and some fantastic **work experience** with either UCL or openDemocracy.

We will also have an internal competition here at Broughton, awarding prizes to the top three entries.

Get thinking and dreaming! But hurry, the competition closes on **Friday 10th July**, and entries are already being uploaded!

Find out more here, including how to upload https://www.opendemocracy.net/en/world-after-covid/

Don't forget to send your entry to Mrs. Whitlock or myself as well!

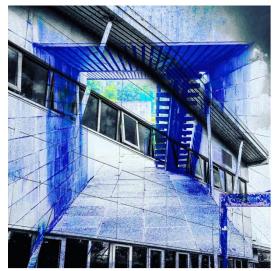
Miss Winter

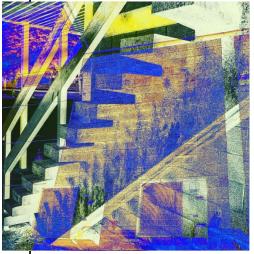
Art Project - Broughton's Built Environment

One area of my work that I have been able to spend more time on during lockdown is developing some new art project ideas. Broughton's 'Built Environment' is a project that will fit into one of our Year 7 universal art themes: Man-Made.

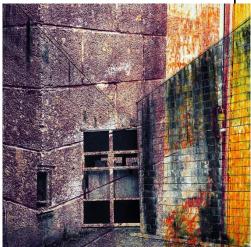
When I was in school earlier this month I went on a Photoshoot around the school site looking for interesting shapes, forms, patterns and textures. As part of the project development, I created the semi-abstract images below by editing and layering two images together using Instagram and Photoshop Mix apps.

Can you recognize any of these bits of Broughton?









Ms Smith



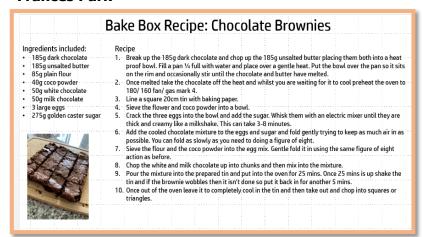
Year 9 Food 'Flying Start': Bake Boxes



More examples of the excellent work that Year 9 GCSE Food pupils have been achieving. I look forward to reading through their work and seeing how much time and effort they are putting into completing all tasks set so far. This is great preparation for when pupils come back in Year 10; well done.

Mrs Newton

Frances Park



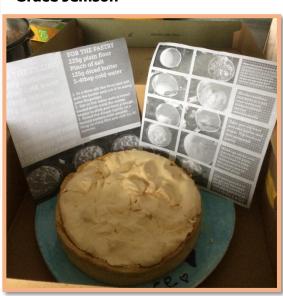
Kirstie Jackson



Katie McCombe



Grace Jemson



Grace Kellett









Food Technology

Congratulations to the following pupils for achieving their Bronze Cooking Awards this week.



Bronze Award



Eleanor Hand Moiz Juno Emily Shaw





Keep cooking everyone.

Mrs Newton

Achievements during lockdown

Louisa Stanley (8N), usually has **piano lessons** in school and now, during lockdown, she has these lessons weekly via Skype.







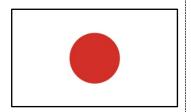


I was delighted to receive an email from Louisa, highlighting that she has been working hard during lockdown and has learnt to play a song on the piano called 'Für Elise'. Louisa send me a short video clip of her playing this piece and it is absolutely fantastic. Very well done.

