

# BROUGHTON

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## HIGH SCHOOL

Newsletter No 20

3<sup>rd</sup> February 2020

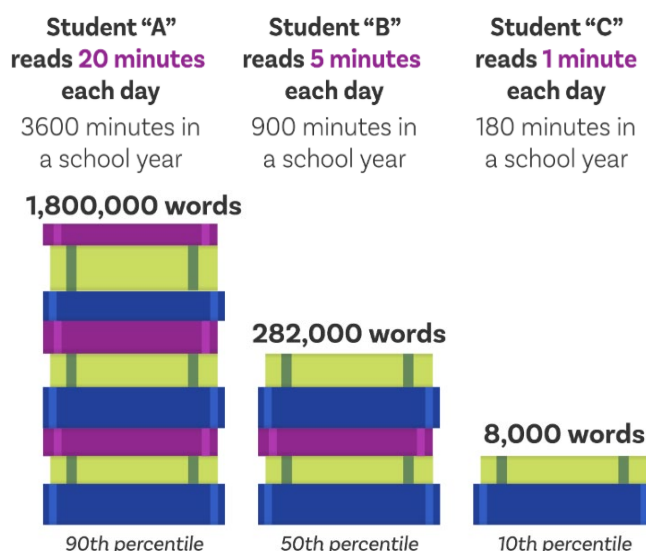
Dear Parents,

**Thank you to everyone who attended last week's Year 8 Parents' Evening.** Attendance was 90% and such a high level of support is very much appreciated. Your sons and daughters are extremely committed to school and making academic and social progress. Inevitably there is always 'room for improvement' and here are several recommendations based on teacher/pupil conversations at recent parents' evenings.

Parents often ask, "**What can I do to help my son/daughter improve?**" The answer is simple: **encourage and insist they read for 20 minutes a day.** All the research evidence tells us this is the biggest lever to enable a child to improve and secure high grades in tests, as well as accessing training and apprenticeships.

**WORDS** are  
**POWER.**

### Why Can't I Skip My 20 Minutes of Reading Tonight?



The **second recommendation** is to **take an interest** in your child's learning. Do not be deterred by "You won't understand", "Why do you want to look at my books?", "I've not got my books", "Done all my homework". Ask your son/daughter what they are **learning** about in Geography, RS or Business. Look at their books/work. Comment on **presentation**. Ask what they **enjoy** about a particular subject.

**Ask about homework.** Check their planners. A routine is always best for homework. Very soon we will be launching a 'Firefly' app which will enable you to see all homework. Check that the quality of homework is at least equal to work produced in school.



IS THIS YOUR **BEST WORK?**

**HOW CAN YOU IMPROVE?**

When your son/daughter is **revising**, insist they do it **somewhere without distractions**. No devices and **no social media**. **Test** them on what they have re-learned. **Ask questions**.

**Praise whenever you can.**

If your son/daughter has spent a great deal of **time and effort** on a particular piece of work, they really like it when this is noticed.

**GREAT EFFORT!**

Linked to the above is the latest **CHILDWISE** report which was published last week. It contained numerous startling findings.



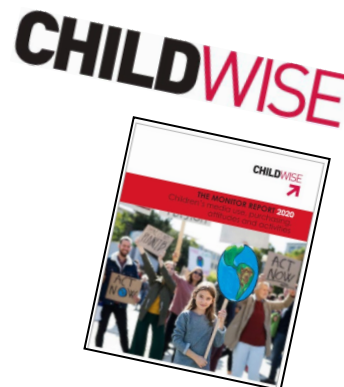
- The average time spent on mobiles by 7-16 year olds is **three hours and 20 minutes per day**.
- **57% always have their phone beside their bed** and 44% feel "uncomfortable" if they are ever without a phone signal.
- 42% keep their phone on at all times and never turn it off.
- For more than 70%, their phones are connected to the internet.
- For listening to music, a mobile phone is much more widely used than listening to a radio.
- YouTube, a 'veteran' by online standards, remains dominant, used by 61% of children every day, mostly on mobile phones.
- YouTube is the favourite app and website for teenagers, used as the most typical starting point for videos, particularly "funny clips", listening to music and "how to" tutorials. This is followed by Snapchat, Instagram, and this year's fastest riser, Tik Tok.
- This is a resolutely online younger generation – only about one in five say they watch programmes on a television set!
- For young Netflix viewers, 'Stranger Things' is the top pick, along with Friends!!!, Riverdale and Brooklyn Nine-Nine.

