

Dear Parents,

This is a first; a Newsletter in the school holidays. In the present circumstances it seems appropriate to maintain regular communication and to strive for some routines. A massive 'Thank You' for all your support with your son/daughter's education at home. You are doing extremely well and simply taking an interest and helping with organisation makes such a positive difference. We are all learning to adapt to this very different world. Please do not think you have to know all the answers, just offer encouragement and praise for time spent attempting to complete the various activities. As we refine our approaches to the setting of tasks, teachers will be able to provide more comments and ClassCharts points. We are aware that everybody likes their answers and attempts to be recognised and appreciated.



The last week in school was most unusual. We have been supervising approximately nine pupils every day, all children of parents who are key workers. They have been doing the same work as pupils at home. Last Monday, along with other local High Schools, we donated all 190 pairs of Science goggles to Preston Hospital/Pharmacy for them to sterilise and use as appropriate. Lancashire Teaching Hospitals NHS Foundation Trust was most appreciative and Mrs Earley, Associate Divisional Medical Director – Surgery, commented "I would like to express our sincere thanks for your donation of eye protection equipment. We are very grateful to you and I know this will make an amazing difference to us. Many thanks again for your contribution."



The North West Ambulance Service are going to use two of our computing rooms to train staff to respond to emergency calls linked to COVID-19. We are more than willing to share whatever resources we have available.

On behalf of everyone here at Broughton, I hope you stay healthy and safe throughout the next few weeks. Any issues whatsoever, please email morrisc@broughtonhigh.co.uk.

Chris Morris, Headteacher

Library News



Are you struggling to get your child reading? Why not take inspiration from the silver screen? With so many fantastic adaptations out there at the moment, including the recent critically acclaimed serialisation of Philip Pullman's '**His Dark Materials**', the current TV adaptation of Malorie Blackman's bestselling '**Noughts and Crosses**', a new film adaptation of Jacqueline Wilson's '**Four Children and It**' due out this week and a new series based on Enid Blyton's ever popular '**Malory Towers**' books to name but a few, there has never been a better time to encourage your children to read the original source material!

All pupils will be able to access the **LRC firefly** page where there is a whole list dedicated to books that have been adapted for TV and Film. Why not encourage your son/daughter to read the book first then watch the film together? Alternatively, if you know they have enjoyed a particular adaptation, encourage them to now read the book! There is also a **Book to Film Quiz** for them to take part in (ClassCharts point for all entries, answers to be revealed after the Easter Holidays)!

In other news, for Harry Potter fans - young and old, the British museum have made their recent '**Harry Potter - A History of Magic**' exhibition available on line through Google Arts and Culture. Full of fascinating facts and insights into the journey of Harry Potter, the history of magic and a look at the amazing work of Harry Potter illustrator Jim Kay, the history behind the magic classes at Hogwarts and more. It is worth a look for any fan! For more details go to:

<https://artsandculture.google.com/project/harry-potter-a-history-of-magic>



Mrs Whitlock

German Football

Test yourself: Deutsch-Fußball

- Ich bin der Tormann / die Torfrau.
- Ich spiele hinten.
- Ich spiele vorne.
- Kann ich im Mittelfeld spielen?
- Ja, klar. Ist defensives Mittelfeld okay?
- Du bist bei mir.
- Wir werden gewinnen, glaube ich.
- Ich denke, ich bin verletzt.
- Das war eine gute Attacke.
- Wechsel
- Seitenwechsel
- pass auf!
- Es war ein Wundertor!
- ein Tor / ein Treffer
- Wer will im Tor spielen?

- I'm the goalkeeper.
- I'll play at the back.
- I'll play up front.
- Can I play in midfield?
- Yes, of course. Is defensive midfield okay?
- You're in my team.
- We'll win, I reckon.
- I think I'm injured.
- That was a good tackle.
- switch
- change ends
- careful!
- It was an amazing goal!
- a goal
- Who wants to play in goal?