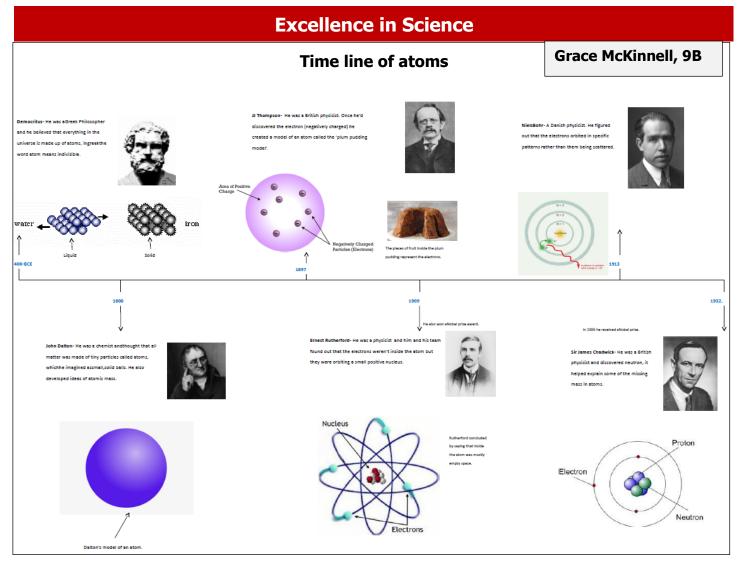
Miss Maloney

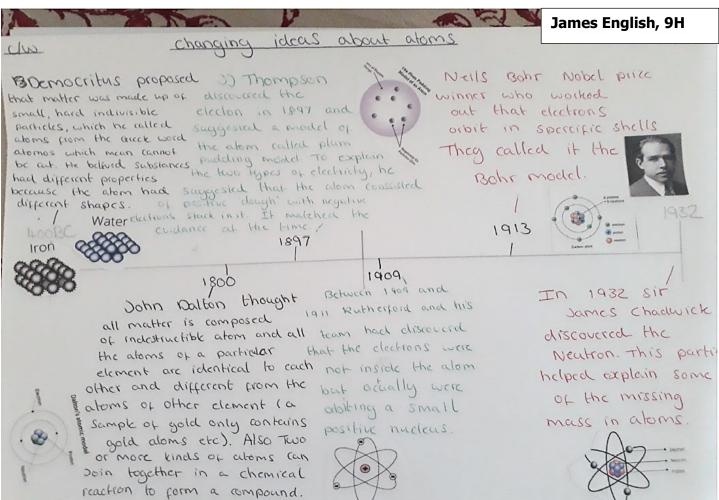
Grace Bott (7C) has used the extra time she has had during lockdown to develop her language skills. Grace has started to **learn Japanese** – a language which has a reputation of being difficult to master!

I am extremely impressed that Grace has challenged herself to try something new. Good luck Grace, or should I say "がんばって"?

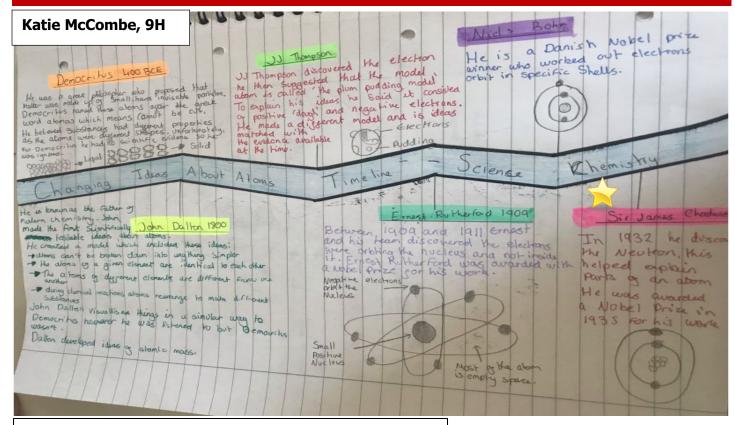


Mr Gaffney





Excellence in Science

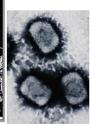


THE BROUGHTON OBSERVER

Smallpox and its vaccine







These are some imagines to do with the smallpox outbreak and vaccine. The one on the left is Edward Jenner. The one in the center is a poster which was used to get people to want to be vaccinated. The picture on the right is what the disease would look like underneath a microscope.

Article by Lucy Mason

Smallpox was one of the worst disease's humans have ever seen. It caused 300 million people to die just in the 20th century alone. If you caught it, you had a 30% chance of dying. If you did survive then you would have nasty scars for life.

Smallpox dates to the Egyptians and spread around the world. By the 18th century it was killing millions of people every year.

The smallpox virus is an infectious disease which is caused by viruses. The viruses were variola major and variola minor. The first symptoms of the disease included vomiting and fever. Soon after this a rash appeared on your skin.

The rash eventually turned into fluid filled bumps. The virus could be spread between people who were in close contact with each other.

Edward Jenner developed the first 'vaccine' to try and prevent smallpox. He injected people with a similar but safer disease called cowpox.

Cowpox is a similar virus to smallpox. Cowpox can infect cows and humans. It produces nasty sores, but it is not fatal. In the 18th century many milkmaids caught cowpox because they were milking cows regularly. During this time the milkmaids were considered as very beautiful.