Just imagine the impact if that '20 minutes' could be spent reading!

Is this your son/daughter? Teenagers need a minimum 8 hours sleep a night.

Try and have a family routine when phones are turned off. **You** will have to model this.

Does your child know what a radio is?!

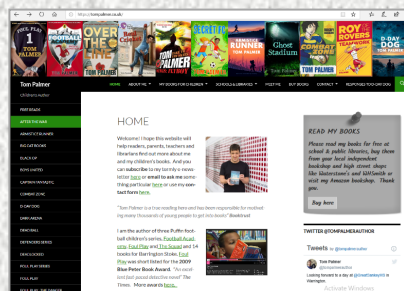


We all know how private your sons and daughters are when it comes to their mobile phone. However, it cannot dominate lives (as it appears to do if this survey is correct). **The third recommendation** is to **influence your son/daughter's use of their mobile phone**. Get them to turn it off when they are doing homework. Even better, leave it downstairs when they are going to bed. Good luck!

As always, if you are happy or unhappy with any aspect of life here at Broughton, please do not hesitate to get in touch. My email address is [morrisc@broughtonhigh.co.uk](mailto:morrisc@broughtonhigh.co.uk).

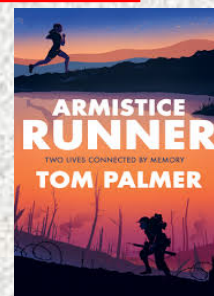
**Chris Morris, Headteacher**

## Reading Challenge



Well done to all of Year 7 who recently took part in weekly comprehension quizzes all about 'Armistice Runner'.

The author, Tom Palmer, was pleased to hear his book was enjoyed and kindly sent every pupil in Year 7 a signed bookmark.



Thank you to all staff and parents for their support with the challenge. I hope that it encouraged reading at home, and inspired some discussion around the important topics addressed in the story. Please visit the author's website for extra resources and new books. **KEEP READING!**

<https://tompalmer.co.uk/>

**Miss Maloney**

## Quantum Theatre Performances in School

Some Year 10 and Year 11 pupils have received letters inviting them to watch two Quantum Theatre performances, 'A Christmas Carol' and 'Macbeth', which will be delivered in school.

The performances are Tuesday 4 February and Thursday 13 February respectively.

**This is a reminder that if your son/daughter wishes to attend, the £10 payment is now due and can be paid on ParentPay.**

Thank you.

**Mr Webster**

## U16 Girls' Football

On Monday afternoon, 27<sup>th</sup> January, we travelled to Ormskirk to play St Bede's in the quarter final of the Lancashire Schools' Cup.

A well-captained side by **Fran Lyons** saw us take an early lead with **Daisy Mason** finding the back of the goal in the first five minutes of the game. However, St Bede's came back strongly and pressurised our defence, willing for a goal, but **Cara** kept them out along with her resilient line of defence! Broughton pushed hard to attack and within another few minutes we found our second goal. At 2-0 we did not lose concentration and continued to find the corners of the net, **finishing the game 6-0** with five goals from **Daisy Mason** and one from **Megan Vaughan**. Special mention to **Eleanor Noblet** who played a fantastic game on her birthday. 'Happy Birthday Eleanor!' We now look forward to our semi-final.

Well done to the whole team.

**Fran Lyons, Anna Tsimboykas,**

**Megan Vaughan, Ellie Vaughan,**

**Daisy Mason, Emma Kelly, Molly Capps,**

**Poppy Leatherland, Cara Astley,**

**Jessica Greaves, Katy Redmond,**

**Eleanor Noblet, Abbey Greaves.**

**Miss Lupton**

## Learn it CHALLENGE

## General Knowledge

1. The Coronavirus virus originated from Wuhan, the capital of Hubei province, in **China**.
2. **Britain left the European Union** on Friday 31 January 2020.
3. Last week marked 75 years since the prisoners of **Auschwitz** were liberated by Russian soldiers.
4. A **mortgage** is the type of loan a person borrows when they buy a house.
5. The events in a **triathlon** are: **Swim** (1,500 metres), **Cycle** (40km), **Run** (10km).
6. **Turkey** recently experienced an earthquake with a magnitude of 6.8.
7. The England Cricket Team is currently playing Test Matches in **South Africa**.
8. The local MP for this area is Ben Wallace. His role in the Cabinet is **Defence Secretary**.
9. Donald Trump and Boris Johnson disagree whether the Chinese telecoms firm, **Huawei** should be able to access Britain's 5G network.
10. **Northern** regional train company is reported to be on the verge of losing its rail franchise.