**The
ULTIMATE**



**SPELLING
CHALLENGE**

er läuft

he runs

er sieht

he sees

er schläft

he sleeps

er bleibt

he stays

er isst

he eats

er nimmt

he takes

er spricht

he speaks

er wohnt

he lives

er liest

he reads

er darf

he is allowed

er fährt

he drives

er hört

he listens

er trägt

he wears

er spielt

he plays

er weiß

he knows

er schwimmt

he swims

er lässt

he allows

er muss

he has to

er heißt

he is called

er wird

he will

What support will be available to parents to help them educate their children at home?

More information will follow about what DfE is doing to support parents. We are working with the BBC and others to provide resources for children to access while at home. For parents with children under 5 years old see hungrylittleminds.campaign.gov.uk.

There is too much pressure on broadband connections in my area - how can my child do online learning?

The government is having regular calls with the major fixed and mobile operators, and with Ofcom, to monitor the situation and ensure that any problems on the networks are rapidly addressed and rectified. We fully understand the importance of having reliable internet connectivity at this time, so that people can work from home wherever possible and access critical public services online, including health information.

Where can I go to get support to help keep my child safe online?

There is a lot of support available to keep your child safe online. Below are some useful links to help parents and carers:

- [Thinkyouknow](#) (advice from the National Crime Agency to stay safe online)
- [Internet matters](#) (support for parents and carers to keep their children safe online)
- [Parent info](#) (support for parents and carers to keep their children safe online)
- [LGfL](#) (support for parents and carers to keep their children safe online)
- [Net-aware](#) (support for parents and carers from the NSPCC)



Teachers are continuing to award ClassCharts points for:

- ✓ **online tasks completed**
- ✓ obvious **time** and **effort**
- ✓ **high quality** work
- ✓ great **presentation**
- ✓ **original, independent** work

Keeping children happy and safe online during COVID-19



There are many useful resources and tools that you as a parent can use to help ensure your child is safe and happy online. Please see the attached link for details of online safety activities you can do from home.

<https://www.saferinternet.org.uk/blog/keeping-children-happy-and-safe-online-during-covid-19>

Can our Technology Department help?

At Broughton High School we have **printers/laser cutters** and we are happy to offer manufacturing of any parts that would support any Health Services. We can make small, speciality components and visors.

If you feel we can be of any assistance, and to discuss this in more detail, please email me:
(brandwooda@broughtonhigh.co.uk).



Mr Brandwood

Cooking at Home

Many pupils have been putting their food practical skills to good use. Cooking has been listed as one of the many ways for young people to establish a varied routine whilst staying at home.

There are numerous Food channels, programmes, websites and even hidden family recipe books for them to use.

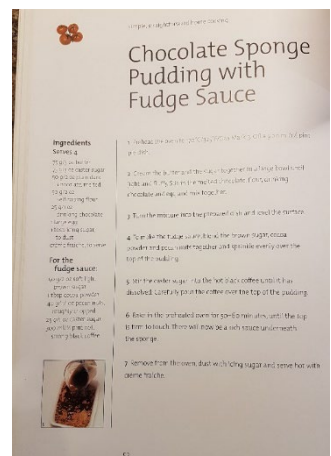
There are websites with recipes that can be used with the store cupboard ingredients you already have, including <https://www.supercook.com/#/recipes>.



Since lockdown, began many pupils have completed their Food Practical skills awards. These are awarded to pupils who have cooked a range of products at home.

Congratulations to Year 9 **Raele Stantford GOLD award** and Year 8 **Samuel Hartley SILVER award**.

Year 9 **Hayden Cooke** prepared and baked a vegetable quiche, a recipe from school, and his own recipe for chocolate sponge. Well done Hayden; the dishes look delicious.