They were beautiful as they rarely caught smallpox, so they did not have scarred skin. Children had a lot lower death rate. Edward Jenner noticed that the milkmaids were immune to smallpox. He decided to test his theory. Jenner injected cowpox into an 8-year-old boy and then gave him smallpox. He did not get smallpox. By using cowpox, it reduced the spread of smallpox. They have similar pathogens means that the body would learn how to fight cowpox. This means it could also fight smallpox as it had already got the antibodies to fight it. This lead to the development of modern vaccines. Edward Jenner is responsible for saving hundreds of millions of lives.

After doing worldwide vaccines of cowpox, smallpox was declared dead. In 1980 it was declared eradicated. This means nobody could now catch smallpox.

The world united to fight this threat that was killing many people. The lessons that were vital and learned was that the vaccine creates antibodies which will fight the disease. Now we need to find a vaccine for the coronavirus like we did with the smallpox 40 years ago.











Lucy Mason, 8N















TASK 11 – GUIDE TO SURVIVING LOCKDOWN!!!

Who would have thought that 2020 was going to be such a memorable year? Sadly, not in the way that most of us would have hoped.

Yet here we are, twelve weeks in, and finding our own survival strategies. Read on for some top tips on how to make the most of lockdown.

How to stay fit and healthy during lockdown

Want to stay slim and trim during lockdown? Have a go at some of the following exercise routines.

- 1) Make your own homemade weights. Try filling two rucksacks with bricks and put them on either end of a broom held horizontally. You might want to check that it's okay with your mum first!
- 2) Hop on your bike and cycle around the Guild wheel or half of it if you're not quite Bradley Wiggins!
- 3) What about trying the 'couch to 5k' to improve your fitness and stamina.



How to avoid lockdown boredom

Feel like you're living in Groundhog Day? Think about some exciting ways to cure your lockdown boredom.

- 1) Feel like you have nothing to do? Try filming some cool trick shots, or film some 'socially distance tik toks' with your mates.
- 2) If you have a dog, then you should teach them a few tricks. Give some of these a try! https://www.youtube.com/watch?v=soY1HbsJDz8
- 3) Try learning some new skills inside the house. Give yourself a challenge like one skill per day. Maybe try learning things like juggling and throwing playing cards.

How to earn money during lockdown

Feel like you want some cash in your back pocket? Maybe you fancy raiding the chocolate aisle at Asda? Here are some top tips on how to do it!

- 1) Offer to do some of those jobs that your family have been putting off for a while. Negotiate a fee at the start e.g. five pounds to paint each fence panel, one pound to vacuum downstairs, or three pounds for a lockdown haircut!
- 2) Offer to help your neighbour with their gardening or shopping.
- 3) Make a deal with your parents around schoolwork. (One pound per piece of completed work!)



These are my top tips for surviving in lockdown..... GOOD LUCK!

Library News

We have had a couple of busy weeks re-organising so that we may safely re-open for some of our pupils and it really has been fantastic to see them reading in the library again. Plans are ongoing for how the library may re-open/operate for all children in the Autumn term and we will, of course, keep you updated.

For those pupils and families at home, the latest edition of **First News** has now been uploaded to Firefly. **Resources-LRC-First News**

I also want to make a final call for any submissions to our '**Book Spine Poetry**' competition. It's not too late to have a go. Please see some of our earlier newsletters if you are looking for inspiration. It is **open to all** and the closing date is in two weeks on Friday 10th July.

Black Lives Matter-Reading Resources

The National Literacy Trust have curated several age-related reading lists 'to help young people, families and teachers explore race, identity, family and community.... all books featured are by black authors and/or illustrators and exemplify the principles of the Black Lives Matter movement.' The book lists for ages 9-12 and 13-16 can be found on the library section of Firefly or follow the link below for information and more resources:

https://literacytrust.org.uk/family-zone/zone-in/anti-racism-resources/



Jamie Johnson: The National Literacy Trust have also teamed up with Scholastic and Dan



Freedman (author of the Jamie Johnson series of football-themed books) and are currently enabling readers to download, for free, the first book in the series 'The Kick Off' through the National Literacy Trust website. See the following link for more details: https://literacytrust.org.uk/family-zone/9-12/dan-freedman-football-challenge/

The Jamie Johnson TV series (currently playing on CBBC) is based on these books so if your children enjoy the series, why not encourage them to read the book?

World Book Day-Audio Books The World Book Day website is currently working with publishers to provide free access to a selection of audio books for a range of ages. They have extended the time you are able to listen to these books for free and you can find further details here https://www.worldbookday.com/world-of-stories/ Please be aware if you are allowing children to explore the site themselves that these pages also contain links to online stores where you may purchase physical copies of the books.