## Cyclocross Success for Emelia Barker

**Emelia Barker** (10N), a member of Red Rose Cycling Club, has taken part in the cyclocross season since September with her final race being two weeks ago. This race was at Marl Pits in Rawtenstall. The course was extremely muddy and hilly forcing riders to dismount and run at times.



Emelia completed the race, finishing in 3rd place (U16 girls), gaining her a place on the podium.

**Miss Lupton**



## Year 10 Travel and Tourism - Blackpool Trip

On Monday, 27<sup>th</sup> January, the Year 10 Travel and Tourism class took a trip to Blackpool to look at a variety of tourist attractions the town has to offer. We focused on location, environments, accessibility and even spoke to some locals about their views on Blackpool as a tourist destination.



On arrival, we were greeted with a blustery wind and rain, but this soon relented and it did not stop the group's long walk down Blackpool Promenade from Blackpool Pleasure Beach to The North Pier. The pupils enjoyed the whole 'Blackpool experience' and were, as always, a pleasure from start to finish. I am confident it will help with their next assessment.

A big thank you to Mr Wallace for helping and supporting throughout the trip.



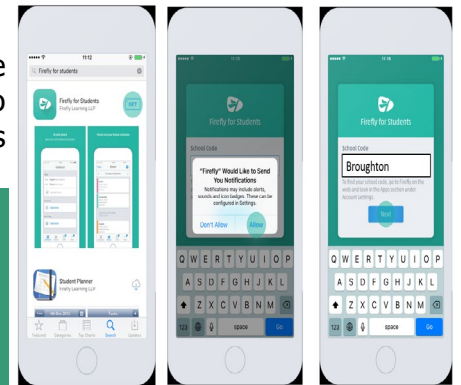
Mrs Meakin

## UPDATE - Student App for Firefly

To help you with tasks, homework and learning resources we have launched the student app for firefly. All students have been asked to download the app onto their phone or device to make working at home as easy as possible.

Over 500 pupils at Broughton  
have now downloaded the app  
and are using it to help them with their learning.

Please encourage your son/daughter to follow the steps below  
so they can start to benefit from this resource.



Please follow the help website to download the app (link below).

Steps are to **download the app**, **turn on notifications** and use the pass code 'Broughton'

You should then be able to use your normal school log in to complete the process

<https://helpcentre.fireflylearning.com/project-leads/planning-the-apps/students-app-overview-documentation>

Mr Brandwood

## There are an increasing number of items of school uniform in lost property, especially coats.



If your son/daughter is missing his/her school coat,  
please ask him/her to see Mrs Dumbell at pupil reception.

The PE Department also has a lost property for PE Kit,  
therefore pupils should see Mr Marquis if they are missing kit.



Can you remind your son/daughter not to leave coats, PE kits, or other items of uniform  
on floors, under the benches or behind the bins.

Pupils should not leave any items over the weekend or the holiday period  
and items should not be left in the pupil reception area.

**The correct places to keep coats/bags are on the bag racks or in lockers.**  
**Please also REMEMBER ... all items of uniform should be clearly labelled.**

Thank you.

# Youth worker

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You can do a professional youth work qualification, like a degree that is recognised by the National Youth Agency. Subjects include, youth and community, community and youth studies, youth and theology, informal and community education.



You could do a course like a Level 2 or 3 Diploma in Youth Work Practice. This would give you an advantage when you apply for a job as a youth support worker. You would then take further training on the job.

You can complete an intermediate and advanced apprenticeship in youth work. You'll usually need, 4 or 5 GCSEs at grades 9 to 4 (A\* to C) and some work experience.



0800 100 900



[NationalCareerService.direct.gov.uk](https://nationalcareerservice.direct.gov.uk)



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# Drone Pilot

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£13,000 - £65,520 per year



39-41 hours per week (some evenings & weekends)



You can apply for jobs directly. Most employers will expect you to have experience of flying drones, with at least 40 hours of recorded flying time. You could complete training approved by the Civil Aviation Authority. This lasts between 2 and 4 days and includes: UK air regulations flight, safety flight, planning theory test and practical flight skills assessment.