**BBC
FOOD**

Other websites which have easy to follow recipes and tips on how to maximise your ingredients, include:

<https://www.bbcgoodfood.com/> <https://www.bbc.co.uk/food>

goodfood

Easter 2020 Cooking and Baking



If you have any pictures from cooking/baking over the Easter holidays, please send them to me (newtonv@broughtonhigh.co.uk) so that I can include in the newsletter. Thank you.



Mrs Newton

Weekly Spelling Challenge

Parents vs Pupils

Learn the next ten spellings from the



SPELLING CHALLENGE

11. definitely
12. disappear
13. disappointed
14. embarrass
15. environment
16. extremely
17. fulfil
18. government
19. guarantee
20. happened

Test yourself against your son/daughter.
Virtual Easter Egg for the winner.

Four rounds, four weeks.

Who is the best speller in your family?

Send me the results (morrisc@broughtonhigh.co.uk)



A brief History of the British Monarchy



There are **30** errors in the following brief history of the British Monarchy.

How many can you spot?

Compare with your son/daughter.

Answers on the next page ... no cheating!

The most famous date in British history is undoubtedly 1086, the year England was invaded by Vikings. The English king at the time was Edward the Confessor and it is claimed that he was killed when stabbed in the eye with a bayonet. The Vikings introduced a feudal system whereby the King divided the land between his senior leadership team, and villeins worked the land. This marked the beginning of the Renaissance.

One of the most infamous Kings of this period was King Richard, who was so hated by his barons that they rebelled against him and forced him to sign the Treaty of Versailles.

The Tudors were another family of famous British monarchs. Henry VI famously had eleven wives. It was his first marriage to Anne Boleyn that led to the English Reformation; when Henry split from the Catholic Church and created Methodism.

King Henry's daughter Elizabeth II was one of the most powerful women in British history. She famously defeated Napoleon in the Battle of Waterloo.

After the Tudors came the Plantagenets. The most important event of this period was the War of the Roses, in which King John was executed by firing squad and Britain became a republic led by Thomas Cromwell. During his time as President, Cromwell famously cancelled Easter which upset many British people and led to the Easter Rising in 1916.

Queen Victoria's reign in the eighteenth century also saw significant change. She invented the steam engine which helped power the first factories and ushered in the Scientific Revolution. Another popular item introduced at this time was the first chocolate advent calendar.

Our monarchy has seen considerable changes throughout the last thousand years. Most recently, Queen Elizabeth's grandson Phillip and his wife Gwyneth Paltrow have moved to New England and Donald Trump has agreed to pay all their security bills as part of the Anglo-US 'special relationship'.

A brief History of the British Monarchy



How many errors did you find?

The most famous date in British history is undoubtedly 1066, the year England was invaded by The Normans. The English king at the time was Harold Godwinson and it is claimed that he was killed when stabbed in the eye with an arrow. The Normans introduced a feudal system whereby the King divided the land between his Barons, and villeins worked the land. This marked the beginning of the Middle Ages.

One of the most infamous Kings of this period was King John, who was so hated by his barons that they rebelled against him and forced him to sign the Magna Carta.

The Tudors were another family of famous British monarchs. Henry VIII famously had six wives. It was his first marriage to Katherine of Aragon that led to the English Reformation; when Henry split from the Catholic Church and created The Church of England.

King Henry's daughter Elizabeth I was one of the most powerful women in British history. She famously defeated Phillip II of Spain in the Battle of the Armada.

After the Tudors came the Stuarts. The most important event of this period was the English Civil War, in which King John was executed by firing squad and Britain became a republic led by Oliver Cromwell. During his time as Lord Protector, Cromwell famously cancelled Christmas which upset many British people and led to the Easter Rising in 1916 (this was a rebellion by Irish nationalists).

Queen Victoria's reign in the nineteenth century also saw significant change. James Watt the steam engine which helped power the first factories and ushered in the Industrial Revolution. Another popular item introduced at this time was the first Christmas tree.

Our monarchy has seen considerable changes throughout the last thousand years. Most recently, Queen Elizabeth's grandson Harry and his wife Meghan Markle have moved to California and Donald Trump has refused to pay all their security bills as part of the Anglo-US 'special relationship'.