Stay safe and keep reading!

'Books are a uniquely portable magic' - Stephen King





Online Safety Newsletter

July 2020

Facebook: Messenger rooms

Facebook are about to release Messenger rooms which is a group video chat for up to 50 people. You do not need a Facebook account to be a participant.

The room creator must be present for a call to begin and is able to remove participants.

Talk to your child about the importance of not sharing any private information. They may not know all participants in a room so if they do feel uncomfortable at any point — tell them to leave the room straightaway. Make sure that your child understands how to report a room or participant if necessary.

As always, have regular chats with your child about what they are doing online. It's really important to make sure that your child knows that they should talk to you or another trusted adult if they have any concerns.

You can find out more about Messenger rooms here: https://www.facebook.com/he lp/819584731857901

Xbox 360 / Xbox One

Does your child have an Xbox? The Xbox can be used to access the internet so it is important to set up appropriate parental controls based on your child's age as well as review what games they are playing on their console.

What games are they playing?

All games are given a PEGI rating upon release, you should use this PEGI rating to check that it is suitable for your child to play. A PEGI rating tells you what age your child should be to play that game e.g. aged 8+ or 16+.

Visit https://www.askaboutgames.com/ to find out further information about any games that your child asks to play. This useful site also provides additional guides as well as suggestions for suitable games based on age.

Parental Controls

Both the Xbox 360 and Xbox One consoles include parental settings such as what games can be played and how long your child can play on their console for.

- **Xbox 360 console:** https://support.xbox.com/help/xbox-360/security/xbox-live-parental-control
- **Xbox One console:** https://support.microsoft.com/en-gb/help/4482922/xbox-one-online-safety-and-privacy-settings-for-parents-and-kids

Xbox's family safety app

In addition to the above parental controls, Xbox have now announced that a new family safety app is currently available for preview and will be released fully later this year. It includes features such as:

- Screen time limits
- Content filters set filters based on age
- Play and communication settings block all access to play and communication with others, limit access to "friends only."

Full story here: https://news.xbox.com/en-us/2020/05/27/xbox-family-settings-app-preview/



OK Live APP

Livestreaming

What is Ok Live?

Ok Live is a video streaming app which is rated 17+ by the App Store. This means the app is not suitable for those under the age of 17. The app allows you to watch livestream videos added by other users from around the world.



Livestreaming is when you share and watch video content in real time. Due to the very nature of

the app being live, a user may view unsuitable and explicit content. There is the ability to complain about a video within the app if they view anything upsetting.

Why should I be concerned?

- Users do not need to register to watch livestreams, however to use all functions (e.g. to comment or upload livestreams) you must have an account. To create an account you need to add a mobile phone number.
- Broadcasts can be shown on a map, so if you allow the app to use your location, it will show exactly where you are when streaming which raises safeguarding concerns. If you choose to allow your child to use this app, we would strongly recommend that location is disabled.
- Comment facility may lead to contact from strangers
- Livestreams are all recorded and then are available for users to watch at
 a later date (unless deleted by the user). It's important to talk to your
 child about what they do share online.

Further information

Further information about livestreaming is available here:

• https://www.commonsensemedia.org/blog/parents-ultimate-guide-to-livestreaming

Dove Self Esteem Project

Dove have a whole host of articles, videos and activities on their website as part of their self-esteem project, the aim of which is to boost the self-esteem of young people. The free resources are designed to help parents communicate with their children on a whole host of subjects including media ideals, the effects of cyberbullying and social media.

https://www.dove.com/uk/dove-self-esteem-project.html

Education from the Advertising industry

MediaSmart produce educational resources designed to provide young people with the tools they need to be critical consumers of the media. Their website includes two guides for parents (Body Image & Advertising and Digital Advertising & Social Media) in order to assist you in supporting your child in developing their understanding:

https://mediasmart.uk.com/pare nts

Facebook update

Facebook is releasing a "manage activity" feature which will allow users to search for and remove posts more easily. Further information is available here:

https://about.fb.com/news/2020/ 06/introducing-manage-activity/

Short videos for delivering online safety at home

Thinkuknow have created this page to support parents during Covid-19. Every fortnight they will release a new video presentation to help you with online safety at home.

https://www.thinkuknow.co.uk/parents/Support-tools/presentations-for-parents/