0800 100 900



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# Word of the Week

## SELDOM

Adverb: not often, rarely

### Examples:

She seldom took time to relax; this spa break was a rare treat!

He seldom went abroad, so when he did he very much appreciated the sunshine.

Use it! Label it!

Show it!



WORDS  
HAVE  
POWER



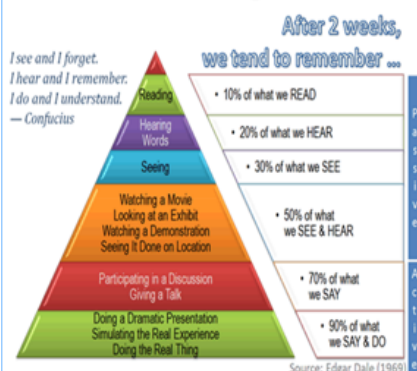
## Revision Techniques

Active revision is the key!  
Reading through notes is not good enough.



### The Cone of Learning

sparkinsight.com



Did you know that creating things dramatically helps your memory and retention skills?

## Mnemonics

To make an Expression or Word mnemonic, the first letter of each item in a list is arranged to form a phrase or word.

Eg.

\*In English, the 7 coordinating conjunctions are For, And, Nor, But, Or, Yet, So = **FANBOYS**.

\*The order of colours in the spectrum  
**Richard Of York Gave Battle In Vain** = Red, orange, yellow, green, blue, indigo, violet.

# Online Safety Newsletter: February 2020

## Safer Internet Day 2020



**Safer Internet Day 2020** | Tuesday 11 February  
Together for a better internet  
[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)



**Safer Internet Day (SID) is on the 11th February this year and will be celebrated globally with the theme: Together for a better internet**

### What is Safer Internet Day?

Safer Internet Day is coordinated in the UK by the UK Safer Internet Centre but is celebrated across the globe. Its aim is to inspire a conversation about using technology responsibly and urges parents, schools and other organisations to get involved.

### Resources for parents

The UK Safer Internet Centre have produced a series of short films for SID in which they asked young people to give their advice for parents/carers about how they can talk to their children about their online lives. The clips are available to watch here:

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2020/i-am-parent-or-carer/film-how-can-parents-talk-children>

**We hope you can get involved on the 11<sup>th</sup> February!**

## Hollie Guard App

The Hollie Guard app works on iPhone, Android and Windows devices. The app allows you to keep an eye on your children while they are traveling to and from school using the Journey feature, so whenever they use this feature, their emergency contacts (you) are informed about where they're going.

Users can also use this app to get help quickly while out if they're in danger. If a user is in danger, they shake or tap their phone, which activates Hollie Guard and automatically sends their location and audio/video evidence to their designated contacts. Visit their website for further information or to register your interest:

<https://hollieguard.com/>



## Apps to watch out for

There always seem to be new apps being released and with that, you need to be aware of any risks in using these new apps (such as privacy concerns/stranger interaction). Common Sense Media have produced this article outlining some of the apps that may be currently on your child's radar:

<https://www.commonsensemedia.org/blog/apps-to-watch-out-for>

**Try and have regular chats with your child and take an interest in what they are doing online/whilst using their phone and provide support when necessary.**

## How to handle sexting incidents as a parent

SWGfL have produced this article detailing how parents/carers could manage sexting incidents with young people along with further links to additional resources should you need further advice:

<https://swgfl.org.uk/magazine/sexting-incidents-parent-teacher/>

## Childline Calm zone

Childline have created this area, which includes activities, tools, games and videos. Its aim is to give you ideas to make you feel calmer when you are stressed or anxious.

<https://www.childline.org.uk/toolbox/calm-zone/>



## Apple – parental controls

If your child has an Apple device then you/they have probably updated their device to iOS 13.3 by now. Did you know that this update included two new screen time features for parents?

### Communication limits

This new feature allows you to limit who your child can call, FaceTime or Message during allowed screen time and during downtime. During allowed screen time, users can be contacted by everyone or by contacts only, which prevents unknown contacts from contacting them.

You will need to go to Settings - Screen Time - Communication Limits to set up. *iCloud syncing of Contacts must be enabled for this feature to work*

### Contact list

The contact list for children lets parents/carers manage their child's contacts on their child's devices.

The above two features are in addition to the parental controls offered by Apple. To set up parental controls or for further information about all of the other parental controls available (such as preventing explicit content) then visit Apple's website here:

<https://support.apple.com/en-gb/HT201304>