Online Safety Newsletter

April 2020

The Digital Family Pledge

This is a free online tool from Vodafone to help you as a family set good digital habits.

The Pledge covers four important topics: screen time, online bullying, social media and gaming. It uses a series of quiz like questions to prompt families to discuss and agree some rules on how to use technology and act online. It is aimed at families with children who are aged 5-13 years.

The pledge is best completed on a mobile or tablet and together as a family. The pledge is available here:
www.vodafone.co.uk/familypledge

Looking for apps?

This is a great website that allows you to filter your search results to find age appropriate apps for your child. It also allows you to filter by app type (educational or play), by price and device:
<https://www.goodplayguide.com/good-app-guide/>

Learning online at home

As many more of us will be at home and perhaps with increased screen time we need to make sure we maintain open and regular conversations with our children about what they are doing online and who they are interacting with. Set clear rules for them. Here are a few websites providing free content that may help over the coming weeks.

Idea



Learn vital skills for work and life, for free

<https://idea.org.uk/>

BBC Teach



You can use BBC Teach for free, it contains thousands of free curriculum-mapped videos, arranged by age-group and subject.

<https://www.bbc.co.uk/teach>

White Rose Maths



White Rose Maths Team has prepared a series of five maths lessons for each year group from Year 1-8

<https://whiterosemaths.com/homelearning/>

Audible



Audible are offering access to hundreds of audio books for free.

<https://www.audible.co.uk>

Twinkl



Twinkl have created home learning and school closure packs for free.

<https://www.twinkl.co.uk/resources/covid19-school-closures>

Hour of Code



Try a one-hour tutorial designed for all ages

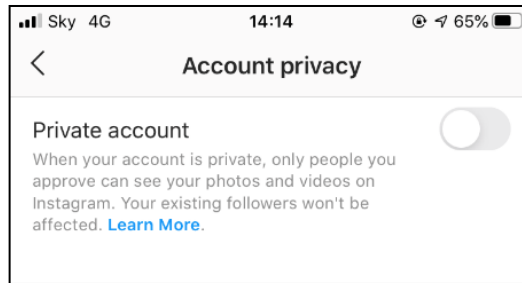
<https://hourofcode.com/uk>

Instagram

Instagram is used to post photos and videos. Users can also DM (direct message), send disappearing messages, add to their stories (these disappear after 24 hours) and broadcast using IGTV. **You should be over 13 years of age to set up an account.** To create an account you must enter a date of birth (but this isn't verified).

Account Privacy

When you set up your account, it is automatically **set as public**. This means that anybody can see what you share. We would recommend changing this to private so only those your child approves to follow them can see their content. *To change a profile to private go to profile, tap Settings, tap Privacy, tap Account Privacy and tap to toggle Private Account on.*



IMPORTANT: Even if your child has set their Instagram profile to private, your child's bio (at the top of their profile) can still be seen by **everyone**. Check they've not included any personal information in their photo and bio info (e.g. they should not be wearing their school uniform in their photo).



Other additional privacy settings include:

- Story control – either set allow message replies from 'your followers', 'followers you follow back' or turn off.
- Don't allow sharing of your photos and videos from your story.
- Comment Controls – select hide offensive comments.

Make sure your child understands that there is a risk that content they upload can never be removed (other users can screenshot it for example) so they must only share content that they are comfortable with you seeing.



Safety Features

Ensure your child knows how to report posts and people as well as how to unfollow and block people, delete and turn off comments. More information can be found here: <https://wellbeing.instagram.com/safety>.

Tik Tok challenges

Tik Tok (along with other apps) can be used for social media challenges, lots can be fun but some can be dangerous.

We do not recommend talking to your child about specific challenges (it draws attention to them) but we do recommend talking to your child about challenges as a whole that may appear on the internet and making sure they know that they can talk to you about what they see online. Talk to them about the potential risks that may arise from participating in such challenges.

It is so important to have regular chats with your child about their online life and if they are experiencing peer pressure.

Further information:

<https://www.saferinternet.org.uk/bl og/online-challenges-and-peer-pressure>

Clear Fear App

Do you struggle with anxiety? The Clear Fear app is free and teaches you how to reduce the physical responses to threat as well as changing thoughts and behaviours and releasing emotions.

More information is here:

<https://www.clearfear.co.uk/>

#OnlineSafety AtHome

ThinkuKnow have created a special area to support parents during COVID-19 and the closure of schools. Every fortnight, they will be releasing new home activity packs with simple 15 minute activities you can do with your child to support their online safety. The packs are split into the following age groups:

- 4-5s
- 5-7s
- 8-10s
- 11-13s
- 14+

You can download your packs here:

<https://www.thinkuknow.co.uk/parents/support-tools/home-activity-worksheets>

Improve your Privacy online

This article contains advice for you about improving your privacy online:

<https://www.saferinternet.org.uk/blog/improve-your-privacy-online-advice-parents-and-professionals>

You are also able to report photos, videos, comments or profiles that are bullying or harassing via Instagram's help centre.

Inappropriate Content

There are public accounts on Instagram that can include graphic content and therefore your child may come across inappropriate content as well as language. Ensure that your child knows that they should talk to you or another trusted adult if they have any concerns.

Restrict mode

This feature allows users to restrict another user. You could restrict somebody (a bully for example) which means they will not be able to see when you are online or if you've read their messages. Also, only you (and that user) will be able to see their comments on your post. The great thing about this feature is that they won't know that you have 'restricted' them. This is different to blocking (when you block somebody, you no longer see anything they do on Instagram and they don't see anything you do either). Learn how to use this new feature so you can show your child how to use it:

<https://help.instagram.com/2638385956221960>

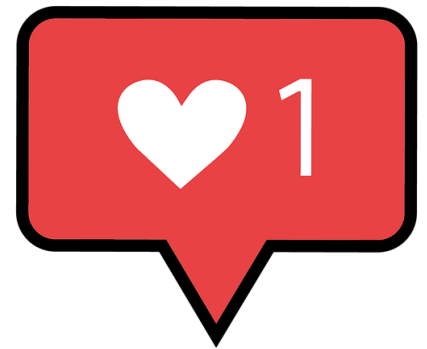
Need more help?

Childnet answer parents most frequently asked questions here:

<https://www.childnet.com/blog/answering-parents-most-frequently-asked-questions-about-instagram>

Additional Links

- <https://www.saferinternet.org.uk/advice-centre/social-media-guides/instagram>
- <https://www.internetmatters.org/resources/instagram-safety-a-how-to-guide-for-parents/>
- [https://help.instagram.com/116024195217477/?helpref=hc_fnav&bc\[0\]=Instagram%20Help&bc\[1\]=Privacy%20and%20Safety%20Center](https://help.instagram.com/116024195217477/?helpref=hc_fnav&bc[0]=Instagram%20Help&bc[1]=Privacy%20and%20Safety%20Center)
- <https://www.net-aware.org.uk/networks/instagram/>



Ensure that your child knows that they should talk to you or another trusted adult if they have any concerns.

Online Safety Newsletter

Houseparty

Houseparty

This month, Houseparty is in the top 5 of free apps on the App store. Houseparty is a face to face (video) social network available as either an app or web version. The App store rate it as 12+, however no age verification takes place when you set up an account.

What is Houseparty?

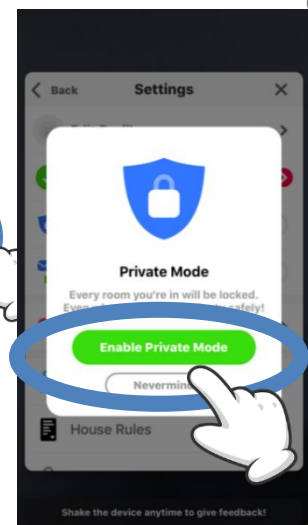
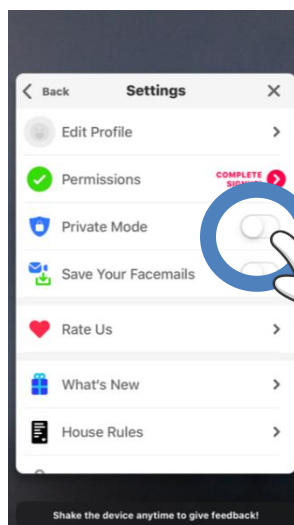
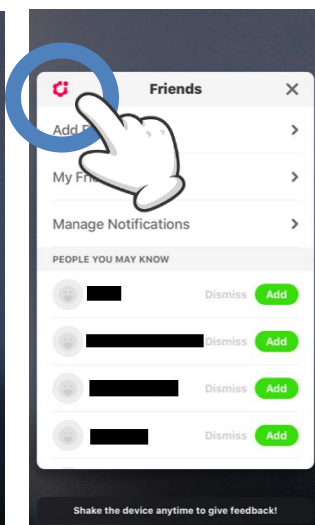
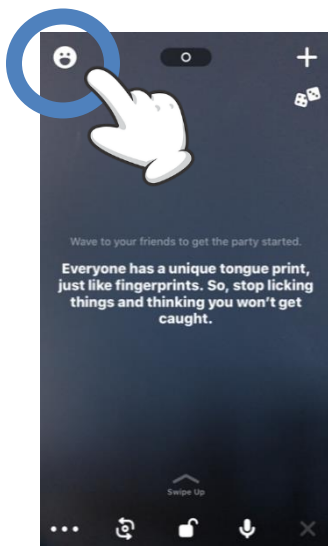
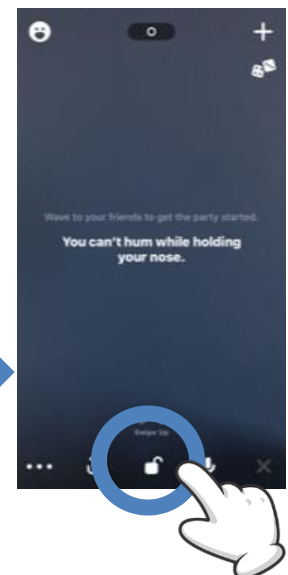
It allows you to video chat with other users (your connections) as well as play in app quizzes and games with each other, it's designed to feel like a house party hence the name! Up to 8 people can join each room and you can join a number of rooms at any one time by swiping across.

How to lock rooms:

Once you have set up an account, you access the main interface of the app where you can set up/join video chats with users you are connected to (these are called connections). Once you are in a video chat (room), your connections and their connections are able to join the same video chat session regardless of whether you invite them or not **unless** you lock the room. So, if you do not lock the room, then a friend of one of your friends can join that video session. If somebody that isn't your connection is about to join then you will receive a notice that they are joining the session. *We would recommend locking the room by simply tapping on the padlock at the bottom of the screen once everybody that you want is in the room/joined the session.*

If you enable privacy mode then every room you go into will automatically be locked.

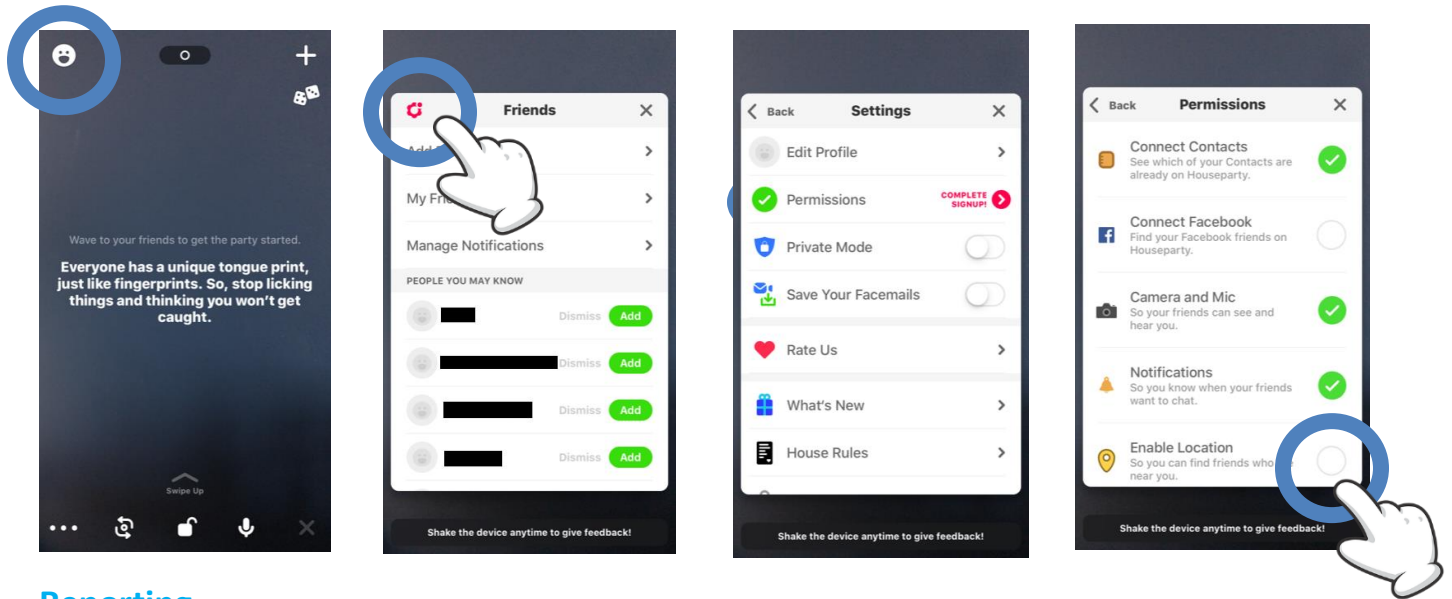
To do this, tap on the smiley face and then tap on the settings cog. Next tap the 'privacy mode' to toggle on and then select 'enable privacy mode.'



Users of this guide do so at their own discretion. No liability is entered into.
Current as of the date released 6.4.20.

Permissions

Tap the smiley face, tap the settings cog and then tap permissions to reach the Permissions menu. Here you can simply tick each item as on or off as you choose. We would definitely recommend **not** enabling location.



Reporting

As with all apps, it's important that your child knows how to use the reporting tools within it. You can report direct to Houseparty if you see any inappropriate behaviour by shaking the app when in it and following the instructions. You can also un-friend or block a person by clicking on their profile, tapping the settings cog and choosing to 'unfriend' or 'block/report.'

What you need to be aware of

- **In-app purchases:** One feature of Houseparty is the ability to play games and quizzes with your friends. Some are free and some can cost £0.89 - £4.59 per item.
- **Content:** Other users may take screenshots/recordings of your private chats without you even realising and there is also the potential to see inappropriate content (from your friends/friends of friends).
- **Strangers:** your child may come into contact with people they don't know (friends of friends).
- **Notifications:** when you open the app, you friends will receive a notification to tell them and also you will receive a notification when your friends open Houseparty. Notifications can be switched off in settings (tap smiley face, tap 'manage notifications' and disable).

House Party Guidelines:

<https://houseparty.com/guidelines/>



As always, have regular chats with your child about what they are doing online and also join in so you can see for yourselves. It's really important to make sure that your child knows that they should talk to you or another trusted adult if they have any concerns.

Do you have any online safety concerns/need further help?

Internet Matters list the contact details for a number of agencies that you can contact depending on the issue:

<https://www.internetmatters.org/report-issue/>